

2024 MANAGEMENT REPORT











CHRC is funded by



INDEX OF CONTENTS

| EXE | CUTI | IVE SUMMARY | 8 |
|-------|-----------------|--|------|
| 1. \$ | STR | ATEGY EXECUTION | 10 |
| 1.1 | F | Platforms for technical and administrative assistance | .12 |
| 1.2 | F | Platforms for scientific support and training | . 21 |
| 1.3 | · | Annual Structural Initiatives | . 31 |
| 2. (| CHR | C PEOPLE | 47 |
| 2.1 | F | People by Management Institution | 48 |
| 3. \$ | SCIE | NTIFIC INDICATORS | 49 |
| 3.1 | F | Publications | 49 |
| 3 | 3.1.1 | Articles in peer-reviewed journals - SCOPUS index - Q1 and Q2 ⁱ | .50 |
| 3 | 3.1.2 | Articles in peer-reviewed journals - SCOPUS index - Q3 and Q4 | .94 |
| | 3.1.3 oublic | Books, book chapters, articles in other journals (not indexed) and ot | |
| 3.2 | F | Funded Projects active in 2024 | 110 |
| 3.3 | (| Collaborative activities within the CHRC | 119 |
| 3.4 | I | Internationalization | 120 |
| 3 | 3.4.1 | Erasmus Plus e CHRC Scholarships | 120 |
| 3 | 3.4.2 | International Networks | 121 |
| 3 | 3.4.3 | Initiatives, actions, and activities in collaboration with international consortia | 126 |
| 3.5 | | Scientific knowledge transfer | 129 |
| 3.6 | F | Postgraduate supervision | 129 |
| 3 | 3.6.1 | Master Students | 130 |
| 3 | 3.6.2 | PhD Students | 145 |
| 3 | 3.6.3 | Postdoctoral Researchers | 157 |
| 3.7 | ٠ ١ | Interface with civil society | 158 |

| 3.7.1 | Activities that contribute to the dissemination and / or application of scientific |
|--------|--|
| knowl | edge in the civil society159 |
| 3.7.2 | Provision of services to the community / civil society166 |
| 3.7.3 | Participation as an active member of a civil society and scientific organization 169 |
| 4. ANN | EXES174 |
| 4.1 | Articles in peer-reviewed journals - SCOPUS index - Q1174 |
| 5.2 F | Publications in Open Access Journals198 |
| 5.3 F | Publications in Lay Language212 |
| 5.4 (| CHRC GRANTS FINAL REPORTS213 |
| PROC | OF - PReventing OsteoporOtic Fractures |
| Hand | writing movement assessment and dementia218 |
| | D-19 pandemic: the social distance at the school playground and its effects on en's social-emotional competence and physical activity219 |
| | Care @Home: Home Exercise-Based Rehabilitation Program Following Surgical nstruction of the Anterior Cruciate Ligament |
| | Fit – Sustainability of traditional and live-streaming exercise-based cardiac ilitation in low-risk patients with cardiovascular disease |
| Self-c | are in the person with chronic disease221 |
| | ncing Digital Health Behaviour Change Precision: Development of a framework of nalisation of behaviour change techniques |
| suppo | IIS@PHCare - Multimorbidity in Primary healthcare: developing an intervention to ort patients and primary healthcare clinicians to better manage complex norbidity |
| | n Intake and Transitions Between Frailty States in Middle-Aged and Older Adults: A State Transition Model in the UK Biobank |
| Violen | ce towards Health Professionals in the Alentejo Region237 |
| | D: IMPACT OF ARTIFICIAL HABITAT SAND ENVIRONMENTAL CONTAMINANTS HRONIC RESPIRATORY DISEASES241 |

| | Portuguese primary care" Portuguese primary care" | |
|------|--|------|
| | UNRAVELING THE ROLE OF NUTRITIONAL STATUS ON REAL AND PERCEIVMOTOR COMPETENCE AND PHYSICAL ACTIVITY AMONG PORTUGUIC CHILDREN: AN INTERDISCIPLINARITY CROSS-SECTIONAL STUDY | ESE |
| | The COGCARE project - cognitive disorders and impact on caregivers: Brief technologies assisted measures may be a step forward | 0, |
| IN | DEX OF FIGURES | |
| Figu | ure 1 - CHRC Thematic Lines and Coordinators | 11 |
| Figu | ure 2 - CHRC Executive Committee | 11 |
| Figu | ure 3 - Platforms for technical and administrative assistance | 12 |
| Figu | ure 4 - TOP 10 content & information access in 2024 | 19 |
| Figu | ure 5 – Platforms for scientific support and training | 21 |
| Figu | ure 6 - Distribution of Integrated Members by Management Institution | 48 |
| IN | DEX OF CHARTS | |
| Cha | art 1 - Applications Submitted in 2024 by Category and Evaluation Status | 14 |
| Cha | art 2 - Evolution of CHRC Website Activity (2022–2024) | 18 |
| Cha | art 3 - Evolution of Integrated Members (2020–2024) | 47 |
| Cha | art 4 - Distribution of CHRC Publications in 2024 by Journal Ranking and Publication T | ٠. |
| Cha | art 5 - Evolution of Publications by Journal Ranking (2020–2024) | |
| Cha | art 6 - Publications in Q1-Q2 Journals by Thematic Line and Research Group (2024) | 93 |
| Cha | art 7 - Publications in Q1-Q2 Journals by Thematic Line (2021–2024) | 94 |
| Cha | art 8 - Number of Projects by Funding Source (2024) | .110 |
| Cha | art 9 - Projects Distributed by Source of Funding (2020–2024) | .111 |

| Chart 10 - Number of International Projects (2020–2024)111 |
|--|
| Chart 11 - Total Funding for International Projects (2020–2024)112 |
| Chart 12 - Distribution of CHRC Projects by Thematic Line and Research Group119 |
| Chart 13 - Collaborative Activities within CHRC in 2024 |
| Chart 14 - Number of CHRC Research Mobilities by Destination Country (2024)120 |
| Chart 15 - CHRC Participation in International Networks by Thematic Line (2024)121 |
| Chart 16 - Overview of CHRC's Engagement in Scientific, Civil Society, and Community Activities |
| Chart 17 - Distribution of CHRC's Activities in Scientific, Civil Society, and Community Engagement by Category (2024) |
| INDEX OF TABLES |
| Table 1 – List of articles in peer-reviewed journals - SCOPUS index - Q1 and Q2 ⁱ 50 |
| Table 2 – List of articles in peer-reviewed journals - SCOPUS index – Q3 and Q494 |
| Table 3 – List of books, book chapters, articles in other journals (not indexed) and other publications |
| Table 4 - Funded Projects by Source and Amount of Funding112 |
| Table 5 - International Networks by Thematic Line121 |
| Table 6 - List of initiatives, actions, and activities in collaboration with international consortia |
| Table 7 - Scientific Knowledge Transfer: Prototypes, Software, and Products Developed by CHRC (2024) |
| Table 8 - Ongoing Master's Theses at CHRC (2024)130 |
| Table 9 - Concluded Master's Theses at CHRC (2024)139 |
| Table 10 - Ongoing PhD Theses at CHRC (2024)145 |
| Table 11 - Concluded PhD Theses at CHRC (2024)154 |
| Table 12 - Ongoing Postdoctoral Research at CHRC (2024) |

| Table 13 - Concluded Postdoctoral Research at CHRC (2024) | 157 |
|---|-------|
| Table 14 - Activities Conducted by CHRC Members for the Dissemination and / or Applic of Scientific Knowledge in Civil Society (2024) | |
| Table 15 - Services Provided by CHRC Members to the Community / Civil Society (2024) |) 166 |
| Table 16 - Participation of CHRC Members as Active Members in Civil Society and Scie Organizations (2024) | |
| Table 17 - List of articles in peer-reviewed journals - SCOPUS index - Q1 | 174 |
| Table 18 – List of publications in Open Access Journals | 198 |
| Table 19 - List of publications in Lay Language | 212 |

EXECUTIVE SUMMARY

Comprehensive Health Research Centre (CHRC) is a new, national centre of excellence providing a unifying environment for innovation and education in public health, lifestyles, nursing, rehabilitation, and clinical research.

CHRC gathered in 2024 a total of 236 integrated PhD Researchers, 214 PhD students, and 61 integrated non-PhD researchers and technicians. CHRC grew in the number of people involved, presenting an increase of 7,3% in integrated PhD researchers and 67,2% in PhD students.

Regarding scientific impact indicators in 2024, CHRC presented a total of 623 publications. More than a half of this number (400) are scientific articles published in high-impact journals.

The CHRC PhD integrated researchers are involved, as principal investigators or participants, in 76 national and international projects, equivalent globally to 92M €.

Integrated members of the CHRC are involved with several networks and working groups, as well as been performing numerous activities initiatives, actions, and activities in collaboration with international consortia, at European and global levels, related to all CHRC thematic lines.

In 2024, CHRC researchers keep and improved their participation civil societies or scientific organizations, carried out many activities that contribute to disseminating scientific knowledge in civil society, and provided services to the community.

CHRC has defined its strategy around three main strings: platforms for technical and administrative assistance, platforms for scientific support and training, and annual structural initiatives. In 2024 all these initiatives were in place and fulfilling their mission supporting CHRC researchers and is promoting the enhancement of collaborative and interdisciplinary research for better outcomes in health.

As the 2024 cycle reaches its conclusion, CHRC is actively preparing for the 2025-2029 funding period, aligning its efforts with key objectives and strategies to enhance its impact. The next phase will emphasize research excellence, funding diversification, and the expansion of collaborative networks. Efforts will also focus on developing

research-based products, strengthening global influence, and fostering education and career development through new training programs and research positions. Additionally, CHRC aims to drive entrepreneurship and innovation, promote high-profile scientific events, and deepen its commitment to health equity and community engagement. By reinforcing partnerships, investing in infrastructure, and advancing intellectual property and commercialization efforts, CHRC is set to consolidate its role as a leader in interdisciplinary research with meaningful societal contributions.

1. STRATEGY EXECUTION

CHRC is committed to producing innovative, preventive, and treatment strategies and healthcare delivery based on robust evidence to improve individual and public health, around five principal fields, each comprising the following subthemes:

- Health Promotion, led by Professor Sónia Dias:
 - Environmental and occupational health
 - Addictions and smoking
 - Health promotion in vulnerable populations
- Lifestyles in healthcare, led by Professor Manuel Lopes:
 - Healthy and active ageing
 - Exercise, sports sciences and human development
 - Nutrition
 - Sleep, chronobiology and sleep disorders
- **High burden and high mortality diseases**, led by Professor Nuno Neuparth:
 - Cardiovascular and respiratory
 - Musculoskeletal
 - Mental health determinants, needs and interventions
 - Sensation and hearing disorders
 - Clinical studies in immune dysregulation from pregnancy to adulthood
 - Infection, sepsis and antibiotics resistance
- **Health policies and healthcare services research**, led by Professor Julian Perelman:
 - Patient-centered care research
 - Efficiency, incentives and sustainability
 - Health services research and equity
 - Global and population mental health

Health Innovation, led by Professor Ana Maria Rodrigues:

- Validation of digital health tools in healthcare
- Innovation in value-based Healthcare
- Patient innovation and health innovation & entrepreneurship
- TeleHealth

CHRC Thematic Lines



Figure 1 - CHRC Thematic Lines and Coordinators

CHRC was established to capacitate researchers and give them all means necessary to provide the best multidisciplinary environment to achieve the best outcomes. To pursue this broad objective, the CHRC strategy was designed by its Executive Committee:

CHRC Executive Committee

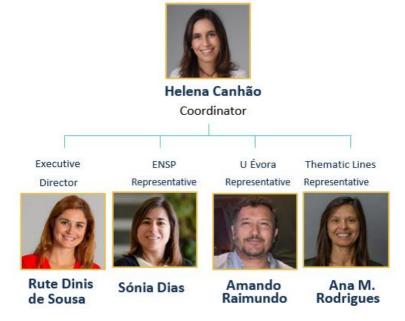


Figure 2 - CHRC Executive Committee

CHRC strategy is grounded on three strings:

1.1 Platforms for technical and administrative assistance

The CHRC is supported by three main platforms for technical and administrative assistance, which are distributed across the consortium: 1) Executive and Management Office, 2) Funding Office, and 3) Communication Office. These offices play a vital role in providing researchers with administrative, funding, and communication support, while also ensuring the effective management and strategic coordination of the centre.



Figure 3 - Platforms for technical and administrative assistance

★ Executive and Management Office

Aims: To manage day-to-day operations, coordinate and manage technical and administrative teams; control costs; prepare regular performance reports; supervise communication and dissemination initiatives and implement best management practices; develop and disseminate the Unit's strategy and mission to all members and technical and administrative teams, and promote fundraising.

In addition to the objectives described above, during 2024 this department participated in the preparation and later submission (16th of April of 2024) of the new application for the Multiannual Programme for Financing R&D Units 2023/2024 of the Fundação para a Ciência e a Tecnologia (FCT).

In addition, as part of this programme, the department supported the organisation of the CHRC's remote evaluation (7 October 2024) and face-to-face evaluation (3 December 2024).

This event brought together 60 CHRC members, whose contributions highlighted the essence and achievements of the CHRC over the past five years, while also presenting perspectives and ambitions for the next five years.

The face-to-face evaluation, which once again welcomed the 12 international jury members, was structured into six key moments:

- i. **Welcome and Overview** at the MMM Auditorium of NOVA Medical School (NMS).
- ii. **Start of Guided Tour** at the NMS Research Grey Building.
- iii. Visit to the Innovation Bordeaux Building.
- iv. Visit to the Clinical and Translational Research Yellow Building.
- v. **Visit to the Main Headquarters Building**, including a **Q&A session** between the evaluators and the CHRC community.
- vi. **Coffee Break and Farewell**, concluding the evaluation with an informal opportunity for networking and final reflections.

This well-coordinated effort demonstrated the department's commitment to ensuring a seamless and impactful evaluation process.

Finally, during 2024, the management office, with support from the NMS Communication Department in terms of design, developed two strategic documents: the <u>CHRC Report | 2020–2023</u> and the <u>Presentation of CHRC | 2025–2029</u>.

Funding Office

Aim: To boost researchers fundraising by helping them to know and prepare proposals for applying for national, international, and structural funding.

The Funding Office (FO) was created to help CHRC researchers fundraise for their projects, by increasing their chances to get highly competitive R&D funding, either at the national or international level, in all the thematic lines of CHRC.

In 2024, the Funding Office (FO) continued to support researchers in their project applications. This year, CHRC supported 115 applications for funding—an increase of 17% compared to

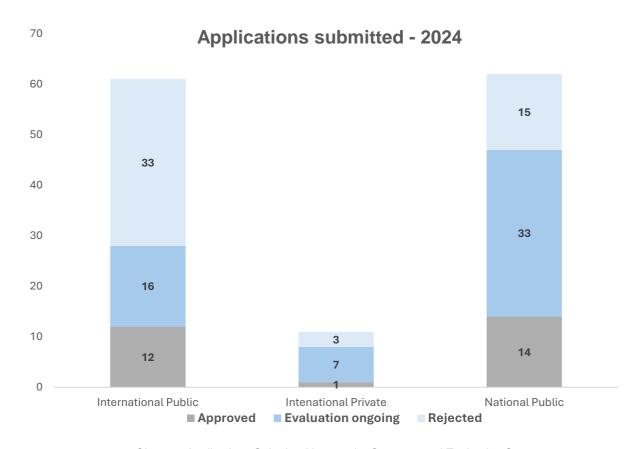


Chart 1 - Applications Submitted in 2024 by Category and Evaluation Status

2023—including 52 national and 63 international applications. Of these, 23 were approved, 46 were not approved, and 46 remain under evaluation.

Considering the 14 national applications approved, seven were financed by FCT, I.P, one by LISBOA2030, one by Agencia de Investigação Clínica e Inovação Biomédica, one by Portugal2030, one by PRR - Plano de Recuperação e Resiliência, one by Programa Ciência Viva no Laboratório - Ocupação Científica de Jovens nas Férias, one by Direcção Geral do Ensino Superior and another one by the National Coordination for Mental Health Policies.

Regarding the 13 international applications approved, 10 were financed by the European Commission, one by European Society for Clinical Investigation, one by Secretaria-Geral Ibero-Americana, and another one by the Fundação BPI La Caixa.

In 2024, considering the needs of CHRC members and leveraging overheads from projects gathered at Évora's office, along with funding from dedicated projects, CHRC successfully established a new service: UNITECHealth.

This new infrastructure, embedded within CHRC-UÉ, was established with the aim of developing a centre of technological excellence and is currently seeking to qualify and expand

its scope. This unit aspires to establish itself as a reference centre in the Alentejo region, fostering technological innovation in support of sports performance, physical exercise, health, and human development, in alignment with the priorities of the Regional Smart Specialisation Strategy (RIS3).

UNITECHealth will focus to enhance the development of customised solutions within its five key areas of intervention:

- Sport: Expansion and qualification of service provision in the assessment of athletes'
 physical fitness and behaviour in competitions, using advanced methods and
 techniques powered by Artificial Intelligence (AI) to prescribe personalised training
 programmes, injury prevention strategies, and continuous professional development—
 enhancing the development of evidence-based sports practices.
- 2. Exercise and Health: Enhancement of service provision to promote health, with a focus on assessment, prescription, and training. The unit aims to refine detailed diagnostics of strength, flexibility, and cardiorespiratory capacity, developing tailored programmes for the elderly, individuals with chronic illnesses, and young adults—promoting autonomy and quality of life. Continuous professional training will also be expanded, encouraging healthy practices.
- 3. Psychomotricity: Qualification of psychomotricity services through digital technology to conduct detailed assessments and therapeutic interventions, prevent developmental difficulties in children, support elderly rehabilitation, and promote mental health and well-being. The unit will offer personalised programmes that enhance the autonomy and emotional and social skills of children, adults, and older people, with AI-supported reports.
- 4. **Nursing:** Expansion and qualification of self-care and health literacy services, applying advanced care practices and promoting capacity-building in health. The unit will integrate AI to personalise interventions and monitor outcomes.
- 5. Public Health: Qualification of human biomonitoring services through the analysis of mercury in biological samples in hospitals, laboratories, and industries, integrating into the European reference network, supporting research, training specialists, and identifying at-risk groups to prevent diseases associated with environmental toxins.

As of January 2025, UNITECHealth became active in assessment and diagnosis, prescription, treatment, therapeutic intervention, rehabilitation, and the monitoring of physical and psychomotor capacities. Moving forward, it aims to enhance these areas through advanced

data analysis and AI technologies, expanding its capacity to address the needs of children, young people, adults, and older people in the Alentejo region.

UNITECHealth's services will be developed using new equipment distributed across three physical facilities that already operate in synergy: the Laboratory at the UÉvora Gymnasium Pavilion, EnSoLab – Environment, Health, and Sustainability Lab, located at Colégio Luís António Verney, and the Self-Care Clinic at the São João de Deus School of Nursing (which is officially established and recognised by the Health Regulatory Authority).

Communication Office

Aims: To ensure the communication and dissemination of information between the management units of CHRC, and all external stakeholders – partners and peers form scientific community, as well as civil society (initiated in 2023); to provide visual support (image and video) for various initiatives, delivering a strong and attractive image to the targeted public.

<u>Introduction</u>

Closing the 2020-2024 cycle of the CHRC, 2024 saw a sharp increase in proposed tasks and challenges compared to the early stages of the Communications Office. This growth aligned with the exponential rise in CHRC's activities, expanding its presence across various communication channels, supporting numerous initiatives throughout the year, and preparing for another FCT grant application. This process engaged the Communications Office in laying the groundwork for the 2025-2029 cycle.

In 2024, the Communications Office played a key role in supporting internal dissemination, enabling researchers to engage in new challenges, training, and events. It also strengthened connections with renowned institutions and high-impact events such as the BIAL Foundation, HSRCongress2025, NPSE International Conference, and DIGITAL HEALTH SUMMIT 2024, broadening opportunities for training, paper submissions, and grant participation.

CHRC's media presence grew significantly, with researchers and projects gaining wider visibility. In 2024, the Communications Office was even more involved in several initiatives and events, organized not only within CHRC but also as a supporting institution.

Monthly Newsletters

In 2024, the CHRC Newsletter was structured into three editions: one for integrated members, another for CHRC collaborators, and a third for external subscribers. The second and third editions were released simultaneously, featuring updates on CHRC's latest news, progress,

and initiatives. They also included information on opportunities, public events, and researcher publications, ensuring that collaborators and subscribers remained informed and engaged. hroughout the year, the newsletter's reach expanded, with website subscriptions increasing to 36 by the end of 2024, compared to 30 in 2023.

Internal and Events communications

Besides the Newsletter, 75 internal email communications were sent to CHRC's integrated members. As dissemination requests increased, the Communications Office prioritized topics based on importance to maintain engagement and avoid overload. To streamline communication, all emails were categorized as [Information], [Important Information], [Opportunities], [SAVE THE DATE], or [Action Needed], ensuring that recipients could quickly identify relevant updates.

CHRC on the Media

In 2024, the CHRC Communication Office tracked an increase in the presence of CHRC members, projects, and works across various media channels, such as TV channels, podcasts, online and printed journals.

- TV channels: TVI, RTP, RTP Notícias, RTP3, Sociedade Civil (RTP2), SIC, SIC Notícias;
- Podcasts: 90 Segundos de Ciência, Consulta Aberta (SIC Notícias);
- Radio: Rádio Voz da Planície. DianaFM:
- Online and printed journals: News Farma, Rádio Campanário, Diário do Sul.

Events and initiatives

The Communications Office supported the dissemination, coverage, and organization of various events and initiatives organized or supported by CHRC. This included creating the visual identity from scratch for each event, internal dissemination, social media promotion, website updates, and back-office management of the online presence for certain initiatives and conferences.

Main involvements of the Communications Office in 2024:

- 5th CHRC Annual Summit
- CIAA2024 International Congress of Aquatic Activities
- Launch of the Project Matter Perinatal Mental Health
- RunUp Study

• European Researchers' Night 2024

Overview of online Communications

CHRC News

Fifty news articles were published on the website and shared across social media channels, resulting in a total of 200 CHRC-related posts. These included updates on awarded, funded, and ongoing projects, partnerships and consortia, high-impact research publications, CHRC event highlights, media interviews about CHRC projects and work, community intervention initiatives, "SAVE THE DATE" announcements, and significant achievements by CHRC researchers.

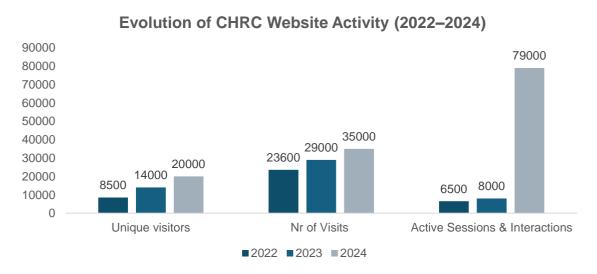
CHRC website

The CHRC website remained a central platform for disseminating news and information. To enhance visibility and engagement, the Communications Department consistently updated the site with fresh content, strategically using targeted keywords to improve organic search traffic.

In 2024, the website saw a 43% increase in new unique visitors compared to 2023, exceeding 20 000. Additionally:

- +17 000 organic visits (via search engines)
- 6 400 direct visits (traffic classified as direct, which may include social media, referrals, or organic search)
- 960 referral visits (external platforms referencing CHRC)
- 467 visits via social media

Evolution of CHRC website activity 2022-2024



TOP 10 content & information access in 2024

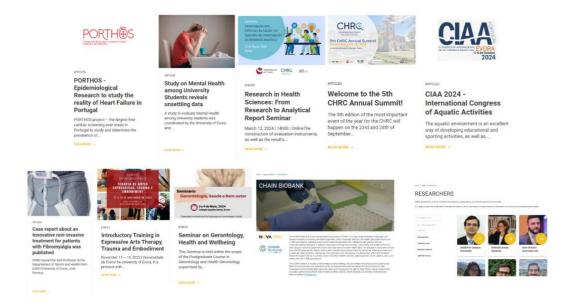


Figure 4 - TOP 10 content & information access in 2024

The top 10 most accessed content and information in 2024 generated over 7,000 page views, contributing to a total of 9,000+ visits to the website's homepage. Most sessions came from news and event articles, followed by researcher profile searches and Technical Support. Keeping the website updated with high-impact news and researcher profiles remains crucial.

Despite a decline in Organic Search compared to 2023, CHRC's visibility continues to grow through referrals, social media, institutional networks, and media presence. The strong dissemination strategy, close monitoring of initiatives, and engaging content creation by the Communications Office—alongside researcher contributions and media exposure—have driven excellent results in 2024. As the central hub for all CHRC-related information, the website remains a key communication tool.

CHRC on Social Media

In 2024, CHRC's social media channels experienced a 25% growth in total followers and increased engagement. However, overall reach declined by 10%, reflecting platform algorithm changes that favor professional accounts with advertising investment. As organic reach becomes more challenging each year, growth in followers has also slowed compared to 2023.

Additionally, X (formerly Twitter) is not included in these results, as full analytics and business tools require a professional account with associated fees. Given the platform's declining

relevance among CHRC's target audience and minimal engagement in recent months, its continuation is under review.

To reverse this trend in 2025, CHRC will explore new creative strategies, diversify content formats, and strengthen collaborations to enhance organic reach and expand its social media community.



2 839 1 191 75 182

Total Followers +25% 2023 New followers 2024 Total Reach -10% 2023

Final Conclusions

In 2024, CHRC continued to grow across online platforms, maintaining a strong position in search engines, external referrals, and media presence despite the decrease in social media reach. There was a notable increase in support and collaboration requests from CHRC researchers, particularly for initiatives, events, and news dissemination.

The Communications Office prioritized on-site engagement, covering projects, events, and conferences to better showcase researchers' work and enhance audience understanding, while also establishing direct connections with key institutions and conferences.

To counteract the decline in reach, CHRC will explore new strategies to enhance organic engagement. Additionally, X (formerly Twitter) is under review due to its decreasing relevance and limited interaction with the target audience.

Future improvements

 More availability for the Communication Office to look for resources to create and implement new strategies, initiatives and test new support platforms;

- Invest in support platforms to make the workflow more fluid, which may involve dedicating more time and/or improving time management;
- Implement future changes to the website, both to accommodate the new structures of the next stage of the CHRC and to optimize and facilitate the discovery of important information for visitors.
- Create a clipping file with the help of interviewed researchers and make an effort to build a contact list of various press outlets. It is essential to maintain an archive documenting all researchers' media appearances (e.g., TV interviews, radio, podcasts, etc.) to track our presence in the press. This also facilitates the Communication Office's work in sharing these instances with other members and creating news based on these contributions. In communication, this is known as a "Clipping File." This will be achieved by distributing a form among CHRC members.

1.2 Platforms for scientific support and training

CHRC provides researchers and students with four main platforms for scientific support and training: 1) Centre of Education and Training, 2) Methods and Data Analysis Office, 3) CHAIN Biobank, and 4) NOVA CRU. These offices play a vital role in equipping researchers with essential resources, expertise, and infrastructure to enhance the quality and impact of their scientific work.

Platforms for scientific support and training



Centre of Education and Training



Methods and Data
Analysis Office



CHAIN Biobank



NOVA CRU

Figure 5 – Platforms for scientific support and training

Centre of Education and Training

Aims: to support the creation of teaching and advanced training opportunities for researchers and students.

In 2024, the Centre of Education and Training remained committed to its mission of supporting the development of teaching and advanced training opportunities for researchers and students. It offered 9 PhD programs, 22 master's degrees, and 50 advanced courses across the three CHRC academic institutions (NMS, ENSP, and UÉ).

Additionally, it fostered collaboration between the three institutions through 9 CHRC Collaborative Pre- and Postgraduate Training Programs:

- Bachelor in Public Health NMS and ENSP
- Digital Health Executive Course ENSP and NMS
- Master in Clinical Research Management (MEGIC) NMS and ENSP
- Master in One Health: Human and Animal Public Health UÉ and NMS
- Master in Physiotherapy Musculoskeletal Conditions ENSP and NMS
- Master in Epidemiology, Biostatistics, and Health Research (EPIBIS) ENSP and NMS
- PhD in Global Public Health ENSP and NMS
- PhD in Health and Wellness Sciences and Technologies NMS, ENSP and UÉ
- PhD in Erasmus Mundus PHOENIX EM JDP Dynamics of Health and Welfare ENSP and UÉ.

Finally, in 2024, efforts were also focused on assessing evolving educational needs and aligning strategic priorities within CHRC's funding application for the 2025–2029 period. This preparatory work aimed to ensure that future training initiatives were effectively structured to meet the research community's needs and support CHRC's long-term objectives.

Methods and Data Analysis Office

Aims: to assist with quantitative and qualitative methods of data analysis, ensuring methodological rigor and enhancing the quality and impact of research conducted at CHRC. This support extends to study design, data collection, analysis, and reporting, fostering high-quality scientific output and evidence-based decision-making.

The area dedicated to **quantitative methods** within the Methods and Data Analysis Office of the CHRC developed the following activities in 2024:

- i. Support for Research Projects: Provided validation and analysis of quantitative data for CHRC research projects, resulting in the writing and revising of manuscripts, reports, and books and contributing to publishing articles.
- **ii.** Event Participation: Disseminated CHRC projects at events, including those organized by the National School of Public Health, NOVA University of Lisbon.
- **iii.** Training Activities: Conducted training on designing and implementing quantitative studies and validating and cleaning health data in the Homogeneous Diagnosis Groups database. These activities led to one oral presentation, one abstract submission for an international conference, and one article in preparation.
- iv. Biostatistical Techniques: Various biostatistical techniques were applied using R, SPSS, and JAMOVI software. Techniques included data preparation, validation, cleaning, descriptive analysis, bivariate analysis (t-tests, ANOVA, correlation, chisquare), multivariate analysis and modeling (generalized linear models, distributed lag non-linear models, excess mortality and morbidity estimation), and factor analysis (exploratory and confirmatory).
- v. Collaborations in projects.
- vi. Climate Change and Health: Participation in activities related to the impact of climate change on health, including literature review and data analysis.

The area dedicated to **qualitative methods** within the Methods and Data Analysis Office of the CHRC developed the following activities in 2024:

- i. Support in teaching the Course on Advanced Research Methodologies I for the PhD in Health and Wellbeing Sciences and Technologies.
- ii. Methodological support for various projects (e.g. LOng Covid Understanding Symptoms, events and use of services in Portugal | LOCUS; Capabilities, Opportunities, Places and Engagement | COPE; Leading the Way to a Healthy Future, White Paper; Partnership for the Assessment of Risks from Chemicals | PARC; Cultural Prescribing in Alentejo Central; Fast Track Cities), including study design, data collection, data analysis, report writing, scientific manuscripts writing.
- **iii.** Methodological consultancy for students, including designing and implementing data collection instruments, qualitative data analysis, using qualitative tools for systematic reviews.

- iv. Support in the use and optimization of MaxQDA software, including basic (e.g., importing/exporting data, coding, data synthesis) and advanced use (e.g., data visualization) and selection of best tools to enrich the analysis and reporting.
- v. Support in the utilization of Taguette software (i.e., importing/exporting data, coding).
- vi. Improvement of tutorials to support students and researchers using qualitative methods.
- vii. Management of MaxQDA licences.
- **viii.** Support in projects activities, including moderation in events (e.g., ACAD; Science Day).

CHAIN Biobank

Aims: to support biomedical research, addressing all its facets, such as prevention, diagnosis, treatment, and monitoring of specific characteristics of a disease.

INTRODUCTION

The Comprehensive Health Biobank (**CHAIN**) is a research infrastructure of the Comprehensive Health Research Centre (CHRC) research Unit and is located at Nova medical school. It is composed by 3 labs: BLS2 biosafety lab; freezers rooms with 3 freezers; sample processing and quality control lab that offer services of DNA and RNA extraction, as cell culture, flow cytometry and microscopy working in collaboration and in coordination with the CHRC pre-clinical research support Center. CHAIN biobank is part of Portuguese Roadmap of Research Infrastructures (RNIE) as a member of the National Biobanks Infrastructure (http://www.biobanco.pt). Its **main mission** is to provide the most trusted biological samples available (serum, DNA, organoids, bone, cell lines) to support biomedical, clinical, epidemiological, and translational research activities, especially in the areas of health promotion and chronic and high burden diseases, thus allowing to strengthen research quality and outcome as well as encouraging national and international research collaborations.

2024 CHAIN BIOBANK GOVERNANCE, REGULATION, POLICIES AND PROCEDURES

CHAIN Biobank regulation, governance, procedures and policies were developed and approved on 11th January 2024 (annex 1 and annex 2) by the NMS and CHRC board. The Scientific commission was officially nominated on 2nd July 2024 for four years (annex 3) and met twice to discuss biobank portfolio expansion strategies and sustainability strategies.

Biobank procedures in terms of **collection**, **processing**, **storage**, **and distribution** of biological samples and health data to ethical, legal, and scientific integrity were defined (annex

1). Material Deposit Agreements (MDAs) and Material Transfer Agreements (MTAs) were finished and reviewed by the NMS juridic office. (annex 4 and annex 5). Quality control measures, audits, and **Standard Operating Procedures (SOPs) were stablished (annex 1).** A Data Protection Impact Assessment (DPIA) was requested to the Data Protection Office of Universidade Nova de Lisboa. Some minor revisions on the Policies and Informed consent were made to increase data protection. The final DPIA, from 18th December 2024 qualifies CHAIN Biobank as having globally low risk and some medium risk. Medium risk factors refer to reuse of Biobank data for other scientific research projects, which naturally results from the objectives of the Biobank; as well as physical security and digital of the information that is stored by the Biobank, which is intrinsically of a high degree of sensitivity (annex 6).

CHAIN Biobank has two fully dedicated staff members, one technical coordinator and one technician hired in December 2024.

2024 MAIN ACHIEVEMENTS OF CHAIN BIOBANK

CHAIN launching event at NOVA Medical School occurred on the 12th January 2024 (https://www.nms.unl.pt/pt-pt/faculdade/noticias-e-eventos/noticias/detalhe/newsid/12697).

During 2024 sample portfolio continue to expand and CHAIN biobank collected samples and health related data to study septic shock, meniere disease and eye diseases. The current collections stored at CHAIN Biobank are listed in table 1 (annex 7).

CHAIN Biobank prepared six more study protocols to collect samples to study Chronic Kidney diseases, Psoriatic Arthritis, Cancer, and Sclerosis, 2 are still under revision and 4 have already been sent to the Ethics Committee approval.

In 2024, the CHAIN Biobank provided access to a sample collection in accordance with a study protocol and in compliance with GDPR regulations for one external researcher. The samples were successfully transferred in April 2024.

CHAIN had two contacts by the industry/start-ups that were interested in CHAINs services request/deposit, but without any development during the current year.

1. **DEPOSITS**

During this year of 2024, four material deposit agreements MDAs were signed. Only three started in 2024. The number of patients and type of samples collected are presented in table 1. In sum, 79 new donors were registered in the Biobank, with a total of 789 new samples and 5471 aliquots. Six contacts for deposit services are ongoing, two are still under revision and 4

have already been sent to a Competent Ethical Committee for sample storage in the Biobank and hopefully they will start in 2025.

2. SAMPLE REQUEST

In 2024, the CHAIN Biobank provided access to a sample collection in accordance with a study protocol and in compliance with GDPR regulations for one external researcher. The samples were successfully transferred in April 2024.

CHAIN-Biobank was contacted for other sample requests via email/ phone. The majority were redirected to other biobanks, as we didn't have the samples required, mainly cancer samples. One of the contacts was made by a Portuguese health biomarker research company and although no request has been made this year they were interested in our portfolio.

3. COLLABORATIONS

- Development of SOPs for storage and processing of human samples for extracellular vesicle analysis within the EVCA Twining Project (Horizon GA n° 101079264) (https://www.nms.unl.pt/en-us/evca-news/about-evca-twinning-project)
- Member of the working group for translation of the 1st Portuguese version of the ISBER
 International Manual of Good Practices for the management and operation of Biobanks
 and biorepositories (ISBER Best Practices, 5th Edition 2023) with the members of the
 "Lusophone Biobank Network" initiative, led by Fiocruz partners
- Centralization and sending of samples from Portuguese centers within the scope of the European iPROLEPSIS project (https://www.iprolepsis.eu/)

4. NETWORKS

- Member of the International Society for Biological and Environmental Repositories (ISBER) (https://www.isber.org/);
- Member of the national network of biobanks Biobanco.pt (www.biobanco.pt);
- Collaboration with the Global Health and Tropical Medicine Center (GHTM-IHMT)
 biobank Biotropical Resources (BIOTROP)
 (https://www.ihmt.unl.pt/investigacao/biobanco/);
- Member of the initiative "Rede Lusófona de Biobancos e Centros de recursos Biológicos". Members: Angola (Instituto Nacional de Investigação em Saúde (INIS) e Faculdade de Medicina da Universidade Agostinho Neto (UAN), Brasil Coleções Biológicas Fiocruz e BC19-Fiocruz da Fundação Oswaldo Cruz (Fiocruz), Cabo Verde (Centro de Investigação em Ciências da Vida, Faculdade de Ciências e Tecnologia da

Universidade de Cabo Verde (Uni-CV), (Instituto Nacional de Saúde Pública, Praia), **Moçambique** Centro de Investigação em Saúde de Manhiça (CISM), Instituto Nacional de Saúde (INS), Universidade Eduardo Mondlane (UEM), **Portugal** Biotropical Resources do Instituto de Higiene e Medicina Tropical (IHMT-NOVA), MIRRI-PT/ Micoteca Universidade do Minho, Biobanco.pt/ Instituto de Medicina Molecular, CHAIN Biobank da NOVA Medical School |Faculdade de Ciências Médicas (NMS|FCM - NOVA), Instituto Nacional de Saúde Dr Ricardo Jorge (INSA);

- Comprehensive Centre for Precision Oncology of Universidade de São Paulo e Biobanco da Rede Acadêmica de Pesquisa sobre o Câncer, Universidade de Medicina de São Paulo – Fiocruz:
- Centro Clínico Académico de Lisboa (CCAL) creation of support mechanisms for the use of CHAIN by the entire CCAL community. (https://ccal.pt/apoio-a-investigacao/)

5. DISSEMINATION ACTIVITIES

General public

The CHAIN launching event and the celebration of the Retina day at NOVA medical School had a press coverage with many articles published in the media, as listed in table 2 (annex 8).

- Opinion article published by Patrícia Calado in Observador: <a href="https://observador.pt/opiniao/biobancos-os-herois-silenciosos-na-investigacao-e-inve
- Participation in the European Researchers' Night, 27 September 2024 | 17:00-24:00
 LOCATION: National Museum of Natural History and Science Rua da Escola
 Politécnica 56, 1250- 102 Lisbon.

Oral Communications

- Oral presentation and round table participation in "Conferência "Integração/Sinergias" na Semana da Investigação na ULS São José", Hospital Dona Estefânia. 14th October 2024,
- Oral presentation "Participação ativa do doente na investigação: A relevância dos Biobancos." In DIA MUNDIAL DA RETINA: rumo a uma investigação centrada no doente, NOVA Medical School. 27th September 2024 (https://www.nms.unl.pt/ptpt/faculdade/noticias-e-eventos/eventos/detalhe/eventid/14245)
- Oral presentation "Biobanks" in Core methodologies of Research: Nova Medical School doctoral program. 22th November 2024.

 Oral presentation "Biobancos e as suas aplicações" in Seminários em Saúde e Tecnologias, Programa de Doutoramento em Ciências e Tecnologias da Saúde e Bem-Estar, NOVA Medical School, Escola Nacional de Saúde Pública e Universidade de Évora. NOVA Medical School, 1st March 2024.

6. EDUCATION AND TRAINING

The Biobank invest in the continuous development and growth of the staff, recognizing that their expertise is fundamental to the CHAIN Biobank success. Therefore, during the year of 2024 the technical coordinator participated in 3 technical courses.

- Short-term Visit to the Institute Curie to identify best practices to transfer to UNL.
 Powered by EVCA twining project (HORIZON GA n° 101079264 under the WP5, deliverable D9 D5.1. 25th and 26th March 2024, Institute Curie, Paris.
- EVCA Summer School 2024. Theoretical and practical sessions on the guidelines and methods for purification and identification of extracellular. 11th and 12th July 2024, NOVA Medical School
- PowerBI course (20hours online practical course) 5-29th November 2024

7. GRANT APPLICATIONS

- HORIZON-WIDERA-2023-TALENTS-01 Call: 101186341_PORTiSScl: Portuguese Obesity Research: Translating Sympathetic neuroScience into Innovation CHAIR Chairs, <u>Application unsuccessful.</u>
- LISBOA2030-2024-15 Infraestruturas e equipamentos científicos: Rede Nacional de Biobancos - Nó Lisboa (LISBOA2030- FEDER01317100), <u>Application successful.</u>
- LISBOA2030-2024-15 Infraestruturas e equipamentos científicos: Hub de Inovação Pré - clínica - para Clínica da NOVA Medical School (LISBOA2030- FEDER01317200), Application successful.
- Marie Skłodowska-Curie Actions of Staff Exchange EVEREST CONSORTIUM H-EU
 MSCA SE 2023 Call: Proposal of 1 month exchange to bring knowledge to the Biobank
 in the collection and storage of Bronchoalveolar lavage in the Prof Cliff Taggart's
 Research group at the Wellcome-Wolfson Institute for Experimental Medicine, School
 of Medicine, Dentistry and Biomedical Sciences, Queen's University Belfast.
 Application successful.

NOVA Clinical Research Unit

Aims: to support investigator-initiated clinical trials and to operate within CHRC as a Specialized Support Office for Clinical Research Management and Study Coordination in Healthcare Institutions.

NOVA Clinical Research Unit (NOVA CRU) is the Contract Research Organization (Clinical Research Management Unit) of NOVA Medical School (NMS), established as a joint venture with NOVA Information and Management School (NOVA IMS), leveraging their combined expertise.

NOVA CRU's mission is to enhance the execution of clinical studies, both investigator-initiated and industry-sponsored, always in compliance with Good Clinical Practices (GCP). Additionally, it fosters the creation of support infrastructures for companies and researchers, contributing to the generation of relevant scientific evidence with a direct impact on clinical practice.

Areas of Expertise:

- Development of clinical research protocols;
- Submission of clinical trials (CTs) and clinical investigations involving medical devices to the relevant authorities;
- Study monitoring and management;
- Data analysis;
- Development of customized software solutions tailored to the specific needs of clinical research.

NOVA CRU places this set of capabilities and expertise at the service of the academic, medical, MedTech, and pharmaceutical communities.

Core Business Areas - NOVA CRU operates in three main areas:

- Clinical Study Management
- Study Coordination in Healthcare Units
- Software Development and Data Management for Clinical Research (joint venture with NOVA IMS)

Operational Results - 2024

1. Clinical Study Management

In 2024, NOVA CRU provided services in Clinical Study Management, supporting studies at various stages of their lifecycle, from research question planning and development to

regulatory submission, monitoring, and closure. Given the nature and diversity of activities involved in research study management, NOVA CRU offers a tailored collaboration model, discussed and negotiated with the study sponsor and/or investigator, ensuring that each project receives a customized plan based on its specific requirements.

One of the key achievements of the year was securing the national management of multicenter studies sponsored by international entities, particularly from the Netherlands and Germany, strengthening NOVA CRU's position as a leading academic CRO in Portugal. These studies, promoted by universities and leading pharmaceutical and MedTech companies, covered fields such as oncology, infectious diseases, and innovative medical devices.

Each collaboration was tailored to the specific needs of each project, ensuring compliance with Good Clinical Practices (GCP), operational efficiency, and service personalization. NOVA CRU's role as a strategic partner guarantees high-quality study execution aligned with the highest international standards.

2. Study Coordination in Healthcare Units

In the field of study coordination, NOVA CRU provided consulting and operational support to institutions such as:

- Unidade Local de Saúde Lisboa Ocidental
- Unidade Local de Saúde da Arrábida

Services included:

- Allocation of qualified human resources stationed within hospital units;
- Strategic consultancy for developing and implementing study coordination models tailored to the specificities of each institution.

3. National Capacity Building for Clinical Research with Medical Devices

NOVA CRU contributed to national initiatives in the field of medical devices, integrating the Working Group for the Promotion of Clinical Research with Medical Devices in Portugal, promoted by AICIB. This group includes representatives from AICIB, APORMED, CEIC, INFARMED, and NOVA Medical School (NOVA CRU).

One of its key contributions was the organization and facilitation of a series of seven training sessions, which attracted 1,100 participants from across the country, covering a diverse range of professional roles. According to participant satisfaction surveys, the initiative received an overall rating of EXCELLENT.

Global Impact

Throughout 2024, NOVA CRU collaborated on 615 clinical studies, spanning different phases of their lifecycle, including feasibility analyses, regulatory submission support, study execution, monitoring, and closure.

Of these 615 studies, 68% were international and included 30% investigator-driven studies and 70% industry-sponsored trials, reflecting NOVA CRU's strong focus on both academic and industry-led research.

In terms of capacity building, the unit contributed to the training of 1,100 participants, representing various clinical research stakeholders, further enhancing qualifications and alignment with best practices in the field.

Overall, NOVA CRU generated a service volume exceeding €400,000, benefiting the academic community and strengthening strategic collaborations with research projects at NOVA Medical School.

1.3 Annual Structural Initiatives

The CHRC has established a set of Annual Structural Initiatives aimed at fostering research excellence and supporting the academic community. These include the CHRC Research Grants, which provide funding for innovative projects, the CHRC Annual Summit, a key gathering for knowledge exchange and collaboration, financial support for scientific publication, ensuring broader dissemination of high-quality research, and CHRC PhD scholarships, dedicated to nurturing the next generation of researchers.

CHRC Research Grants

CHRC Research Grants is a yearly initiative awarding collaborative and multidisciplinary projects, with a total endowment of 320.000€;

In 2020, two collaborative projects were awarded with the amount of 40.000€/each. Projects "PROOF- PReventing OsteoporOtic Fractures" and "COVID-19 pandemic: the social distance at the school playground and its effects on children's social-emotional competence and physical activity" are still ongoing ad will be concluded by the end of 2022.

In 2021, three collaborative and multidisciplinary projects proposed by integrated members of the CHRC were awarded the amount of € 80,000. Projects "Reforming the reform: an evidence-based financing model for the Portuguese primary care (REF2PRIM)" - 30.000€; "The effects

of whole-body vibration (WBV) on the management of osteoporosis in early menopausal women" - 25.000€; "KneeCare@Home: Home exercise-based rehabilitation program following surgical reconstruction of the anterior cruciate ligament" - 25.000€.

In 2022, eight collaborative and multidisciplinary projects proposed by integrated members of the CHRC were awarded the amount of € 20,000/each. The call for proposals was launched in October, with a specific regulation that can be consulted. The jury was composed of 4 elements external to the R&D unit. The results were as follows:

- 1st The COGCARE Project Cognitive disorders and impact on caregivers 20.000€;
- 2nd Self-care in the person with chronic disease 20.000€;
- 3rd Multimorbidity in Primary healthcare: developing an intervention to support patients and primary healthcare clinicians to better manage complex multimorbidity 20.000€;
- 4th Advancing Digital Health Behavior Change Precision: Development of a framework of personalization of behavior change techniques 20.000€;
- 5th <u>HE@RT.FIT</u> Sustainability of traditional and live-streaming exercise-based cardiac rehabilitation in low-risk patients with cardiovascular disease 20.000€;
- 6th Protein intake and transitions between frailty states in middle-aged and older adults: a multi-state transition model in the UK Biobank (firstly named as "Improving physical function in older adults: exploring the interaction between protein intake and physical activity") 20.000€;
- 7th HERO: Impact of Artificial Habitats and Environmental contaminants on Chronic RespiratOry Diseases 20.000€;
- 8th Assessing Risk from exposure To Environmental contaminants in Portuguese Mother-Infant pairS 20.000€.

In 2023, as the project *The Effects of Whole-Body Vibration (WBV) on the Management of Osteoporosis in Early Menopausal Women* could not be carried out, the funds originally allocated for this project were redirected to three new grants:

- Handwriting as an objective tool in the Alzheimer's disease early-stage diagnosis: a pilot study
- Unraveling the role of nutritional status on real and perceived motor competence and physical activity among Portuguese children: an interdisciplinarity cross-sectional study
- Violence towards Health Professionals in the Alentejo Region

These grants were funded by the reallocated budget from the previously mentioned project, along with an additional €35,000 from CHRC | Universidade de Évora funding.

Furthermore, due to internal reasons, the project Assessing Risk from Exposure to Environmental Contaminants in Portuguese Mother-Infant Pairs could not be completed.

No grants were awarded in 2024 because the funding allocated for project grants had already been distributed. The decision to award grants only until 2023 was made strategically, considering the necessary time for project implementation and execution.

In the <u>CHRC GRANTS FINAL REPORTS</u>, within the annexes of this report, the final reports for each of the projects can be consulted.

Project Summaries as of 31st December 2024:

PROOF- PReventing OsteoporOtic Fractures

- a) Background: The Healthy Bone digital streaming platform, with small videos with physical exercise, nutrition tips, treatment reminders, and health education, was developed to promote the adoption of pharmacological and non-pharmacological treatment and behavior change among older adults with osteoporosis and osteoporosis-related fractures.
- **b) Objective**: Evaluated the system usability and user experience of the desktop version of the Healthy Bone digital platform prototype from patients' perspectives.
- c) Methods: A mixed-methods study was conducted to test the usability of Healthy Bone through in-person interviews with audio/screen recording. Participants were asked to complete a series of tasks representing the use of the digital platform, using a thinking-aloud approach. Satisfaction (After Scenario Questionnaire) and usability (System Usability Scale (SUS); eHealth UsaBility Benchmarking Instrument (HUBBI)) were measured. Semi-structured interviews were conducted to explore participants' use of the platform. Qualitative data was analysed through deductive content analysis (ontology of eHealth usability issues) and inductive thematic analysis (Braun and Clarke method). Descriptive statistics were performed for the quantitative analysis.
- **d) Results:** Participants (n=7) reported high levels of task satisfaction. In total, 24 unique usability issues were found across 6 categories of the eHealth usability ontology. Overall, participants expressed positive perceptions and acceptability towards the digital platform. Barriers to using the digital platform included a lack of

- skills, suitable equipment, and time. Facilitators included motivation for behavior change, health benefits, and the decrease of potential inequalities. High levels of usability according to the SUS were found (87.1 \pm 13.3). Good usability was also reported for all categories of the HUBBI, except the Guidance & Support category, which presented moderate levels of usability (3.3 \pm 1.1).
- e) Conclusions: This study provided valuable insights into the usability and user experience of the desktop version of the Healthy Bone digital platform prototype. This information will be crucial to optimize the digital platform and ensure it is tailored to the intended population.
- COVID-19 pandemic: the social distance at the school playground and its effects on children's social-emotional competence and physical activity" are still ongoing ad will be concluded by the end of 2022.
 - a) Background: One of the most important measures to prevent SARS-CoV-2 transmission through respiratory droplets and to decelerate the COVID-19 epidemic evolution was the interpersonal physical distance, commonly referred to as social distance. Social distancing led to the closure of schools, parks, and playgrounds, preventing populations from engaging in their regular activities outside their homes. These measures undoubtedly have implications for social development, particularly for children.
 - b) Objectives: This study aimed to investigate: 1) whether social distance was maintained during children's activities in the playground, even with schools implementing government preventive guidelines; and 2) whether limiting children from cohabiting and establishing social interactions freely adversely affects their social-emotional competence.
 - c) Methods: Sixty-one students from the 3rd and 4th grades across four different schools participated in the study (20 girls, 41 boys, age = 9.4 ± 1 years). Individual GPS devices were utilized in the playground to analyze movement-related behavioral indicators derived from the positional data. The KTK (Körperkoordinations Test für Kinder) test, peer nomination, and mood questionnaires were employed to assess children's coordination and social-emotional competence, respectively.
 - **d) Results:** Children spent less than 6 minutes in social proximity of under 2 meters during a 30-minute playground period. Girls scoring higher in fear and sadness exhibited more irregular movements compared to their peers, while boys with

higher anger scores demonstrated less synchronized behavior relative to the group's center.

- Reforming the reform: an evidence-based financing model for the Portuguese primary care (REF2PRIM)
 - a) Introduction: Portugal's 2006 primary healthcare (PHC) reform introduced Family Health Units (FHUs), which operate with small multidisciplinary teams and a financing model combining capitation with pay-for-performance (P4P). P4P ties financial incentives to clinical performance, but international evidence on its impact is mixed, with concerns about neglect of non-incentivized services and discrimination of high-risk patients.
 - b) Objectives: The REF2PRIM project aimed to generate evidence to optimize PHC financing by analyzing FHU costs and productivity, evaluating the P4P indicator selection process, and assessing how incentives influence healthcare professionals.
 - c) Methods: Three work packages structured the project: the first analyzed consultation times, PHC burden, and productivity differences between FHUs and traditional units, combining a systematic review and an analysis of aggregated data from FHU; the second used qualitative methods to assess P4P indicator selection; the third conducted a scoping review on incentives for PHC workers.
 - d) Results: Socioeconomically disadvantaged populations had higher PHC use, supporting the need to adjust patient list sizes. Productivity analyses confirmed that FHUs outperform traditional PHC units, though the gap has narrowed. Interviews with the National Technical Commission revealed that indicator selection prioritizes validity, feasibility, and usability but is influenced by political tensions. Financial incentives alone had inconsistent effects, while intrinsic motivators such as job autonomy played a crucial role.
 - e) Discussion: The FHU model, characterized by small multidisciplinary teams and greater autonomy, has improved efficiency, but its expansion depends on maintaining key organizational features. The selection of performance indicators should be strengthened by incorporating robust scientific evidence and separating technical assessments from political considerations. The effectiveness of financial incentives is variable, requiring strategies that enhance job satisfaction and motivation.

- f) Conclusions: Optimizing PHC financing requires adjusting patient list sizes, expanding FHUs while preserving autonomy, refining P4P indicators with scientific evidence, and balancing financial and intrinsic incentives to enhance workforce satisfaction and quality.
- KneeCare@Home: Home exercise-based rehabilitation program following surgical reconstruction of the anterior cruciate ligament
 - a) Background: The adoption of digital health tools for consultations (telemedicine) and rehabilitation (telerehabilitation) is gaining popularity due to enhanced accessibility and the mitigation of travel and time restrictions. The implementation of digital health solutions to complement conventional healthcare is somewhat recent, particularly with respect to telerehabilitation after orthopaedic injury or surgery. Patients undergoing ACL reconstruction may benefit from remote sessions as a complement to conventional clinic-based rehabilitation sessions. These remote sessions offer therapeutic exercises that can be done at home, extending rehabilitation services to underserved areas and providing improved supervision and monitoring.
 - b) Objectives: This project aims to develop and implement a digital health solution for synchronous supervision and monitoring of a home-based exercise program (Knee Care at Home) for the recovery pathway of ACL reconstruction patients.
 - c) Methods: The intervention procedure is depicted in the figure 1. Several tasks were accomplished that included the protocol for clinical trial, a protocol for a pilot and feasibility study, the development of comprehensive Knee Care at Home programme manual, establishing a data collection hub, and planning an observational study on postoperative pain behavior and management around ACL reconstruction and other knee surgical interventions. The project involved the collaboration between three CHRC institutions and the Hospital da Misericórdia de Évora.
 - **d) Results:** The project has resulted in three scientific posters, two trial protocol publications, a programme manual in Portuguese and English, a digital data collection hub, and one master's degree. In the future, we expect a significant number of scientific outputs including another master and a doctorate degree.
 - **e) Keywords:** Anterior Cruciate Ligament Reconstruction, Effectiveness, Feasibility, Acceptability, Satisfaction, Motivation, Home-based Exercise Programme, Telehealth, Supervision, Monitoring, Patient-reported Outcome Measure, Clinician-

reported Outcome Measures, Physical Performance, Pain Behaviour, Pain Management, Knee Surgery.

• The COGCARE Project - Cognitive disorders and impact on caregivers

- a) Background and aims: Dementia is associated with a high burden of disease. However, epidemiological data is becoming outdated, given the difficulties of implementing costly surveys; data is also hardly retrievable from information systems. We must improve the feasibility/validity of case-definition and caregivers' consequences assessments. The main part of our study builds on the 10/66 Dementia Research Group diagnostic algorithm, validated worldwide. Following the validation of an Italian version of its short version, we aimed to assess it in Portuguese samples, using mobile devices for data collection. Additionally, we aimed to assess caregivers' subjective burden and psychological distress. Eventually, the project was renamed "The Short 10/66 Dementia Diagnostic Schedule Validation/COGCARE Project".
- b) Methods: We recruited participants aged 60+ years, in different clinical settings, including outpatient services and psychogeriatric long-term units. Close relatives (for community-dwellers) or staff (for institutionalised people) provided further information. The Short 10/66 Dementia Diagnostic Schedule was administered using REDcap (a browser-based, metadata-driven software). We also intended to use caregivers' data to test international cutoffs for the Zarit Burden Interview and the Self-Report Questionnaire, integrating the 10/66 Dementia Research Group protocol.
- c) Preliminary findings, discussion and dissemination: The final sample was n=229; our workplan did not deviate substantially from the timeline. We are finalizing diagnostic accuracy estimates for this 'short 10/66' case-definition. Qualitative analyses and process evaluation are also under way, documenting acceptability and feasibility.Preliminary findings were presented (18th National Congress of Psychiatry, 34th Alzheimer Europe Conference; 2024). The protocol had been presented (2023 IPA-International Psychogeriatric Association Congress, poster; 37th 'Grupo de Estudos de Envelhecimento Cerebral e Demência' National Meeting, oral communication). Fieldwork is ongoing in a subsample of participants. We look forward to completing the study, which we hope will prove helpful for epidemiological, health service and clinical research. Concerning final results, two papers will be submitted in 2025.

Self-care in the person with chronic disease

- a) Background: Self-care plays a central role in the management of chronic diseases, directly influencing quality of life, reducing hospitalization and mortality rates. This study evaluated the psychometric properties of the questionnaire "Self-Care Inventory for Chronic Diseases", in its Portuguese version, focused on the subscales of maintenance, monitoring and management of self-care.
- b) Main Objective: To determine the nursing care needs of the sample of the elderly population according to the self-care deficits identified using the "Chronic Disease Self-Care Inventory Patient Version (version 4)" in the elderly population living in their own homes or in the homes of relatives or friends in the district of Évora.
- c) Development: A scholarship holder was hired for 6 months, who ensured the collection of data from a sample of 200 participants. To record the data, its treatment and dissemination, specific equipment, computer and projector were acquired. An intervention activity was carried out on a group of 12 participants, a pilot study, and the participants were trained for self-care according to the evaluations carried out. For self-care activities, equipment was purchased, namely SimX Stnd SimX Base License, which is integrated into the AR augmented reality simulation and VR virtual reality in overlay. Regarding the dissemination of the results, 3 articles were published, 2 are under review, 4 are under construction, we built and presented 2 posters and 1 oral communication.
- d) Conclusions: This project allowed us to achieve the general objective defined. The Chronic Disease Self-Care Inventory demonstrated adequate psychometric properties in terms of validity and reliability in the Portuguese population. The results indicate that the questionnaire is a useful tool to assess self-care in patients with multiple chronic diseases, facilitating the identification of patients with needs and improving self-care education and management.
- Multimorbidity in Primary healthcare: developing an intervention to support patients and primary healthcare clinicians to better manage complex multimorbidity
 - a) Background: Multimorbidity and polypharmacy in aging populations present significant challenges to healthcare systems. Fragmented care models increase the burden on both patients and providers, often leading to suboptimal outcomes. A shift towards a patient-centred, goal-oriented care (GOC) model is needed to enhance care coordination and improve health outcomes.

- **b) Objectives:** This project aimed to refine a complex GOC intervention by integrating a digital platform with a practitioner training program. The goal was to assess its feasibility and acceptability in preparation for a future cluster-randomized trial.
- c) Methods: The project was structured into six interlinked work packages. We explored patients' and carers' perspectives to contextualize the intervention and developed a blended-learning GOC training program for family physicians and nurses. The MeTHIS digital platform—originally designed for chronic disease management during the COVID-19 pandemic—was updated using Design Science Research principles and nudging theory. A comprehensive intervention description was developed using the Template for Intervention Description and Replication (TIDieR) framework. Dissemination efforts included open-access publications and presentations at national and international conferences.
- d) Results: The intervention was found to be feasible and acceptable. The MeTHIS platform reached Technology Readiness Level 7, the postgraduate multimorbidity management course was deployed, and the protocol for a cluster-randomized trial was published. However, adoption and retention rates were lower than expected, highlighting the need for stronger behavioural change strategies and integration within existing primary care financial incentives.
- e) Conclusion: The intervention is not yet mature for full-scale implementation in a cluster-randomized trial. To further refine its scalability and integration into routine care, we are preparing a smaller implementation trial of the intervention in two Local Health Units (Western Lisbon and Loures-Odivelas).
- Advancing Digital Health Behavior Change Precision: Development of a framework of personalization of behavior change techniques
 - a) Background: Digital Behaviour Change Interventions (BCIs) have become a promising way to promote health by deliverying personalized, technology-driven approaches. However, the lack of consensus on definitions and formal classifications of personalized and tailored interventions poses significant challenges to their efficacy and consistency. Addressing these gaps is critical to unlocking greater precision and effectiveness in targeted health solutions.
 - **b) Methods:** This study follows a structured, three-phase approach to develop and validate the first ontology of tailoring for digital health BCIs. In Phase 1, a scoping review was conducted to map existing definitions and frameworks. Phase 2

- involved the development of a prototype for the ontological framework, and phase 3 consists of expert consultation to validate the framework and refine its structure.
- c) Results: In Phase 1, the scoping review analyzed 453 BCI papers, sourced from a rapid review (k=131), PubMed (k=84), the Human Behaviour-Change Project database (k=123), and additional references (k=115). Of these, 10% were systematic or scoping reviews, 8% were conceptual or theory papers, and 82% were research studies, with 59% being randomized trials. The findings highlighted a lack of clear and standardized definitions of tailoring, with existing definitions often being vague or inconsistent. In Phase 2, the study established a definition of tailoring and developed a prototype of the ontological framework, which includes 10 hierarchically structured entities (e.g., Static Tailoring and Dynamic Tailoring). Phase 3, which involves expert validation, is currently ongoing in collaboration with the APRICOT project (2024–2029, NIH-funded).
- d) Conclusion: This study tackles key challenges in the field of digital health BCIs by creating a comprehensive framework for personalizing behaviour change techniques. The ontology provides a standardized, machine-readable structure that enhances the precision, consistency, and effectiveness of tailored interventions. As the validation phase continues through the APRICOT project, this work lays the foundation for future innovations in digital health BCIs, helping to develop more effective and scalable personalized health solutions.
- HE@RT.FIT Sustainability of traditional and live-streaming exercise-based cardiac rehabilitation in low-risk patients with cardiovascular disease
 - a) The primary objective of the HE@RT.FIT project was to evaluate the effectiveness, adherence, and satisfaction of live-streaming exercise-based cardiac rehabilitation (CR) programs in low-risk patients with cardiovascular disease (CVD).
 - b) A total of eleven CVD patients participated in this experimental study, undergoing follow-up assessments measuring key indicators of effectiveness, adherence, and satisfaction in both traditional and live-streaming supervised exercise programs. As a major outcome, the He@rt.Fit app was officially launched, alongside the publication of a scientific article validating its utility1. Several findings on the effects of the exercise interventions have already been disseminated2,3, and a second scientific article focusing on effectiveness, adherence, and satisfaction outcomes is currently under preparation.

- c) Results demonstrated a significant improvement in cardiorespiratory fitness in the Home-Based Live-Streaming Moderate Continuous Training (HBLS-MCT) group compared to the Control group (p = 0.002), while no significant difference was found in the Traditional Moderate Continuous Training (T-MCT) group (p = 0.030). Similar trends were observed for muscular endurance (p = 0.01) and quality of life (p = 0.038). Adherence levels were comparable between both intervention groups, whereas satisfaction levels were higher in the T-MCT group, indicating that inperson sessions provided greater perceived satisfaction, although the difference was not statistically significant (p = 0.089).
- d) A summary of the project's status highlights that 99.2% of the total budget (€19,846.08) was executed. The core tasks established for the project were successfully completed within the defined timeline.
- Protein intake and transitions between frailty states in middle-aged and older adults:
 a multi-state transition model in the UK Biobank
 - **a) Background:** Dietary protein may prevent or modulate the progression of frailty, by slowing down the decline of muscle mass, strength, and physical function with ageing.
 - b) Methods: The analytic sample included 27128 participants aged 50+ from the UK Biobank cohort study. Physical frailty at baseline and follow-up was based on slow walking speed, unintentional weight loss, exhaustion, low physical activity, and weakness. Protein intake was assessed with web-based 24h recalls on up to 5 occasions. The effect of protein intake on forward and backward transitions between frailty states (non-frailty, pre-frailty, and frailty) and to death over a mean of 5 (max 16) years was examined with multi-state models.
 - c) Findings: Middle-aged and older participants with higher protein intake (increments of 0.1 g/kg BW/day and protein categories of <0.8 (ref), 0.8 to <1.0, 1.0 to <1.2, ≥1.2 g/kg BW/day) were less likely to progress from pre-frailty to frailty, and more likely to recover from pre-frailty to non-frailty, with evidence of a dose-dependent relationship. E.g. For participants with protein intake of 0.8 to <1.0, 1.0 to <1.2 and ≥1.2, hazard ratios (95%CI) for incident frailty were 0.80 (0.71-0.91), 0.72 (0.63-0.81) and 0.68 (0.60-0.78), respectively, compared to <0.8 g/kg BW/day. Higher protein intake had no effect on recovery from frailty to pre-frailty.

d) Conclusions: Higher protein intake moderately reduces the risk for frailty incidence and increases the likelihood of recovery from pre-frailty in a dose-dependent manner in middle-aged and older adults.

HERO: Impact of Artificial Habitats and Environmental contaminants on Chronic RespiratOry Diseases

- a) Recent evidence proposes that the widespread exposure to environmental chemical and biological contaminants may be a contributing factor to the rising incidence of chronic respiratory diseases. However, the understanding of the impact of concurrent exposure to environmental contaminants (biological and chemical) on respiratory diseases, remains insufficiently explored.
- b) The HERO project aimed to investigate the effects of continuous exposure to indoor biological (e.g., viruses, bacteria, and mites) and chemical contaminants (e.g., phenolic compounds and metals) on the respiratory health of individuals with chronic obstructive diseases (asthma and chronic obstructive pulmonary disease -COPD) alongside matched controls.
- c) A cohort of 50 patients with COPD was recruited from the *Hospital do Espírito Santo de Évora*, while controls were recruited at outreach events. Additionally, 30 participants were recruited in Setúbal through the *Instituto Politécnico de Setúbal*. Participants filled a detailed questionnaire on the characteristics of their indoor environment. Alongside, urine (short-term exposure indicator), hair/nail (long-term exposure assessment), and a house dust sample (repositories of recurrent exposure assessment) were provided. Chemical contaminant levels will be determined in all matrices using LC-MS/MS for phenolic compounds and ICP-MS for metals. Biological contaminants (e.g., mites and respiratory viruses and bacteria), will be identified in dust samples using qPCR.
- d) The HERO project seeks to describe contaminant levels in matched samples obtained from patients/controls and their indoor environments in Southern Portugal. Additionally, it will pioneer the characterization of the indoor microbiome within Alentejo households. These findings will facilitate comprehension of the impact of such exposures on respiratory health, notably by identifying potential triggers for exacerbations.
- e) Under the HERO project two papers were already published in top 10% journals, four oral communications and three posters were presented at scientific meetings,

one special session at an international conference was organized and the project was disseminated in two science outreach events.

Handwriting as an objective tool in the Alzheimer's disease early-stage diagnosis: a pilot study

- a) Alzheimer's disease (AD) is a progressive clinical condition characterised by cognitive deterioration. Although motor disorders are less prominent, they are common in the advanced stages of the disease, and recent studies suggest that they may be present in the early stages. Handwriting has been used to study fine motor control or executive functioning in healthy and unhealthy populations, and changes in this skill are present at different stages of the clinical course of dementia.
- b) This research involved a multidisciplinary team from various organisations (belonging to the CHRC and external) to study the handwriting assessment protocol's suitability for differentiating the handwriting characteristics of people with and without AD. The aim was to contribute to a more in-depth knowledge of this subject to help professionals with potential (and future) early detection and preparation for intervention.
- Unraveling the role of nutritional status on real and perceived motor competence and physical activity among Portuguese children: an interdisciplinarity cross-sectional study
 - a) Motor competence (MC) plays a crucial role in children's overall health, being positively associated with physical activity (PA), cardiorespiratory fitness, muscular strength and endurance, and a healthy weight status (WS). In turn, PA and WS contribute to MC development, reinforcing a dynamic and reciprocal relationship. From a health perspective, promoting PA is an effective strategy for addressing overweight and obesity in children, with MC serving as a foundational element for PA engagement. The RUN-UP Study explored the relationships between children's WS, nutritional status, MC, PA, screen time, sleep quality, health-related fitness, mental health, social acceptance, and health biomarkers. A total of 940 school-aged children (54% boys, Mage = 8.46 years, range: 6.31–11.44 years) from the municipalities of Évora and Viana do Alentejo participated in this study. A multidimensional and multi-informant approach was used to assess different health domains, including health-related physical fitness, motor competence, psychosocial factors, health-related behaviors, health biomarkers, environmental exposure, and nutritional status. Key findings indicate that 48% of children had low MC, and 28%

exhibited socioemotional development problems, with hyperactivity, conduct, and emotional issues being the most prevalent. Additionally, 61% of children did not meet the recommended 2 hours of active play per day, and 18% failed to achieve the minimum recommended sleep duration of 9–12 hours per night. Excessive screen time was another concern, as 55% of children spent more than 1 hour per day in front of screens. Furthermore, 27% of children were classified as overweight or obese. These findings are crucial for shaping health promotion strategies in childhood. Enhancing MC supports obesity prevention and improves health-related fitness. School-based interventions and public policies promoting PA and healthy habits should be prioritized to ensure long-term health benefits.

• Violence towards Health Professionals in the Alentejo Region

- a) Background: Violence in the health sector is a growing phenomenon that affects not only health professionals, but also the quality of care offered to patients. It is a global problem that directly compromises the safety and well-being of both health workers and users of medical services.
- **b) Objectives:** To analyze the context of violence against health professionals in the Alentejo region.
- c) Methods: Descriptive and exploratory study, with methodological triangulation.

Quantitative Study - Study 1 and 2

- Simple Random Probabilistic Sampling of 440 nurses and doctors from health institutions in the Alentejo region.
- A structured questionnaire was applied via electronic link.
- Data analysis was carried out using IBM SPSS Statistic version 28.

Qualitative Study - Study 3 and 4

- Qualitative study on the "perceptions and practices of regional, institutional and local focal points in the context of violence against health professionals".
- 48 semi-structured interviews were conducted until saturation.
- o Data analysis using IRaMuTeQ software version 0.7 alpha 2.
- **d) Results:** The survey revealed that the majority of health professionals were female (74.8%), between 34 and 55 years old (65.4%) and employed by the public sector. Nurses accounted for 80% of the sample, and 67.5% had worked for more than 11

years. Around 38.9% had suffered violence at work, with psychological violence (94.2%) being the most common, followed by physical violence (46.2%) and sexual violence (4.1%). Aggressions such as threats (50.9%) and psychological coercion (43.3%) were practiced mainly by men (60%), service users (37.4%) and family members (26.9%).

Violence affected more experienced professionals who worked shifts. However, 52% did not report it, for fear of reprisals or lack of knowledge of the process. Factors cited included lack of security (26.9%) and impunity (16.4%). Suggestions for mitigation included strengthening security (36.3%), better institutional management (34.5%) and punishing aggressors (22.2%).

The analysis of interviews with Focal Points generated categories such as Violence Management and Preventive Measures. They highlighted the need for prevention, reorganization of spaces, installation of panic buttons and training. Despite the difficulties, there has been progress in implementing strategies to combat violence in health services, with a focus on communication and a culture of reporting.

- e) Conclusion: Participants recognized the relevance of the topic and highlighted the importance of training to deal with violence. Violence against health professionals in Alentejo is a serious problem, requiring urgent measures, especially to combat under-reporting. They proposed investing in prevention, training and awareness-raising, involving professionals, managers and the community. In addition, they stressed the need to monitor and evaluate the actions implemented to ensure their effectiveness. The conclusion is that combating violence in healthcare must be a serious commitment, requiring a continuous and multidisciplinary effort to ensure a safe working environment in the region.
- f) Outputs: The results of the project have been presented at three international conferences. Resulting in five publications in international journals, two articles have been published (https://bmchealthservres.biomedcentral.com/articles/10.1186/s12913-024-11949-2; https://doi.org/10.3390/nursrep14040233), one article has been accepted for publication and is awaiting final production by the journal and, finally, two articles are in the peer review process.

CHRC Annual Summit

Aims: enhancing communication between members and management units to boost and promote clinical, public health, and health services research of a collaborative and multidisciplinary character.

The fifth CHRC Annual Summit was held in person in Évora on the 23rd and 24th of September 2024, bringing together 164 CHRC members over the course of two days. The primary objectives of this summit were the scientific reflection on the work conducted by CHRC researchers during the 2020-2023 period and to strategically prepare for the future, covering the 2025-2029 period, both in terms of scientific progress and institutional management. The event also featured two distinguished speakers, each delivering a high-level keynote address, along with enriching cultural moments and a morning jogging activity on the second day.

Of the submitted scientific works, 21 oral communications were also presented, with the works best quoted by the Scientific Committee of the event, 82 posters were exhibited. The complete program can be consulted here: https://www.chrcam.uevora.pt/programa/

★ Financial support for scientific publication

CHRC financially support the payment of the papers' publication costs with the main objective of stimulating the scientific production of the integrated members. The general guidelines for this support regarding authorship and affiliation are that the body of authors must include, at least, two integrated members of the CHRC; Or the body of authors must include only one integrated member of the CHRC, within an international consortium of authors; The first or last author of the article should be a full member of the CHRC. Regarding the scientific journals, the article must be published in Q1 or Q2 journals in their respective areas.

In 2024, NOVA Medical School supported the payment of 9 paper publications, National School of Public Health supported 14, Évora University supported 34 and Lisbon Institute of Global Mental Health supported 1.

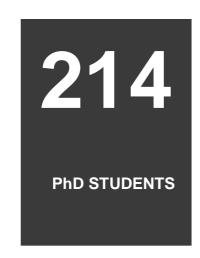
↓ CHRC PhD scholarships

CHRC PhD scholarships (15 positions) within CHRC management institutions and thematic lines, funded by FCT, IP. So far, a total of 15 PhD scholarships was awarded to PhD students included in different doctoral programmes: Doctoral Programme in Public Health, Global Public Health, Health Sciences, Human Kinetics, and Health and Wellbeing Sciences and Technologies. One PhD student dropped out of her PhD, and the CHRC was unable to reallocate the respective scholarship. thus, there are 14 awarded PhD scholarships whose study plans are ongoing.

2. CHRC PEOPLE







Up to December 2024, CHRC gathered a total of 236 integrated PhD Researchers, 214 PhD students, and 61 integrated non-PhD researchers and technicians. In addition, as a result of the potential and work developed within CHRC, 113 researchers, integrated in other national research units, joined the CHRC as collaborating members.

A comparison exercise between December 2023 and December 2024 shows that CHRC grew in the number of people involved, presenting an increase of 7,3% in integrated PhD researchers and 67,2% in the number of PhD students. This 67,2% growth is a significant milestone, reflecting CHRC's strategic focus on investing in PhD students.

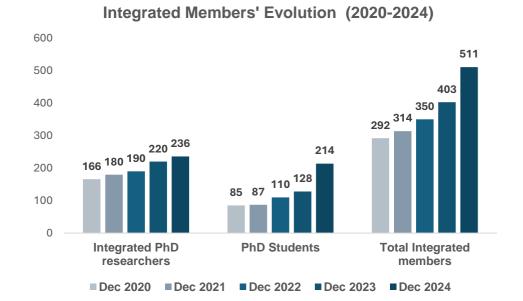


Chart 3 - Evolution of Integrated Members (2020–2024)

2.1 People by Management Institution



Figure 6 - Distribution of Integrated Members by Management Institution

3. SCIENTIFIC INDICATORS

3.1 Publications

In 2024, CHRC reported a total of **623** publications, of which **480** were open access and 6 were in lay language. **More than half of this number – 56% (400)** corresponds to scientific articles published in high-impact journals (Q1 or Q2 – SCOPUS index), with **266** published in Q1.

CHCR researchers published **68** Articles in peer-reviewed journals Q3 and Q4 (SCOPUS index). Regarding books, book chapters, articles in other journals (not indexed) and other publications, CHRC registered **155** existences.

623

Publications i.e., papers,

books, book chapters, etc

400

Papers published in high impact journals (Q1, Q2)

480

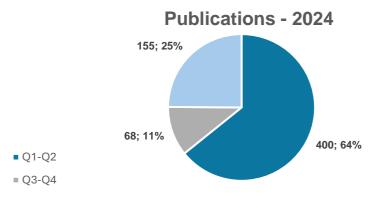
Publications in open access

266

Publications in Q1

6

Publications in lay language



Books, book chapters, articles in other journals (not indexed) and other publications

Chart 4 - Distribution of CHRC Publications in 2024 by Journal Ranking and Publication Type



Chart 5 - Evolution of Publications by Journal Ranking (2020–2024)

3.1.1 Articles in peer-reviewed journals - SCOPUS index - Q1 and Q2i

TOTAL: 400

1 You can check the journals' quartile <u>here</u>.

Table 1 – List of articles in peer-reviewed journals - SCOPUS index - Q1 and Q2i

31st European Congress on Obesity (ECO 2024). (2024). Obesity Facts, 17(Suppl. 1), 7–515. https://doi.org/10.1159/000538577

Α

Advinha, A. M., Fernandes, J. P., & Perdigao, M. (2024). Food-drug interactions risk management: An emergent piece of pharmacovigilance systems. Pharmacol Res Perspect, 12(4), e1245. https://doi.org/10.1002/prp2.1245

Aguiar, A., Soares, P., Barbosa, P., Duarte, R., & Pinto, M. (2024). Adapting to COVID-19: insights from Portuguese residents' home-based life. Work, 79(4), 1951-1966. https://doi.org/10.3233/WOR-230730

Alegrete, J., Batalha, N., Fernandes, O., Parraca, J. A., Rodrigues, A. M., Londral, A. R., & Sousa, J. P. (2024). Effectiveness of the KC@H programme compared with clinic-based rehabilitation in patients recovering from ACL reconstruction: a study protocol for a single-centre, two-arm, single-blinded, randomised controlled superiority trial. BMJ Open Sport Exerc Med, 10(1), e001868. https://doi.org/10.1136/bmjsem-2023-001868

Alho, A. M., Oliveira, A. P., Viegas, S., & Nogueira, P. (2024). Effect of heatwaves on daily hospital admissions in Portugal, 2000–18: an observational study. The Lancet Planetary Health, 8(5), e318-e326. https://doi.org/10.1016/S2542-5196(24)00046-9

Almeida, M. B. D., Moreira, M., Miranda-Oliveira, P., Moreira, J., Família, C., Vaz, J. R., Moleirinho-Alves, P., & Oliveira, R. (2024). Evolving dynamics of neck muscle activation patterns in dental students: a longitudinal study. Sensors, 24(17), Article 5689. https://doi.org/10.3390/s24175689

Almeida, M. B., Moreira, M., Moreira, J., Vaz, J. R., Moleirinho-Alves, P., & Oliveira, R. (2024). The time-course changes in postural control variability between neck pain and asymptomatic dental students. Scientific Reports, 14(1), Article 31004. https://doi.org/10.1038/s41598-024-82119-x

Almeida-Silva, M., Viegas, S., Curwin, B., Marder, M. E., & Schlüter, U. (2024). Editorial: exposure science and occupational health: insights from ISES 2022. Frontiers in public health, 12, Article 1515173. https://doi.org/10.3389/fpubh.2024.1515173

Aluh DO, Agu DI, Igbokwe WJ, Anunwa IG. (2024) Public acceptance of coercive measures in Nigerian mental health care. Int J Soc Psychiatry. 2024 Nov 13:207640241296050. doi: 10.1177/00207640241296050. Epub ahead of print.

Aluh DO, Azeredo-Lopes S, Pedrosa B, Silva M, Grigaitė U, Martins AR, Mousinho MFA, Cardoso G, Caldas-de-Almeida JM. Revisiting the psychometric properties of the McArthur admission experience survey: Validating the Portuguese version using a bifactor approach. Heliyon. 2024 Jan 9;10(2):e24114. doi: 10.1016/j.heliyon.2024.e24114. PMID: 38293471; PMCID: PMC10827453

Aluh DO, Cortes JD. (2024) Second Victims in Mental Health Care. Journal of Patient Safety. http://dx.doi.org/10.1097/pts.00000000000001277.

Aluh DO, Diaz-Milanes D, Azeredo-Lopes S, Barbosa S, Santos-Dias M, Silva M, Grigaitė U, Pedrosa B, Velosa A, Cardoso G, Caldas-de-Almeida JM. Coercion in Psychiatry: Exploring the Subjective Experience of Coercion Among Patients in Five Portuguese Psychiatric Departments. J Behav Health Serv Res. 2024 Jul 10. doi: 10.1007/s11414-024-09890-7. Epub ahead of print. PMID: 38987414

Aluh DO, Diaz-Milanes D, Pedrosa B, Silva M, Grigaitè U, Almeida CR, de Almeida Mousinho MF, Vieira M, Cardoso G, Caldas-de-Almeida JM. Coercion in psychiatry: psychometric validation of the Portuguese Staff Attitudes to Coercion Scale (SACS). Discov Ment Health. 2024 Aug 14;4(1):27. doi: 10.1007/s44192-024-00083-4. PMID: 39141248; PMCID: PMC11324637

Aluh DO, Lantta T, Lourenço T, Birkeland SF, Castelpietra G, Dedovic J, Caldas-de-Almeida JM, Rugkåsa J. Legislation and policy for involuntary mental healthcare across countries in the FOSTREN network: rationale, development of mapping survey and protocol. BJPsych Open. 2024 Sep 19;10(5):e154. doi: 10.1192/bjo.2024.744. PMID: 39295429: PMCID: PMC11457212.

Aluh DO, Onu JU, de Almeida JMC. A new era for mental health care in Nigeria. Lancet Psychiatry. 2023 May;10(5):310-311. doi: 10.1016/S2215-0366(23)00071-8. Epub 2023 Mar 12. PMID: 36921611.

Aluh, D. O., & Cortes, J. D. (2024). Second Victims in Mental Health Care. Journal of Patient Safety, 20(8):e144. https://doi.org/10.1097/PTS.0000000000001277

Alves, B.; Mota, P.; Sineiro, D.; Carmo, R.; Santos, P.; Macedo, P.; Carreira, J. et al. (2024). MoveONParkinson: developing a personalized motivational solution for Parkinson's disease management. Frontiers in Public Health 12 http://dx.doi.org/10.3389/fpubh.2024.1420171

Alves, E., Goncalves, C., Oliveira, H., Ribeiro, R., & Fonseca, C. (2024). Health-related outcomes of structured home-based rehabilitation programs among older adults: A systematic literature review. Heliyon, 10(15), e35351. https://doi.org/10.1016/j.heliyon.2024.e35351

Alves, I., Castro, M. A., Tavares, S., & Fernandes, O. (2024). Unveiling the Chaos in Postural Control in Adults with Achondroplasia. J Funct Morphol Kinesiol, 9(1), 39. https://doi.org/10.3390/jfmk9010039

Alves, I., Fernandes, O., Castro, M. A., & Tavares, S. (2024). Physical Activity and Psychosocial Outcomes in Adults with Achondroplasia: An Exploratory Study. Int J Environ Res Public Health, 21(9), 1160. https://doi.org/10.3390/ijerph21091160

Alves, J., Nunes, C., & Peralta Santos, A. (2024). Absenteeism among National Health Service workers during the COVID-19 pandemic in Portugal. Acta Medica Portuguesa, 37(12), 853-857. https://doi.org/10.20344/amp.21761

Alves, M., Seringa, J., Silvestre, T., & Magalhães, T. (2024). Use of artificial intelligence tools in supporting decision-making in hospital management. BMC Health Services Research, 24(1), Article 1282. https://doi.org/10.1186/s12913-024-11602-y

Alves, R., Perelman, J., Chang, K., & Millett, C. (2024). Environmental impact of dietary patterns in 10 European countries: a cross-sectional analysis of nationally representative dietary surveys. European Journal of Public Health, 34(5), 992-1000. Advance online publication. https://doi.org/10.1093/eurpub/ckae088

Amaro, F. I. F., Soares, P., Velo, E., Carvalho, D. O., Gomez, M., Balestrino, F., Puggioli, A., Bellini, R., & Osório, H. C. (2024). Mark-release-recapture trial with Aedes albopictus (Diptera, Culicidae) irradiated males: population parameters and climatic factors. Insects, 15(9), Article 685. https://doi.org/10.3390/insects15090685

Amaro, P., Fonseca, C., Afonso, A., Jacinto, G., Gomes, L., Pereira, H., Jose, H., Silva, C., Lima, A., Arco, H., Nabais, J., Lopes, M., Pereira, A., Fragoeiro, I., & Pinho, L. G. (2024). Depression and Anxiety of Portuguese University Students: A Cross-Sectional Study about Prevalence and Associated Factors. Depression and Anxiety, 2024, 1-14. https://doi.org/Artn 5528350

Antao, H. S., Sacadura-Leite, E., Aguiar, P., Gois, C., Marques, J., Pombo, S., & Figueira, M. L. (2024). Association between omega-3 index and depersonalization among healthcare workers in a university hospital: a cross-sectional study. Frontiers in Psychiatry, 15, Article 1425792. https://doi.org/10.3389/fpsyt.2024.1425792

Antunes, B. B. P., Bastos, L. S. L., Kurtz, P., Sant'Anna, L. M., del Peloso, P. F., Espanha, C. A., Hamacher, S., & Bozza, F. A. (in press). Persistent carbapenem resistance in mechanically ventilated ICU patients: A before-and-after analysis of the COVID-19 surge. American Journal Of Infection Control. https://doi.org/10.1016/j.ajic.2024.10.014

Araújo, R., Ramalhete, L., Viegas, A., Von Rekowski, C. P., Fonseca, T. A. H., Calado, C. R. C., & Bento, L. (2024). Simplifying Data Analysis in Biomedical Research: An Automated, User-Friendly Tool. Methods and protocols, 7(3), Article 36. Advance online publication. https://doi.org/10.3390/mps7030036

Araújo, R., Ramalhete, L., Von Rekowski, C. P., Fonseca, T. A. H., Bento, L., & R. C. Calado, C. (2024). Early Mortality Prediction in Intensive Care Unit Patients Based on Serum Metabolomic Fingerprint. International Journal of Molecular Sciences, 25(24), Article 13609. https://doi.org/10.3390/ijms252413609

Araújo, T. M. E. D., Chaves, F. R. C., Oliveira, M. G. F. U. D., Chaves, A. F. D. C. P., Soares, Y. K. D. C., Borges, P. D. T. M., Borges, S. E. M., Alencar, V. M. D. C., Camargo, E. L. S., Mendes, I. A. C., & Sousa, Á. F. L. D. (2024). Sexual practices and HIV risk perception among men who have sex with men in Brazil. Journal of the International Association of Providers of AIDS Care, 23. https://doi.org/10.1177/23259582241283196

Ares-Blanco, S., Guisado-Clavero, M., Lygidakis, C., Fernández-García, M., Petek, D., Vinker, S., ... Astier-Peña, M. P. (2024). Exploring the accessibility of primary health care data in Europe's COVID-19 response: Developing key indicators for managing future pandemics (Eurodata study). BMC Primary Care, 25(1), Article 221. https://doi.org/10.1186/s12875-024-02413-5

В

Baptista FM, Nery E, Cruz EB, Afreixo V, Silva AG. Effectiveness of Neural Mobilisation on Pain Intensity, Functional Status, and Physical Performance in Adults with Musculoskeletal Pain - A Systematic Review with Meta-Analysis. Clin Rehabil. 2024 Feb;38(2):145-183. doi: 10.1177/02692155231215216. Epub 2023 Nov 21. PMID: 37990512; PMCID: PMC10725147

Baptista, H., Mendes, J. M., & MacNab, Y. C. (2024). Similarity- and neighbourhood-based dynamic models for infection data: Uncovering the complexities of the COVID-19 infection risks. Spatial and Spatio-temporal Epidemiology, 51, 1-11. Article 100681. Advance online publication. https://doi.org/10.1016/j.sste.2024.100681

Barbosa, O., Sim-Sim, M., Silvestre, M. P., Pedro, C., & Cruz, D. (2024). Effects of vitamin D levels during pregnancy on prematurity: a systematic review protocol. BMJ Open, 14(2), e076702. https://doi.org/10.1136/bmjopen-2023-076702

Barcelos, A., Lopes, D. G., Mazeda, C., Canhão, H., da Cunha Branco, J., & Rodrigues, A. M. (2024) Regular physical activity improves physical function and health-related quality of life among middle-aged and older women who suffered a fragility fracture: a population-based cohort. Osteoporosis International, 35(12), pp. 2203–2213. https://doi.org/10.1007/s00198-024-07265-4

Barreto, J., Pereira, C., Almeida, G., Isabelinha, B., & Cruz-Ferreira, A. (2024). Effects of body-oriented intervention after stroke on cognitive function, body awareness, and quality of life: A systematic review. J Bodyw Mov Ther, 40, 804-815. https://doi.org/10.1016/j.jbmt.2024.05.022

Belayneh Z, Lee DA, Haines TP, Aluh DO, Onu JU, Newton-Howes G, Masters K, Kohn Y, Sin J, Goulet MH, Husum TL, Jelastopulu E, Bakola M, Opgenhaffen T, Gowda GS, Mekuriaw B, De Cuyper K, Muir-Cochrane E, Canteloupe Y, Diviney E, Staggs VS, Petrakis M. (2024) Co-Designing Case Scenarios and Survey Strategies to Examine the Classification and Reporting of Restrictive Care Practices in Adult Mental Health Inpatient Settings: Perspectives From International Stakeholders. Int J Ment Health Nurs. 4. doi: 10.1111/inm.13479. Epub ahead of print.

Bico, I., Afonso, A., Sousa, L., Bule, M. J., & Lopes, M. J. (2024). Empowering Cancer Patients with Self-Care and Pain Management Skills: A Quasi-Experimental Study. Pain Manag Nurs, 25(4), 369-376. https://doi.org/10.1016/j.pmn.2024.03.001

Borges, M., Sampaio, F., Costa, J., Freitas, P., Dias, C. M., Gaio, V., Conde, V., Figueira, D., Pinheiro, B., & Miguel, L. S. (2024). Burden of disease and cost of illness of overweight and obesity in Portugal. Obesity Facts. https://doi.org/10.1159/000541781

Botelho, M., Pinto, M., Lopes, G., Casaca, A., & Santos, C. (2024). PACTO: a mHealth tool promoting therapeutic adherence. Procedia Computer Science, 239, 606-611. https://doi.org/10.1016/j.procs.2024.06.214

Botelho-Fontela, S., Ferreira, S., Paixao, G., Pereira-Pinto, R., Vaz-Velho, M., Pires, M. D. A., Payan-Carreira, R., Patarata, L., Lorenzo, J. M., Silva, J. A., & Esteves, A. (2023). Seasonal Variations on Testicular Morphology, Boar Taint, and Meat Quality Traits in Traditional Outdoor Pig Farming. Animals (Basel), 14(1), 102. https://doi.org/10.3390/ani14010102

Botelho-Fontela, S., Paixão, G., Payan-Carreira, R., & Esteves, A. (2024). Immunocastration as Welfare Improvement in Outdoor Pig Production Systems. In Veterinary Medicine and Science (Vol. 0). IntechOpen.

Botelho-Fontela, S., Paixao, G., Pereira-Pinto, R., Vaz-Velho, M., Pires, M. A., Payan-Carreira, R., Patarata, L., Lorenzo, J. M., Silva, A., & Esteves, A. (2024). The effects of different immunocastration protocols on meat quality traits and boar taint compounds in male Bisaro pigs. Theriogenology, 214, 89-97. https://doi.org/10.1016/j.theriogenology.2023.10.016

Bousquet, J., Schünemann, H. J., Sousa-Pinto, B., Zuberbier, T., Togias, A., Samolinski, B., ... Zidarn, M. (in press). Concepts for the development of person-centered, digitally enabled, artificial intelligence–assisted ARIA care

pathways (ARIA 2024). Journal of Allergy and Clinical Immunology: In Practice. https://doi.org/10.1016/j.jaip.2024.06.040

Brás, P. G., Cunha, P. S., Timóteo, A. T., Portugal, G., Galrinho, A., Laranjo, S., Cruz, M. C., Valente, B., Rio, P., Delgado, A. S., Paulo, M., Brás, M., Ferreira, R. C., Oliveira, M. M., & Branco, L. M. (2024). Evaluation of left atrial strain imaging and integrated backscatter as predictors of recurrence in patients with paroxysmal, persistent, and long-standing persistent atrial fibrillation undergoing catheter ablation. Journal of Interventional Cardiac Electrophysiology, 67(3), 479 - 492. Advance online publication. https://doi.org/10.1007/s10840-023-01602-z

Brigida, N., Catela, D., Merce, C., & Branco, M. (2024). Predictability and Complexity of Fine and Gross Motor Skills in Fibromyalgia Patients: A Pilot Study. Sports (Basel), 12(4), 90. https://doi.org/10.3390/sports12040090

Brígida, N., Catela, D., Mercê, C., & Branco, M. (2024). Variability of gross and fine motor control in different tasks in fibromyalgia patients. Retos, 54, 151-158. https://doi.org/10.47197/retos.v54.103134

Brito, M. J., Sequeira, P., Quintas, A., Silva, I., Silva, F., Martins, C., & Félix, A. (2024). Programmed death-ligand 1 (PD-L1) expression in cervical intraepithelial neoplasia and cervical squamous cell carcinoma of HIV-infected and non-infected patients. Virchows Archiv, 484(3), 507 - 516. Advance online publication. https://doi.org/10.1007/s00428-023-03580-z

Bugalho, A. (2024). Pulmonary embolism recurrence diagnosed by endobronchial ultrasound. Pulmonology, 30(4), 410 - 411. Advance online publication. https://doi.org/10.1016/j.pulmoe.2023.12.004

Busch, F., Hoffmann, L., Truhn, D., Ortiz-Prado, E., Makowski, M. R., Bressem, K. K., Adams, L. C., & Consortium, C. (2024). Global cross-sectional student survey on AI in medical, dental, and veterinary education and practice at 192 faculties. BMC Med Educ, 24(1), 1066. https://doi.org/10.1186/s12909-024-06035-4

C

Cabo, C. A., Hernandez-Beltran, V., Gamonales, J. M., Fernandes, O., Espada, M. C., & Parraca, J. A. (2024). Evolution of documents related to the influence of physical activity and functional capacity throughout the aging process: a bibliometric review. Front Physiol, 15, 1427038. https://doi.org/10.3389/fphys.2024.1427038
Cabo, C. A., Hernández-Beltrán, V., Gamonales, J. M., Parraca, J. A., Fernandes, O., & Espada, M. C. (2024). Evolution of research related to how a sedentary lifestyle influences the aging process: a bibliometric review. Journal of Public Health-Heidelberg. https://doi.org/10.1007/s10389-024-02327-7

Cachata, D., Costa, M., Magalhães, T., & Gaspar, F. (2024). The integration of information technology in the management and organization of nursing care in a hospital environment: a scoping review. International Journal of Environmental Research and Public Health, 21(8), Article 968. https://doi.org/10.3390/ijerph21080968

Caeiro, E. R. G., Camacho, R. A. P., Ferreira, M. B., Carreiro-Martins, P., & Camacho, I. G. C. (2024). Original research article: "trends in airborne grass pollen in Évora City (Portugal)". Aerobiologia, 40(2), 175 - 189. Advance online publication. https://doi.org/10.1007/s10453-024-09808-y

Caetano, C., Angeli, L., Varela-Lasheras, I., Coletti, P., Morgado, L., Lima, P., Willem, L., Nunes, B., & Hens, N. (2024). Identifying the main drivers of transmission in the early phase of the COVID-19 pandemic in Portugal. Scientific Reports, 14(1), Article 30689. https://doi.org/10.1038/s41598-024-76604-6

Caetano, M., Gregório, J., & Paulo, M. S. (2024). Analyzing the reliability and cost of the most commonly used dosimeters for personal ultraviolet radiation monitoring: a rapid review. Atmosphere, 15(12), Article 1531. https://doi.org/10.3390/atmos15121531

Caldas Afonso, A., Gouveia, C., Januário, G., Carmo, M., Lopes, H., Bricout, H., Gomes, C., & Froes, F. (2024). Uncovering the burden of Influenza in children in Portugal, 2008–2018. BMC Infectious Diseases, 24(1), Article 100. Advance online publication. https://doi.org/10.1186/s12879-023-08685-z

Cano, F., Alves, E., Guedes de Pinho, L., & Fonseca, C. (2024). Functional Capacity of Institutionalized Older People and Their Quality of Life, Depressive Symptoms and Feelings of Loneliness: A Cross-Sectional Study. Nurs Rep, 14(4), 3150-3164. https://doi.org/10.3390/nursrep14040229

Cardoso, A. L., Del Nero, L. G., Martins-Branco, D., Lacerda, A., Gomes, B., & Lopes, S. (2024). Aggressiveness of care at the end of life of children dying with cancer in public hospitals: a nationwide retrospective cohort study. Journal of Palliative Medicine. https://doi.org/10.1089/jpm.2024.0179

Carneiro, J., Tavendale, R., Mukhopadhyay, S., & Soares, P. (2024). Does CDHR3 gene polymorphism affect paediatric asthma and its treatment response? Clinical and Experimental Allergy, 54(2), 159-161. https://doi.org/10.1111/cea.14430

Carreiro-Martins, P., Paixão, P., Caires, I., Matias, P., Gamboa, H., Soares, F., Gomez, P., Sousa, J., & Neuparth, N. (2024). Acoustic and Clinical Data Analysis of Vocal Recordings: Pandemic Insights and Lessons. Diagnostics, 14(20), Article 2273. https://doi.org/10.3390/diagnostics14202273

Carrillo, I., Skoumalová, I., Bruus, I., Klemm, V., Guerra-Paiva, S., Knežević, B., Jankauskiene, A., Jocic, D., Tella, S., Buttigieg, S. C., Srulovici, E., Gecková, A. M., Põlluste, K., Strametz, R., Sousa, P., Odalovic, M., & Mira, J. J. (2024). Psychological safety competency training during the clinical internship from the perspective of health care trainee mentors in 11 Pan-European countries: mixed methods observational study. JMIR Medical Education, 10, Article e64125. https://doi.org/10.2196/64125

Carvalho A, Vanrenterghem J, Cabral S, Assunção A, Fernandes R, Veloso AP, Moniz-Pereira V. Markerless three-dimensional gait analysis in healthy older adults: test-retest reliability and measurement error. J Biomech. 2024 Sep;174:112280. doi: 10.1016/j.jbiomech.2024.112280. Epub 2024 Aug 13. PMID: 39153296.

Carvalho, D. (2024). Access from healthcare professionals to evidence-based pharmacotherapy in allergy management. Current opinion in allergy and clinical immunology, 24(4), 274-279. https://doi.org/10.1097/ACI.000000000000000989

Casanova, J., da Costa, A. G., Lopes, A. P., Catarino, A., Nave, M., Sousa, A. C., & Lima, J. (2024). Molecular classification of endometrial cancer: preliminary experience from a single Portuguese academic center. Pathology and Oncology Research, 30, Article 1611835. https://doi.org/10.3389/pore.2024.1611835

Casanova, J., Duarte, G. S., da Costa, A. G., Catarino, A., Nave, M., Antunes, T., Serra, S. S., Dias, S. S., Abu-Rustum, N., & Lima, J. (2024). Prognosis of polymerase epsilon (POLE) mutation in high-grade endometrioid endometrial cancer: Systematic review and meta-analysis. Gynecologic Oncology, 182, 99-107. https://doi.org/10.1016/j.ygyno.2024.01.018

Catarino, J., Pinello, K., Niza-Ribeiro, J., Santos, J., Payan-Carreira, R., Reis, J., & Faísca, P. (2024). RETROSPECTIVE EPIDEMIOLOGICAL ANALYSIS OF cANINE MAST CELL TUMOuRS suggests age and breed as risk factors. Journal of Comparative Pathology, 210, 101. https://doi.org/10.1016/j.jcpa.2024.03.168

Cerdeira, R., & Zangao, O. (2024). The Knowledge Acquired by Parents in Pregnancy Monitoring Consultations. Int J Environ Res Public Health, 21(8), 967. https://doi.org/10.3390/ijerph21080967

Cervantes, R., Dias, M., Pena, P., Gomes, B., Almeida-Silva, M., & Viegas, C. (2024). Assessing fungal burden and its implications for health in an elderly care center: a comprehensive study. Annals of Work Exposures and Health, 68(Supplement_1), i23-i24. https://doi.org/10.1093/annweh/wxae035.059

Chang, K., Parnham, J. C., Rauber, F., Levy, R. B., Huybrechts, I., Gunter, M. J., Millett, C., & Vamos, E. P. (2024). Plant-based dietary patterns and ultra-processed food consumption: a cross-sectional analysis of the UK Biobank. eClinicalMedicine, 78, Article 102931. https://doi.org/10.1016/j.eclinm.2024.102931

Chen-Xu, J., Corda, M. O., Varga, O., & Viegas, S. (2024). Health burden and costs attributable to the carbon footprint of the health sector in the European Union. Environment International, 190, Article 108828. https://doi.org/10.1016/j.envint.2024.108828

Chen-Xu, J., Grad, D. A., Varga, O., & Viegas, S. (2024). Burden of disease studies supporting policymaking in the European Union: a systematic review. European Journal of Public Health, Article ckae133. Advance online publication. https://doi.org/10.1093/eurpub/ckae133

Chen-Xu, J., Kislaya, I., Fernandes, R. M., Carvalho, J., Blanco-Rojas, B. J., El-Omrani, O., Miotto, E., Čič, K., Boto, P., & Viegas, S. (2024). Interventions for increasing energy efficiency in hospitals. Cochrane Database of Systematic Reviews, 2024(3), Article CD015693. https://doi.org/10.1002/14651858.CD015693

Chen-Xu, J., Varga, O., Mahrouseh, N., Eikemo, T. A., Grad, D. A., Wyper, G. M. A., Badache, A., Balaj, M., Charalampous, P., Economou, M., Haagsma, J. A., Haneef, R., Mechili, E. A., Unim, B., von der Lippe, E., & Baravelli, C. M. (2024). Subnational inequalities in years of life lost and associations with socioeconomic factors in pre-pandemic Europe, 2009–19: an ecological study. The Lancet Public Health, 9(3), e166-e177. https://doi.org/10.1016/S2468-2667(24)00004-5

Cleys, P., Hardy, E., Bamai, Y. A., Poma, G., Cseresznye, A., Malarvannan, G., ... Covaci, A. (2024). HBM4EU e-waste study: Occupational exposure of electronic waste workers to phthalates and DINCH in Europe. International Journal of Hygiene and Environmental Health, 255, Article 114286. https://doi.org/10.1016/j.ijheh.2023.114286

Coelho, S. D., Maricoto, T., Taborda-Barata, L., Annesi-Maesano, I., Isobe, T., & Sousa, A. C. A. (2024). Relationship between flame retardants and respiratory health- A systematic review and meta-analysis of observational studies. Environ Pollut, 347, 123733. https://doi.org/10.1016/j.envpol.2024.123733

Constante, A. D., Suarez, J., Lourenço, G., Portugal, G., Cunha, P. S., Oliveira, M. M., Trigo, C., Pinto, F. F., & Laranjo, S. (2024). Prevalence, Management, and Outcomes of Atrial Fibrillation in Paediatric Patients: Insights from a Tertiary Cardiology Centre. Medicina (Kaunas, Lithuania), 60(9), Article 1505. https://doi.org/10.3390/medicina60091505

Corda, M. O., Charalampous, P., Haagsma, J. A., Assunção, R., & Martins, C. (2024). Mortality burden of cardiovascular disease attributable to ambient PM2.5 exposure in Portugal, 2011 to 2021. BMC Public Health, 24(1), Article 1188. https://doi.org/10.1186/s12889-024-18572-0

Correia, L., Sousa, A. R., Capitão, C., & Pedro, A. R. (2024) Complementary feeding approaches and risk of choking: a systematic review. Journal of Pediatric Gastroenterology and Nutrition, 79(5), pp. 934–942 https://doi.org/10.1002/jpn3.12298

Cortes, J., Pacheco, M., & Fronteira, I. (2024). Essential factors on effective response at the onset of the COVID-19 pandemic: comment on "Experiences and implications of the first wave of the COVID-19 emergency in Italy: a social science perspective". International Journal of Health Policy and Management, 13, 8642. Article 8642. https://doi.org/10.34172/ijhpm.8642

Costa, J. A., Coelho, C. A., Ferraz, A., Brito, J., Guilherme, J., Seabra, A., Travassos, B., Folgado, H., & Goncalves, B. (2024). The Influence of Including Goalkeepers on the Intensity Demands of Walking Football Practice. Sports (Basel), 12(12), 346. https://doi.org/10.3390/sports12120346

Coutinho, D., Goncalves, B., Kelly, A. L., Santos, S., Figueiredo, P., Soares, C., & Travassos, B. (2024). Exploring the impact of ball possession directionality on youth footballers' positioning, technical skills and physical abilities in small-sided games. International Journal of Sports Science & Coaching, 19(6), 2438-2448. https://doi.org/10.1177/17479541241257016

Craveiro, I., Choudhury, P. K., de OLiveira, A. P. C., Pereira, A., Fronteira, I., Chança, R., Cometto, G., Poz, M. R. D., & Ferrinho, P. (2024). Impacts of industrial actions, protests, strikes and lockouts by health and care workers during COVID-19 and other pandemic contexts: a systematic review. Human resources for health, 22(1), Article 47. https://doi.org/10.1186/s12960-024-00923-y

Cristina, M., Nogueira, P., Oliveira, M. M., & Santos, C. (2024). Project management in healthcare: an examination of organizational competence. Heliyon, 10(15), Article e35419. https://doi.org/10.1016/j.heliyon.2024.e35419

Cristina, M., Sousa, P. F., & Santos, C. (2024). Organizational competence of public hospitals in project. Procedia Computer Science, 239, 790-798. https://doi.org/10.1016/j.procs.2024.06.237

Cruz Neto, J., Maia, A. C., de Siqueira Holanda, V. M., de Sousa, A. R., de Lima Carvalho, C. M., Brasil, E. G. M., da Silva, K. A., Mendes, I. A. C., & de Sousa, Á. F. L. (2024). From HIV to Mpox: socio-discursive analysis of communicable diseases, stigma, and pathologization in sexual minorities in Brazil. Archives of sexual behavior, 53, 3809–3824. https://doi.org/10.1007/s10508-024-02968-5

Cruz, J. D. J., Bernardeco, J., Rijo, C., Cohen, A., & Serrano, F. (2024). Hepatic arterial buffer response in monochorionic twins with selective fetal growth restriction. Journal Of Perinatal Medicine, 52(6), 654 - 659. Advance online publication. https://doi.org/10.1515/jpm-2024-0016

Cruz, J. D. J., Bernardeco, J., Rijo, C., Cohen, A., & Serrano, F. (2024). Hepatic arterial buffer response: Activation in donor fetuses and the effect of laser ablation of intertwin anastomosis. Journal Of Perinatal Medicine, 52(1), 71-75. https://doi.org/10.1515/jpm-2023-0191

Cseresznye, A., Hardy, E. M., Ait Bamai, Y., Cleys, P., Poma, G., Malarvannan, G., ... Covaci, A. (2024). HBM4EU E-waste study: Assessing persistent organic pollutants in blood, silicone wristbands, and settled dust among E-waste recycling workers in Europe. Environmental Research, 250, Article 118537. https://doi.org/10.1016/j.envres.2024.118537

Cunha, A. S., Pedro, A. R., & Cordeiro, J. V. (2024). Challenges of using telemedicine in hospital specialty consultations during the COVID-19 pandemic in Portugal according to a panel of experts. Acta Medica Portuguesa, 37(3), 198-206. https://doi.org/10.20344/amp.19931

Curcio, F., de Pinho, L. G., Rago, C., Bartoli, D., Pucciarelli, G., & Aviles-Gonzalez, C. I. (2024). Symptoms of Anxiety and Depression in Italian Nursing Students: Prevalence and Predictors. Healthcare (Basel), 12(21), 2154. https://doi.org/10.3390/healthcare12212154

D

da Silva Vieira, A. M. D., Pais, S., Martins, V., Castelo, B., & Mascarenhas Saraiva, M. (2024). Sarcopenia in Women with Anorectal Dysfunctions-A Female Sarcopelvic Study. J Clin Med, 13(23), 7273. https://doi.org/10.3390/jcm13237273

Daskalakis, N. P., latrou, A., Chatzinakos, C., Jajoo, A., Snijders, C., Wylie, D., ... Ressler, K. J. (2024). Systems biology dissection of PTSD and MDD across brain regions, cell types, and blood. Science, 384(6698), eadh3707. https://doi.org/10.1126/science.adh3707

Denche-Zamorano, A., Pastor-Cisneros, R., Tomas-Carus, P., Adsuar-Sala, J. C., Salas-Gomez, D., & Parraca, J. A. (2024). Relationship of Pain, Depression, Fatigue, and Sleep Problems with Functional Capacity, Balance, and

Fear of Falling in Women with Fibromyalgia: Cross-Sectional Study. Nurs Rep, 14(4), 2819-2836. https://doi.org/10.3390/nursrep14040207

Denche-Zamorano, A., Pereira-Payo, D., Collado-Mateo, D., Adsuar-Sala, J. C., Tomas-Carus, P., & Parraca, J. A. (2024). Physical Function, Self-Perceived Physical Fitness, Falls, Quality of Life and Degree of Disability According to Fear and Risk of Falling in Women with Fibromyalgia. J Funct Morphol Kinesiol, 9(3), 174. https://doi.org/10.3390/jfmk9030174

Denche-Zamorano, A., Salas-Gomez, D., Barrios-Fernandez, S., Tomas-Carus, P., Adsuar, J. C., & Parraca, J. A. (2024). Relationship Between Frequency of Physical Activity, Functional Mobility, and Self-Perceived Health in People with Different Levels of Pain: A Cross-Sectional Study. J Funct Morphol Kinesiol, 9(4), 198. https://doi.org/10.3390/jfmk9040198

Denche-Zamorano, A., Salas-Gomez, D., Franco-Garcia, J. M., Adsuar, J. C., Parraca, J. A., & Collado-Mateo, D. (2024). Associations between Physical Activity Frequency in Leisure Time and Subjective Cognitive Limitations in Middle-Aged Spanish Adults: A Cross-Sectional Study. Healthcare (Basel), 12(11), 1056. https://doi.org/10.3390/healthcare12111056

Denche-Zamorano, A., Salas-Gomez, D., Parraca, J. A., Tomas-Carus, P., Adsuar, J. C., & Barrios-Fernandez, S. (2024). Relationship between Depression and Physical Activity Frequency in Spanish People with Low, Medium, and High Pain Levels. J Pers Med, 14(8), 855. https://doi.org/10.3390/jpm14080855

Destri, K., Henriques, A. R., Mendonça, N., Alves, J., Barcelos, A., Dias, S. S., Gregório, M. J., Canhão, H., & Rodrigues, A. M. (2024). Hospitalization costs in Portugal among people with obesity: results from a nationwide population-based cohort 2011 to 2021. Frontiers in public health, 12, Article 1380690. https://doi.org/10.3389/fpubh.2024.1380690

Destri, K., Henriques, A. R., Mendonça, N., Alves, J., Barcelos, A., Dias, S. S., Gregório, M. J., Canhão, H., & Rodrigues, A. M. (2024). Hospitalization costs in Portugal among people with obesity: results from a nationwide population-based cohort 2011 to 2021. Frontiers in public health, 12, Article 1380690. https://doi.org/10.3389/fpubh.2024.1380690

Dias, M., Gomes, B., Pena, P., Cervantes, R., Beswick, A., Duchaine, C., Kolk, A., Madsen, A. M., Oppliger, A., Pogner, C., Duquenne, P., Wouters, I. M., Crook, B., & Viegas, C. (2024). Filling the knowledge gap: scoping review regarding sampling methods, assays, and further requirements to assess airborne viruses. Science of the Total Environment, 946, Article 174016. https://doi.org/10.1016/j.scitotenv.2024.174016

Dias, M., Gomes, B., Pena, P., Cervantes, R., Gonçalves, S., Carolino, E., Twarużek, M., Kosicki, R., Ałtyn, I., Caetano, L. A., Viegas, S., & Viegas, C. (2024). Assessment of the microbial contamination in "Do It Yourself" (DIY) stores: a holistic approach to protect workers' and consumers' health. Frontiers in public health, 12, Article 1483281. https://doi.org/10.3389/fpubh.2024.1483281

Dias, M., Pena, P., Gomes, B., Cervante, R., Gonçalves, S., Viegas, S., & Viegas, C. (2024). Sampling protocol to assess occupational exposure to microbial contamination in wood working environments. Annals of Work Exposures and Health, 68(Supplement_1), i24-i25. https://doi.org/10.1093/annweh/wxae035.061

Dias, M., Pena, P., Gomes, B., Cervantes, R., Viegas, S., & Viegas, C. (2024). Snapshot assessment to fungal load in wood departments from "Do It Yourself" (DIY) stores. In PM. Arezes, RB. Melo, P. Carneiro, J. Castelo-Branco, A. Colim, N. Costa, S. Costa, J. Duarte, JC. Guedes, G. Perestrelo, & JS. Baptista (Eds.), Occupational and environmental safety and health V (pp. 389-398). (Studies in Systems, Decision and Control; Vol. 492). Springer Science and Business Media Deutschland GmbH. https://doi.org/10.1007/978-3-031-38277-2_31

Dinis-Teixeira, J. P., Nunes, A. B., Leite, A., Schäfer, W. L. A., Valli, C., Martínez-Nicolas, I., Seyfulayeva, A., Carvalho, P. C., Rodríguez, A., Arnal-Velasco, D., Leon, I., Orrego, C., & Sousa, P. (2024). Moving towards a core measures set for patient safety in perioperative care: an e-Delphi consensus study. PLoS ONE, 19(10), Article e0311896. https://doi.org/10.1371/journal.pone.0311896

Dionisio, J., de Sa, C., Lucio, S., de Almeida, G. N., & Cordovil, R. (2024). Motor Competence in Autistic Children with Attention-Deficit Hyperactivity Disorder. Children (Basel), 11(12), 1518. https://doi.org/10.3390/children11121518

Dong, X. X., Chen, D. L., Chen, H. M., Li, D. L., Hu, D. N., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). DNA methylation biomarkers and myopia: a multi-omics study integrating GWAS, mQTL and eQTL data. Clinical Epigenetics, 16(1), Article 157. https://doi.org/10.1186/s13148-024-01772-1

Dong, X. X., Chen, D. L., Miao, Y. F., Li, D. L., Kai, J. Y., Hu, D. N., Zhang, X. F., Carla, L., Andrzej, G., & Pan, C. W. (2024). The impact of 25-hydroxyvitamin D and calcium on risk of age-related macular degeneration: a Mendelian randomization study. American Journal of Clinical Nutrition, 120(3), 727-736. https://doi.org/10.1016/j.ajcnut.2024.06.018

Dong, X. X., Hu, H. H., Ying, Z. Q., Chen, D. L., Xie, J. Y., Li, D. L., Hu, D. N., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). Major sight-threatening eye disorders and mental disorders. Acta Ophthalmologica. https://doi.org/10.1111/aos.16800

Dong, X. X., Xie, J. Y., Li, D. L., Dong, Y., Zhang, X. F., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). Association of sleep traits with myopia in children and adolescents: a meta-analysis and Mendelian randomization study. Preventive Medicine, 180, Article 107893. https://doi.org/10.1016/j.ypmed.2024.107893

Dores, H., Dinis, P., Viegas, J. M., & Freitas, A. (2024). Preparticipation Cardiovascular Screening of Athletes: Current Controversies and Challenges for the Future. Diagnostics, 14(21), Article 2445. https://doi.org/10.3390/diagnostics14212445

Duarte Martins, A., Paulo Brito, J., Fernandes, O., Oliveira, R., Goncalves, B., & Batalha, N. (2024). Effects of a 16-week High-Speed Resistance Training program on body composition in community-dwelling independent older adults: A clinical trial. Clin Nutr ESPEN, 63, 84-91. https://doi.org/10.1016/j.clnesp.2024.06.010

Duarte, A. F., Soares, A., Pereira, M. J., Peralta-Santos, A., Leite, P. P., & Azevedo, L. (2024). A stochastic model of an early warning system for detecting anomalous incidence values of COVID-19. Mathematical Geosciences, 56(1), 41-54. https://doi.org/10.1007/s11004-023-10096-4

Duarte, C. R., Raimundo, A., Sousa, J. P., Fernandes, O., & Santos, R. (2024). Prevalence of Lower Back Pain and Risk Factors in Equestrians: A Systematic Review. Sports (Basel), 12(12), 355. https://doi.org/10.3390/sports12120355

Duarte, C., Santos, R., Fernandes, O., & Raimundo, A. (2024). Prevalence of Lower Back Pain in Portuguese Equestrian Riders. Sports (Basel), 12(8), 207. https://doi.org/10.3390/sports12080207

Duarte, S. T., Alves, J., Cruz, E. B., Heleno, B., & Aguiar, P. (2024). Low Back Pain Disparities in Portugal: A Population-Based Study Analysing the Role of Social Determinants of Health. Musculoskeletal Care, 22(4), 1–15. https://doi.org/10.1002/msc.70025

Duarte, S. T., Alves, J., Cruz, E. B., Heleno, B., & Aguiar, P. (2024). Low back pain disparities in Portugal: a population-based study analysing the role of social determinants of health. Musculoskeletal care, 22(4), Article e70025. https://doi.org/10.1002/msc.70025

Duarte, S. T., Moniz, A., Caeiro, C., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). Exploring barriers and facilitators to the adoption of regular exercise practice in patients at risk of a recurrence of low back pain (MyBack project): a qualitative study. Disability and Rehabilitation. 1-10. https://doi.org/10.1080/09638288.2024.2369665

Duarte, S. T., Moniz, A., Costa, D., Donato, H., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). A scoping review on implementation processes and outcomes of models of care for low back pain in primary healthcare. BMC Health Services Research, 24(1), Article 1365. https://doi.org/10.1186/s12913-024-11764-9

Duarte, S. T., Moniz, A., Costa, D., Donato, H., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). Low back pain management in primary healthcare: findings from a scoping review on models of care. BMJ Open, 14(5), Article e079276. https://doi.org/10.1136/bmjopen-2023-079276

Ε

Eltaybani, S., Igarashi, A., Cal, A., Lai, C. K. Y., Carrasco, C., Sari, D. W., ... Yamamoto-Mitani, N. (2024). Promoting workplace retention during global crises: An international survey of the preventive role of psychological support among victims of social discrimination in long-term care facilities. Geriatric Nursing, 59, 94–102. https://doi.org/10.1016/j.gerinurse.2024.06.021

Escher, N. A., Andrade, G. C., Ghosh-Jerath, S., Millett, C., & Seferidi, P. (2024). The effect of nutrition-specific and nutrition-sensitive interventions on the double burden of malnutrition in low-income and middle-income countries: a systematic review. The Lancet Global Health, 12(3), e419-e432. https://doi.org/10.1016/S2214-109X(23)00562-4

Escher, N. A., Carrillo-Larco, R. M., Parnham, J. C., Curi-Quinto, K., Ghosh-Jerath, S., Millett, C., & Seferidi, P. (2024). Longitudinal transitions of the double burden of overweight and stunting from childhood to early adulthood in India, Peru, and Vietnam. International journal of epidemiology, 53(6), Article dyae151. https://doi.org/10.1093/ije/dyae151

Escudero-Tena, A., Ibáñez, S. J., Parraca, J. A., Sánchez-Alcaraz, B. J., & Muñoz, D. (2023). Influence of the importance of the point and service tactical position in the shot following the return in men's and women's professional padel. International Journal of Sports Science & Coaching, 19(3), 1357-1365. https://doi.org/10.1177/17479541231163535

Estrada, J., Conceição, C., Augusto, G. F., & Teodósio, R. (2024). What do travelers know about traveler's diarrhea? impact of a pre-travel consultation in the Lisbon area, Portugal. Tropical Medicine and Infectious Disease, 9(10), Article 232. https://doi.org/10.3390/tropicalmed9100232

F

Faleiros, F., Carvalho, A., Bimbatti, K., Neves, L., Freitas, G., Sousa, L., & Albuquerque, G. (2024). Study of resilience in Brazilians with spinal cord injury. J Bodyw Mov Ther, 40, 148-152. https://doi.org/10.1016/j.jbmt.2024.03.068

Félix, I. B., Silva, C. C., Guerreiro, M. P., Henriques, H. R., Michie, S., Henriques, M. A., & Marques, M. M. (2024). Translating the Behaviour Change Technique Taxonomy v.1 to other languages: the approach used in European Portuguese (BCTTv1-PT). Wellcome Open Research, 9, Article 114. https://doi.org/10.12688/wellcomeopenres.20609.1

Feria-Madueno, A., Batalha, N., Monterrubio-Fernandez, G., & Parraca, J. A. (2024). Exploring Indicators for Training Load Control in Young Swimmers: The Role of Inspiratory Spirometry Outcomes. J Funct Morphol Kinesiol, 9(1), 53. https://doi.org/10.3390/jfmk9010053

Feria-Madueño, A., Parraca, J. A., Batalha, N., & Sañudo, B. (2024). Neuromuscular Response Disparities in Non-Professional Athletes during Side-Cutting: Exploring Sex Differences through Electromyographic Analysis. Applied Sciences, 14(7), 2954. https://doi.org/10.3390/app14072954

Ferreira, M., Cunha, P. S., Felix, A. C., Fonseca, H., Oliveira, M., Laranjo, S., & Rocha, I. (2024). AFTER-CA: Autonomic Function Transformation and Evaluation Following Catheter Ablation in Atrial Fibrillation. Journal of Clinical Medicine, 13(19), Article 5796. https://doi.org/10.3390/jcm13195796

Ferreira, M., Oliveira, M., Laranjo, S., & Rocha, I. (2024). Linking Sleep Disorders to Atrial Fibrillation: Pathways, Risks, and Treatment Implications. Biology, 13(10), Article 761. https://doi.org/10.3390/biology13100761

Ferreira, R., Pedrosa, A. R., Reis, N., Sousa, L., Nicolau, C., Ferreira, B., Rocha, B., & Baixinho, C. L. (2024). Transitional care for older persons with need of geriatric rehabilitation nursing interventions. BMC Nurs, 23(1), 376. https://doi.org/10.1186/s12912-024-02050-4

Ferreira, S., Raimundo, A., Del Pozo-Cruz, J., Leite, N., Pinto, A., & Marmeleira, J. (2024). Validity and reliability of a ruler drop test to measure dual-task reaction time, choice reaction time and discrimination reaction time. Aging Clin Exp Res, 36(1), 61. https://doi.org/10.1007/s40520-024-02726-6

Ferreira, S., Raimundo, A., Pozo-Cruz, J. D., Bernardino, A., Leite, N., Yoshida, H. M., & Marmeleira, J. (2024). Effects of Multimodal Exercise With Augmented Reality on Cognition in Community-Dwelling Older Adults. J Am Med Dir Assoc, 25(6), 104954. https://doi.org/10.1016/j.jamda.2024.01.023

Ferreira-Goncalves, T., Nunes, D., Fortunato, E., Martins, R., de Almeida, A. P., Carvalho, L., Ferreira, D., Catarino, J., Faisca, P., Ferreira, H. A., Gaspar, M. M., Coelho, J. M. P., & Reis, C. P. (2024). Rational approach to design gold nanoparticles for photothermal therapy: the effect of gold salt on physicochemical, optical and biological properties. Int J Pharm, 650, 123659. https://doi.org/10.1016/j.ijpharm.2023.123659

Ferreira-Magalhães, M., Bandeira, T., Costa, E., Guerra, P., Lopes, H., Martins, M. R., Mexia, R., Tomé, T., Silva, E., & Dias, A. R. (2024). Strategies to reduce the burden of respiratory syncytial virus infections in children in Portugal: Results from the focus group RSV Think Tank. Acta Medica Portuguesa, 37(4), 243-246. https://doi.org/10.20344/amp.20620

Ferrinho, P., Delgado, A. P., Mendonca, M. D. L. L., Fronteira, I., Sidat, M., Semedo, D., Monteiro, F. F., Garcia, A. C., Serrano, P., Lapão, M., Pires, D. M., Gómez, L. F., Castanheira, E. R., & Araújo, I. I. (2024). Public health capacity development in Africa: the case of advanced public health education and training in Cabo Verde. Journal of global health, 14, Article 03025. https://doi.org/10.7189/jogh.14.03025

Fonseca, B. R., Silva, M. F., Ferreira, R. F., de Sa, S. C., Mestre, T. D., & Catarino, M. S. (2024). The Use of Technology in the Prevention of Infections Associated with Urinary Catheterization. Nurs Rep, 14(4), 3895-3906. https://doi.org/10.3390/nursrep14040284

Fonseca, C., Morgado, B., Alves, E., Ramos, A., Silva, M. R., Pinho, L., Joao, A., & Lopes, M. (2024). The Functional Profile, Depressive Symptomatology, and Quality of Life of Older People in the Central Alentejo Region: A Cross-Sectional Study. Healthcare (Basel), 12(22), 2303. https://doi.org/10.3390/healthcare12222303

Fonseca, M., Broeiro-Goncalves, P., Barosa, M., Marvao, P., Carreira, M., Azeredo-Lopes, S., Pires, J., Rendas, A., Rosado-Pinto, P., & Heleno, B. (2024). Concept mapping to promote clinical reasoning in multimorbidity: a mixed methods study in undergraduate family medicine. BMC Med Educ, 24(1), 1478. https://doi.org/10.1186/s12909-024-06484-x

Fonseca, M., Marvão, P., Oliveira, B., Heleno, B., Carreiro-Martins, P., Neuparth, N., & Rendas, A. (2024). The effectiveness of concept mapping as a tool for developing critical thinking in undergraduate medical education—a BEME systematic review: BEME Guide No. 81. Medical Teacher, 46(9), 1120 - 1133. Advance online publication. https://doi.org/10.1080/0142159X.2023.2281248

Fonseca, M., Marvão, P., Rosado-Pinto, P., Rendas, A., & Heleno, B. (in press). Promoting clinical reasoning in undergraduate Family Medicine curricula through concept mapping: a qualitative approach. Advances in Health Sciences Education. https://doi.org/10.1007/s10459-024-10353-z

Fontes, E. S. M., Campainha, S., Marques, I. D., Dinis, R., Inacio, J. R., Mendes, J. J., Luis, R., Ferreira, A. M., Racha-Pacheco, R., Rolo, R., Sousa, G., & Cortes, P. (2024). Diagnosis and Management of Drug-Induced Interstitial Lung Disease in the context of Anti-Cancer Therapy: a Multidisciplinary Viewpoint by Portuguese Experts. Clin Drug Investig, 44(11), 801-810. https://doi.org/10.1007/s40261-024-01400-z

Francisco, R., Monteiro, B., Santos, M. J., FA, E. S., Venancio, C., Neves, M. C., Lopes, I., Sousa, A. C. A., & Freire, M. G. (2024). Tackling water contamination by oncologic drugs: Supported ionic liquids as sustainable adsorbents for cyclophosphamide removal. J Environ Manage, 371, 122995. https://doi.org/10.1016/j.jenvman.2024.122995

Franco, H., Caldeira, S., & Nunes, L. (2024). Explaining the process of learning about dignity by undergraduate nursing students: A grounded theory study. Nurs Ethics, 9697330241265409. https://doi.org/10.1177/09697330241265409

Freitas, D. A. D., Wakimoto, M. D., Dias, S., & Souza-Santos, R. (2024). High-risk areas for Congenital Zika Syndrome in Rio de Janeiro: spatial cluster detection. Tropical Medicine and Infectious Disease, 9(5), Article 105. https://doi.org/10.3390/tropicalmed9050105

Freitas, P. C. D., Silva, L. E. S. D., Oliveira, P. P. V. D., Gouvêa, E. D. C. D. P., Fronteira, I., Machado, I. E., Malta, D. C., & Ferrinho, P. (2024). Cálculo do indicador de consumo de álcool per capita no Brasil: uso de dados nacionais. Revista Panamericana De Salud Publica-Pan American Journal Of Public Health, 48, Article e54. https://doi.org/10.26633/RPSP.2024.54

Fronteira, I., Magalhães, J. P., & Ferrinho, P. (2024). European Health Union: An emergent reality. International Journal Of Health Planning And Management, 39(2), 220-228. Advance online publication. https://doi.org/10.1002/hpm.3747

Fronteira, I., Mathews, V., dos Santos, R. L. B., Matsumoto, K., Amde, W., Pereira, A., de Oliveira, A. P. C., Craveiro, I., Chança, R., Boniol, M., Ferrinho, P., & Poz, M. R. D. (2024). Impacts for health and care workers of Covid-19 and other public health emergencies of international concern: living systematic review, meta-analysis and policy recommendations. Human resources for health, 22(1), Article 10. https://doi.org/10.1186/s12960-024-00892-2

Fronteira, I., Pacheco, M., Schaltz-Buchholzer, F., & Ferrinho, P. (2024). Nonspecific effects of the bacillus calmette-guérin vaccine in Portuguese children under 5 years of age: protocol for a population-based historical birth cohort study. JMIR Research Protocols, 13(1), Article e55332. https://doi.org/10.2196/55332

Furst, L., Cipoli, Y., Galindo, N., Yubero, E., Viegas, C., Pena, P., Nunes, T., Feliciano, M., & Alves, C. (2024). Comprehensive analysis of particulate matter, gaseous pollutants, and microbiological contamination in an international chain supermarket. Environmental Pollution, 363, Article 125236. https://doi.org/10.1016/j.envpol.2024.125236

G

Gama, A., Kinaan, W., Marques, P., Peruhype, R., & Dias, S. (2024). Barriers and facilitators of implementing a health literacy based intervention in Portugal. European Journal of Public Health, 34(Supplement_3), iii701. https://doi.org/10.1093/eurpub/ckae144.1807

Gaspar, T., Sousa, B., Alves, E., & Coelho, A. (2024). Are Healthcare Organizations Healthy Work Ecosystems? Health and Well-Being of Health Professionals. Healthcare (Basel), 12(22), 2277. https://doi.org/10.3390/healthcare12222277

GBD 2021 Causes of Death Collaborators*.(2024) Global burden of 288 causes of death and life expectancy decomposition in 204 countries and territories and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet; online first

GBD 2021 Fertility and Forecasting Collaborators*.(2024) Global fertility in 204 countries and territories, 1950–2021, with forecasts to 2100: a comprehensive demographic analysis for the Global Burden of Disease Study 2021. Lancet. online first.

GBD 2021 Forecasting Collaborators.(2024) Burden of disease scenarios for 204 countries and territories, 2022–2050: a forecasting analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440) [10.1016/s0140-6736(24)00685-8].

GBD 2021 Risk Factors Collaborators.(2024) Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990-2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440):2162-2203. DOI: 10.1016/s0140-6736(24)00933-4.

Gemito, L., Alves, E., Moreira, J., Marques, M. F., Caldeira, E., Ferreira, R., Bico, I., Pinho, L., Fonseca, C., Sousa, L., & Lopes, M. (2024). Programmes Addressed to Informal Caregivers' Needs: A Systematic Literature Review. Geriatrics (Basel), 9(3), 71. https://doi.org/10.3390/geriatrics9030071

Gil Conde, M., Costa, I., Silverio Serra, S., Ramos, R. C., Ribeiro, C., Broeiro-Goncalves, P., Penedo, C. R., Parola, V., & Nicola, P. (2024). Strategies for research capacity building by family physicians in primary healthcare: a scoping review protocol. BMJ Open, 14(2), e077632. https://doi.org/10.1136/bmjopen-2023-077632

Gil Conde, M., Rodrigues, V. L., Ramos, R. C., Rente, A., Broeiro-Goncalves, P., Ribeiro, C., & Nicola, P. J. (2024). Barriers to research in family medicine-interviews with Portuguese family physician researchers. Fam Pract, 41(2), 168-174. https://doi.org/10.1093/fampra/cmad126

Godinho, C. A., Pereira, C. R., Pegado, A., Luz, R., & Alvarez, M. J. (2024). Condom use across casual and committed relationships: the role of relationship characteristics. PLoS ONE, 19(7), Article e0304952. https://doi.org/10.1371/journal.pone.0304952

Goes, A., Santos, M., Silva, J., Moniz, M., Soares, P., & Leite, A. (2024). Experiences of treating people with persisting symptoms after COVID-19: a focus group study. European Journal of Public Health, 34(Supplement_3), iii753. https://doi.org/10.1093/eurpub/ckae144.1941

Gomes, A., Rosinhas, A., Silva, R., Riklikiene, O., Alves, E., & Sampaio, F. (2024). Spiritual Care Interventions for Adult Patients in Intensive Care Units: A Scoping Review Protocol. J Relig Health. https://doi.org/10.1007/s10943-024-02223-0

Gomes, B., Dias, M., Cervantes, R., Pena, P., & Viegas, C. (2024). Wood shavings: from an occupational hazard in poultry facilities to a global health concern. Annals of Work Exposures and Health, 68(Supplement_1), i74. https://doi.org/10.1093/annweh/wxae035.207

Gomes, D. A., Presume, J., de Araújo Gonçalves, P., Almeida, M. S., Mendes, M., & Ferreira, J. (2024). Association Between the Magnitude of Glycemic Control and Body Weight Loss With GLP-1 Receptor Agonists and Risk of Atherosclerotic Cardiovascular Disease: A Systematic Review and Meta-analyses of Randomized Diabetes Cardiovascular Outcomes Trials. Cardiovascular Drugs and Therapy. Advance online publication. https://doi.org/10.1007/s10557-024-07547-3

Gomes, L. A., Fernandes, R., Caeiro, C., Henriques, A. R., de Sousa, R. D., Branco, J. C., Pimentel-Santos, F., Moniz, R., Vicente, L., Canhão, H., Rodrigues, A. M., & Cruz, E. B. (2024). A Stratified Approach for Managing Patients With Low Back Pain in Primary Care (SPLIT Program): A Before-and-After Study. Annals of Family Medicine, 22(3), 195-202. https://doi.org/10.1370/afm.3104

Gomes, L. A., Rodrigues, A. M., van der Windt, D., Pires, D., Afreixo, V., Canhão, H., & Cruz, E. B. (2024). Minimal Intervention of Patient Education for Low Back Pain: A Systematic Review With Meta-analysis. Journal of Orthopaedic & Sports Physical Therapy, 54(2), 1-13. https://doi.org/10.2519/jospt.2023.11865

Gomes, M., Ângelo-Dias, M., & Lima, J. (2024). Safety of Fibrinogen Concentrate for Correcting Perioperative Bleeding-Associated Hypofibrinogenemia in Adults: A Single-Center Experience. Journal of Clinical Medicine, 13(19), Article 6018. https://doi.org/10.3390/jcm13196018

Gomes, M., Ângelo-Dias, M., Duarte, G. S., Dias, S. S., Serra, S. S., & Lima, J. (2024). Safety of Fibrinogen Concentrate in Non-Trauma and Non-Obstetric Adult Patients during Perioperative Care: Systematic Review and Meta-Analysis. Journal of Clinical Medicine, 13(12), Article 3482. https://doi.org/10.3390/jcm13123482

Gonçalves, B., Harkess-Murphy, E., Cund, A., Sime, C., & Lusher, J. (2024). COPD patients' accessibility to palliative care: current challenges and opportunities for improvement. Palliative and Supportive Care, 22(3), 429-431. https://doi.org/10.1017/S1478951524000063

Goncalves, C., Raimundo, A., Abreu, A., Pais, J., & Bravo, J. (2024). Effects of High-Intensity Interval Training vs Moderate-Intensity Continuous Training on Body Composition and Blood Biomarkers in Coronary Artery Disease Patients: A Randomized Controlled Trial. Rev Cardiovasc Med, 25(3), 102. https://doi.org/10.31083/j.rcm2503102

Gonzalez-Artetxe, A., Folgado, H., & Los Arcos, A. (2024). Effects of training repetition on young footballers' tactical and physical performances: free and conditioned large-sided games. Proceedings of the Institution of Mechanical Engineers Part P-Journal of Sports Engineering and Technology, 17543371241272860. https://doi.org/10.1177/17543371241272860

Gouveia, A. (in press). Navigating autonomy and decision-making capacity: Legal and ethical considerations in Medical Assistance in Dying for individuals with mental disorders in Portugal. Death Studies. https://doi.org/10.1080/07481187.2024.2361761

Grigaitė U, Azeredo-Lopes S, Cardoso G, Pedrosa B, Aluh DO, Santos-Dias M, Silva M, Xavier M, Caldas-de-Almeida JM. Mental health conditions and utilisation of mental health services by survivors of physical intimate partner violence in Portugal: Results from the WHO world mental health survey. Psychiatry Res. 2024 Apr;334:115801. doi: 10.1016/j.psychres.2024.115801. Epub 2024 Feb 17. PMID: 38402741.

Grigaitė U, Azeredo-Lopes S, Žeimė E, Slotkus PY, Heitmayer M, Aluh DO, Pedrosa B, Silva M, Santos-Dias M, Cardoso G, Caldas-de-Almeida JM. Prevalence and acceptability of psychological and/or economic intimate partner violence, and utilization of mental health services by its survivors in Lithuania. J Public Health (Oxf). 2024 May 29;46(2):e248-e257. doi: 10.1093/pubmed/fdae015. PMID: 38336363

Grigaitė U, Klidziūtė G, Aluh DO, Pedrosa B, Santos-Dias M, Silva M, Cardoso G, Caldas-de-Almeida JM. Responding to the needs of survivors of intimate partner violence in Lithuania: perceptions of mental health and social care professionals. Women Health. 2024 Aug;64(7):559-572. doi: 10.1080/03630242.2024.2382419. Epub 2024 Jul 22. PMID: 39039018.

"Grigaitė, U., Klidziūtė, G., Aluh, D.O., Pedrosa, B., Santos-Dias, M., Silva, M., Cardoso, G., Caldas-de-Almeida, J.M. (2024) Responding to the Needs of Survivors of Intimate Partner Violence in Lithuania:

Perceptions of Mental Health and Social Care Professionals. Women & Health. https://doi.org/10.1080/03630242.2024.2382419" Guede-Fernández F, Silva Pinto T, Semedo H, ... & Londral, A. (2024) Enhancing postoperative anticoagulation therapy with remote patient monitoring: A pilot crossover trial study to evaluate portable coagulometers and chatbots in cardiac surgery follow-up. DIGITAL HEALTH. 2024;10

Guede-Fernández, F., Silva Pinto, T., Semedo, H., Vital, C., Coelho, P., Oliosi, M. E., Azevedo, S., Dias, P., & Londral, A. (2024). Enhancing postoperative anticoagulation therapy with remote patient monitoring: A pilot crossover trial study to evaluate portable coagulometers and chatbots in cardiac surgery follow-up. Digital Health, 10. https://doi.org/10.1177/20552076241269515

Guerra-Paiva, S., Carrillo, I., Mira, J., Fernandes, J., Strametz, R., Gil-Hernández, E., & Sousa, P. (2024). Developing core indicators for evaluating second victim programs: an international consensus approach. International Journal of Public Health, 69, Article 1607428. https://doi.org/10.3389/ijph.2024.1607428

Guerra-Paiva, S., Mira, J. J., Strametz, R., Fernandes, J., Klemm, V., Geckova, A. M., Knezevic, B., Potura, E., Buttigieg, S., Carrillo, I., & Sousa, P. (2024). Application and evaluation of a multimodal training on the second victim phenomenon at the european researchers' network working on second victims training school: mixed methods study. JMIR Formative Research, 8, Article e58727. https://doi.org/10.2196/58727

Guiomar, R., Pereira da Silva, S., Costa, I., Conde, P., Cristóvão, P., Rodrigues, A. P., ... Nunes, B. (2024). Seroprevalence of protective antibodies against influenza and the reduction of the influenza incidence rate: An annual repeated cross-sectional study from 2014 to 2019. Influenza and Other Respiratory Viruses, 18(5), e13307. https://doi.org/10.1111/irv.13307

Guisado-Clavero, M., Gómez-Bravo, R., Gefaell Larrondo, I., Ramos Del Rio, L., Fitzgerald, L., Vinker, S., ... Lingner, H. (2024). Diverse roles of primary health care in COVID-19 vaccination across 28 European countries – Insights from the Eurodata study. The European Journal of General Practice, 30(1), Article 2409240. https://doi.org/10.1080/13814788.2024.2409240

Н

Hastings, J., Zhang, L., Schenk, P., West, R., Gehrke, B., Hogan, W. R., Chorpita, B., Johnston, M., Marques, M. M., Webb, T. L., Baird, H. M., Crombez, G., & Michie, S. (2024). The BSSO Foundry: a community of practice for ontologies in the behavioural and social sciences. Wellcome Open Research, 9, Article 656. https://doi.org/10.12688/wellcomeopenres.23230.1

Haugaard, A. K., Saude Conde, R., J Maria, A. R., Vithal Yergolkar, A., Jørgensen, K. J., & Heleno, B. (2024). Immunotherapy for advanced and recurrent malignant pleural mesothelioma. Cochrane Database of Systematic Reviews, 2024(9), Article CD014720. https://doi.org/10.1002/14651858.CD014720

He Q, Wang W, Xu D, Xiong Y, Tao C, You C, Ma L, Ma J; Psychiatric Genomics Consortium Posttraumatic Stress Disorder Working Group. Potential causal association between gut microbiome and posttraumatic stress disorder. Transl Psychiatry. 2024 Jan 31;14(1):67. doi: 10.1038/s41398-024-02765-7. PMID: 38296956; PMCID: PMC1083106.

Hoffmeister, L. V., Gama, A., Gonçalves, B., Figueiredo, C., Cordeiro, J. V., Polley, M., de Moura, G. S., & Dias, S. (2024). Implementing a social prescribing program in primary care units in Portugal: a qualitative study exploring enablers, barriers and lessons learned from the perspectives of stakeholders involved in the program implementation. PLoS ONE, 19(6), Article e0306404. https://doi.org/10.1371/journal.pone.0306404

Hoffmeister, L., Gama, A., Gonçalves, B., Canas, AM., Figueiredo, C., & Dias, S. (2024). Factors of mental health patients' uptake in social prescribing: a mixed methods study in Portugal. European Journal of Public Health, 34(Supplement_3), iii124-iii125. https://doi.org/10.1093/eurpub/ckae144.314

Hoffmeister, L., Gonçalves, B., Gama, A., Canas, AM., Figueiredo, C., & Dias, S. (2024). Social prescribing for healthy ageing: insights from older people referral and uptake in Portugal. European Journal of Public Health, 34(Supplement_3), iii698. https://doi.org/10.1093/eurpub/ckae144.1799

Holden, C., Soares, P., Fidler, K., Tavendale, R., Felton, J., & Mukhopadhyay, S. (2024). Children with asthma and eczema carrying filaggrin loss-of-function mutations have increased antibiotic use through to adulthood. Clinical and Experimental Allergy, 54(4), 291-293. https://doi.org/10.1111/cea.14440

Holden, R. R., Campos, R. C., & D'Agata, M. T. (2024). An analysis of the Painful and Provocative Events Scale: Some painful and provocative findings. Death Stud, 48(10), 1057-1064. https://doi.org/10.1080/07481187.2023.2300003

Hone, T., Gonçalves, J., Seferidi, P., Moreno-Serra, R., Rocha, R., Gupta, I., Bhardwaj, V., Hidayat, T., Cai, C., Suhrcke, M., & Millett, C. (2024). Progress towards universal health coverage and inequalities in infant mortality: an analysis of 4·1 million births from 60 low-income and middle-income countries between 2000 and 2019. The Lancet Global Health, 12(5), e744-e755. https://doi.org/10.1016/S2214-109X(24)00040-8

Hopf, N. B., Rousselle, C., Poddalgoda, D., Lamkarkach, F., Bessems, J., Schmid, K., ... Pasanen-Kase, R. (2024). A harmonized occupational biomonitoring approach. Environment International, 191, Article 108990. https://doi.org/10.1016/j.envint.2024.108990

Hundessa, S., Huang, W., Zhao, Q., Wu, Y., Wen, B., Alahmad, B., ... Indermitte, E. (2024). Global and regional cardiovascular mortality attributable to nonoptimal temperatures over time. Journal of the American College of Cardiology, 83(23), 2276-2287. https://doi.org/10.1016/j.jacc.2024.03.425

Hunter, R. F., Akaraci, S., Wang, R., Reis, R., Hallal, P. C., Pentland, S., Millett, C., Garcia, L., Thompson, J., Nice, K., Zapata-Diomedi, B., & Moro, E. (2024). City mobility patterns during the COVID-19 pandemic: analysis of a global natural experiment. The Lancet Public Health, 9(11), e896-e906. https://doi.org/10.1016/S2468-2667(24)00222-6

Huybrechts, I., Chimera, B., Hanley-Cook, G. T., Biessy, C., Deschasaux-Tanguy, M., Touvier, M., ... Gunter, M. J. (2024). Food biodiversity and gastrointestinal cancer risk in nine European countries: Analysis within a prospective cohort study. European Journal of Cancer, 210, Article 114258. https://doi.org/10.1016/j.ejca.2024.114258

Ismail, A., Hamdar, L., Dirawi, H., Kanso, M., Salem, I., Tamim, H., Mahfoud, Z., Hamad, B. A., Jamaluddine, Z., Safadi, G., Vamos, E., Basu, S., Yudkin, J., Jawad, M., Millet, C., Ghattas, H., & Gaza NCD Study Group (2024). Predictors and health outcomes of cigarette and shisha smoking among men in Gaza: a cross-sectional study. Scientific Reports, 14(1), Article 19617. https://doi.org/10.1038/s41598-024-70226-8

Iurescia, A., Iribarren, R., Lanca, C., & Grzybowski, A. (2024). Accommodative-vergence disorders in a paediatric ophthalmology clinical setting in Argentina. Acta Ophthalmologica, 102(3), e346-e351. https://doi.org/10.1111/aos.15785

J

Jeddi, M. Z., Hopf, N., Galea, K., Jones, K., Santonen, T., Viegas, S., Kumar, E., Pasanen-Kase, R., Duca, R., & Bader, M. (2024). Human biomonitoring in practice: minimum information requirement for human biomonitoring studies in occupational settings. Annals of Work Exposures and Health, 68(Supplement_1), i56. https://doi.org/10.1093/annweh/wxae035.153

Jesus, R., Chafirovitch-Radar, A., Pires, M. A., Payan-Carreira, R., Nóvoa, M., Quaresma, M., & Gama, A. (2024). Histological and immunohistochemical characterization of the donkey (Equus asinus) mammary gland. Journal of Comparative Pathology, 210, 92-93. https://doi.org/10.1016/j.jcpa.2024.03.144

Jordão, A., Vilhena, H., Payan-Carreira, R., & Pires, M. d. A. (2024). Effect of Age on the Occurrence of Endometrial Adenocarcinoma, Pyometra and Endometrial Cystic Hyperplasia in Cats: A Descriptive Study. Journal of Comparative Pathology, 210, 48. https://doi.org/10.1016/j.jcpa.2024.03.004

K

Kai, J. Y., Wu, Y. B., Chen, H. M., Hu, D. N., Lanca, C., Grzybowski, A., Zhang, L., Zhang, X. F., & Pan, C. W. (2024). Association between pets and dry eye symptoms: a Chinese national-based study. Science of the Total Environment, 955, Article 176954. https://doi.org/10.1016/j.scitotenv.2024.173386

Kai, J. Y., Wu, Y. B., Dong, X. X., Miao, Y. F., Li, D. L., Hu, D. N., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). Association between ambient air pollution and dry eye symptoms among Chinese individuals during the COVID-19 pandemic: a national-based study. Science of the Total Environment, 935, Article 173386. https://doi.org/10.1016/j.scitotenv.2024.173386

Kazdin, A. E., Harris, M. G., Hwang, I., Sampson, N. A., Stein, D. J., Viana, C. M., ... Kessler, R. C. (2024). Patterns, predictors, and patient-reported reasons for antidepressant discontinuation in the WHO World Mental Health Surveys. Psychological Medicine, 54(1), 67-78

Kinaan, W., Gama, A., Heleno, B., Marques, P., Crespo, B.V., Ortiz, J., Verberckmoes, B., Vermandere, H., Degomme, O., & Dias, S. (2024). Exploring factors of HPV self-sampling acceptance: a qualitative study with hard-to-reach women. European Journal of Public Health, 34(Suppl3):iii686-iii687. https://doi.org/10.1093/eurpub/ckae144.1768

L

Lanca, C., Pan, C. W., & Grzybowski, A. (2024). Anti-myopia spectacles: the standard of care in the future? American Journal of Ophthalmology, 263, xi-xiii. https://doi.org/10.1016/j.ajo.2024.02.027

Lanca, C., Repka, M. X., & Grzybowski, A. (2024). Myths in myopia epidemiology and treatment. JAMA Ophthalmology, 142(5), 403-404. https://doi.org/10.1001/jamaophthalmol.2024.0575

Leal, P., Poeira, A., Mendes, D. A., Batalha, N., Franco, H., Nunes, L., Marques, F., Paden, L., Stefaniak, M., Perez-Perdomo, A., Bangels, L., Lemmens, K., & Amaral, G. (2024). Teaching and Learning Clinical Reasoning in Nursing Education: A Student Training Course. Healthcare (Basel), 12(12), 1219. https://doi.org/10.3390/healthcare12121219

Leite, N. J. C., Raimundo, A. M. M., Mendes, R. D. C., Ferreira, S. D. P., & Marmeleira, J. F. F. (2024). Impact of a motor-cognitive intervention on cognitive function in middle-aged and older patients with type 2 diabetes. Geriatr Nurs, 60, 602-609. https://doi.org/10.1016/j.gerinurse.2024.10.018

Lemos, M., Henriques, A. R., Lopes, D. G., Mendonça, N., Victorino, A., Costa, A., Arriaga, M., Gregório, M. J., de Sousa, R., Canhão, H., & Rodrigues, A. M. (2024). Usability and Utility of a Mobile App to Deliver Health-Related Content to an Older Adult Population: Pilot Noncontrolled Quasi-Experimental Study. JMIR Formative Research, 8, Article e46151. Advance online publication. https://doi.org/10.2196/46151

Leruez-Ville, M., Chatzakis, C., Lilleri, D., Blazquez-Gamero, D., Alarcon, A., Bourgon, N., ... Vossen, A. (2024). Consensus recommendation for prenatal, neonatal and postnatal management of congenital cytomegalovirus infection from the European Congenital Infection Initiative (ECCI). The Lancet Regional Health – Europe, 40, Article 100892. https://doi.org/10.1016/j.lanepe.2024.100892

Liu, Q., Huang, Z., Coutinho, D., Wei, X., An, T., & Goncalves, B. (2024). Assessing Variations in Positional Performance across Age Groups and during Matches in Youth Association Football Competitions. Sensors (Basel), 24(14), 4536. https://doi.org/10.3390/s24144536

Lopes, C., Seringa, J., & Magalhães, T. (2024). Health professionals' perception of the use of speech recognition technology in healthcare: a qualitative study. Journal of Medical Internet Research Preprints. https://doi.org/10.2196/preprints.57194

Lopes, S., Bruno de Sousa, A., Delalibera, M., Namukwaya, E., Cohen, J., & Gomes, B. (2024). The rise of home death in the COVID-19 pandemic: a population-based study of death certificate data for adults from 32 countries, 2012–2021. eClinicalMedicine, 68, Article 102399. https://doi.org/10.1016/j.eclinm.2023.102399

Lourenço Reis, J., Martins, C., Ângelo-Dias, M., Rosa, N. N., Borrego, L. M., & Lima, J. (2024). TIM-3 Expression in Endometriosis. American Journal of Reproductive Immunology, 91(6), Article e13887. https://doi.org/10.1111/aji.13887

M

Ma, W., Timóteo, A., Ribeiro, V., Perelman, J., & Mateus, C. (2024). Contribution of high-technology procedures to public healthcare expenditures: the case of ischemic heart disease in Portugal, 2002–2015. International Journal of Health Economics and Management. Advance online publication. https://doi.org/10.1007/s10754-024-09372-5

Ma, W., Timóteo, A., Ribeiro, V., Perelman, J., & Mateus, C. (2024). Contribution of high-technology procedures to public healthcare expenditures: the case of ischemic heart disease in Portugal, 2002–2015. International Journal of Health Economics and Management. 4(3) 419–437. https://doi.org/10.1007/s10754-024-09372-5

Macedo, P., Madeira, R. N., Santos, P. A., Mota, P., Alves, B., & Pereira, C. M. (2024). A Conversational Agent for Empowering People with Parkinson's Disease in Exercising Through Motivation and Support. Applied Sciences, 15(1), 223. https://doi.org/10.3390/app15010223

MacFarlane, A., Huschke, S., Marques, M. J., Gama, A., Kinaan, W., Hassan, A., Papyan, A., Phelan, H., Severoni, S., Kumar, B., & Dias, S. (2024). Normalising participatory health research approaches in the WHO European region for refugee and migrant health: a paradigm shift. The Lancet Regional Health - Europe, 41, Article 100837. https://doi.org/10.1016/j.lanepe.2024.100837

Machado, B., de Faria, P. L., Araújo, I., & Caridade, S. (2024). Cyber interpersonal violence: adolescent perspectives and digital practices. International Journal of Environmental Research and Public Health, 21(7), Article 832. https://doi.org/10.3390/ijerph21070832

Machado, R., Garcia, M., Serra, I., & Joao, A. L. (2024). Understanding Health Literacy Among Migrants in Portugal: The Impact of Environmental Issues. Nurs Rep, 15(1), 5. https://doi.org/10.3390/nursrep15010005

Machorrinho, J., Veiga, G., Marmeleira, J., & Duarte Santos, G. (2024). Echoes of a living body: A mind-body approach on how women victims of intimate partner violence experience their bodies. Health Care Women Int, 1-21. https://doi.org/10.1080/07399332.2024.2404544

Mahmood, S., Sequeira, R., Siddiqui, M. M. U., Herkenhoff, M. B. A., Ferreira, P. P., Fernandes, A. C., & Sousa, P. (2024). Decentralization of the health system: experiences from Pakistan, Portugal and Brazil. Health Research Policy and Systems, 22(1), Article 61. https://doi.org/10.1186/s12961-024-01145-3

Maia, A. C., Marques, M. J., Goes, A. R., Gama, A., Osborne, R., & Dias, S. (2024). Health literacy strengths and needs among migrant communities from Portuguese-speaking African countries in Portugal: a cross-sectional study. Frontiers in public health, 12, Article 1415588. https://doi.org/10.3389/fpubh.2024.1415588

Maia, A., Tarannum, M., Lérias, J. R., Piccinelli, S., Borrego, L. M., Maeurer, M., Romee, R., & Castillo-Martin, M. (2024). Building a Better Defense: Expanding and Improving Natural Killer Cells for Adoptive Cell Therapy. Cells, 13(5), Article 451. https://doi.org/10.3390/cells13050451

Malheiro, F., Ângelo-Dias, M., Lopes, T., Martins, C. G., & Borrego, L. M. (2024). Cytokine Dynamics in Acute Pancreatitis: The Quest for Biomarkers from Acute Disease to Disease Resolution. Journal of Clinical Medicine, 13(8), Article 2287. https://doi.org/10.3390/jcm13082287

Marchand, G., Wingert, L., Viegas, C., Caetano, L., Viegas, S., Twaruzek, M., Lacombe, N., Lanoie, D., Valois, I., Gouin, F., Soszczyńska, E., Kosicki, R., Dias, M., & Debia, M. (2024). Assessment of waste workers occupational risk to microbial agents and cytotoxic effects of mixed contaminants present in the air of waste truck cabin and ventilation filters. Journal of the Air and Waste Management Association, 74(3), 145-162. https://doi.org/10.1080/10962247.2023.2299424

Marôco, J. L., Arrais, I., Silvestre, T., Pinto, M., Laranjo, S., Magalhães, J., Santa-Clara, H., Fernhall, B., & Melo, X. (2024). Post-acute exercise cardiovagal modulation in older male adults with and without type 2 diabetes. European Journal of Applied Physiology, 124(5), 1475 - 1486. Advance online publication. https://doi.org/10.1007/s00421-023-05357-3

Marques, M. J., Gonçalves-Pereira, M., de Vugt, M., Verhey, F., & Woods, B. (2024). The quality of family relationships in dementia: Mixed methods to unravel mixed feelings. Dementia. Advance online publication. https://doi.org/10.1177/14713012231220759

Marques, M. J., Woods, B., Jelley, H., Kerpershoek, L., Hopper, L., Irving, K., ... The Actifcare Consortium. (2024). Addressing relationship quality of people with dementia and their family carers: Which profiles require most support? Frontiers in Psychiatry, 15, Article 1394665. https://doi.org/10.3389/fpsyt.2024.1394665

Marques, M., Martins, C., Goes, M., Escoval, A., Nicolau, V., Pinho, L., Oliveira, H., Bico, I., Mendonça, S., Moreira, J., Pires, R., Pedrosa, M., Mendes, C., & Fonseca, C. (2024). Self-care in the person with chronic disease: a protocol for a self-care intervention. MethodsX, 13, Article 102829. https://doi.org/10.1016/j.mex.2024.102829

Marques, MJ., Seyfulayeva, A., Hamwi, S., Machado, AS., Gama, A., Osbourne, R., & Dias, S. (2024). Co-creation of migrant health interventions in Portugal: insights from the VO(I)CES project. European Journal of Public Health, 34(Supplement_3), iii357-iii358. https://doi.org/10.1093/eurpub/ckae144.920

Martinez, EZ., Galdino, G., BENTO, MA., Fronteira, I., & Zucoloto, M. L. (2024). Uso de chemsex entre gays, bissexuais e outros homens que fazem sexo com homens no Brasil. Gaceta Sanitaria, 37(supppl.2), s82. https://www.gacetasanitaria.org/en-vol-38-num-s2-sumario-S0213911124X00S20?local=true

Martins, A., Lapão, L. V., Nunes, I. L., Giordano, A. P., Semedo, H., Vital, C., ... & Londral, A. (2024). A conversational agent for enhanced Self-Management after cardiothoracic surgery. International Journal of Medical Informatics, 105640.

Martins, A., Londral, A., L. Nunes, I., & V. Lapão, L. (2024). Unlocking human-like conversations: Scoping review of automation techniques for personalized healthcare interventions using conversational agents. International Journal of Medical Informatics, 185, 105385.

Mascarenhas, C., Sousa, A. C. A., & Rato, L. (2024). Effects of Pharmaceutical Substances with Obesogenic Activity on Male Reproductive Health. Int J Mol Sci, 25(4), 2324. https://doi.org/10.3390/ijms25042324

Matias, P., Araujo, R., Graca, R., Henriques, A. R., Belo, D., Valada, M., Lotfi, N. N., Mateus, E. F., Radner, H., Rodrigues, A. M., Studenic, P., & Nunes, F. (2024). COTIDIANA Dataset - Smartphone-Collected Data on the Mobility, Finger Dexterity, and Mental Health of People With Rheumatic and Musculoskeletal Diseases. IEEE Journal of Biomedical and Health Informatics, 28(11), 6538 - 6547. https://doi.org/10.1109/JBHI.2024.3456069

Matos Semedo, F., Martins, C., Tomaz, E., Cardoso, B., Farinha, S., Martins, M., Pires, A. P., Inácio, F., & Taborda-Barata, L. (2024). Clinical Relevance of Lepidoglyphus destructor Sensitisation in Allergic Rhinitis: Nasal Provocation Test as in vivo Assessment. International Archives Of Allergy And Immunology, 185(5), 436 - 448. https://doi.org/10.1159/000533814

Matos, J. I. F., Teixeira, F., & Alves, E. (2024). The effect of professional reintegration of stroke survivors on their quality of life: A scoping review: Professional Integration and QoL after stroke. J Stroke Cerebrovasc Dis, 33(9), 107858. https://doi.org/10.1016/j.jstrokecerebrovasdis.2024.107858

Matos, J., Henriques, A., Moura, A., & Alves, E. (2024). Professional reintegration of stroke survivors and their mental health, quality of life and community integration. Qual Life Res, 33(12), 3259-3273. https://doi.org/10.1007/s11136-024-03797-8

Matos, J., Moura, A., Teixeira, F., Henriques, A., & Alves, E. (2024). Professional reintegration among professionally active Portuguese stroke survivors: a multicentric study. Disabil Rehabil, 46(12), 2619-2628. https://doi.org/10.1080/09638288.2023.2228200

Mazeda, C., Azevedo, S. F., & Barcelos, A. (2024). What the American Society of Anesthesiologists classification scores tell us after a hip fracture? Osteoporosis International, 35(10), 1867-1868. Advance online publication. https://doi.org/10.1007/s00198-024-07199-x

Mendes, C., Carvalho, M., Bravo, J., Martins, S., & Raimundo, A. (2024). Exercise Interventions for the Prevention of Sarcopenia After Bariatric Surgery: A Systematic Review. Journal of Science in Sport and Exercise. https://doi.org/10.1007/s42978-024-00311-x

Mendes, C., Carvalho, M., Bravo, J., Martins, S., & Raimundo, A. (2024). Possible Interaction Between Physical Exercise and Leptin and Ghrelin Changes Following Roux-en-Y Gastric Bypass in Sarcopenic Obesity Patients-A Pilot Study. Nutrients, 16(22), 3913. https://doi.org/10.3390/nu16223913

Mendes, F. R., Sim-Sim, M., Gemito, M. L., Barros, M. D. L., Serra, I. D. C., & Caldeira, A. T. (2024). Fear of COVID-19 among professional caregivers of the elderly in Central Alentejo, Portugal. Sci Rep, 14(1), 3131. https://doi.org/10.1038/s41598-024-52993-6

Mendonça, N., Avgerinou, C., Çavdar, S., Cederholm, T., Cruz-Jentoft, A. J., Torbahn, G., Sieber, C., Siebentritt, H. M., Kiesswetter, E., Volkert, D., & Visser, M. (2024). Critical outcomes to be included in the Core Outcome Set for nutritional intervention studies in older adults with malnutrition or at risk of malnutrition: a modified Delphi Study. European Journal Of Clinical Nutrition. Advance online publication. https://doi.org/10.1038/s41430-024-01444-6

Mestre, T. D. (2024). Commentary: Factors affecting the oral health of patients in intensive care units: a prospective observational study. J Res Nurs, 29(6), 496-497. https://doi.org/10.1177/17449871241283033

Mestre, T. D., Caldeira, E. V., & Lopes, M. J. (2024). Family Self-Care in Chronic Disease Management: An Evolving Care Pattern? SAGE Open Nurs, 10, 23779608231226069. https://doi.org/10.1177/23779608231226069 Mestre, T. D., Lopes, M. J., Mestre, D. M., Ferreira, R. F., Costa, A. P., & Caldeira, E. V. (2024). Impact of family-centered care in families with children with intellectual disability: A systematic review. Heliyon, 10(7), e28241. https://doi.org/10.1016/j.heliyon.2024.e28241

Miguel, S. S. A., Frade, A. I. A., & Moreira, J. M. A. (2024). The use of m-health to improve self-care in patients with heart failure. European Journal of Cardiovascular Nursing, 23(5), e63-e64. Article zvad118. Advance online publication. https://doi.org/10.1093/eurjcn/zvad118

Mira, J. J., Matarredona, V., Tella, S., Sousa, P., Ribeiro Neves, V., Strametz, R., & López-Pineda, A. (2024). Unveiling the hidden struggle of healthcare students as second victims through a systematic review. BMC Medical Education, 24(1), Article 378. https://doi.org/10.1186/s12909-024-05336-y

Mira, J., Carillo, I., Tella, S., Vanhaecht, K., Panella, M., Seys, D., ... for ERNST Consortium. (2024). The European Researchers' Network Working on Second Victim (ERNST) policy statement on the second victim phenomenon for increasing patient safety. Public Health Reviews, 45, Article 1607175. https://doi.org/10.3389/phrs.2024.1607175

Mira, J., Madarasova Geckova, A., Knezevic, B., Sousa, P., & Strametz, R. (2024). Editorial: psychological safety in healthcare settings. International Journal of Public Health, 69, 1608073. Article 1608073. https://doi.org/10.3389/ijph.2024.1608073

Miravent, S., Jimenez, C., Barbancho, N., Lobo, M. D., Figueiredo, T., Gomes, C., Ratusneac, I., Goncalves, J. M., Hasnas, C., & de Almeida, R. (2024). Renal screening sonography-A comparative study in a Portuguese basic emergency service. J Med Radiat Sci, jmrs.802. https://doi.org/10.1002/jmrs.802

Moniz, A., Duarte, S. T., Aguiar, P., Caeiro, C., Pires, D., Fernandes, R., Moço, D., Marques, M. M., Sousa, R., Canhão, H., Branco, J., Rodrigues, A. M., & Cruz, E. B. (2024). Physiotherapists' barriers and facilitators to the implementation of a behaviour change-informed exercise intervention to promote the adoption of regular exercise practice in patients at risk of recurrence of low back pain: a qualitative study. BMC Primary Care, 25(1), Article 39. https://doi.org/10.1186/s12875-024-02274-y

Moniz, M., Pereira, S., Soares, P., Aguiar, P., Donato, H., & Leite, A. (2024). Individual risk factors associated with SARS-CoV-2 infection during Alpha variant in high-income countries: a systematic review and meta-analysis. Frontiers in public health, 12, Article 1367480. https://doi.org/10.3389/fpubh.2024.1367480

Moniz, M., Ruivinho, C., Goes, A. R., Soares, P., & Leite, A. (2024). Long COVID is not the same for everyone: a hierarchical cluster analysis of Long COVID symptoms 9 and 12 months after SARS-CoV-2 test. BMC Infectious Diseases, 24(1), Article 1001. https://doi.org/10.1186/s12879-024-09896-8

Moniz, M., Soares, P., Nunes, B., & Leite, A. (2024). Is a tiered restrictions system an effective intervention for COVID-19 control? Results from Portugal, November-December 2020. BMC Public Health, 24(1), Article 956. https://doi.org/10.1186/s12889-024-18369-1

Morales-Berstein, F., Biessy, C., Viallon, V., Goncalves-Soares, A., Casagrande, C., Hémon, B., ... Huybrechts, I. (2024). Ultra-processed foods, adiposity and risk of head and neck cancer and oesophageal adenocarcinoma in the European Prospective Investigation into Cancer and Nutrition study: A mediation analysis. European Journal of Nutrition, 63(2), 377-396. https://doi.org/10.1007/s00394-023-03270-1

Moreira, J., Bravo, J., Aguiar, P., Delgado, B., Raimundo, A., & Boto, P. (2024). Physical and mental components of quality of life after a cardiac rehabilitation intervention: a systematic review and meta-analysis. Journal of Clinical Medicine, 13(18), Article 5576. https://doi.org/10.3390/jcm13185576

Moreira, J., Domingues, L., Silva, M., Caeiro, C. (2024) Cross-Cultural Adaptation and Validation of the Person-Centered Therapeutic Relationship in Physiotherapy Scale to European Portuguese. Healthcare, 12(23), 2455. https://doi.org/10.3390/healthcare12232455.

Moreira, J., João, A., Aguiar, P., Raimundo, A., Mesquita, M., Flamínio, J., Almeida, M., & Boto, P. (2024). Health-related quality of life after rehabilitation from knee surgery in rural and urban settings: a quasi-experimental study. BMC Musculoskeletal Disorders, 25(1), Article 1027. https://doi.org/10.1186/s12891-024-08143-0

Moreira, J., Mesquita, M., Flamínio, J., de Almeida, M., Delgado, B., & Boto, P. (2024). Patient-reported outcome measures in knee injuries rehabilitation: a protocol for intervention. MethodsX, 12, Article 102647. https://doi.org/10.1016/j.mex.2024.102647 Morgado, B., Silva, C., Agostinho, I., Bras, F., Amaro, P., Lusquinhos, L., Schneider, B. C., Fonseca, C., Albacar-Rioboo, N., & Pinho, L. (2024). Psychotherapeutic interventions for depressive symptoms in older adults in a community setting: a systematic review protocol. Front Psychiatry, 15, 1448771. https://doi.org/10.3389/fpsyt.2024.1448771

Morgado, B., Silva, C., Agostinho, I., Bras, F., Amaro, P., Lusquinhos, L., Silva, M. R., Fonseca, C., Albacar-Rioboo, N., & Guedes de Pinho, L. (2024). Psychotherapeutic Interventions for Depressive Symptoms in Community-Dwelling Older Adults: A Systematic Review with Meta-Analysis. Healthcare (Basel), 12(24), 2551. https://doi.org/10.3390/healthcare12242551

Moura, T., Ramos, A., Sa, E., Pinho, L., & Fonseca, C. (2024). Contributions of the Communication and Management of Bad News in Nursing to the Readaptation Process in Palliative Care: A Scoping Review. Applied Sciences-Basel, 14(15), 6806. https://doi.org/ARTN 6806

N

Namorado, S., Martins, C., Ogura, J., Assunção, R., Vasco, E., Appenzeller, B., ... Alvito, P. (2024). Exposure assessment of the European adult population to deoxynivalenol: Results from the HBM4EU aligned studies. Food Research International, 198, Article 115281. https://doi.org/10.1016/j.foodres.2024.115281

Namukwaya, E., de Sousa, A. B., Lopes, S., Touwen, D. P., van der Steen, J. T., Bélanger, E., Brooks, J., Yghemonos, S., Sehmi, K., & Gomes, B. (2024). EOLinPLACE: an international research project to reform the way dying places are classified and understood. Palliative Care and Social Practice, 18. https://doi.org/10.1177/26323524231222498

Nievergelt, C. M., Maihofer, A. X., Atkinson, E. G., Chen, C. Y., Choi, K. W., Coleman, J. R. I., ... Koenen, K. C. (2024). Genome-wide association analyses identify 95 risk loci and provide insights into the neurobiology of post-traumatic stress disorder. Nature Genetics, 56(5), 792-808. https://doi.org/10.1038/s41588-024-01707-9

Nobari, H., Barjaste, A., Martins, A. D., & Oliveira, R. (2024). Comparisons of external load variables among periods, playing status, and positions in professional soccer team: A case study. Proceedings of the Institution of Mechanical Engineers Part P-Journal of Sports Engineering and Technology, 17543371231225285. https://doi.org/10.1177/17543371231225285

Nunes, A. F., Cunha, M., Sousa, M. C. B., & Godinho, C. A. (2024). Prevalence, sociodemographic risk factors, and coverage of myopia correction among adolescent students in the central region of Portugal. BMC Public Health, 24(1), Article 2490. https://doi.org/10.1186/s12889-024-19914-8

0

on behalf of SAFEST Consortium, Martinez-Nicolas, I., Arnal-Velasco, D., Romero-García, E., Fabregas, N., Otero, Y. S., Leon, I., ... Soria-Aledo, V. (2024). Perioperative patient safety recommendations: Systematic review of clinical practice guidelines. BJS Open, 8(6), Article zrae143. https://doi.org/10.1093/bjsopen/zrae143

Ordak, M., Canonica, G. W., Paoletti, G., Brussino, L., Carvalho, D., & Di Bona, D. (2024). Meta-analysis in allergy: statistical recommendations. Allergy: European Journal of Allergy and Clinical Immunology, 79(6), 1616-1618. https://doi.org/10.1111/all.16091

Ordak, M., Canonica, G. W., Paoletti, G., Brussino, L., Carvalho, D., & Di Bona, D. (2024). Statistical advice provided by ChatGPT regarding an accepted article in Allergy. Allergy: European Journal of Allergy and Clinical Immunology, 79(3), 748-751. https://doi.org/10.1111/all.15956

Ørnbjerg, L. M., Brahe, C. H., Linde, L., Jacobsson, L., Nissen, M. J., Kristianslund, E. K., ... Hetland, M. L. (2024). Drug effectiveness of 2nd and 3rd TNF inhibitors in psoriatic arthritis: Relationship with the reason for withdrawal from the previous treatment. Joint Bone Spine, 91(4), Article 105729. https://doi.org/10.1016/j.jbspin.2024.105729

Orozco R, Borges G, Caldas-de-Almeida JM, Gutiérrez-García RA, Albor Y, Jiménez Pérez AL, Valdés-García KP, Baez Mansur PM, Covarrubias Díaz Couder MA, Hernández Uribe PC, Benjet C. Internet Gaming Disorder and the Incidence of Suicide-related Ideation and Behaviors in College Students. J Addict Med. 2024 Nov-Dec 01;18(6):643-648. doi: 10.1097/ADM.0000000000001331. Epub 2024 Jun 4. PMID: 38832680.

P

Palos, C., Ierano, C., Santos, M. J. D., Leitão, I., Nogueira, P., James, R., Paiva, J. A., Thursky, K., & Sousa, P. (2024). Cultivating global antimicrobial stewardship: linguistic and cultural validation of the Australian National Antimicrobial Prescribing Survey appropriateness assessment definitions for Portugal. Journal of Antimicrobial Chemotherapy, 79(9), 2281-2291. https://doi.org/10.1093/jac/dkae226

Parnham, J. C., Chang, K., Rauber, F., Levy, R. B., Laverty, A. A., Pearson-Stuttard, J., White, M., von Hinke, S., Millett, C., & Vamos, E. P. (2024). Evaluating the impact of the universal infant free school meal policy on the ultra-processed food content of children's lunches in England and Scotland: a natural experiment. International Journal of Behavioral Nutrition and Physical Activity, 21(1), Article 124. https://doi.org/10.1186/s12966-024-01656-w

Paulauskas, R., Kasparavicius, R., Stumbras, M., & Figueira, B. (2024). Comparative analysis of national and foreign players' performance in Euroleague Basketball. PLOS ONE, 19(8), e0306240. https://doi.org/10.1371/journal.pone.0306240

Paulauskas, R., Vaquera, A., & Figueira, B. (2024). Absence of Monotony and Strain Effects on Referees' Physical Performance During International Basketball Federation World Cup Basketball Competition. Int J Sports Physiol Perform, 19(6), 550-557. https://doi.org/10.1123/ijspp.2023-0199

Pedro, AR., Brandão, D., Raposo, B., Cunha, AS., & Escoval, A. (2024). Exploring health-related quality of life in Portuguese Informal Caregivers. European Journal of Public Health, 34(Supplement_3), iii686. https://doi.org/10.1093/eurpub/ckae144.1767

Pedro, AR., Brandão, D., Raposo, B., Cunha, AS., & Escoval, A. (2024). How to improve informal caregiver's quality of life and health literacy? a NGT approach. European Journal of Public Health, 34(Supplement_3), iii630-iii631. https://doi.org/10.1093/eurpub/ckae144.1620

Pedrosa B, Cardoso G, Azeredo-Lopes S, Gonçalves-Pereira M, Aluh D, Grigaité U, Dias M, Silva M, Caldas-de-Almeida J. Supported accommodations for people with serious mental disorders: Care pathways and predictors of age of entry and length of stay. Int J Soc Psychiatry. 2024 Nov;70(7):1254-1266. doi: 10.1177/00207640241261171. Epub 2024 Sep 6. PMID: 39239984.

Pedrosa B, Cardoso G, Gonçalves-Pereira M, Grigaitė U, Aluh D, Dias M, Silva M, Caldas-de-Almeida J. Experiences and expectations of residents and professionals of supported accommodations for people with serious mental disorders in Portugal. Soc Psychiatry Psychiatr Epidemiol. 2025 Jan 17. doi: 10.1007/s00127-025-02818-2. Epub ahead of print. PMID: 39820530.

Pedrosa, B., Cardoso, G., Azeredo-Lopes, S., Gonçalves-Pereira, M., Aluh, D. O., Grigaitė, U., Santos-Dias, M., Silva, M., & Caldas-De-Almeida, J. (2024). Supported Accommodations for People with Serious Mental Disorders: Staff's Assessment of Work Challenges and Their Impact during COVID-19. Portuguese Journal of Public Health, 42(3), 206 - 220. https://doi.org/10.1159/000539431

Pena, P., Cervantes, R., Gomes, B., Dias, M., & Viegas, C. (2024). Insights of Portugal's teaching staff microbial occupational exposure. Annals of Work Exposures and Health, 68(Supplement_1), i90-i91. https://doi.org/10.1093/annweh/wxae035.251

Penedos, C., Salamanca, G., Tavares, B., Fonseca, J., Carreiro-Martins, P., Rodrigues-Alves, R., Moral de Gregorio, Á., Valero, A., & Branco Ferreira, M. (2024). Aerobiology of Olive Pollen (Olea europaea L.) in the Atmosphere of the Iberian Peninsula. Atmosphere, 15(9), Article 1087. https://doi.org/10.3390/atmos15091087

Perdigao, M., Afonso, A., de Oliveira-Martins, S., Lopes, M. J., & Advinha, A. M. (2024). Pharmacovigilance teaching and learning: a mixed cross-sectional analysis of the Portuguese public higher education system. BMC Med Educ, 24(1), 13. https://doi.org/10.1186/s12909-023-04963-1

Pereira Melo de Albuquerque, G., Faleiros, F., Noelle Corbo, L., Sousa, L., Rodrigues Maia, E., de França, I. S. X., Muniz da Silva, S. M., & Silva Coura, A. (2024). Validation of nursing educational technology for neurogenic bowel rehabilitation in people with spinal cord injury. Revista Cuidarte, 15(2). https://doi.org/10.15649/cuidarte.3705

Pereira, B. B., Marrafa, M., Cruz, C., Rodrigues, L., Nunes, F., Monteiro, S., Santos, R., Carneiro, R. N., Neto, C., Aguilar, J., Ferreiro, N. R., Passanha, M., Candeias, G., Fernandes, A., Paixão, P., & Chasqueira, M. J. (2024). Antimicrobial Resistance Genes in Legionella from Artificial Water Systems: Findings from a Two-Year Study. Antibiotics, 13(12), Article 1121. https://doi.org/10.3390/antibiotics13121121

Pereira, C., Matos, M., Carvalho, D., Macedo, P., Calheiros, J. M., Alves, J., Paulino Ferreira, L., Dias, T. L., Neves Madeira, R., & Jones, F. (2024). Building Bridges between People with Stroke, Families, and Health Professionals:

Development of a Blended Care Program for Self-Management. Journal of Clinical Medicine, 13(1), 300. https://doi.org/10.3390/jcm13010300

Pereira, M. E. A., Santos, G. S., Almeida, C. R., Nunes, K. C. S., Silva, M., Jose, H., Sousa, L., & Vitorino, L. M. (2024). Association between Falls, Fear of Falling and Depressive Symptoms in Community-Dwelling Older Adults. Healthcare (Basel), 12(16), 1638. https://doi.org/10.3390/healthcare12161638

Pereira, V., Barreiros-Mota, I., Cortez, F., Castela, I., Teixeira, D., Calhau, C., Camila Dias, C., Moreira-Rosário, A., & Silvestre, M. P. (in press). A randomized controlled trial of a weight loss maintenance program in adults with obesity: the WLM3P study. European Journal Of Clinical Nutrition. https://doi.org/10.1038/s41430-024-01454-4

Pereira-da-Silva, L., Henriques, R. B., Virella, D., Mascarenhas, A., Papoila, A. L., Alves, M., & Fernandes, H. (2024). Laser-Based Length-Measuring Board for the Measurement of Infant Body Length from Outside an Incubator: Proposal and Assessment of a Model. Children, 11(12), Article 1544. https://doi.org/10.3390/children11121544

Perelman, J., Serranheira, F., Laires, P., Castanheira, F., Raposo, J. F., Aguiar, P., Neves, P., Ramos, S., Dias, S., Maia, T., & Twork4Health Group (2024). Teleworking: does it make workers healthier and productive? A cross-sectional study on a Southern European population. BMC Public Health, 24(1), Article 1946. https://doi.org/10.1186/s12889-024-19481-y

Peres, M., Moreira-Rosário, A., Padeira, G., Gaspar Silva, P., Correia, C., Nunes, A., Garcia, E., Faria, A., Teixeira, D., Calhau, C., Pereira-da-Silva, L., Ferreira, A. C., & Rocha, J. C. (2024). Biochemical and Anthropometric Outcomes in Paediatric Patients with Heterozygous Familial Hypercholesterolemia after COVID-19 Pandemic Lockdowns: An Exploratory Analysis. Nutrients, 16(13), Article 2170. https://doi.org/10.3390/nu16132170

Perez, M. I., Seringa, J., & Magalhães, T. (2024). Translation and psychometric validation of the Heart Failure Symptom Tracker (HFaST). BMC Cardiovascular Disorders, 24(1), Article 740. https://doi.org/10.1186/s12872-024-04424-7

Pinheiro-Guedes, L., Sousa-Uva, M., Gusmão, R., Martinho, C., Matias Dias, C., da Conceição, V., Gomes Quelhas, C., Saldanha Resendes, D., & Gaio, V. (2024). Long-term exposure to ambient air pollution and its association with mental wellbeing, depression and anxiety: a nationally representative study. Acta Medica Portuguesa, 37(9), 589-600. https://doi.org/10.20344/amp.21245

Pinto de Carvalho, C., Ribeiro, M., Godinho Simões, D., Pita Ferreira, P., Azevedo, L., Gonçalves-Sá, J., Mesquita, S., Gonçalves, L., Pinto Leite, P., & Peralta-Santos, A. (2024). Spatial Analysis of Determinants of COVID-19 Vaccine Hesitancy in Portugal. Vaccines, 12(2), Article 119. https://doi.org/10.3390/vaccines12020119

Pinto de Oliveira, A., Conceição, C., & Fronteira, I. (2024). Risk factors for non-communicable diseases in refugees, asylum seekers, and subsidiary protection beneficiaries resettled or relocated in Portugal between 2015 and 2020.

International Journal of Environmental Research and Public Health, 21(11), Article 1505. https://doi.org/10.3390/ijerph21111505

Pinto, S., Lopes, S., de Sousa, A. B., Delalibera, M., & Gomes, B. (2024). Patient and family preferences about place of end-of-life care and death: an umbrella review. Journal of pain and symptom management, 67(5), e439-e452. https://doi.org/10.1016/j.jpainsymman.2024.01.014

Pires, D., Duarte, S., Rodrigues, A. M., Caeiro, C., Canhão, H., Branco, J., Alves, J., Marques, M., Aguiar, P., Fernandes, R., Sousa, R. D., & Cruz, E. B. (2024). MyBack - effectiveness and implementation of a behavior change informed exercise programme to prevent low back pain recurrences: a hybrid effectiveness-implementation randomized controlled study protocol. BMC Musculoskeletal Disorders, 25(1), Article 440. https://doi.org/10.1186/s12891-024-07542-7

Portelada, A., Candeias, A., & Joao, A. L. (2024). Teacher Well-Being Under Threat: The Consequences of Workplace Bullying from Preschool to Higher Education. Education Sciences, 14(11), 1175. https://doi.org/ARTN175

Póvoa, P., Pitrowsky, M., Guerreiro, G., Pacheco, M. B., & Salluh, J. I. F. (2024). Biomarkers: Are They Useful in Severe Community-Acquired Pneumonia? Seminars in Respiratory and Critical Care Medicine, 45(2), 200 - 206. Advance online publication. https://doi.org/10.1055/s-0043-1777771

Pratas, A., Malhão, B., Palma, R., Mendonça, P., Cervantes, R., & Marques-Ramos, A. (2024). Effects of apigenin on gastric cancer cells. Biomedicine and Pharmacotherapy, 172, Article 116251. https://doi.org/10.1016/j.biopha.2024.116251

Q

Quaresma, A., Alves, E., Fraga, S., & Henriques, A. (2024). Stressful life events and heart disease and stroke: A study among Portuguese older adults. Stress Health, 40(2), e3312. https://doi.org/10.1002/smi.3312

R

Ramos, A., Pires, S., Sa, E., Gomes, I., Alves, E., Fonseca, C., & Coelho, A. (2024). A Cross-Sectional Study of the Perception of Individualized Nursing Care Among Nurses in Acute Medical and Perioperative Settings. Nurs Rep, 14(4), 3191-3205. https://doi.org/10.3390/nursrep14040232

Reale, E., Zare Jeddi, M., Paini, A., Connolly, A., Duca, R., Cubadda, F., ... Hopf, N. B. (2024). Human biomonitoring and toxicokinetics as key building blocks for next generation risk assessment. Environment International, 184, Article 108474. https://doi.org/10.1016/j.envint.2024.108474

Reis, J. L., Rosa, N. N., Martins, C., Ângelo-Dias, M., Borrego, L. M., & Lima, J. (2024). The Role of NK and T Cells in Endometriosis. International Journal of Molecular Sciences, 25(18), Article 10141. https://doi.org/10.3390/ijms251810141

Ribeiro H, Cruz EB, Castro A, Rodrigues A, Heleno B, Dias TL, Pires D. Cross-cultural adaptation and reliability of the European Portuguese version of the Musculoskeletal Health Questionnaire: A methodological study. PLoS One. 2024 Aug 8;19(8):e0308623. doi: 10.1371/journal.pone.0308623. PMID: 39116051; PMCID: PMC11309473.

Ribeiro, E., Oliveira, K., Dias, M., Gomes, B., Pimenta, R., Delgadinho, M., Ginete, C., Abreu, R., Almeida-Silva, M., Almeida, A., Gomes, A. Q., Brito, M., & Viegas, C. (2024). Towards an integrated approach on occupational health to tackle COVID19 Pandemic. In PM. Arezes, RB. Melo, P. Carneiro, J. Castelo-Branco, A. Colim, N. Costa, S. Costa, J. Duarte, JC. Guedes, G. Perestrelo, & JS. Baptista (Eds.), Occupational and environmental safety and health V (pp. 265-284). (Studies in Systems, Decision and Control; Vol. 492). Springer Science and Business Media Deutschland GmbH. https://doi.org/10.1007/978-3-031-38277-2 22

Ribeiro, J., Caldeira, D., & Dores, H. (2024). Long-term manifestations of COVID-19 in athletes: a narrative review. Physician and Sportsmedicine, 52(5), 452 - 459. Advance online publication. https://doi.org/10.1080/00913847.2024.2321629

Ribeiro, M., Azevedo, L., Santos, A. P., Leite, P. P., & Pereira, M. J. (2024). Understanding spatiotemporal patterns of COVID-19 incidence in Portugal: a functional data analysis from August 2020 to March 2022. PLoS ONE, 19(2), Article e0297772. https://doi.org/10.1371/journal.pone.0297772

Riesenberger, B., Rodriguez, M., Marques, L., Cervantes, R., Gomes, B., Dias, M., Pena, P., Ribeiro, E., & Viegas, C. (2024). Filling the knowledge gap regarding microbial occupational exposure assessment in waste water treatment plants: a scoping review. Microorganisms, 12(6), Article 1144. https://doi.org/10.3390/microorganisms12061144

Rocha, F. R., Gonçalves, T. N., Xavier-Ferreira, M. I., Laranjeira, F., Magalhães, G. M., Lopes, M. I., Sousa, M., Pestana, D., Fernandes, É., Chung, A., Berdeja, A., Santos, G. C., Marto, N., Messias, A., & Lima, J. (2024). Obstetric Intensive Care Admissions and Neonatal Outcomes: 15 Years of Experience from a Single Center. Medicina (Lithuania), 60(12), Article 1937. https://doi.org/10.3390/medicina60121937

Rodrigues, L., De Souza, A. V., Del Risco Sanchez, O., & Carmona, E. V. (2024). Knowledge, attitudes and practice on sudden infant death: study protocol of a scoping review. BMJ Open, 14(5), e080107. https://doi.org/10.1136/bmjopen-2023-080107

Romano, S., Monteiro, L., Guerreiro, J. P., Simões, J. B., Rodrigues, A. T., Lunet, N., & Perelman, J. (2024). Effectiveness and cost-effectiveness of a collaborative deprescribing intervention of proton-pump-inhibitors on community-dwelling older adults: protocol for the C-SENIOR, a pragmatic non-randomized controlled trial. PLoS ONE, 19(3), 1-15. Article e0298181. https://doi.org/10.1371/journal.pone.0298181

Roquette, C., Crisóstomo, S., Milagre, T., Ribeiro, R. S., Pedro, A. R., & Valente, A. (2024). Patient organisations' views, motivations and experiences on patient involvement in cancer research: A pilot study in Portugal. BMJ Open, 14(1), Article e077444. https://doi.org/10.1136/bmjopen-2023-077444

Rosário, J., Dias, S. S., Dias, S., & Pedro, A. R. (2024). Health literacy and its determinants among higher education students in the Alentejo region of southern Portugal: a cross-sectional survey. PLoS ONE, 19(9), Article e0309806. https://doi.org/10.1371/journal.pone.0309806

Rosário, J., Raposo, B., Santos, E., Dias, S., & Pedro, A. R. (2024). Efficacy of health literacy interventions aimed to improve health gains of higher education students: a systematic review. BMC Public Health, 24(1), Article 882. https://doi.org/10.1186/s12889-024-18358-4

Ruamviboonsuk, V., Lança, C., & Grzybowski, A. (2024). Biomarkers: promising tools towards the diagnosis, prognosis, and treatment of myopia. Journal of Clinical Medicine, 13(22), Article 6754. https://doi.org/10.3390/jcm13226754

Rubio-Zarapuz, A., Apolo-Arenas, M. D., Fernandes, O., Tornero-Aguilera, J. F., Clemente-Suarez, V. J., & Parraca, J. A. (2024). Comparative Efficacy of Neuromodulation and Structured Exercise Program on Autonomic Modulation in Fibromyalgia Patients: Pilot Study. J Clin Med, 13(15), 4288. https://doi.org/10.3390/jcm13154288

Rufo, J. C., Annesi-Maesano, I., Carreiro-Martins, P., Moreira, A., Sousa, A. C., Pastorinho, M. R., Neuparth, N., & Taborda-Barata, L. (2024). Issue 2 - "Update on adverse respiratory effects of indoor air pollution" Part 1): Indoor air pollution and respiratory diseases: A general update and a Portuguese perspective. Pulmonology, 30(4), 378 - 389. Advance online publication. https://doi.org/10.1016/j.pulmoe.2023.03.006

S

Sá, R., Roquette, R., Rebecchi, A., Matias, J., Rocha, J., Buffoli, M., Capolongo, S., Ribeiro, A. I., Nunes, B., Dias, C., & Sousa Uva, M. (2024). Association between area-level walkability and glycated haemoglobin: a Portuguese population-based study. BMC Public Health, 24(1), Article 1116. https://doi.org/10.1186/s12889-024-18627-2

Saias, J., & Bravo, J. (2024). Sensor-Based Real-Time Monitoring Approach for Multi-Participant Workout Intensity Management. Electronics, 13(18), 3687. https://doi.org/ARTN 3687

Santos, A. J., Kislaya, I., Matias-Dias, C., & Machado, A. (2024). Health beliefs and attitudes toward Influenza and COVID-19 vaccination in Portugal: a study using a mixed-method approach. Frontiers in public health, 11, Article 1331136. https://doi.org/10.3389/fpubh.2023.1331136

Santos, B., Pinho, L., Nogueira, M. J., Pires, R., Sequeira, C., & Monteso-Curto, P. (2024). Cognitive Restructuring during Depressive Symptoms: A Scoping Review. Healthcare (Basel), 12(13), 1292. https://doi.org/10.3390/healthcare12131292

Santos, C., Sacadura-Leite, E., Ferreira, J., Dixe, M. D. A., Astoul, P., & Sousa-Uva, A. (2024). The pleural mesothelioma cases and mortality in portugal in 2014–2020: a descriptive study. Healthcare (Switzerland), 12(11), Article 1103. https://doi.org/10.3390/healthcare12111103

Santos, C., Varajão, J., Takagi, N., & Manuela Gonçalves, A. (2024). Model of driving factors for success in public health project management using structural equation modeling. Scientific Reports, 14(1), Article 24647. https://doi.org/10.1038/s41598-024-75437-7

Santos, G. R. D. S., Ribeiro, C. J. N., Lima, S. V. M. A., Neto, J. C., de Sousa, A. R., Bulcao, C. D. S., Dellagostini, P. G., Batista, O. M. A., de Oliveira, L. B., Mendes, I. A. C., & de Sousa, Á. F. L. (2024). Chemsex among men who have sex with men during the Mpox health crisis in Brazil: a nationwide web survey. Public Health Nursing, 41(3), 589-601. https://doi.org/10.1111/phn.13308

Santos, G. R. D. S., Ribeiro, C. J. N., Santos Júnior, J. F. C. D., Almeida, V. S., Nascimento, R. D. C. D., Barreto, N. M. P. V., ... Sousa, Á. F. L. D. (2024). Mpox vaccine hesitancy among Brazilian men who have sex with men: A national cross-sectional study. Vaccines, 12(11), Article 1229. https://doi.org/10.3390/vaccines12111229

Santos, H., Henriques, A. R., Machado, P. M., Lopez-Medina, C., Dougados, M., Canhão, H., Rodrigues, A. M., & Pimentel-Santos, F. M. (2024). Determinants of health-related quality of life and global functioning and health in axSpA, pSpA, and PsA: results from the ASAS-PerSpA study. Rheumatology, 63(7), 1938 - 1948. Advance online publication. https://doi.org/10.1093/rheumatology/kead503

Santos, I. C., Colaço, C., Canales, G. D. L. T., Proença, L., Polido, M., Mendes, J. J., Canhão, H., & Manso, A. C. (2024). Comparison of the Effects of Oral Hygiene Instruction Methods on Oral Hygiene and Self-Perception in Older Adults: A Randomized Controlled Trial. Journal of Clinical Medicine, 13(24), Article 7642. https://doi.org/10.3390/jcm13247642

Santos, I. C., De la Torre Canales, G., Lopes, D. G., Mendes, J. J., Polido, M., Manso, A. C., & Canhão, H. (2024). Socio-economic inequalities in oral health among Portuguese older adults: a cross-sectional study. BMC Public Health, 24(1), Article 3505. https://doi.org/10.1186/s12889-024-21049-9

Santos, J. V., Viana, J., Pinto, C., Souza, J., Lopes, F., Freitas, A., & Lopes, S. (2024). Severity of illness and risk of mortality from all patient refined-diagnosis related groups: two scales of different concepts or two sides of the same coin? International Journal Of Health Planning And Management. https://doi.org/10.1002/hpm.3848

Santos, M., Sousa-Uva, M., Namorado, S., Gonçalves, T., Dias, C. M., & Gaio, V. (2024). Estimation of 10-year cardiovascular disease risk in the Portuguese population using the Systematic Coronary Risk Evaluation 2 (SCORE2). Acta Medica Portuguesa, 37(10), 720-724. https://doi.org/10.20344/amp.21376

Santos, R., & Pires, D. (2024). Current use of patient-reported outcome measures by musculoskeletal physiotherapists in Portugal. Journal of back and musculoskeletal rehabilitation, 37(6), 1479–1488. https://doi.org/10.3233/BMR-230208 Santos, R., Ribeiro, B., Sousa, I., Santos, J., Guede-Fernández, F., Dias, P., Carreiro, A. V., Gamboa, H., Coelho, P., Fragata, J., & Londral, A. (2024). Predicting post-discharge complications in cardiothoracic surgery: A clinical decision support system to optimize remote patient monitoring resources. International Journal of Medical Informatics, 182, Article 105307. https://doi.org/10.1016/j.ijmedinf.2023.105307

Santos, S., Melo, F., Fernandes, O., & Parraca, J. A. (2024). The effect of Ashtanga-Vinyasa Yoga method on air force pilots' operational performance. Front Public Health, 12, 1334880. https://doi.org/10.3389/fpubh.2024.1334880

Santos, S., Parraca, J. A., Alegrete, J., Cabo, C. A., Melo, F., & Fernandes, O. (2023). The effects of a 12-week yoga program on the CoP of military pilots before and after a flight emergency simulation using Biosignals Plux force platform. Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology, 238(2), 159-171. https://doi.org/10.1177/17543371231196340

Scarpetti, G., Shadowen, H., Williams, G. A., Winkelmann, J., Kroneman, M., Groenewegen, P. P., ... van Ginneken, E. (2024). A comparison of social prescribing approaches across twelve high-income countries. Health Policy, 142, Article 104992. https://doi.org/10.1016/j.healthpol.2024.104992

Schuele, L., Boter, M., Nieuwenhuijse, D. F., Gotz, H., Fanoy, E., de Vries, H., Vieyra, B., Bavalia, R., Hoornenborg, E., Molenkamp, R., Jonges, M., van den Ouden, A., Simoes, M., van den Lubben, M., Koopmans, M., Welkers, M. R. A., & Oude Munnink, B. B. (2024). Circulation, viral diversity and genomic rearrangement in mpox virus in the Netherlands during the 2022 outbreak and beyond. J Med Virol, 96(1), e29397. https://doi.org/10.1002/jmv.29397

Sequeira, S. O., Pasnak, E., Viegas, C., Gomes, B., Dias, M., Cervantes, R., Pena, P., Twarużek, M., Kosicki, R., Viegas, S., Caetano, L. A., Penetra, M. J., Silva, I., Caldeira, A. T., & Pinheiro, C. (2024). Microbial assessment in a rare Norwegian book collection: a one health approach to cultural heritage. Microorganisms, 12(6), Article 1215. https://doi.org/10.3390/microorganisms12061215

Seringa, J., Abreu, J., & Magalhaes, T. (2024). Machine learning methods, applications and economic analysis to predict heart failure hospitalisation risk: a scoping review protocol. BMJ Open, 14(4), Article e083188. https://doi.org/10.1136/bmjopen-2023-083188

Silva Cunha, P., Laranjo, S., Monteiro, S., Almeida, I. G., Mendonça, T., Fontes, I., Ferreira, R. C., Almeida, A. G., Didenko, M., & Oliveira, M. M. (2024). Left Atrial Wall Thickness Estimated by Cardiac CT: Implications for Catheter Ablation of Atrial Fibrillation. Journal of Clinical Medicine, 13(18), Article 5379. https://doi.org/10.3390/jcm13185379 Silva Cunha, P., Laranjo, S., Monteiro, S., Portugal, G., Guerra, C., Rocha, A. C., Pereira, M., Ferreira, R. C., Heijman, J., & Oliveira, M. M. (2024). The impact of atrial voltage and conduction velocity phenotypes on atrial fibrillation recurrence. Frontiers in Cardiovascular Medicine, 11, Article 1427841. https://doi.org/10.3389/fcvm.2024.1427841

Silva, A. B., Lourenço, M. H., Ramiro, S., Falzon, L., Cunha-Branco, J., van der Heijde, D., Landewé, R., & Sepriano, A. (2024). Performance of clinical, laboratory and imaging features for diagnosing spondyloarthritis-a systematic

literature review and meta-analysis. Rheumatology, 63(11), 2923 - 2937. Advance online publication. https://doi.org/10.1093/rheumatology/keae065

Silva, C. C., Presseau, J., van Allen, Z., Disnmore, J., Schenk, P., Moreto, M., & Marques, M. M. (2024). Components of multiple health behaviour change interventions for patients with chronic conditions: a systematic review and meta-regression of randomized trials. Health Psychology Review. https://doi.org/10.1080/17437199.2024.2413871

Silva, C. C., Presseau, J., Van Allen, Z., Schenk, P. M., Moreto, M., Dinsmore, J., & Marques, M. M. (2024). Effectiveness of interventions for changing more than one behavior at a time to manage chronic conditions: a systematic review and meta-analysis. Annals of Behavioral Medicine, 58(6), 432-444. https://doi.org/10.1093/abm/kaae021

Silva, C., Ferreira, R., Morgado, B., Alves, E., & Fonseca, C. (2024). Depression, Loneliness and Quality of Life in Institutionalised and Non-Institutionalised Older Adults in Portugal: A Cross-Sectional Study. Nurs Rep, 14(3), 2340-2354. https://doi.org/10.3390/nursrep14030174

Silva, C., Ferreira, R., Morgado, B., Schneider, B. C., Joao, A., Sampaio, F., Pinho, L. G., & Fonseca, C. (2024). Evaluation of the Psychometric Properties of the 18-Items Dysfunctional Attitudes Scale (Form B) in a Portuguese Sample of People Aged 60 and Over. Nurs Rep, 14(3), 2209-2225. https://doi.org/10.3390/nursrep14030165

Silva, I., Nhamússua, L., Ca, E., Schaltz-Buchholzer, F., Nhama, A., Cumbe, M., Delgado, A. P., Lima Mendonça, M. L., Fontoura, P., Sidat, M., Ferrinho, P., Araújo, I. I., Aide, P., Benn, C., Fronteira, I., & Nielsen, S. (2024). Randomized trial of BCG in healthcare workers to reduce absenteeism during the COVID-19 pandemic in sub-Saharan Africa. Transactions of the Royal Society of Tropical Medicine and Hygiene. Advance online publication. https://doi.org/10.1093/trstmh/trae108

Silva, J., Gama, A., Fronteira, I., Marques, P., & Dias, S. (2024). Knowledge and attitudes towards cervical cancer and screening among migrant women: a qualitative study in Portugal. BMJ Open, 14(12), Article e082538. https://doi.org/10.1136/bmjopen-2023-082538

Silva, J., Silva, M., Soares, B., Quintão, C., Londral, A. R., & Quaresma, C. (2024). Multi-activity 3D printed assistive technology in children: A case study. Assistive Technology.

Silva, N., Travassos, B., Gonçalves, B., Brito, J., Nakamura, F., & Abade, E. (2023). Effects of warm-up duration on acute physical performance in highly trained male futsal players. International Journal of Sports Science & Coaching, 19(4), 1632-1640. https://doi.org/10.1177/17479541231208009

Silva, R. R. E., Millett, C., Dittrich, S., & Donato, H. (2024). The impacts of climate change on the emergence and reemergence of mosquito-borne diseases in temperate zones: an umbrella review protocol. Acta Medica Portuguesa, 37(9), 626-633. https://doi.org/10.20344/amp.21355

Silva, S. P., Mazeda, C., Vilas-Boas, P., Portelada, M. D. C., Eugénio, G., & Barcelos, A. (2024). The impact of a Fracture Liaison Service after 3 years on secondary fracture prevention and mortality in a Portuguese tertiary center. Archives of Osteoporosis, 19(1), Article 4. https://doi.org/10.1007/s11657-023-01363-2

Silva-Ribeiro, S., Bernardes, S. F., Marques, M. M., & Godinho, C. A. (2024). Maintaining a sense of normality with the help of others: lived experiences of facilitators and barriers to Lupus adjustment. Journal of Health Psychology. https://doi.org/10.1177/13591053241296190

Silvério-António, M., Rodrigues, A. M., Teixeira, F., Tavares-Costa, J., Bernardo, A., Pimenta, S., Lagoas Gomes, J., Aguiar, R., Videira, T., Pinto, P., Santos, H., Sequeira, G., Teixeira, L., Ribeiro, R. M., Fonseca, J. E., & Vieira-Sousa, E. (2024). Sex and body mass index impact on digit circumference for Leeds Dactylitis Index calculation. Clinical and Experimental Rheumatology, 42(1), 174-177. https://doi.org/10.55563/clinexprheumatol/v78pc5

Sinnige, J. S., Smit, M. R., Ghose, A., de Grooth, H. J., Itenov, T. S., Ischaki, E., Laffey, J., Paulus, F., Póvoa, P., Pierrakos, C., Pisani, L., Roca, O., Schultz, M. J., Szuldrzynski, K., Tuinman, P. R., Zimatore, C., & Bos, L. D. J. (2024). Personalized mechanical ventilation guided by ultrasound in patients with acute respiratory distress syndrome (PEGASUS): study protocol for an international randomized clinical trial. Trials, 25(1), Article 308. https://doi.org/10.1186/s13063-024-08140-7

Souto-Miranda S, Brazete Cruz E, Pires D, Ribeiro F, Cordeiro N, Jácome C. Priorities in physical therapy research: A scoping review. Braz J Phys Ther. 2024 Nov-Dec;28(6):101135. doi: 10.1016/j.bjpt.2024.101135. Epub 2024 Nov 4. PMID: 39500115; PMCID: PMC11570230.

Strametz, R., Mira, J. J., & Sousa, P. (2024). The second victim phenomenon: comprehensive support and systemic change in healthcare. International Journal For Quality In Health Care, 36(3), Article mzae090. https://doi.org/10.1093/intqhc/mzae090

Sweeney, D. A., & Póvoa, P. (2024). What are the clinical and research lessons learned from immunomodulators and other therapies during the COVID-19 pandemic? Current opinion in critical care, 30(5), 420 - 426. https://doi.org/10.1097/MCC.0000000000001184

Т

TB, E. S., Parraca, J., & Sousa, J. P. (2024). Available rehabilitation technology with the potential to be incorporated into the clinical practice of physiotherapists: A systematic review. Health Sci Rep, 7(4), e1920. https://doi.org/10.1002/hsr2.1920

Teixeira, B. L., Cunha, P. S., Jacinto, A. S., Portugal, G., Laranjo, S., Valente, B., Lousinha, A., Cruz, M. C., Delgado, A. S., Brás, M., Paulo, M., Guerra, C., Ramos, R., Fontes, I., Ferreira, R. C., & Oliveira, M. M. (2024). Epicardial adipose tissue volume assessed by cardiac CT as a predictor of atrial fibrillation recurrence following catheter ablation. Clinical imaging, 110, Article 110170. https://doi.org/10.1016/j.clinimag.2024.110170

Teixeira, M., De Luca, L., Faria, A., Bordiga, M., de Freitas, V., Mateus, N., & Oliveira, H. (2024). First Insights on the Bioaccessibility and Absorption of Anthocyanins from Edible Flowers: Wild Pansy, Cosmos, and Cornflower. Pharmaceuticals, 17(2), Article 191. https://doi.org/10.3390/ph17020191

Thomas, R. L., Millett, C., Sousa Soares, R. D., & Hone, T. (2024). More doctors, better health? a generalised synthetic control approach to estimating impacts of increasing doctors under Brazil's Mais Medicos programme. Social Science and Medicine, 358, Article 117222. https://doi.org/10.1016/j.socscimed.2024.117222

U

Uejima, Y., Filippidis, F. T., Hone, T., Millett, C., & Palladino, R. (2024). The association between voluntary health insurance and health outcomes in older adults in Europe: a survival analysis. Public Health, 237, 361-366. https://doi.org/10.1016/j.puhe.2024.10.031

Ugnė Grigaitė, Karilė Levickaitė, Dovilė Juodkaitė, Nijolė Goštautaitė-Midttun (2024) Promoting Human Rights-Based Deinstitutionalisation in Lithuania by Applying the World Health Organization's QualityRights Assessments. International Journal for Quality in Health Care, Oxford University Press. https://doi.org/10.1093/intqhc/mzae118

V

Vales, J., Cima, J., & Perelman, J. (2024). Freedom of choice for specialized consultation in Portugal: an observational analysis of response to hospital quality. Health Policy, 149, Article 105163. https://doi.org/10.1016/j.healthpol.2024.105163

Valli, C., Schäfer, W. L. A., Bañeres, J., Groene, O., Arnal-Velasco, D., Leite, A., ... Rodrigues, S. (2024). Improving quality and patient safety in surgical care through standardisation and harmonisation of perioperative care (SAFEST project): A research protocol for a mixed methods study. PLoS ONE, 19(6), Article e0304159. https://doi.org/10.1371/journal.pone.0304159

Ven, L. V. D., Félix, A. C., Suarez, J., Dias, J., Pinto, F. F., & Laranjo, S. (2024). Cardiac Rehabilitation for Fontan Circulation Patients: A Systematic Review, and Meta-Analysis. Medicina (Lithuania), 60(11), Article 1817. https://doi.org/10.3390/medicina60111817

Ven, L. V. D., Félix, A. C., Suarez, J., Rodrigues, B., Dias, J., Pinto, F. F., & Laranjo, S. (2024). The Effect of Cardiac Rehabilitation in Paediatric Fontan Circulation Patients: A Prospective Intervention Study. Medicina (Lithuania), 60(10), Article 1566. https://doi.org/10.3390/medicina60101566

Verberckmoes, B., De Paepe, E., De Vestele, J., Gama, A., Keygnaert, I., Vermandere, H., & Degomme, O. (2024). Barriers and facilitators to cervical cancer screening among under- and neverscreened women in Flanders, Belgium: a qualitative study on community and healthcare providers' perspectives. BMC Public Health, 24(1), Article 2870. https://doi.org/10.1186/s12889-024-20166-9

Verdelho, A., Correia, M., Gonçalves-Pereira, M., Madureira, S., Vilela, P., Santos, A. C., Rodrigues, M., Borges, M., Ferro, J. M., & Santa-Clara, H. (2024). Physical Activity in Mild Vascular Cognitive Impairment: Results of the AFIVASC Randomized Controlled Trial at 6 Months. Journal of Alzheimer's disease: JAD, 101(4), 1379 - 1392. Advance online publication. https://doi.org/10.3233/JAD-240246

Viegas, A., Araújo, R., Ramalhete, L., Von Rekowski, C., Fonseca, T. A. H., Bento, L., & Calado, C. R. C. (2024). Discovery of Delirium Biomarkers through Minimally Invasive Serum Molecular Fingerprinting. Metabolites, 14(6), Article 301. https://doi.org/10.3390/metabo14060301

Viegas, C., Dias, M., Pacífico, C., Faria, T., Clérigo, A., Brites, H., Caetano, L. A., Carolino, E., Gomes, A. Q., & Viegas, S. (2024). Portuguese cork industry: filling the knowledge gap regarding occupational exposure to fungi and related health effects. Frontiers in public health, 12, Article 1355094. https://doi.org/10.3389/fpubh.2024.1355094

Viegas, C., Peixoto, C., Gomes, B., Dias, M., Cervantes, R., Pena, P., Slezakova, K., Pereira, M. D. C., Morais, S., Carolino, E., Twarużek, M., Viegas, S., & Caetano, L. A. (2024). Assessment of Portuguese fitness centers: bridging the knowledge gap on harmful microbial contamination with focus on fungi. Environmental Pollution, 350, Article 123976. https://doi.org/10.1016/j.envpol.2024.123976

Viegas, S. (2024). Settled dust and biomonitoring: are these tools complementary enough for a detailed occupational exposure assessment? Annals of Work Exposures and Health, 68(Supplement_1), i60. https://doi.org/10.1093/annweh/wxae035.164

Viegas, S., Martins, C., & Assunção, R. (2024). Editorial: human biomonitoring (HBM) as a tool to support policy and regulatory action to prevent chemicals exposure. Frontiers in Toxicology, 6, Article 1376890. https://doi.org/10.3389/ftox.2024.1376890

Viegas, S., Martins, C., Ribeiro, E., Ladeira, C., Pinhal, H., Nogueira, A., Santos, S., Tavares, A., Gomes, B. C., Afonso, C. M., Louro, H., & João Silva, M. (2024). HBM4EU chromates study: the Portuguese integrated and harmonized study on exposure to hexavalent chromium and related early effects. Annals of Work Exposures and Health. Advance online publication. https://doi.org/10.1093/annweh/wxae091

Viegas, S., Twarużek, M., Kosicki, R., Oliveira, F., Tavares, E., & Viegas, C. (2024). Coffee production: an occupational setting where exposure to mycotoxins need to be recognized and prevented. Annals of Work Exposures and Health, 68(Supplement_1), i71. https://doi.org/10.1093/annweh/wxae035.198

Vieira, A., Mendes Pereira, C., & Goes, A. R. (2024). Development of an instrument to measure attitudes, practices, and factors towards goal-setting in stroke rehabilitation. European Journal of Physiotherapy, 26(6), 372–380. https://doi.org/10.1080/21679169.2024.2310487

Vilhais, G., Alpuim Costa, D., Fontes-Sousa, M., Ribeiro, P. C., Martinho, F., Botelho de Sousa, C., Santos, C. R., Negreiros, I., Canastra, A., Borralho, P., Guia Pereira, A., Marçal, C., Germano Sousa, J., Chaleira, R., Rocha, J.

C., Calhau, C., & Faria, A. (2024). Case report: Primary CDK4/6 inhibitor and endocrine therapy in locally advanced breast cancer and its effect on gut and intratumoral microbiota. Frontiers in Oncology, 14, Article 1360737. https://doi.org/10.3389/fonc.2024.1360737

Villafaina, S., Fuentes-García, J. P., Fernandes, O., Muñoz, D., Batalha, N., & Parraca, J. A. (2022). The impact of winning or losing a padel match on heart rate variability. International Journal of Sports Science & Coaching, 19(3), 1296-1305. https://doi.org/10.1177/17479541221140066

Vineis, P., Mangone, L., Belesova, K., Tonne, C., Alfano, R., Strapasson, A., Millett, C., Jennings, N., Woods, J., & Mwabonje, O. (2024). Integration of multiple climate change mitigation actions and health co-benefits: a framework using the global calculator. Environmental Health Perspectives, 132(12), 125001. https://doi.org/10.1289/EHP14906

Von Rekowski, C. P., Fonseca, T. A. H., Araújo, R., Brás-Geraldes, C., Calado, C. R. C., Bento, L., & Pinto, I. (2024). The Characteristics and Laboratory Findings of SARS-CoV-2 Infected Patients during the First Three COVID-19 Waves in Portugal-A Retrospective Single-Center Study. Medicina (Kaunas, Lithuania), 60(1), Article 59. Advance online publication. https://doi.org/10.3390/medicina60010059

Von Rekowski, C. P., Pinto, I., Fonseca, T. A. H., Araújo, R., Calado, C. R. C., & Bento, L. (in press). Analysis of six consecutive waves of ICU-admitted COVID-19 patients: key findings and insights from a Portuguese population. GeroScience. https://doi.org/10.1007/s11357-024-01410-x

W

Wen, B., Wu, Y., Guo, Y., Gasparrini, A., Tong, S., Overcenco, A., ... Li, S. (2024). Comparison for the effects of different components of temperature variability on mortality: A multi-country time-series study. Environment International, 187, Article 108712. https://doi.org/10.1016/j.envint.2024.108712

Wu, Y., Wen, B., Gasparrini, A., Armstrong, B., Sera, F., Lavigne, E., ... Guo, Y. L. (2024). Temperature frequency and mortality: Assessing adaptation to local temperature. Environment International, 187, Article 108691. https://doi.org/10.1016/j.envint.2024.108691

Υ

Yazdany, J., Ware, A., Wallace, Z. S., Bhana, S., Grainger, R., Hachulla, E., ... Machado, P. M. (2024). Impact of risk factors on COVID-19 outcomes in unvaccinated people with rheumatic diseases: A comparative analysis of pandemic epochs using the COVID-19 Global Rheumatology Alliance Registry. Arthritis Care & Research. Advance online publication. https://doi.org/10.1002/acr.25220

Zahm, S., Bonde, J. P., Chiu, W. A., Hoppin, J., Kanno, J., Abdallah, M., ... Schubauer-Berigan, M. K. (2024). Carcinogenicity of perfluorooctanoic acid and perfluorooctanesulfonic acid. The Lancet Oncology, 25(1), 16-17. https://doi.org/10.1016/S1470-2045(23)00622-8

Zangao, M. O. B., Poeira, A. F., Branco, M., & Santos-Rocha, R. (2024). Changes in Foot Biomechanics during Pregnancy and Postpartum: Scoping Review. Int J Environ Res Public Health, 21(5), 638. https://doi.org/10.3390/ijerph21050638

Zangao, M. O., Gemito, L., Serra, I., Cruz, D., Barros, M. D. L., Chora, M. A., Santos, C., Coelho, A., & Alves, E. (2024). Knowledge and Consequences of Violence Against Health Professionals in Southern Portugal. Nurs Rep, 14(4), 3206-3219. https://doi.org/10.3390/nursrep14040233

Zangao, M. O., Serra, I., Cruz, D., da Luz Barros, M., Coelho, A., Chora, M. A., Santos, C., & Gemito, L. (2024). Violence against healthcare professionals: perspective of local focal points in the south of Portugal. BMC Health Serv Res, 24(1), 1445. https://doi.org/10.1186/s12913-024-11949-2

Zangão, M. O., Serra, I., Cruz, D., da Luz Barros, M., Coelho, A., Chora, M. A., Santos, C., & Gemito, L. (2024). Violence against healthcare professionals: perspective of local focal points in the south of Portugal. BMC Health Services Research, 24(1), Article 1445. https://doi.org/10.1186/s12913-024-11949-2

Zé-Zé, L., Freitas, I. C., Silva, M., Soares, P., Alves, M. J., & Osório, H. C. (2024). The spread of the invasive mosquito Aedes albopictus (Diptera: Culicidae) in Portugal: a first genetic analysis. Parasites and Vectors, 17(1), Article 389. https://doi.org/10.1186/s13071-024-06460-w

Zucoloto, M. L., Galdino, G., BENTO, MA., Fronteira, I., & Martinez, EZ. (2024). Dádiva de sangue por homens que têm sexo com homens: a prática após o fim das restrições no Brasil. Gaceta Sanitaria, 37(supppl.2), s183-s184. https://www.gacetasanitaria.org/en-vol-38-num-s2-sumario-S0213911124X00S20?local=true

Publications Q1-Q2 by Thematic Line and Research Group - 2024

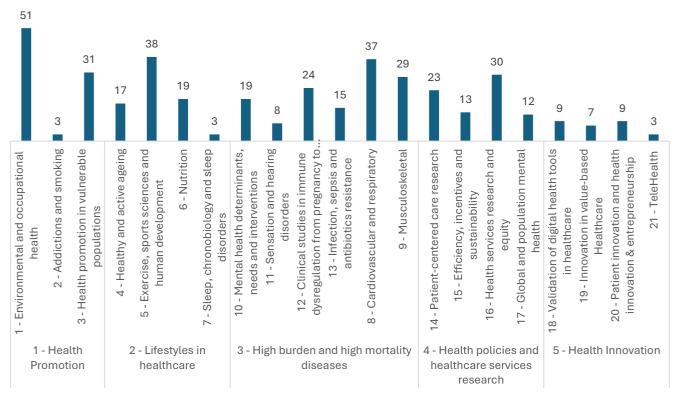


Chart 6 - Publications in Q1-Q2 Journals by Thematic Line and Research Group (2024)

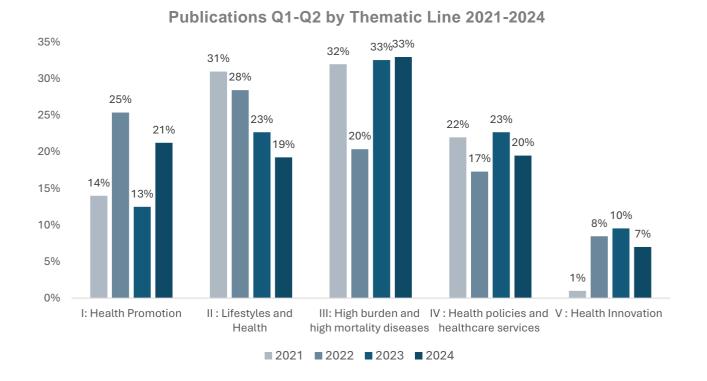


Chart 7 - Publications in Q1-Q2 Journals by Thematic Line (2021–2024)

3.1.2 Articles in peer-reviewed journals - SCOPUS index - Q3 and Q4

TOTAL: 68

1 You can check the journals' quartile here.

Table 2 - List of articles in peer-reviewed journals - SCOPUS index - Q3 and Q4

Α

Almendra, M., Cordeiro, A. I., Pina, R., Martins, C., Neves, C., & Neves, J. F. (2024). Recurrent infections and short stature – Listening may be the key. A Bloom syndrome case report. Portuguese Journal of Pediatrics, 55(3), 193-198. https://doi.org/10.24875/PJP.M24000448

Alves, E., Teixeira, F., & Moura, A. (2024). Validation of the Portuguese Version of the Adult Carers Quality of Life Questionnaire (AC-QoL) among Informal Carers of Stroke Survivors. Advances in Gerontology, 14(2), 49-60. https://doi.org/10.1134/S2079057023600210

Alves, M., Seringa, J., Silvestre, T., & Magalhães, T. (2024). Use of Artificial Intelligence tools in supporting decision-making in hospital management. Portuguese Journal of Public Health, 42(suppl 2), 9

Apolo-Arenas, M. D., Guerrero-Nogales, L., Diaz-Munoz, C. L., Caro-Puertolas, B., Parraca, J. A., & Cana-Pino, A. (2024). Use of the Hyperbaric Chamber Versus Conventional Treatment for the Prevention of Amputation in Chronic Diabetic Foot and the Influence on Fitting and Rehabilitation: A Systematic Review. Int J Vasc Med, 2024(1), 8450783. https://doi.org/10.1155/ijvm/8450783

Artiemjew, P., Cybulski, R., Emamian, M. H., Grzybowski, A., Jankowski, A., Lanca, C., Mehravaran, S., Młyński, M., Morawski, C., Nordhausen, K., Pärssinen, O., & Ropiak, K. (2024). Predicting children's myopia risk: a Monte Carlo approach to compare the performance of machine learning models. In AP. Rocha, L. Steels, & J. Herik (Eds.), Proceedings of the 16th International Conference on Agents and Artificial Intelligence (Vol. 3, pp. 1092-1099). (International Conference on Agents and Artificial Intelligence). SciTePress - Science and Technology Publications. https://doi.org/10.5220/0012435500003636

Azuaga, H., Payan-Carreira, R., & Colaço, B. (2024). Exploring Morphometric Features of the Female Reproductive Tract in Brazilian Pantanal Cattle. International Journal of Morphology, 42(3), 795-804. https://doi.org/10.4067/s0717-95022024000300795

R

Book of Abstracts of the 4th CHRC Annual Summit. (2024). Portuguese Journal of Public Health, 42(Suppl 1), 1-30. https://doi.org/10.1159/000539013

Book of abstracts of the 5th CHRC Annual Summit Evora, Portugal, September 23 and 24, 2024 Abstracts. (2024). Portuguese Journal of Public Health, 42(Suppl 2), 1-32. https://doi.org/10.1159/000542309

Bule, M. J., Bico, I., Talhinhas, C., Sousa, P., & Moreira, J. (2024). Effect of the Heart Pillow on the perception of Breast cancer patients: a retrospective longitudinal study. Portuguese Journal of Public Health, 42(suppl 2), 7. https://doi.org/10.1159/000542309

C

Campos, L., Moniz, A., Donato, H., Nunes, B., & Cruz, E. B. (2024). Digital health for rural populations with chronic musculoskeletal conditions: a scoping review. Portuguese Journal of Public Health, 42(suppl 2), 12. https://doi.org/10.1159/000542309

Campos, R. C., Marmelo, M., & Holden, R. R. (2024). Body Image and Self-Harming Behaviors in Adolescents: The Mediating Effect of Somatization. Percept Mot Skills, 315125241306480. https://doi.org/10.1177/00315125241306480

Castro, J. M. E., Neves, J., Magalhães, T., & Reis, M. (2024). Integrating an advanced evolutionary intelligence system into the internal contracting operations at Centro Hospitalar Universitário Lisboa Central. In Á. Rocha, H. Adeli, G. Dzemyda, F. Moreira, & A. Poniszewska-Maranda (Eds.), Good practices and new perspectives in information systems and technologies: conference proceedings WorldCIST 2024 (Vol. 4, pp. 234-237). (Lecture Notes in Networks and Systems; Vol. 987 LNNS). Springer Science and Business Media Deutschland GmbH. https://doi.org/10.1007/978-3-031-60221-4_23

Clemente, M., Corda, M. O., Plass, D., & Martins, C. (2024). Ischemic heart disease burden attributable to ambient nitrogen dioxide exposure in Portugal between 2011 and 2021. Portuguese Journal of Public Health, 42(suppl 2), 13. https://doi.org/10.1159/000542309

Coelho, P. S., Santos, G. M. D., Sangalho, I., Rosa, S., & Pinto, P. L. (2024). Role of serum-specific immunoglobulin E in egg allergy: a comprehensive study of Portuguese pediatric patients. Allergologia et Immunopathologia, 52(3), 53-59. https://doi.org/10.15586/aei.v52i3.1058

Corda, M. O., Clemente, M., Assunção, R., & Martins, C. (2024). Estimating the disability-adjusted life years of cardiovascular disease attributable to PM2.5 exposure in Portugal. Portuguese Journal of Public Health, 42(suppl 2), 22. https://doi.org/10.1159/000542309

Cordeiro, J. V. (2024). Artificial intelligence and precision public health: a balancing act of scientific accuracy, social responsibility, and community engagement. Portuguese Journal of Public Health, 42(1), 1-5. https://doi.org/10.1159/000538141

Correia Azevedo, P., Rei, C., Grande, R., Saraiva, M., Guede-Fernández, F., Oliosi, E., & Londral, A. (2024). Assessment of the impact of home-based hospitalization on health outcomes: An observational study. Acta Médica Portuguesa, 37(6), 445–454.

Costa, T., Serra, S., Neuparth, N., & Rendas, A. (2024). Portuguese scientific output in medical education between 2013–2022: From local to global networks. Educacion Medica, 25(6), Article 100961. https://doi.org/10.1016/j.edumed.2024.100961

Coutinho, A., Bento, M., Cruz, D., & Chen-Xu, J. (2024). Effect of methylphenidate on substance use disorders in children and adolescents with attention-deficit/hyperactivity disorder: a systematic review. Portuguese Journal of Pediatrics, 55(4), 227-236. https://doi.org/10.24875/PJP.23000048

Cunha, A. S., Raposo, B., Dias, F., Henriques, S., Martinho, H., & Pedro, A. R. (2024). Management of chronic obstructive pulmonary disease: constraints in patient pathway and mitigation strategies. Portuguese Journal of Public Health, 42(2), 93–100. https://doi.org/10.1159/000535474

D

Da Silva, R. L., Jesus Maria, A. R., Rodrigues, D. S., & Heleno, B. (in press). A Protocol for a Systematic Review of Qualitative Studies Exploring the Perception of Unmet Needs by Informal Caregivers of Older People in Portugal. Portuguese Journal of Public Health, Article 541629. https://doi.org/10.1159/000541629

Domingo-Gardeta, T., Montero-Cabezas, J. M., Jurado-Román, A., Sabaté, M., Aboal, J., Baranchuk, A., ... Martínez-Sellés, M. (2024). Rationale and design of the artificial intelligence scalable solution for acute myocardial infarction (ASSIST) study. Journal of Electrocardiology, 86, Article 153768. https://doi.org/10.1016/j.jelectrocard.2024.153768

Dores, H., Antunes, M., Caldeira, D., & Pereira, H. V. (2024). Cardiovascular benefits of resistance exercise: It's time to prescribe. Revista Portuguesa de Cardiologia, 43(10), 573 - 582. https://doi.org/10.1016/j.repc.2024.02.009

Dores, H., Mendes, M., Abreu, A., Durazzo, A., Rodrigues, C., Vilela, E., Cunha, G., Gomes Pereira, J., Bento, L., Moreno, L., Dinis, P., Amorim, S., Clemente, S., & Santos, M. (2024). Cardiopulmonary exercise testing in clinical practice: Principles, applications, and basic interpretation. Revista Portuguesa de Cardiologia. Advance online publication. https://doi.org/10.1016/j.repc.2024.01.005

Duarte, S., Aguiar, P., Alves, J., Heleno, B., & Cruz, E. B. (2024). The role of social determinants of health on low back pain: analysis of the 2019 National Health Interview Survey. Portuguese Journal of Public Health, 42(suppl 2), 13. https://doi.org/10.1159/000542309

Duarte, S., Moniz, A., Costa, D., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). How is low back pain being managed in primary healthcare? Ffindings from a scoping review on models of care. Portuguese Journal of Public Health, 42(suppl 1), 14. https://doi.org/10.1159/000539013

Duarte, S., Moniz, A., Costa, D., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). Models of care for low back pain patients in primary healthcare: a scoping review on implementation processes and outcomes. Portuguese Journal of Public Health, 42(suppl 1), 14. https://doi.org/10.1159/000539013

F

Fidalgo, P., Póvoa, P., Germano, N., Karvellas, C. J., & Cardoso, F. S. (2024). Long-Term Follow-Up of Kidney Function after Acute Liver Failure or Acute Liver Injury: A Cohort Study. GE Portuguese Journal of Gastroenterology, 31(5), 351 - 359. https://doi.org/10.1159/000536216

G

Gama, A., Soukup, T., & Dias, S. (2024). Editorial: global excellence in implementation science: Europe. Frontiers in Health Services, 4, Article 1441375. https://doi.org/10.3389/frhs.2024.1441375

Giovannini, M., Beken, B., Agache, I., Akdis, C. A., Carvalho, D., Chivato, T., ... Riggioni, C. (2024). Mentoring as the cornerstone of continued education in allergy and clinical immunology: 10th anniversary of the EAACI Mentorship Program. Allergy: European Journal of Allergy and Clinical Immunology, 79(1), 7–11. https://doi.org/10.1111/all.15878

Gonçalves-Pereira, M., Marques, M. J., Alves, R. F., Verdelho, A., Balsinha, C., Alves, L., Reis, T. ALVES., Woods, B., de Vugt, M., & Verhey, F. (2024). Needs for Care, Service Use and Quality of Life in Dementia: 12-Month Follow-Up of the Actifcare Study in Portugal. Acta Medica Portuguesa, 37(5). https://doi.org/10.20344/amp.20427

G

Hashemi, H., Khabazkhoob, M., Lança, C., Emamian, M. H., & Fotouhi, A. (2024). Prevalence of anisometropia and its associated factors in school-age children. Strabismus, 32(1), 1-10. https://doi.org/10.1080/09273972.2023.2293883

Н

Henriques, A. R., Pimentel-Santos, F., Teles de Sousa, J., Silva, L., Gago, L., Santos, M. E., ... Rodrigues, A. M. (2024). CheckAP: Prevalence of psoriatic arthritis (PsA) and performance evaluation of the EARP questionnaire in the population of Portuguese patients with psoriasis followed in a dermatology setting. ARP Rheumatology, 3(4), 258–267. https://doi.org/10.63032/WFLZ4806

K

Knezevic Krajina, H., Mira, J., Knezevic, B., Carrillo, I., & Sousa, P. (2024). Promoting second victims' intervention support programs. Journal of Healthcare Quality Research. 39(6), 405–407 https://doi.org/10.1016/j.jhqr.2024.07.001

L

Lima, L., Viegas, S., & Martins, C. (2024). Atmospheric levels of PM2.5: the exceedance of air quality guidelines in Portugal. Portuguese Journal of Public Health, 42(suppl 1), 18. https://doi.org/10.1159/000539013

Lourenço, M. J., Bento da Silva, A., Sousa, J., Oliveira, H., Silva, I., Costa, M., Branco, J. C., & Gonçalves, M. J. (2024). Necrotizing mesenteric vasculitis in systemic lupus erythematosus. ARP rheumatology, 3(1), 49-52. https://www.arprheumatology.com/section.php?id=1680

M

Madeira, F., Martins, C., Corda, M. O., & Perelman, J. (2024). The economic burden of Acute Coronary Syndromes due to ambient PM2.5 exposure in Portugal, 2011-2021. Portuguese Journal of Public Health, 42(suppl 2), 23. https://doi.org/10.1159/000542309

Marques, M., Escoval, A., Albano, V., Mendonça, S., Moreira, J., & Bico, I. (2024). Self-care needs in persons living with a chronic condition: a systematic review. Portuguese Journal of Public Health, 42(suppl 2), 24. https://doi.org/10.1159/000542309

Martins Dos Santos, G., Simão Coelho, P., Gaspar Marques, J., Serranho, S., Santos, S., Brito, A., Carreiro Martins, P., & Leiria Pinto, P. (2024). Obstructive Sleep Apnea: a risk for uncontrolled and more severe asthma in adults that we should keep an eye on. European annals of allergy and clinical immunology. Advance online publication. https://doi.org/10.23822/EurAnnACI.1764-1489.324

Martins, C., Alho, A. M., Muquinapir, F., Madeira, F., Durão, J., Lima, L. F., Corda, M., Dias, M., Pena, P., Cervantes, R., & Viegas, S. (2024). Environmental determinants of health: NOVA National School of Public Health research to tackle ongoing threats and challenges. Portuguese Journal of Public Health, 42(1), 74-79. https://doi.org/10.1159/000534813

Martins, C., de Boevre, M., Torres, D., Alvito, P., Nunes, C., & Assunção, R. (2024). Exposure of the Portuguese population to mycotoxins: the mixtures approach. Portuguese Journal of Public Health, 42(suppl 1), 18. https://doi.org/10.1159/000539013

Mazeda, C., Silva, S. P., Romão, J., Matias, D., Azevedo, L., & Barcelos, A. (2024). Audiovestibular Involvement in Patients With Systemic Sclerosis. Journal of Clinical Rheumatology, 30(7), 276-282. https://doi.org/10.1097/RHU.00000000000002131

Melo ASC, Moreira JS, Afreixo V, Moreira-Gonçalves D, Donato H, Cruz EB, Vilas-Boas JP, Sousa ASP. Effectiveness of specific scapular therapeutic exercises in patients with shoulder pain: a systematic review with meta-analysis. JSES Rev Rep Tech. 2024 Jan 19;4(2):161-174. doi: 10.1016/j.xrrt.2023.12.006. PMID: 38706660; PMCID: PMC11065746.

Miguel Gonçalves, C., Vazão, A., Carvalho, M., Cabral, M., Martins, A., Martins, H., Saraiva, F., Morais, J., & Dores, H. (in press). Sudden cardiac death in athletes: A 20-year analysis in Portugal. Revista Portuguesa de Cardiologia. https://doi.org/10.1016/j.repc.2024.08.010

Miravent, S., Jimenez, C., Lobo, M., Figueiredo, T., & De Almeida, R. P. P. (2024). Pre-hospital ultrasonography screening for biliary disease in remote settings. Imaging, 16(1), 69-72. https://doi.org/10.1556/1647.2024.00181

Miravent, S., Lobo, M. D., & de Almeida, R. P. (2024). Pre-hospital detection of intrahepatic biliary duct dilatation: Recognizing the abundance of vessels in the liver. Visual Journal of Emergency Medicine, 35, 101992. https://doi.org/10.1016/j.visj.2024.101992 Moniz, A., Barcelos, A., Marques, M., Mazeda, C., Henriques, A. R., Mendonça, N., Machado, A. S., Canhao, H., & Dias, S. (2024). Usability and user experience of the Healthy Bone digital platform for patients with osteoporosis: a mixed methods study. Portuguese Journal of Public Health, 42(suppl 2), 17. https://doi.org/10.1159/000542309

Moreira, J., Bule, M. J., Sousa, P., Talhinhas, C., Braga, S., & Bico, I. (2024). Effect of the Heart Pillow on the functionality of the homolateral upper limb after treatment: perception of Breast cancer patients. Portuguese Journal of Public Health, 42(suppl 2), 6. https://doi.org/10.1159/000542309

Moreira, J., Tavares, D., Raimundo, A., Delgado, B., & Boto, P. (2024). Patient-reported outcome measures in cardiac rehabilitation programs: preliminary results of a Systematic Review. Portuguese Journal of Public Health, 42(suppl 1), 15. https://doi.org/10.1159/000539013

Ν

Nobre Menezes, M., Tavares da Silva, M., Magalhães, A., Melica, B., Toste, J. C., Calé, R., Almeida, M., Fiuza, M., & Infante de Oliveira, E. (2024). Cardiologia de intervenção em doentes oncológicos: um documento de posição da Associação Portuguesa de Intervenção Cardiovascular e do Grupo de Estudo de Cardio-Oncologia da Sociedade Portuguesa de Cardiologia. Revista Portuguesa de Cardiologia. Advance online publication. https://doi.org/10.1016/j.repc.2023.04.013

0

Orgilés, M., Delvecchio, E., Francisco, R., Mazzeschi, C., Godinho, C., Pedro, M., Espada, J. P., & Morales, A. (2024). Daily activities in European children and adolescents during COVID-19 school closure: a longitudinal study exploring physical activity, use of screens, and sleep patterns. Journal of Prevention, 45(3), 467-482. https://doi.org/10.1007/s10935-024-00778-y

P

Pateiro, H., Gemito, L., & Pedro, A. R. (2024). A view on bullying by Focal Groups in a Group of Schools in Central Alentejo. Portuguese Journal of Public Health, 42(suppl 1), 16-17. https://doi.org/10.1159/000539013

Pedro, A. R., Raposo, B. M. F. C. E. C., Avelar, FG., & Cunha, A. S. (2024). The main concerns of people with Chronic Kidney Disease in disease management: a systematic review. Portuguese Journal of Public Health, 42(suppl 1), 23. https://doi.org/10.1159/000539013

Pedrosa, B., Cardoso, G., Azeredo-Lopes, S., Gonçalves-Pereira, M., Aluh, D., Grigaitė, U., Dias, M., Silva, M., & Caldas-de-Almeida, J. (2024). Supported accommodations for people with serious mental disorders: Care pathways and predictors of age of entry and length of stay. International Journal of Social Psychiatry, 70(7), 1254 - 1266. Advance online publication. https://doi.org/10.1177/00207640241261171

Pereira, J. C., Santos, R., Costa, F. M., Monge, J., de Araújo Gonçalves, P., & Dores, H. (2024). Coronary atherosclerotic burden in veteran athletes: The relationship between cardiovascular risk and volume of exercise. Revista Portuguesa de Cardiologia, 43(7), 377 - 384. Advance online publication. https://doi.org/10.1016/j.repc.2024.03.001

Proceedings of the II Congresso Internacional de Atividade Física (International Congress of Physical Activity), 28, 29, 30 of September 2023, Castelo Branco, Portugal. (2024). Journal of Human Sport and Exercise, 19(1), 220-432. https://doi.org/10.14198/jhse.2024.191.20

Q

Queiroz, A. A. F. L. N., de Sousa, A. F. L., de Oliveira, L. B., Batista, O. M. A., Dias, S., & Mendes, I. A. C. (2024). Pre-exposure prophylaxis and post-exposure prophylaxis awareness among men who have sex with men in Brazil: a national survey. Open AIDS Journal, 18, Article e18746136283427. https://doi.org/10.2174/0118746136283427240221105218

R

Rosário, J., Dias, S., & Pedro, A. R. (2024). Health literacy among displaced higher education students in the Alentejo region, Portugal: a crosssectional study. Portuguese Journal of Public Health, 42(suppl 2), 25. https://doi.org/10.1159/000542309

Rubio-Zarapuz, A., Apolo-Arenas, M. D., Tomas-Carus, P., Tornero-Aguilera, J. F., Clemente-Suarez, V. J., & Parraca, J. A. (2024). Comparative Analysis of Psychophysiological Responses in Fibromyalgia Patients: Evaluating Neuromodulation

Alone, Neuromodulation Combined with Virtual Reality, and Exercise Interventions. Medicina (Kaunas), 60(3), 404. https://doi.org/10.3390/medicina60030404

S

Santos, C., Leite, E. S., Feijó, S., dos Anjos Dixe, M., Astoul, P., & Sousa-Uva, A. (2024). Translation, cultural adaptation, and content validation of a pleural mesothelioma questionnaire to portuguese context: a key tool for epidemiological surveillance. Portuguese Journal of Public Health, 42(2), 101–110. https://doi.org/10.1159/000538097

Santos, J. A., Gaio, V., Amaral, P., Henriques, C., Guiomar, R., & Machado, A. (2024). SARS-CoV-2 serological 6-months follow-up study of a hospital-based cohort of healthcare workers following 2023 COVID-19 vaccination program. Portuguese Journal of Public Health, 42(suppl 2), 8. https://doi.org/10.1159/000542309

Santos, T. D. J., de Araújo, K. C. G. M., Góes, M. A. D. O., Bezerra-Santos, M., Ribeiro, C. J. N., dos Santos, A. D., Camargo, E. L. S., Souza, R. C. S., Mendes, I. A. C., Sousa, A. F. L. D., & da Conceição Araújo, D. (2024). Spatial and temporal dynamics of Chikungunya incidence in Brazil and the impact of social vulnerability: a population-based and ecological study. Diseases, 12(7), Article 135. https://doi.org/10.3390/diseases12070135

Sepúlveda, N., Malato, J., Winck, JC., Carneiro, AV., Hoffman, JS., & Branco, J. (2024). Post-Infection Fatigue Syndromes in the Era of Long COVID: The Case of Myalgic Encephalomyelitis/Chronic Fatigue Syndrome. Acta Medica Portuguesa, 37(12), 819 - 822. Advance online publication. https://doi.org/10.20344/amp.21845

Silva, S. P., Eugénio, G., Pinto, M., & Barcelos, A. (2024). Clinical and persistent remission in anti-HMGCR immune-mediated necrotizing myopathy to a single cycle of rituximab: a case-based review. ARP rheumatology, 3(3), 231-236. https://doi.org/10.63032/ZVNO7794

Т

Teixeira, D. A. P. R., Nogueira, M. J. C., Costa, S. A. G. d., Martins, J. J. P. A., & Martins, M. M. F. P. d. S. (2024). Environmental Health Practice and Quality of Nursing Care: A Protocol for Systematic Review. Online Brazilian Journal of Nursing, 23(Protocolos). https://doi.org/10.17665/1676-4285.20246709

Timóteo, A. T., Cachulo, M. C., Dinis, P., Negrão, L., Barreiros-Mota, I., Dores, H., & Gonçalves, L. (2024). "O meu coração bate saudável" - Results from a pilot project for health education in Portuguese children. Revista Portuguesa de Cardiologia, 43(6), 301 - 310. Advance online publication. https://doi.org/10.1016/j.repc.2023.09.005

Z

Zucoloto, M. L., Galdino, G., & Martinez, E. Z. (2024). An instrument of screening criteria to assess individualized high-risk sexual behavior to be applied in the Brazilian population: translation and cross-cultural adaptation. Hematology, Transfusion and Cell Therapy. 46, S122–S127. https://doi.org/10.1016/j.htct.2024.06.009

3.1.3 Books, book chapters, articles in other journals (not indexed) and other publications

TOTAL: 155

Table 3 – List of books, book chapters, articles in other journals (not indexed) and other publications

Α

A. Cabo, C., Hernández-Beltrán, V., Fernandes, O., Mendes, C., M. Gamonales, J., C. Espada, M., & A. Parraca, J. (2024). Evaluating the Impact of Sensorimotor Training on the Physical Capacities of the Elderly. https://doi.org/10.20944/preprints202411.1759.v1

Akif İpek, M., Cansın Yıldırım, A., Büyükbudak, E., Tomás, J., Severino, S., & Sousa, L. (2024). Physical activity and successful aging: community-based interventions for health promotion. Community and Interculturality in Dialogue, 4. https://doi.org/10.56294/cid2024.157

Alberto Da Silva, C., De Almeida, R. P. P., Carvalheira, F., Abrantes, A. F., Miranda, D. L., Vicente, B., Ramos, M., & Mestre, T. (2024). Digital Health in the Context of Healthcare Workers' Education and Training: The Other Side of Health Curricula in Portugal. In M. B. Garcia & R. P. P. De Almeida (Eds.), Advances in Healthcare Information Systems and Administration (pp. 66-85). IGI Global.

Aleixo Duarte, S., Jorge, C., Varela, M., Almeida, R., & Mihailovic, T. (2024). [Levodopa-Carbidopa: An Unusual Case of Voluntary Drug Intoxication]. Acta Med Port, 37(5), 403-404. https://doi.org/10.20344/amp.21161 (Levodopa-Carbidopa: Um Caso Incomum de Intoxicacao Medicamentosa Voluntaria.)

Aluh DO, Agu DI, Igbokwe WJ, Anunwa IG. (2024) Public acceptance of coercive measures in Nigerian mental health care. Int J Soc Psychiatry. 2024 Nov 13:207640241296050. doi: 10.1177/00207640241296050. Epub ahead of print.

Aluh DO, Azeredo-Lopes S, Pedrosa B, Silva M, Grigaitė U, Martins AR, de Almeida Mousinho MF, Cardoso G, Caldas-de-Almeida JM. (2024) Revisiting the psychometric properties of the McArthur Admission Experience Survey (AES): Validating the Portuguese version using a Bifactor approach. Heliyon. 10 (2) E24114.

Aluh DO, Cortes JD. Second Victims in Mental Health Care. J Patient Saf. 2024 Dec 1;20(8):e144. doi: 10.1097/PTS.000000000001277.

Aluh DO, Diaz-Milanes D, Azeredo-Lopes S, Barbosa S, Santos-Dias M, Silva M, Grigaitė U, Pedrosa B, Velosa A, Cardoso G, Caldas-de-Almeida JM. Coercion in Psychiatry: Exploring the Subjective Experience of Coercion

Among Patients in Five Portuguese Psychiatric Departments. J Behav Health Serv Res. 2024 Jul 10. doi: 10.1007/s11414-024-09890-7. Epub ahead of print.

Aluh DO, Diaz-Milanes Diego, Silva Manuela, Pedrosa Barbara, Grigaitè U, Almeida CR, Almeida Mousinho MF, Vieira M, Cardoso G, Caldas-de-Almeida JM (2024). Coercion in psychiatry: psychometric validation of the Portuguese Staff Attitudes to Coercion Scale (SACS). Discov Ment Health 4, 27. https://doi.org/10.1007/s44192-024-00083-4

Aluh DO, Lantta T, Lourenço T, Birkeland SF, Castelpietra G, Dedovic J, Caldas-de-Almeida JM, Rugkåsa J. Legislation and policy for involuntary mental healthcare across countries in the FOSTREN network: rationale, development of mapping survey and protocol. BJPsych Open. 2024 Sep 19;10(5):e154. doi: 10.1192/bjo.2024.744.

Alves, B. Dinis, A., Pereira, C. et al. (2024). Motor Fluctuations Exploration in People with Parkinson's Disease Using ARIMA-Based Accelerometer Data Modeling. 2024 IEEE 10th World Forum on Internet of Things (WF-IoT), Ottawa, ON, Canada, pp. 582-588, doi: 10.1109/WF-IoT62078.2024.10811449.

Alves, I., Koromani, F., Lemos, C., Tavares, S., Fernandes, O., Pereira, C. D., Castro, M. A., & Rivadeneira, F. (2024). Facilitators and constraints of physical activity in adults with achondroplasia: a scoping review. Journal of Rare Diseases, 3(1), 22. https://doi.org/10.1007/s44162-024-00048-9

Alves, J., Dias, CV., Perelman, J., Gonçalves, I., Moiane, I., & Morgado, V. (2024). Behavioral incentives on payfor-performance schemes in primary health care: a scoping review. European Journal of Public Health, 34(Supplement_3), iii639-iii640. https://doi.org/10.1093/eurpub/ckae144.1644

Amaral, P., Fronteira, I., Tomé, G. M. Q., Amaral, R., & Pereira, T. (2024). Integração da educação socioemocional no ensino português: opinião e perceção dos agentes educativos. Sisyphus - Journal of Education, 12(2), 7-29. https://doi.org/10.25749/sis.33528

Amorim, M., Guia-Pereira, A., Carapeta, S., Ribeiro, R., Dinis, R., Sousa, M. J., & Sousa, G. (2024). P126: Retrospective study of the impact of Endopredict: Experience from a hospital center. Genetics in Medicine Open, 2, 101007. https://doi.org/10.1016/j.gimo.2024.101007

André, J. P. d. P. C., Serra, I. d. C. C., Barreiros, J. C. S. d., & Gemito, M. L. (2024). Practice of formal caregivers in medication management of Elderly People, in a home context. International Journal of Health Science, 4(15), 2-10. https://doi.org/10.22533/at.ed.1594152405016

В

Basu, S., Yudkin, J. S., Jawad, M., Ghattas, H., Hamad, B. A., Jamaluddine, Z., Safadi, G., Ragi, M. E., Ahmad, R. E. S., Vamos, E. P., & Millett, C. (2024). Reducing non-communicable diseases among Palestinian populations in Gaza: a participatory comparative and cost-effectiveness modeling assessment. PLoS Global Public Health, 4(5), Article e0003168. https://doi.org/10.1371/journal.pgph.0003168

Belayneh Z, Lee DA, Haines TP, Aluh DO, Onu JU, Newton-Howes G, Masters K, Kohn Y, Sin J, Goulet MH, Husum TL, Jelastopulu E, Bakola M, Opgenhaffen T, Gowda GS, Mekuriaw B, De Cuyper K, Muir-Cochrane E, Canteloupe Y, Diviney E, Staggs VS, Petrakis M. (2024) Co-Designing Case Scenarios and Survey Strategies to Examine the Classification and Reporting of Restrictive Care Practices in Adult Mental Health Inpatient Settings: Perspectives From International Stakeholders. Int J Ment Health Nurs. 4. doi: 10.1111/inm.13479. Epub ahead of print.

Bento, A., Raimundo, A., & Carrasco, L. (2024). High-Intensity Interval Training (HIIT) program in High-School Physical Education Classes for promoting Fitness in Adolescents: a Randomized Controlled Trial. https://doi.org/10.20944/preprints202408.2194.v1

Book of abstracts of the 5th CHRC Annual Summit Evora, Portugal, September 23 and 24, 2024 Abstracts. (2024). Portuguese Journal of Public Health, 42(Suppl 2), 1-32. https://doi.org/10.1159/000542309

Bruges Armas, J.. Ankylosing Spondylitis - Recent Concepts. London, Reino Unido: IntechOpen. 2023.

C

Camacho, I., Caeiro, E., Camacho, R., Grinn-Gofroń, A., Strzelczak, A., Ferreira, M. B., & Carreiro-Martins, P. (in press). To what extent can wildfires in the Mediterranean influence pollen abundance? Allergy: European Journal of Allergy and Clinical Immunology. https://doi.org/10.1111/all.16211

Campos, R. C., Rexia, C., Cardoso, P. M., & Passos, B. (2024). An Exploratory Study in the Portuguese Population on Writing a Suicide Note: Correlates in the Suicide Spectrum and Qualitative Analysis. Span J Psychol, 27, e4. https://doi.org/10.1017/SJP.2024.1

Candeias, A. A., & Félix, A. S. (2024). Eating Behavior and Chronic Stress in a Post-pandemic Context Study with Portuguese Young People Aged 15–26 Years. https://doi.org/10.20944/preprints202401.0762.v1

Candeias, A., Félix, A., & Cunha, T. (2024). Exploring Sleep Quality and Attitudes in Ageing Portuguese Population. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 175-184. https://doi.org/10.61415/riage.304

Cardoso, Manuela; Figueiredo, Leonor; Moreira-Rosário, André; Camolas, José; Virella, Daniel; Macedo, Israel; Pereira-da-Silva, Luís. (2004). The Effect of Unadjusted Mineral Supplementation on Bone Health of Preterm Infants Fed Fortified Human Milk: An Exploratory Analysis. Journal of Clinical Neonatology 13(2):p 48-56, Apr–Jun 2024. DOI: 10.4103/jcn.jcn_10_24

Carmo, C. N. R. D., Serra, I., Barreiros, J., & Gemito, M. L. (2024). CAPACITAÇÃO DE CUIDADORES FORMAIS EM CONTEXTO DOMICILIÁRIO NA PREVENÇÃO DE ÚLCERAS POR PRESSÃO. In Ciências da saúde: bemestar e qualidade de vida 4 (1 ed., pp. 139-157). Atena Editora.

Carvalho, M. L., Carvalho, M. I., Carvalho, M., Valido, S., Tomás, J., Severino, S., & Sousa, L. (2024). Health Literacy: Professional Competence for 21 st Century Healthcare. Salud, Ciencia y Tecnología, 4, 910. https://doi.org/10.56294/saludcyt2024910

Catarino, J. R., Morais Nunes, A., & Sobral, S. (2024). Public Health Policy: Legal Diferences in Formulation and Implementation. Direito Público, 21(110). https://doi.org/10.11117/rdp.v21i110.7855

Cerdeira, R., & Zangão, O. (2024). A satisfação da grávida com os cuidados das enfermeiras obstétricas durante a pandemia COVID-19. Revista de Enfermagem Referência, VI Série(N.º 3), e32647. https://doi.org/10.12707/rvi23.102.32647

Cervantes R, Pena P, Riesenberger B, Marques L, Rodriguez M, Gomes B, Dias M, Viegas C. Fungal contamination in Lisbon's primary schools: sampling insights and analytical approaches. Poster session presented at International Conference of Occupational Safety and Hygiene (Hybrid SHO 2024), Porto, Portugal. http://hdl.handle.net/10400.21/17651.

Correia, M., Ribeirinha, T., Beirante, D., Portelada, A., Martins, C., & Galinha, S. (2024, 7/2024). TEACHERS' PERSPECTIVES REGARDING OUTDOOR STEAM EDUCATION: AN EXPLORATORY STUDY. 16th International Conference on Education and New Learning Technologies,

Costa, J. A., Coelho, C. A., Ferraz, A., Brito, J., Guilherme, J., Seabra, A., Travassos, B., Folgado, H., & Goncalves, B. (2024). The Influence of Including Goalkeepers on the Intensity Demands of Walking Football Practice. Sports (Basel), 12(12). https://doi.org/10.3390/sports12120346

Cruz, D. (2024). Prevention of Procedural Pain in Neonates. In R. Mauricio Barría (Ed.), Best and Safe Practices in Different Contexts of Neonatal Care. IntechOpen.

ח

Dias, M., Gomes, B., Pena, P., Cervantes, R., Twarużek, M., Kosicki, R., Viegas, C., & Viegas, S. (2024). Mycotoxins presence in woodworking environments from Portugal. Poster session presented at 45th Mycotoxins Workshop, Vienna, Austria. http://hdl.handle.net/10400.21/17512

Dias, S., Hoffmeister, L. V., Figueiredo, C., & Gama, A. (2024). Social prescribing in the Portuguese context: challenges and strategies to implement and evaluate a complex intervention. In M. Bertotti (Ed.), Social Prescribing Policy, Research and Practice: Transforming Systems and Communities for Improved Health and Wellbeing (pp. 85-99). Article Chapter 6 Springer International Publishing. https://doi.org/10.1007/978-3-031-52106-5_6

Dias, S., Hoffmeister, L., Figueiredo, C., Coelho, A., Marques, MJ., Canas, A. M., Pedro, A. R., & Gama, A. (2024). Prescrição social: manual de apoio à implementação de iniciativas. Escola Nacional de Saúde Pública, Universidade Nova de Lisboa. https://doi.org/10.34619/4ppj-ewpf

Dores, H. (2024). Career options in cardiology: Does gender matter? Revista Portuguesa de Cardiologia, 43(4), 201-202. https://doi.org/10.1016/j.repc.2023.10.006

Duarte, C., Santos, R., Fernandes, O., & Raimundo, A. (2024). Prevalence of Lower Back Pain in Portuguese Equestrian Riders. Sports, 12(8). https://doi.org/ARTN 207

Duarte, S., Moniz, A., Costa, D., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). How is low back pain being managed in primary healthcare? findings from a scoping review on models of care. Portuguese Journal of Public Health, 42(suppl 1), 14. https://doi.org/10.1159/000539013

Ε

Escoval, A. (2024). Financiamento e contratualização em saúde: velhas e novas tendências. In RL. Reis, & M. Delgado (Eds.), Uma nova gestão em serviços de saúde (pp. 149-175). Edições Sílabo.

F

Ferreira, R., Mestre, T. D., Fernandes, J. B., Sousa, L., Jose, H., Fonseca, C., Ferreira, O., & Baixinho, C. L. (2024). Research skills developed in post-graduation and their translation into clinical nursing practices. Rev Gaucha Enferm, 45(spe1), e20240005. https://doi.org/10.1590/1983-1447.2024.20240005.en

Figueira, B., Exel, J., Gonçalves, B., Coutinho, D., & Sampaio, J. (2024). Exploring Coaches' Cognitive Perception of Football Training Tasks: A Questionnaire-Based Study and Comparison with a Framework Tool for Assessing Cognitive Demands in Small-Sided Games. Cuadernos de Psicología del Deporte, 24(1), 297-306. https://doi.org/10.6018/cpd.522691

Fonseca, F. (2024). Poster T-DM1 EN2 SPFCS. https://doi.org/10.13140/RG.2.2.11198.46402

Fonseca, F., Perdigão, M., Machado, S., & Advinha, A. M. (2024). 5th CHRC Annual Summit. https://doi.org/10.13140/RG.2.2.34608.16648

Fronteira, I., Perelman, J., Santana, R., Dias, S., Lourenço, A., Peralta-Santos, A., ... Magalhães, T. (2024). White paper: Leading the way to a healthy future: Inovação ao serviço da Saúde Pública. Escola Nacional de Saúde Pública, Universidade Nova de Lisboa. https://doi.org/10.34619/7z7m-xyme

G

GBD 2021 Causes of Death Collaborators*.(2024) Global burden of 288 causes of death and life expectancy decomposition in 204 countries and territories and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet; online first

GBD 2021 Fertility and Forecasting Collaborators*.(2024) Global fertility in 204 countries and territories, 1950–2021, with forecasts to 2100: a comprehensive demographic analysis for the Global Burden of Disease Study 2021. Lancet. online first

GBD 2021 Forecasting Collaborators.(2024) Burden of disease scenarios for 204 countries and territories, 2022–2050: a forecasting analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440) [10.1016/s0140-6736(24)00685-8].

GBD 2021 Risk Factors Collaborators.(2024) Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990-2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440):2162-2203. DOI: 10.1016/s0140-6736(24)00933-4

Gomes, B., Dias, M., Cervantes, R., Pena, P., & Viegas, C. (2024). Aspergillus fumigatus prevalence on poultry farms: health concerns in a climate change era. Poster session presented at 14th International Conference of Mycotoxins and Moulds, Bydgoszcz, Poland.

Gomes, B., Dias, M., Pena, P., Cervantes, R., Rodriguez, M., Marques, L., Riesenberger, B., Viegas, C. (2024). A multi-approach sampling strategy to assess exposure to microbiologic agents in poultries. Poster session presented at International Conference of Occupational Safety and Hygiene (Hybrid SHO 2024), Porto, Portugal. http://hdl.handle.net/10400.21/17653

Gómez, L. K., Molina, E. S., Collazos, C. A., & Guedes de Pinho, L. (2024). Technological System Based on Serious Games for Teaching Stress Management to University Students. IEEE Revista Iberoamericana de Tecnologias del Aprendizaje, 19, 248-257. https://doi.org/10.1109/rita.2024.3465044

Gonçalves-Pereira, M. (in press). Mental Health as a Polysemic Construct? Revisiting the Debate about University Students' Unmet Needs. Portuguese Journal of Public Health. https://doi.org/10.1159/000542629

Gonçalves-Pereira, M., Prina, A. M., Marques, MJ., Balsinha, C., & Xavier, M. (2024). 2023 IPA International Congress Book of Abstracts - S10: Needs assessment, the basic tool for psychogeriatric care – ADDENDUM: Exploring the needs of people with dementia: Implications of epidemiological, health service and primary care research in Portugal. International psychogeriatrics / IPA, 5(S1 (ADDENDUM)), Article S10. https://doi.org/10.1017/S1041610224000437

Grigaitė U, Azeredo-Lopes S, Žeimė E, Slotkus PY, Heitmayer M, Aluh DO, Pedrosa B, Silva M, Santos-Dias M, Cardoso G, Caldas-de-Almeida JM.(2024) Prevalence and acceptability of psychological and/or economic intimate partner violence, and utilization of mental health services by its survivors in Lithuania. Journal of Public Health, fdae015, https://doi.org/10.1093/pubmed/fdae015

Grigaitè U, Azeredo-Lopes S, Cardoso G, Pedrosa B, Aluh DO, Santos-Dias M, et al. (2024) Mental health conditions and utilisation of mental health services by survivors of physical intimate partner violence in Portugal: Results from the WHO world mental health survey. Psychiatry Res. 334:115801.

Grigaitė U, Klidziūtė G, Aluh DO, Pedrosa B, Santos-Dias M, Silva M, ... Caldas-de-Almeida JM (2024). Responding to the needs of survivors of intimate partner violence in Lithuania: perceptions of mental health and social care professionals. Women & Health, 1–14.

Н

Hakomäki, H., Pitkänen, S., Levonen, A.-L., Honkakoski, P., Greco, D., Saarimäki, L. A., ... Rysä, J. (2024). Unmasking metabolic disruptors: The NEMESIS project's quest for novel biomarkers, evidence on adverse effects, and efficient methodologies. Open Research Europe, 4(194). https://doi.org/10.12688/openreseurope.18439.1

Irigaray, L. F., Bernatene, J., Szeps, A., Albertazzi, R., Cortínez, F., Lança, C., & Iribarren, R. (2024). Children's bedroom illumination while reading at night = Illuminación del dormitorio de los niños mientras leen por la noche. Oftalmología Clínica y Experimental, 17(4), e516-e522. https://doi.org/10.70313/2718.7446.v17.n04.362

L

Leitão, M., Lemos, S., Brito, S., Severino, S., Guerra, N., & Sousa, L. (2024). Conflict management: a practical case, analysis, interpretation and resolution. Seminars in Medical Writing and Education, 3, 84. https://doi.org/10.56294/mw202484

Lobo, M. D., Miravent, S., & De Almeida, R. P. P. (2024). Emerging Trends in Ultrasound Education and Healthcare Clinical Applications: A Rapid Review. In M. B. Garcia & R. P. P. De Almeida (Eds.), Advances in Healthcare Information Systems and Administration (pp. 263-287). IGI Global.

Lopes, M. J., Leung, V., Faria, I., Reininghaus, E., Fonseca, C. J., Barach, P. P., Alves, E. C. M., Pinho, L., Turk, E., Rodrigues, R., Dalkner, N., Prinzellner, Y., Wessa, M., Carlson, J., & Folkvord, F. (2024). What are the barriers and facilitators on the acceptance of information and communication technology-based interventions for improving resilience and mental health of healthcare workers: A scoping review protocol. https://doi.org/10.17605/OSF.IO/5R36Q

Luyt, C. E., Girardis, M., & Paixão, P. (2024). Herpes simplex virus and cytomegalovirus lung reactivations in severe COVID-19 patients: to treat or not to treat? That is (still) the question. Intensive Care Medicine, 1317 - 1319. https://doi.org/10.1007/s00134-024-07562-w

М

Malheiro, F., Ângelo-Dias, M., Lopes, T., Azeredo-Lopes, S., Martins, C., & Borrego, L. M. (2024). B Cells and Double-Negative B Cells (CD27-IgD-) Are Related to Acute Pancreatitis Severity. Diseases, 12(1), Article 18. https://doi.org/10.3390/diseases12010018

Martins, A. D., Batalha, N., Fernandes, O., Gonçalves, B., Oliveira, R., & Brito, J. P. (2024). Effects of a 16-week High-Speed Resistance Training program on physical and cognitive function in community-dwelling independent older adults: A Clinical Trial. https://doi.org/10.21203/rs.3.rs-4783535/v1

Martins-Dos-santos, G., Coelho, P. S., Sangalho, I., Alvarez, P., Prates, S., & Pinto, P. L. (2024). Utilização de seringa revestida com adrenalina na abordagem de reação local extensa refratária ao tratamento — Um caso clínico. Revista Portuguesa de Imunoalergologia, 32(2), 105-108. https://doi.org/10.32932/rpia.2024.03.130

Matias, A. R., Borbinha, C., Silva, A. R., Gonçalves-Montera, M., Melo, F., & Fernandes, O. (2024). Handwriting as an objective tool to support the identification of people with Alzheimer's disease: suitability of an assessment protocol (Preprint). https://doi.org/10.2196/preprints.64003

Mendes, C., Carvalho, M., Raimundo, A., & Zangão, O. (2024). Impact of Telemedicine on Post-Bariatric Surgery Outcomes and Patient Satisfaction During the COVID-19 Pandemic: A Retrospective Observational Study. https://doi.org/10.32388/ojhiwr

Mendes, C., Carvalho, M., Raimundo, A., & Zangão, O. (2024). The Impact of eHealth Technologies on the Management Process of the Surgical Treatment of Obesity during the COVID-19 Pandemic. https://doi.org/10.20944/preprints202403.1411.v1

Mestre, T. D., Caldeira, E., & Lopes, M. J. (2024). Autocuidado Familiar: ensaio teórico para famílias com filho(s) com perturbação do desenvolvimento intelectual. Revista de Investigação & Inovação em Saúde, 7(2). https://doi.org/10.37914/riis.v7i2.287

Mestre, T. D., Lopes, M. J., Mestre, D. M., Ferreira, R. F., Costa, A. P., & Caldeira, E. V. (2024). Impact of family-centered care in families with children with intellectual disability: A systematic review. Heliyon, 10(7), e28241. https://doi.org/10.1016/j.heliyon.2024.e28241

Moniz, A., Barcelos, A., Marques, M., Mazeda, C., Henriques, A. R., Mendonça, N., Machado, A. S., Canhao, H., & Dias, S. (2024). Usability and user experience of the Healthy Bone digital platform for patients with osteoporosis: a mixed methods study. Portuguese Journal of Public Health, 42(suppl 2), 17.

Moreira, J., Miguel, S., Delgado, B., & Boto, P. (2024). Patient-reported outcome measures in rehabilitation after knee surgery: a rapid systematic review. Journal of Public Health (Germany). https://doi.org/10.1007/s10389-024-02283-2

Mourato, M. B., Pratas, N., Branco Pereira, A., Taré, F., Chança, R., Fronteira, I., Dinis, R., & Areia, M. (2024). Effectiveness of Gastric Cancer Endoscopic Screening in Intermediate-Risk Countries: Protocol for a Systematic Review and Meta-Analysis (Preprint). https://doi.org/10.2196/preprints.56791

N

Nogueira, M. J., Ribeiro, S., Silva, C., Pereira, P., & Teixeira, D. (2024). Mothers' perspective about factors that influence preterm newborn breastfeeding: scoping review. Millenium - Journal of Education, Technologies, e34474 Páginas. https://doi.org/10.29352/MILL0215E.34474

Nunes, AB., Leite, A., Teixeira, JP. D., Valli, C., Seyfulayeva, A., Casaca, P., Martinez-Nicolas, I., Arnal-Velasco, D., Orrego, C., & Sousa, P. (2024). An European consensus on core measures set for patient safety in perioperative care (SAFEST project). 342-343. Abstract from ISQua's 40th International Conference, Istambul, Turkey.

Р

Payan-Carreira, R., Sacau-Fontenla, A., Rebelo, H., Sebastião, L., & Pnevmatikos, D. (2024). Critical Thinking Self-Assessment Scale--Short Form. https://doi.org/10.1037/t92329-000

Pedro Sousa e Costa, A., Nogueira, V., Gouveia, A., Barbosa, P., & Matos Pires, A. (2024). Consulta Follow -up COVID, no Baixo Alentejo. Revista Portuguesa de Psiquiatria e Saúde Mental, 10(2), 45-49. https://doi.org/10.51338/rppsm.473

Pedrosa B, Cardoso G, Azeredo-Lopes S, Gonçalves-Pereira M, Aluh DO.....Caldas-de-Almeida (2024). Supported accommodations for people with serious mental disorders: Care pathways and predictors of age of entry and length of stay. Int J Soc Psychiatry.

Pereira, I., Correia, M., Sim-Sim, M., Ferrao, A. C., & Zangao, M. O. (2024). Women's Vocalization in the First and Second Stages of Labour: A Scoping Review Protocol. Women, 4(3), 332-339. https://doi.org/10.3390/women4030025

Perelman, J. (2024). Modelos de pagamento e modelos de gestão: o indispensável alinhamento. In RL. Reis, & M. Delgado (Eds.), Uma nova gestão em serviços de saúde (pp. 113-127). Edições Sílabo, Lda..

Poeira, A., Zangão, M. O. B., & Santos-Rocha, R. (2024). Changes in Foot Biomechanics during Pregnancy and Postpartum: A Mapping of the Evidence on the Influence of Physical Activity. https://doi.org/10.17605/OSF.IO/36FM9

R

Ramalhete, L., Almeida, P., Ferreira, R., Abade, O., Teixeira, C., & Araújo, R. (2024). Revolutionizing Kidney Transplantation: Connecting Machine Learning and Artificial Intelligence with Next-Generation Healthcare—From Algorithms to Allografts. BioMedInformatics, 4(1), 673-689. https://doi.org/10.3390/biomedinformatics4010037

Ramos, A., Pires, S., Sa, E., Gomes, I., Alves, E., Fonseca, C., & Coelho, A. (2024). A Cross-Sectional Study of the Perception of Individualized Nursing Care Among Nurses in Acute Medical and Perioperative Settings. Nurs Rep, 14(4), 3191-3205. https://doi.org/10.3390/nursrep14040232

Ramos, M. R. C. d. C., Gaudêncio, N. I. M., Bárbara, A. C. B., Almeida, R. P. P. d., & Abrantes, A. F. C. L. (2024). Desafios e Inovação no envelhecimento - Cuidados doente oncológico. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 192-201. https://doi.org/10.61415/riage.301

Rubio Zarapuz, A., Apolo Arenas, M. D., Carus, P. T., Tornero-Aguilera, J. F., Clemente-Suarez, V. J., & Parraça, J. A. (2024). Effects of Therapeutic Interventions on Physical and Respiratory Functionality in Female Fibromyalgia Patients: A Cross-over Study. https://doi.org/10.20944/preprints202411.2285.v1

S

Santos, C. (2024). ENSP NOVA: um motor da formação de gestores de projetos de saúde. Gestão Hospitalar, (36), 13.

Santos, C. (2024, Apr 22). Empreendedorismo, inovação social e start-ups: qual o papel das universidades? PME Magazine – Portugal. Mundo. Empresas.

Santos, C. (2024, May 20). Observatório Português de gestão de projetos: sinergias entre academia, ONGs e indústria. PME Magazine – Portugal. Mundo. Empresas.

Santos, C. (2024, Nov 11). NOVA Science & Innovation Day: 3 de dezembro 2024. PME Magazine – Portugal. Mundo. Empresas.

Santos, L. R., Marques, A.P., Lopes, S. (2024). Direct costs of heart failure in the Autonomous Region of Madeira= Custos diretos da insuficiência cardíaca na Região Autónoma da Madeira. Medicina Interna, 31(4), 172-180. https://doi.org/10.24950/rspmi.1778

Simoes, M. P., Hodcroft, E. B., Simmonds, P., Albert, J., Alidjinou, E. K., Ambert-Balay, K., ... Benschop, K. S. M. (2024). Epidemiological and clinical insights into the Enterovirus D68 upsurge in Europe 2021–2022 and emergence of novel B3-derived lineages, ENPEN multicentre study. Journal of Infectious Diseases, 230(4), e917–e928. https://doi.org/10.1093/infdis/jiae154

Simões, V. M., Inácio, D. L., Pereira, J. B., Mestre, T., Ferreira, R. F., & Vieira, J. V. (2024). NEWS e NEWS 2: FERRAMENTAS ÚTEIS NA PREDIÇÃO DO OUTCOME DA PESSOA ADULTA E IDOSA COM COVID-19? Revista Ibero-Americana de Saúde e Envelhecimento, v. 10, 96-111 Páginas. https://doi.org/10.60468/R.RIASE.2024.10(02).675.96-111

Soares de Pinho, I., Esperança-Martins, M., Machado, B., Dâmaso, S., Lopes Brás, R., Cantinho, G., Fernandes, I., & Costa, L. (2024). A Case of Success: Complete Response to Radium-223 in Metastatic Castration-Resistant Prostate Cancer. Cureus, 16(2), e53637. https://doi.org/10.7759/cureus.53637

Sousa, L., Tomás, J., Severino, S., Valido, S., Santos, M. J., & José, H. (2024). Preventing falls in the aged: a challenge in patient safety. Salud, Ciencia y Tecnología, 4, 1000. https://doi.org/10.56294/saludcyt20241000

Szeps, A., Suarez, J. M., Bordese, V., Acerbi, M., Albertazzi, R., Saravia, M., Iribarren, G., Pinto, J. L., Lança, C., & Iribarren, R. (2024). Presbyopia and age-related macular degeneration: a survey on spectacle lens design = Presbicia y degeneración macular asociada a la edad: una encuesta sobre el diseño de las lentes oftálmicas. Oftalmología Clínica y Experimental, 17(4), e571-e578. https://doi.org/10.70313/2718.7446.v17.n04.368

Т

Tomé, A. M., Marlene, Pais, S. C. C. F. R. G., Tomás, M. T. B. C., & Fontes, A. P. d. A. (2024). + Equilíbrio 65 - risco de queda em idosos na comunidade da região do algarve. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 236-246. https://doi.org/10.61415/riage.292

V

Vaz, B., Miravent, S., Gomes, C., Gago, R., Lobo, M. D., & Almeida, R. P. (2024). Early detection of metastatic disease through screening ultrasound. ROENTGEN-Revista Científica das Técnicas Radiológicas, 5(2), 26-34. https://doi.org/10.46885/roentgen.v5i2.138

Venturin, A. B., Faria-Schutzer, D. B., Del Risco Sanchez, O., Rodrigues, L., Herculano, T. B., & Surita, F. G. (2024). Women's experiences with the post-placental intrauterine device: a qualitative study. Rev Bras Ginecol Obstet, 46, e-rbgo45. https://doi.org/10.61622/rbgo/2024rbgo45

Viegas, S., Cervantes, R., Gomes, B., Pena, P., Dias, M., & Viegas, C. (2024). Zearalenone as an occupational hazard in Portugal: what can be expected in a climate change scenario. Poster session presented at International Symposium of Occupational Safety and Hygiene, Porto, Portugal

Z

Zorro, J., Pierdevara, L., Quaresma, T., & Silveirinha, D. (2024). Motivational strategies to integrate clinical supervision as a supervising nurse: scoping review protocol. https://doi.org/10.17605/OSF.IO/9BYXK

3.2 Funded Projects active in 2024

The CHRC PhD integrated researchers are involved, as principal investigators or participants, in 76 funded and active projects, equivalent globally to almost 92M€ - a 15% increase compared to 2023.

Regarding international projects, the amount of funding collected in 2024 increased by 113% compared to 2023.

76

FUNDED AND ACTIVE PROJECTS (2024)

92 M

TOTAL AMOUNT OF FUNDING (2024)

Number of Projects by Funding Source – 2024

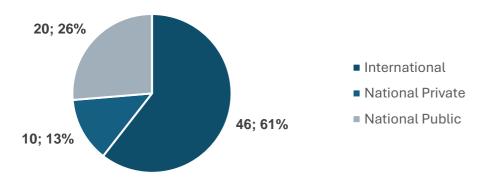


Chart 8 - Number of Projects by Funding Source (2024)

Projects distributed by source of funding (2020 – 2024)

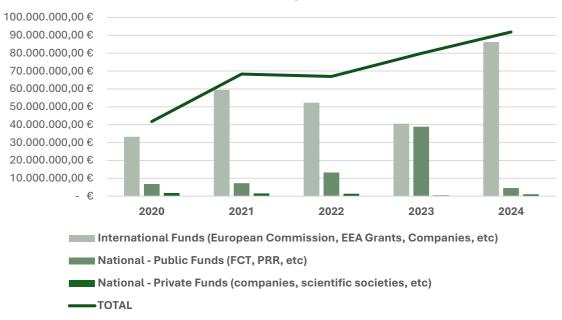


Chart 9 - Projects Distributed by Source of Funding (2020–2024)

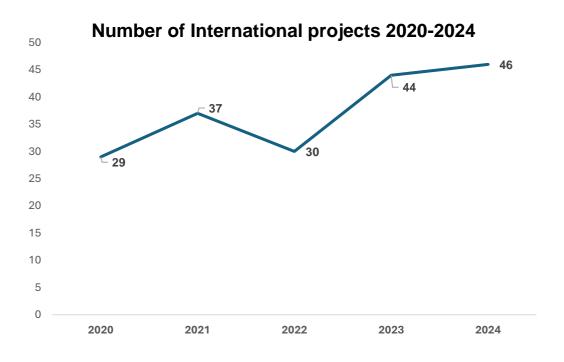


Chart 10 - Number of International Projects (2020–2024)

Total Funding for International Projects (2020–2024)

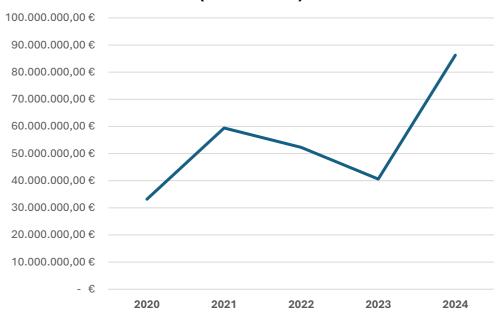


Chart 11 - Total Funding for International Projects (2020–2024)

Table 4 - Funded Projects by Source and Amount of Funding

| Project Title | Funding Entity | Amount of Funding |
|--|---|-------------------|
| 2022.01888.PTDC - MEAOW@SolarUV | FCT, I.P-National Public | 16.449,58 € |
| Active and Mindful -Using mind-body exercise as a strategy for enhancing the health and well-being of people with multiple sclerosis | CC - Horizonte Europa - International | 20.000,00€ |
| Active human cytomegalovirus infection in acute coronary syndromes | Sociedade Portuguesa de Doenças Infecciosas e Microbiologia Clínica-National Private | 10.000,00€ |
| ACTIVEPREGNANCY - Promoting an active and healthy lifestyle during pregnancy: Impact on maternal health and physical condition | FCT, I.P - Concurso de Proj Exploratórios em Todos os Domínios Científicos 2023- National Public | 16.662,63€ |

| Agente de Suporte Interpares - A new professional role for people with mental illness | Prémio "Capacitar 2024" Fundação BPI La Caixa-National Private | 31.280,00 € |
|---|--|---------------|
| AirBiD - Airborne biological diversity shaped and modelled by Urban Green Elements | CC - Biodiversa+ 2023- International | 401.810,25€ |
| APW_Grecia - Strengthening Health Management Capacity in Greece | World Health Organization (WHO)-International | 9.240,00 € |
| APW1, APW2, APW3 - Improving Health Service Management in Romania | World Health Organization (WHO)-International | 465.240,00 € |
| ARI-SENIOR | Douglas Instruments Ldt- International | 1.723,24 € |
| ASSIST | EIT Health-International | 1.159.503,38€ |
| B active | Novartis-National Private | 1.000,00€ |
| BactEradiX - Advanced nanomaterials to target genomic and Z-DNA for bacterial biofilm eradication | European Commission- International | 599.262,50 € |
| C.O.P.E - Capabilities, Opportunities, Places and Engagement: Approach for Social Inclusion of Difficult to Reach Young People through a "Relational Proximity" Community Network | European Commission- International | 266.230,79 € |
| CA19133- EU Cost Action FOSTREN - Fostering a Collaborative Strengths-based Approach to Eliminating Coercion in European Mental Health Services | EU Cost Action-International | 6.900,00 € |
| CANTE - From Concept to One Health Approach: Integrated Perspectives and Experiences in the Alentejo, Networked for the World in a Top-Down Process | PRR REDE RURAL – "UMA SÓ SAÚDE" (AVISO: №13/C05- i03/2022)-National Public | 106.679,61 € |
| CHiLDLIMaR - Determinants and health needs of migrant children in a pandemic context: A longitudinal study for the Lisbon and Tagus Valley Region | FCT, I.P-National Public | 45.451,63 € |

| CHILI - A Community-based HPV screening implementation in Low-Income countries | European Commission- International | 499.948,13 € |
|--|--|--------------|
| COMPUSEL - Computational Thinking in Enhancing Primary Students' Social-Emotional Learning Skills | CC - ERASMUS+-International | 12.348,67 € |
| CT-Luso ID101145790 - Ethics and Regulatory Capacity Building Partnership for Clinical Trials in Portuguese- speaking African Countries | HORIZON -JU-CSA-International | 249.378,44 € |
| DESERT - Diet and Exercise Strategies for Equity in Rural Territories | FCT, I.P - Parceria Europeia ERA4HEALTH-National Public | 228.881,25€ |
| DIHM - Digital Innovation in Health Master | European Commission- International | 20.000,00€ |
| EDEM - Ethics in Dementia | CC - Ações COST-International | 500,00€ |
| EdSex - Educating in Sexuality: Progress for European Health | CC - ERASMUS+-International | 92.044,67 € |
| Educational Aid Kits in the field of Rare Diseases: bringing the reality of rare diseases to vet education | CC - ERASMUS+-International | 10.976,33 € |
| Effectiveness of the Critical Time Intervention-Peer Support (CTI-PS) model for persons with serious mental illness discharged from inpatient psychiatric treatment facilities in Portugal | Prémio FLAD - Fundação Luso- americana para o Desenvolvimento-National Private | 750.000,00€ |
| ELEVATE - Early detection of cervical cancer in hard-to- reach populations of women through portable and point-of- care HPV testing | European Commission- International | 550.331,67 € |
| EOLinplace - Choice of where we die: a classification reform to discern diversity in individual end of life pathways | European Commission- International | 16.250,00 € |
| EPICOUGHT.PT | Merck Sharp & Dohme, Lda- National Private | 12.000,00€ |

| Equity-Cancer - Improving equity in acess to early diagnosis of cancer: implementation research in different healthcare systems of Latin America | European Commission- International | 499.781,46 € |
|---|---|----------------|
| EU GREEN - European University alliance for sustainability: responsible GRowth, inclusive Education and Environment | CC - ERASMUS+-International | 3.599.998,75€ |
| Expressão Genética da Legionella | GlaxoSmithKline-International | 500,00 € |
| Harmonical - Human-guided collaborative multi-objective design of explainable, fair and privacy-preserving Al for digital health | CC - Horizonte Europa - International | 27.600,00€ |
| HealthyW8 - Empowering healthy lifestyle behaviour through personalised intervention portfolios to prevent and control obesity during vulnerable stages of life | CC - Horizonte Europa - International | 1.666.666,67 € |
| Heart Balt | European Commission- International | 72.500,00€ |
| HORIZON-EIE-2022-SCALEUP-01 - HealthEConnect | European Commission- International | 333.333,33 € |
| HUPEDCARE - Higher education as a driver in the humanisation of paediatric pain care. | CC - ERASMUS+-International | 200.000,00 € |
| Improving physical frailty in older adults - ESCI Exploratory Research Grant 2024 | ESCI-International | 3.333,33 € |
| INTERCAMBIO - Interventions to promote mental and physical health in changing working environments due to climate change, sustainable work practices, and in green jobs | European Commission- International | 1.145.622,25€ |
| IPI.Sucesso+ - Pedagogical innovation and integration to promote academic success and reduce dropout rates among first-year university students | PRR - Plano de Recuperação e Resiliência-National Public | 161.900,75€ |

| JACARDI - Joint Action on CARdiovascular diseases and Dlabetes | European Commission- International | 13.249.197,94 € |
|--|---|-----------------|
| K-HEALTHinAIR - Knowledge for improving indoor AIR quality and HEALTH | European Commission- International | 1.596.896,80 € |
| LOCUS - LOng Covid – Understanding Symptoms, events and use of services in Portugal | PFIZER-National Private | 37.694,76 € |
| MATTER - Transversal capacity-building project, screening, and early community intervention in perinatal mental health | Fundacção CG - Growing Minds Desigualdades no acesso a cuidados Saúde Mental-National Private | 56.542,46 € |
| MedTech NEXT - Medicine, Technology, and the Future | PRR - Plano de Recuperação e Resiliência-National Public | 3.136.101,90 € |
| MicroSpA & MicroRA | Biocodex-National Private | 5.000,00€ |
| MSD #59301 - Congenital CMV disease and infection in a sample of Portuguese newborns | Merck Sharp & Dohme, Lda- National Private | 6.020,00€ |
| My Back - Effectiveness and implementation of a personalised self-management programme to prevent recurrences and disability and promote musculoskeletal health in patients with low back pain | FCT, I.P-National Public | 62.422,45 € |
| NEMESIS - Novel Effect biomarkers for MEtabolic disruptorS: evidence on health Impacts to answer science and policy needS | European Commission- International | 1.576.337,05€ |
| Neuroadaptive Systems for Brain Restoration based on Virtual-Reality and Brain-Computer-Interfaces_2022.02283.PTDC | FCT, I.P-National Public | 83.183,26 € |
| Ocupação d ciência de Jevsn nas Férias | Programa Ciência Viva-National Public | 984,00€ |
| Opportunistic Screening Programme for Helicobacter pylori | Mecenato; CONCURSO NCH-PT 2024 (AICIB)-National Public | 67.678,76 € |

| PAFSE - Partnership for Science Education | European Commission- International | 363.768,75 € |
|--|---|-----------------|
| PARC - Partnership for the Assessment of Risks from Chemicals | European Health and Digital Executive Agency (HaDEA)- International | 50.000.000,00 € |
| PHORTOS | Astrazeneca - Produtos Farmacêuticos, Lda-National Private | 91.498,24 € |
| PLAY/ACT : Placemaking as Youth Activism | CC - ERASMUS+-International | 91.865,33 € |
| PREVENTABLE | European Commission- International | 1.547.416,58 € |
| Programa Nacional de Redução da Coerção em Portugal | Coordenação Nacional para as Políticas de Saúde Mental- National Public | 37.340,00 € |
| PRO-PHY-EDU - Intervention programme to improve the promotion of school success in physical education | CC - ERASMUS+-International | 217.363,40 € |
| PTDC/BAA-ARG/7419/2020-MONET | FCT, I.P-National Public | 49.966,50€ |
| REAL | FCT, I.P-National Public | 135.078,60 € |
| RECORVHABIT - Functional recovery and promotion of healthy habits in the elderly in rural areas. | INTERREG - POCTEP- International | 271.285,56 € |
| RIGHTPLAY - A primary prevention mental health programs for preschoolers | FCT, I.P - Programa RESTART- National Public | 16.656,71 € |
| SAFEST - Improving quality and patient SAFEty in surgical care through STandardisation and harmonisation of perioperative care in Europe | European Commission- International | 999.755,75€ |
| Science Viva Clubs Network in Schools (D. Afonso III School Group in Faro) | Programa Impulso Jovens STEAM e Impulso Adultos- National Public | 2.500,00€ |

| SCIGLO - Science for Global Challenges | CC - Horizonte Europa - International | 99.673,00€ |
|--|---|----------------|
| SINDIA - Socio-spatial inequalities in dementia | FCT, I.P-National Public | 62.486,72€ |
| SOSFood - HORIZON-CL6-2023-GOVERNANCE-01-17 | HORIZON Research and Innovation Actions-International | 790.439,25 € |
| SSAPI - Strategic Support for Accreditation of Programs and Internationalization at South Asian Higher Education Institutes (HEIs) | CC - ERASMUS+-International | 219.051,50 € |
| SUMO - Sustainability of the Montado | PRR - Plano de Recuperação e Resiliência-National Public | 229.861,14 € |
| TETRAS - Tarining of educators for transversal skills | CC - ERASMUS+-International | 82.021,67€ |
| The inclusion of youth with neuromuscular diseases, muscular dystrophies and other rare diseases in education | CC - ERASMUS+-International | 7.543,33 € |
| TRAINR4U 2024 | EIT Health-International | 762.524,50 € |
| Vagar(mente) - Slow(ly) Mind(fully) | DGES- Direção-Geral de Ensino Superior - Programa para a Promoção da Saúde Mental no Ensino Superior-National Public | 79.606,65€ |
| VAPrevention - Randomised controlled trial and economic evaluation of a person-centred digital intervention for diabetes prevention in high-risk adults. | FCT, I.P-National Public | 62.482,96 € |
| WHEATBIOME | HORIZON Research and Innovation Actions-International | 1.265.136,81 € |
| XR2ESILIENCE | CC - Horizonte Europa - International | 1.190.435,60 € |

Projects by Thematic Line and Research Group - 2024

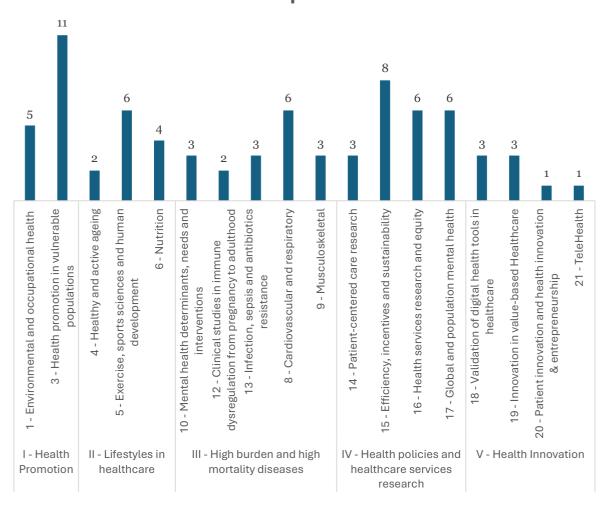


Chart 12 - Distribution of CHRC Projects by Thematic Line and Research Group

3.3 Collaborative activities within the CHRC

The integrated members of the CHRC are involved in several collaborative activities between the CHRC management institutions (NMS, ESNP, UÉ, LIGMH and HSEIT), with more 69 collaborative projects, 302 collaborative publications and almost 46 other collaborative activities.

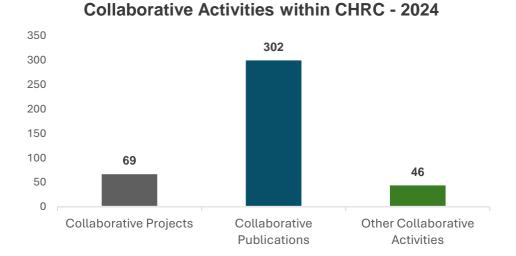


Chart 13 - Collaborative Activities within CHRC in 2024

3.4 Internationalization

3.4.1 Erasmus Plus e CHRC Scholarships

Throughout 2024, the integrated members of CHRC undertook 47 mobilities outside Portugal, 7 of which were to countries outside the European Union, including Brazil, Turkey, and Bosnia and Herzegovina, specifically Sarajevo. These mobilities reflect the unit's strategic commitment to strengthening international collaboration, fostering knowledge exchange, enhancing research networks, and disseminating research outcomes on a global scale.

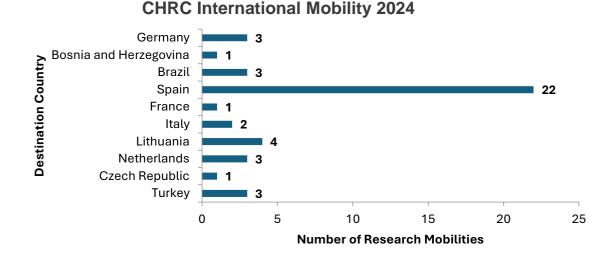


Chart 14 - Number of CHRC Research Mobilities by Destination Country (2024)

3.4.2 International Networks

In 2024, CHRC members were invited to join **51 international networks**, distributed across the thematic lines as follows:

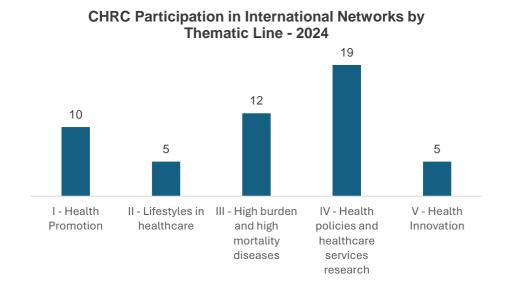


Chart 15 - CHRC Participation in International Networks by Thematic Line (2024)

Table 5 - International Networks by Thematic Line

TL I: Health Promotion

TOTAL: 10

NETWORK



Ibero-American Association for Special Aquatic Education and Hydrotherapy (AIDEA)



European General Practice Research Network



European Public Health Association (EUPHA)



Health Promotion Research Group (GEPS), School of Nursing, Federal University of Rio Grande do Sul.



International Collaboration for Participatory Health Research (ICPHR)



International Union for Health Promotion and Education (IUPHE)



PREZODE

Peer Learning Activity for Physical Activity - Organised by Cyprus Sport Organization and Funded by the European Commission

Ibero-American Network on Social Studies of Health (RIIESSAL - Red iberoamericana sobre Estudios sociales de la salud)



VSF-International

TL II: Lifestyles in healthcare

TOTAL: 5

NETWORK

Active Aging, Exercise and Health /HEALTHY-AGE



International Behavioural Trial Network (IBTN)

International Research Network on Vulnerability, Health, Safety, and Quality of Life of the Elderly: Brazil, Portugal, Spain, France, Chile, Mexico, United States of America, and Argentina.

EUTOPIA

EUTOPIA



XR2ESILIENCE

TL III: High burden and high mortality diseases

TOTAL: 12

NETWORK



ASSIST - AI Scalable Solution for ST Myocardial Infarction



Cost Action CA18218 - European Burden of Disease Network

European Network for ICU-related respiratory infections - ENIRRI



EUGreen



Epidemiological-Operational Study Group on Tuberculosis – University of São Paulo (USP)



Operational Study Group on Neglected and Emerging Diseases – Federal University of São Carlos (UFSCAR)



INTERDEM



IDOR

Multicenter Dilemma Project - Universidade de Barcelona



Stronger Youth - Empowering Young People Social Competences & Soft Skills through Peer mentoring (Programa ERASMUS+. Referência: KA220-YOU-3BAF79FF)



University of Sussex - Institute of Development Studies



University of Southern Denmark

TL IV: Health policies and healthcare services research

TOTAL: 19

NETWORK



Associations of Schools of Public Health in Europe (ASPHER)



ANSER - Academic Network for Sexual and Re-productive Health and Rights Policy

Better Care Consortium

CALEIDOSCÓPIO: Research Laboratory on Education, Work, Health, and Nursing – Federal University of Rio Grande do Norte (UFRN)



Cochrane



Consortium SAFEST



European Network of Centres for Pharmacoepidemiology and Pharmacovigilance - (ENCePP)



European Health Psychology Society (EHPS)



E-COST



ERNST - Second victim phenomenon

Research Group on Global Health and Health Workforce – State University of Rio de Janeiro

Research Group on Epidemiology and Public Health – Federal Rural University of Pernambuco

Research Group on Public Policies, Inclusion, and Subject Formation – University of Santa Cruz do Sul

Advanced Study Group on Evaluation of Processes and Practices in Primary Health Care and Nursing (GAAPS) – University of São Paulo (USP)

Research Group on the Evaluation of Health Policies, Programs, and Services – Federal University of Rio Grande do Norte (UFRN)

International Collaboration for Participatory Health Re-search (ICPHR)

Management Committee da Academic Network for Sexual and Reproductive Health and Rights Policy (ANSER)

Ibero-American Network of Occupational Health Nursing (REDENSO)



VELUT - Verona-Lugano Tool Development Group

TL V: Health Innovation

TOTAL: 5

NETWORK



EIT HEALTH



European Network for Health Technology Assessment (EUnetHTA)



International Society for Biological and Environmental Repositories (ISBER)



International Graphonomics Society (IGS)

Ministerial Delegation for Digital Health (DNS)

3.4.3 Initiatives, actions, and activities in collaboration with international consortia

TOTAL: 41

Table 6 - List of initiatives, actions, and activities in collaboration with international consortia

ASPHER Public Health Emmergencies Task Force

BIP Protect course; Scientific and working meetings

Carapeto, M. J. & Grácio, L. (2024, January 31). Framework and guidelines for bibliographic research. Oral presentation delivered at the Stronger Youth Project Kick-Off Meeting in Évora, Portugal, 31 January – 1 February 2024.

Carapeto, M. J. & Grácio, L. (2024, October 29). Stronger Youth Project WP 2: Framework for the Online Skills Assessment Tool. Presentation delivered at the 2nd Stronger Youth Project Meeting in Valencia, Spain, 29–30 October 2024.

Carapeto, M. J. & Pires, I. (2024, January 31). Adolescents' mental health in our European countries. Presentation delivered at the Stronger Youth Project Kick-Off Meeting in Évora, Portugal, 31 January – 1 February 2024.

Carapeto, M. J., Grácio, L., Martins, H. & Pires, H. (2024, February 1st). Framework and guidelines for the empirical research on adolescents' needs – the survey questionnaire. Presentation delivered at the Stronger Youth Project Kick-Off Meeting in Évora, Portugal, 31 January – 1 February 2024.

Collaboration CMES, Ehime University, Japan - Invited Scientist

Collaboration with HEVNet

Collaboration with PREZODE - Preventing Zoonotic Disease Emergence

Completion of the course "2024 International Summer School on Global Health" (ISGlobal).

Ethiopia; NURSING CARE IN COMPLEX CARE SITUATIONS; Erasmus+ KA2 PROPOSAL: Capacity Building in the Field of Higher Education (On Euthanasia and PAS).

European Health Psychology Conference (Cascais, 2024).

Evaluation of Digital Medical Devices: Pathway to Reimbursement in Portugal, NOVA MEDICAL SCHOOL (18/06/2024), organised by Value for Health COLAB, in collaboration with Tech4Health-France, the University of Luxembourg, and Bundesverband Internetmedizin.

FOSTREN

Grácio, L. & Carapeto, M. J. (2024, October 29). Stronger Youth Project WP 2: Main results and implications from the global report. Presentation delivered at the 2nd Stronger Youth Project Meeting in Valencia, Spain, 29–30 October 2024.

Grácio, L., Carapeto, M. J., Pires, H. & Martins, H. (2024, February 1st). General framework and guidelines for the Online Skill Assessment Tool (OSAT). Presentation delivered at the Stronger Youth Project Kick-Off Meeting in Évora, Portugal, 31 January – 1 February 2024.

International Congress on Aquatic Activities - Évora 2024.

Invited speaker at the conference "Citizen Lab Lisbon: Co-production", organised by the Involve-Democracy project consortium.

Meeting CA21137 - Ethics in Dementia (EDEM).

Member of the EuSoMII Committee (European Society of Medical Imaging Informatics).

Member of the organising committee for the Stronger Youth Project Kick-Off Meeting in Évora, Portugal, 31 January – 1 February 2024.

Member of the WHO NHLDP Community of Practice.

Moderation of a presentation panel - "A youth peer mentoring project in my country: Discussion and synthesis", Stronger Youth Project Kick-Off Meeting. Évora, Portugal, 31 January – 1 February 2024 (with Luísa Grácio).

Myopia Risk Calculator Consortium (MRC): an international consortium established in 2022, whose mission is to develop automated myopia risk assessment. The Consortium's goals include non-profit research and development activities aimed at developing artificial intelligence / machine learning / data science models that will effectively support automated measurable myopia risk analysis and assessment.

NIHR Global Health Research Centre on NCDs and Environmental Change

Organisation of the IV SIRVE (International Research Network Seminar on Vulnerability, Health, Safety, and Quality of Life of the Elderly) at UÉ (June).

Participant in the workshop "Culturally-responsive online teaching and learning" (Karolinska Institutet).

Participation in scientific meetings - Kick-Off Meeting of the European Stronger Youth Project (Erasmus+), organised by the project team at the University of Évora, held at the University of Évora, Évora, Portugal, 31 January – 1 February 2024.

Participation in scientific meetings - Meetings with the coordinator of the Multicenter Dilemma Project (Guillem Feixas, University of Barcelona).

Participation in scientific meetings - Monthly online meetings of the Stronger Youth project consortium.

Participation in scientific meetings- 2nd Partners Meeting of the European Stronger Youth Project (Erasmus+), held in Valencia, Spain, 29–30 October 2024.

Peer Learning Activity for Physical Activity - Meeting in Cyprus

President of the Section on Migrant and Ethnic Minority Health, European Public Health Association (EUPHA).

Severe CAP in LMIC: Evaluation of Clinical and Epidemiological Characteristics of HAP, VAT, VAP, and vHAP

Speaker at the Journal Club "Critical Reading and Analysing Skills" (ANSER).

Strengthening institutional teaching and research capacities in Health Economics in collaboration with the Federal University of Bahia and the National Institute for Pharmaceutical Assistance and Pharmaceeconomics, Brazil.

Translation, in collaboration with members of the "Lusophone Biobank Network" initiative, of the first Portuguese version of the ISBER International Best Practices Manual for the management and operation of biobanks and biorepositories (ISBER Best Practices, 5th Edition, 2023)

Variation in Healthcare - Presentation of the Atlas of Variation in Healthcare, Calouste Gulbenkian Foundation, organised by Value for Health COLAB, in collaboration with Oxford 3V Institute.

Verona-Lugano Tool Development Group Meeting.

Visit as a scholarship holder of the Deutscher Akademischer Austauschdienst (DAAD) at Westsächsische Hochschule Zwickau (Germany), October–November 2024.

Workgroup 'Innovations in diversity and Equity in Social health research in Dementia - INTEREST - 2023 - 2025

3.5 Scientific knowledge transfer

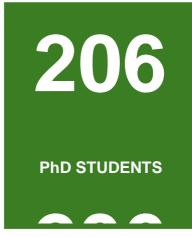
In 2024, the CHRC advanced scientific innovation by developing **three** distinct technologies spanning prototypes, software solutions, and product development, as described below.

Table 7 - Scientific Knowledge Transfer: Prototypes, Software, and Products Developed by CHRC (2024)

| Name of the Prototypes, software and products | Authors - CHRC researchers | CHRC management institutions involved | Brief description |
|---|--|---------------------------------------|--|
| Telemonitoring platform for cardiac surgery | Ana Londral; Salomé Azevedo; Francisco Von Hafe | VOH COLAB; NMS | Developed under the project Cardiofollow.AI (www.cardiofollowai.vohcolab.org) |
| Conversational platform for telecare and value assessment | Ana Londral; Salomé Azevedo; Francisco Von Hafe | VOH COLAB; NMS | A platform that allows telecare and patient data remote collection through conversational interfaces, simple text messages, videos or images. Applied in several case studies) |
| WhortMed | Ana Londral; Salomé Azevedo; Francisco Von Hafe | VOH COLAB | A platform for collaborative development of digital health innovation - www.worthmed.com |

3.6 Postgraduate supervision







3.6.1 Master Students

Ongoing - 161

Table 8 - Ongoing Master's Theses at CHRC (2024)

| Master Student Name | Thesis Title |
|--|--|
| Admir Gomes Carvalho | Female Genital Mutilation in Guinea-Bissau |
| Albano José dos Santos Perdigão | PROMs in patients with suspected stable coronary artery disease scheduled for elective coronary angiography |
| Alberto Domingos Luis | Factor analysis of malaria recurrence in Malanje - Angola |
| Alexandra Manuela do Carmo Almeida Brandão | What are the factors influencing the decision-making process in the formulation of adult pneumococcal vaccination policies? A qualitative study investigating the perspectives of key stakeholders in Portugal |
| Alexandre Guilherme Carboila Luis | Problematic use of social networks among teenagers |
| Allan Alves Nogueira | Characterization of the nosological and sociodemographic profile of hyperfrequent emergency or primary care users in Lisbon |
| Ana Beatriz Batista Sêco | Operational procedures for health service managers |
| Ana Beatriz Ribeiro Madeira | Local strategies for promoting healthy eating: the case of the municipality of Tomar |
| Ana Caroline D'Olivo Costa | Inequalities in Oral Health: a comparative analysis between Portugal and Ceará |
| Ana Catarina Fernandes Rodrigues | Inequality in the use of healthcare in Portugal |
| Ana Cristina Neves de Almeida | BETTER4ALL Pilot Study |
| Ana Filipa Correia de Carvalho | Factors influencing the follow-up of professional satisfaction surveys in Portuguese hospitals |
| Ana Luísa Coelho Magalhães da Fonseca | Psychiatric comorbidities and ADE hospitalization outcomes: integrating quantitative and qualitative perspectives |
| Ana Margarida Costa Pinto | Recertification of nurses' competences in Europe - a scoping review |
| Ana Margarida Pires Cota Canas | Acceptability of Social Prescribing (SP): Exploring the patient's perspective referred onto Social Prescribing by health professionals in Primary Healthcare Units in Lisbon |
| Ana Raquel da Silva Afonso | Nutritional comparison of school lunches versus home lunches for children in Europe |

| Ana Raquel Loureiro Sopa | From Data to Decision: The Role of Data Visualization in Enhancing Expert Decision Making for Mortality Prediction in Acute Myocardial Infarction |
|--|--|
| Ana Rita Campos Lopes | Consumer trends/Consumer profile of health services in a private health institution |
| Ana Rita Eufrásio Mendes | Satisfaction of people with Lupus with health care in Portugal: Translation and validation of an instrument |
| Ana Sofia Moura Bastos Sobral | The relationship between resilience and economic and sociodemographic factors among healthcare professionals at a tertiary hospital in the Lisbon and Tagus Valley region |
| André Filipe Leitão Mateus | Referral to HIV Pre-Exposure Prophylaxis between 2018-2023: analysis of routine data from a community-based organization in Portugal |
| Andreia Alexandra Tavares Alberto | Behavioral Analysis of the Responsible Use of Artificial Intelligence in Healthcare: Systematic Review of International Literature |
| Antónia da Conceição Antunes Fernandes | Patient satisfaction |
| Beatriz de Oliveira Marques | Use of preventive care in the elderly: the role of socio-economic status |
| Beatriz Ribeiro Neto | Promoting the Mediterranean Diet in a university canteen at the Polytechnic Institute of Lisbon |
| Beatriz Rodrigues Gonçalves | Health literacy in chronic kidney disease |
| Belisa de Jesus Reis Albertino | Validation of satisfaction questionnaire for users of emergency services |
| Bernardo Sousa Baptista | The relationship between the level of health literacy of pregnant women and their knowledge, perception and attitudes about Human Milk Banks and Human Milk Donation in PT |
| Bianca Ferreira Fonte | Second victim |
| Breyma Lucienne Gomes Franchini | Strategies for the Sustainability of Co-financed Health Projects in Portugal: Challenges and Solutions in Health Management |
| Bruno Miguel Abrantes Silva | Benchmarking home care provision in Portugal and worldwide |
| Cadafi da Silva Té | Smoking and Cardiovascular Diseases: Analysis of the Impact on Morbidity and Mortality in Portugal |
| Carla Cristina Veloso Farinha Manaia Lucas Saraiva | Characterization of the digital literacy of the population in the municipalities of Amadora and Sintra |
| Carla Maria Pires Paçó | Future estimates of palliative care needs |

| Carolina Alves Maia Ferreira | Dashboard to support emergency department management |
|--|---|
| Carolina Barão de Sousa | Formal caregivers' perception of the impact of the Aquamentia® program on institutionalized elderly people: different views of three cases |
| Carolina Estefânia Figueira Rodrigues | Productivity in a central operating theater of the National Health Service |
| Catarina Corrula Falcão | Artificial Intelligence and the Sustainability of Health Systems |
| Catarina Ferreira Calado | Mapping the care path of Parkinson's Disease patients in Portugal |
| Catarina Inês Neto Rosa | Identifying the financial needs of cancer patients and how LPCC-NRS responds to them |
| Catarina Pereira da Silva Pais Rodrigues | Economic evaluation of the Critical Time Intervention-Task Shifting (CTI-TS) model in people with severe mental health disorders after discharge from psychiatric hospitalization |
| Cátia Andreia Paula Ferreira Santos | Building Bridges in Health: Factors that Promote Collaboration and Knowledge Transfer between the University and Society |
| Cláudia Filipa Antunes Beirante | Barriers, facilitators and strategies for implementing good practices in breastfeeding promotion in a maternity hospital in the Lisbon Metropolitan Area |
| Cláudia Vanessa Ferreira Carvalho | Translation and validation of the Primary Care Outcomes Questionnaire (PCOQ) |
| Cláudio Miguel Dias Correia | Validation of a panel of quality and performance indicators for professional footbal teams |
| Cristiana Morais Duarte | Demographic, Clinical and Epidemiological Characteristics of Patients Admitted to the Intensive Care Units of the ULS São José in the Pre-, During- and Post-COVID-19 Periods |
| Cristiana Ribeiro Almeida | Management of Syncope in a Private Health Unit: Evaluation of Clinical Practices and Economic Impact |
| Cristina Isabel Barros Tavares | Equity in health financing in Portugal |
| Dan Miloslavschi | Violence against health professionals. Reality and international measures. |
| David Emanuel do Nascimento Moreira | Psychosocial environment at work, job satisfaction, and impact on work stress and burnout |
| Denizia Cecilia Rocha Pinto | Effective approaches to resolving vaccine refusals or hesitancy: an analysis of the strategies implemented in Mozambique during the response to polio outbreaks (2022-2024) |
| Diana Sofia Rodrigues de Sousa | Analysis and planning of human resources in health |

| Dinis Bento Loyens | Estimating the dengue outbreak risk using mosquito population dynamics in Algarve, Portugal |
|--|--|
| Diogo Filipe Oliveira dos Santos | Estimate the costs and understand the methodology for implementing Law no. 30/2019, of April 23rd |
| Diogo Sousa Silva | Definition of strategic guidelines for healthy and active ageing in the municipality of Ribeira Brava |
| Duarte Vital Serrano | Analysis of the Food Supplement Consumption Patterns of Gym Attendees: A Descriptive Study Focusing on the Population of Évora, Portugal. |
| Edvane Regada Neto | Prenatal care for adolescents aged 14 to 17 |
| Elsa Patrícia Vieira dos Santos Diogo | Behavior, knowledge and beliefs about oral health in mothers of infants |
| Ewa Barbara Krepa Cravidão da Veiga | LMELT prevalence in CF |
| Fátima Cristina Redondo Toubarro | Factors influencing the reporting of adverse events in hospitals. |
| Fernanda Maria de Sousa Conceição | Assessing quality of life after pancreatic surgery |
| Filipa Alexandra da Rocha Fortunato | Study of the Economic Impact of the New TSA Methodologies in Hospitals |
| Filipa Alexandra Nobre Garvão | Genomic literacy in breast cancer prevention |
| Filipa Lopes Polónio | Digital Health and Artificial Intelligence in Portugal - Ethical and social implications |
| Francisco de Matos Águas Mourão | Effectiveness of the influenza vaccine in primary and secondary health care in Portugal, between 2015 and 2024 |
| Francisco Féria de Almeida Girão Antunes | The impact of Clinical Decision Support Tools and Systems on patient outcomes and patient safety |
| Gonçalo Salgado Lopes | How do operating room management teams see the integration of Artificial Intelligence improving efficiency in operating room management and the satisfaction of their professionals? |
| Guilherme José de Araújo Leal Pereira | Systematic review on the impact of sustainable food labels on public health |
| Humberto Bergamaschi Fonseca | Ethical Aspects of the Use of Artificial Intelligence in Occupational Health |
| Ilunga Beya | Perceptions and attitudes about cervical cancer screening at the Lucrécia PAim Maternity Hospital, February to March 2025 |

| Inês Brito de Almeida Monteiro Guerra | Providence of oral cancer in the attrick nonulation of an ACES in Creater Links |
|---------------------------------------|---|
| mes bitto de Amiena monteno Guerra | Prevalence of oral cancer in the at-risk population of an ACES in Greater Lisbon |
| Inês Catarina Maçãs Subtil | Translation and cultural validation of the "Picker Patient Experience-15" questionnaire into Portuguese and for the pericirurgical context as part of the SAFEST project |
| Inês Margarida Rodrigues Miguel | Strategic Development Plan for Walking Football in the Beja Football Association |
| Isabel Maria Paleta do Carmo Palma | Evaluation of the App's usability and user experience by oral hygienists |
| Isabella Letycia Matos Messias | Randomized Clinical Trial: Panoramic Evaluation of the Applicability of Animal-Assisted Therapy in the Context of Women Victims of Gender Violence in Brazil and Portugal |
| Ivo Miguel Tavares da Silva | What impact has the increase in per diem funding had on the quality of life of men with mental illness admitted to IPSSs in the Lisbon district? |
| Jessica Isabel Ponte Costa | 3rd cycle and secondary school teachers' perceptions of the Mediterranean Dietary Pattern |
| Joana Araújo da Silva | Hospitalizations due to the use of illicit psychoactive substances in Portugal: Evaluation of the impact of the 2008 economic crisis |
| Joana Carolina Oliveira da Silva | Applying the Lean methodology to the Neurosurgery Service at Dr. Nélio Mendonça Hospital |
| Joana Catarina Martins Torres | Not defined / No information |
| Joana Catarina Santos Gonçalves | Identifying the needs for measuring food waste in hospitals |
| Joana Filipa Morais Baltazar | Choosing Wisely na escolha de biomarcadores cardíacos no S.U.G. de uma U.L.S. |
| Joana Filipa Paias Ferreira | The state of digital skills of health professionals providing healthcare in a digital environment in primary and secondary healthcare |
| Joana Fisico Venâncio Pereira | Health that counts: The contribution of health literacy to the problem of obesity: awareness and attitudes |
| Joana Miguel Costa Carvalho | Assessing the impact of teleconsultations on the quality of primary care during the COVID-19 pandemic: an international survey (inSIGHT) |
| Joana Rita Afonso Horta da Franca | Implementing wellness policies and actions in the workplace: a case study |
| Joana Teresa Canais Roque Freire | Adapting organizations to the demands of the Al Act: ethical and operational implications for health management from the manager's perspective |
| João Paulo Mendes Fernandes | Association between the use of dating apps and self-esteem and body image concerns in Portuguese residents |

| João Tomás Morgado Morbidity from cerebrovascular disease associated with environment dioxide in Portugal José Carlos Clímaco Pereira Performance evaluation of the Case Management program at the Health Unit | ntal exposure to nitrogen |
|---|-----------------------------|
| | |
| | Litoral Alentejano Local |
| José Miguel Diniz Pereira Esteves de Oliveira Differences between Stage of Diagnosis of Colon and Rectal Cancer, with the Screening Program, at ULS Santa Maria and ULS São José | according to Compliance |
| José Paulo Santos Durão Campylobacteriosis: epidemiological characterization in Portuga perspective | al from a One Health |
| Kamilla Gomes Bonifácio Glioblastoma multiforme (GBM) xenotransplanted into rhesus mod Development of a pre-clinical platform to evaluate new treatments. | nkeys (Macaca mulatta). |
| Kelly Fernandes Conventional X-Ray in TB patients: impact on Diagnostic Accuracy a | nd Patient Care |
| Laura Alexandre Fernandes Dias Health literacy in the heart failure population | |
| Leonardo Ferreira de Noronha Trancoso Has the closure of public SUP's influenced the demand for a private S | SUP? |
| Livonilda da Luz Lopes Gomes Social prescribing in primary health care | |
| Lúcia Sofia Gaguinho Parreira Raposo Oral health and aspiration pneumonia in institutionalized adults: a sys | stematic literature review |
| Luciana Boyance Sancho Health Professionals' Perspectives on the Barriers and Facilita Adoption: A Behavioral Science Approach | tors of Responsible Al |
| Luciana dos Reis Gomes Occupational exposure to mercury in an electrical and electronic was in Portugal: The relevance of biomonitoring as an exposure assessm | |
| Luís Miguel da Silva Sousa Waiting lists for first consultations: what explains the differences between the study | veen hospitals? - A mixed |
| Luís Miguel Serra de Sousa Access to HIV pre-exposure prophylaxis (PrEP) in EU/EEA countrie framework of access to healthcare | es: an analysis using the |
| Lumma Vitoria Avila Menezes de Souza Provisional: impact of telemedicine technologies on the quality and a | accessibility of healthcare |
| Madalena de Sousa Santos Barbosa Still to be confirmed, Migration and Health | |
| Mafalda Fabrício de Almeida Association between modifiable risk factors, health resources cons portuguese community-dwelling young-old adults: longitudinal analy | • |
| Mafalda Miguel Pizabarro Pinto Digital Health tools and their influence on the Sustainable Develoreview | pment Goals: a scoping |

| Manuel Roberto Malainho da Cunha | Lean management |
|---|---|
| Márcia Sofia Germano Lagareiro | Social Inequalities in Health in Portugal |
| Margarida Cravo Bertrand Pereira | Acceptability of implementing the Social Prescription among professionals in the social sector |
| Margarida de Albuquerque Marques Pimentel Cardigos | Waiting times for bariatric surgery |
| Maria Ana Portela dos Santos | Impact of the Tobacco Law on hospitalizations for cardiovascular and respiratory diseases in adults living in mainland Portugal between 2002 and 2015 |
| Maria Carolina Martins Machado | Alcohol consumption and early predictors |
| Maria Celeste de Montes Lampreia | Vaccine Refusal: Causes, Consequences and Intervention Strategies |
| Maria Cristina dos Santos de Sousa Ferreira | Family health teams adhere to the guidelines and standards of the National Oral Health Promotion Program |
| Maria do Carmo Bernardes de Sousa Chichorro | Psychomotor Intervention in Child and Adolescent Mental Health: Group and individual approaches in a hospital setting |
| Maria Eva Cabral da Costa | Promoting well-being in higher education students: a photovoice study |
| Maria Inês Mourato Correia | Evolution of health inequalities in Portugal |
| Maria João Calaça Pereira | Individual and organizational skills in project management |
| Maria Malaguerra da Costa | Vaccination hesitancy in Europe: Analysis from the European Social Survey |
| Maria Manuel Dantas Guimarães da Costa de Freitas | Association between person-centered care and trust in the Portuguese health system |
| Mariana Almeida e Araújo Cobeña | Characterization of access to oral PrEP for HIV in the Lisbon metropolitan area |
| Mariana Cardoso Monteiro Taveira | Mental health in schools: the perceptions of primary and secondary school teachers |
| Mariana de Almeida Oliveira Frescata | Financing and health needs |
| Mariana Dinis Matos | To what extent does society/social networks influence the choice between a generic and a branded medicine? |

| Mariana Geitoeira Franco | Effects of implementing the Aquamentia© program on psychomotor, cognitive and functional domains in institutionalized elderly people: 3 case studies |
|---|---|
| Mariana Leite Firmino de Sousa | A comparison between the environmental sustainability measures implemented in the National Health Service in Portugal and the NHS in England |
| Mariana Miguel Santos Fonseca | Evaluation of the satisfaction and involvement of participants in the "Diabetes on the Move" community program |
| Mariana Ramos Caeiro | "Transition from pediatric chronic care to adulthood |
| Mariana Sofia Gomes Bessa Pinto | Tobacco and cannabis co-use among school-aged adolescents in seven European cities |
| Marta Silva Machado | OUT to IN: Effects of a psychomotor intervention program on emotional understanding and interoceptivity in preschool children |
| Matilde Corrêa Mendes de Lima Ourique | Comparative analysis of population-based screening strategies in ACES Lisboa Norte (2021-2023): Screening Center versus Conventional Methodology |
| Miguel Carmona Direito | Effects of a 10-week strength training program on muscle strength and body composition parameters in young adults |
| Mónica Alexandra Dias Gomes | Experiences of the Trans community in accessing primary health care |
| Mykhaylo Barchyshak | Health Needs Assessment in Low Population Density Areas |
| Neusa Paula Rodrigues da Silva Baptista | Health Promoting Schools in Angola: assessment of eating habits, physical activity and their determinants in adolescents |
| Nilva Mayara Évora Silva | Knowledge of women of childbearing age about HIV/AIDS: an analysis of the MICS 6 results Guné-Bissau |
| Paula Alexandra de Campos Figueiredo | Digital skills of health professionals: age as a factor in unequal access |
| Paulo Jorge Mantas Parreira | Perceptions of national and local leaders in the health sector and local authorities on the opportunities and challenges for health promotion of integrating PHC into the ULS |
| Pedro Eduardo Borges Pinto Ramos | Risk factors for the behavioral triad of gambling, smoking and alcohol consumption (ESPAD) |
| Pedro Valadas Machado | Training Nurses for Telemonitoring: A Systematic Literature Review |
| Rafaela Lourenço Lopes | Support programs for health professionals involved in adverse events - under the European ERNST project |
| Rafhael da Silva Pinheiro | Knowledge and practices about electronic cigarettes among dental students |

| Raquel Inês Simões Gomes de Oliveira | Physiotherapy interventions for people with cardiovascular disease |
|--------------------------------------|---|
| Rita Bobela Mota Bruto da Costa | Cost analysis associated with the treatment of patients with acute myeloblastic leukemia |
| Rita Isabel Candeias Raimundo | Inequalities in the Use of Preventive Care in Portugal: Analysis of demographic, socioeconomic and geographic factors |
| Rita Maria Ferreira da Silva | Differences in perspectives between health professionals and people with chronic illnesses |
| Salomé Malila Soca Buio | Citizen involvement in the design of action strategies and health planning |
| Sandra Umeda Sasaki | Comparative analysis of the psychosocial risks of Emergency Department doctors. Telemedicine vs. face-to-face |
| Sara Daniela Pinto Moura | Retrospective cohort study on vaccine hesitancy against influenza and COVID-19 in the Portuguese population aged 60 and over |
| Sara Isabel Frade Cairrão | analyze the growth of private healthcare entities in Portugal and the reasons for this growth |
| Sara Raquel de Araújo Alves | leadership and the impact it has on retaining nursing professionals in their workplaces or even on their commitment to the profession |
| Susana Alexandra Duarte Capelo | The empowerment of organizational culture for the satisfaction of health professionals |
| Susana Cristina Pinto da Silva | The socio-economic implications of medical tourism for destination countries |
| Susana Marina Curado Pereira Banza | Evaluation of the patient safety culture in the TSDTs of ULS Arrábida |
| Tiago Gameiro Simões | What is the cost of an inpatient in a long-term care unit adjusted to their level of dependency? |
| Tomás Miguel Dourado Sardico | Effects of a psychomotor intervention mediated by relaxation on physiological and psychological indicators in formal caregivers: case studies |
| Undiga Mendes | HIV/AIDS knowledge among adult men: an analysis of the MICS 6 results from Guinea-Bissau |
| Válter Jorge Sousa Loureiro | Association between the level of walkability of the area of residence and the 10-year risk of a cardiovascular event in the Portuguese population |
| Vânia Amélia Gonçalves Leitão | Non-adherence to PRCCU: Retrospective cross-sectional study in the context of a Follow-up and Treatment Center in the Setúbal peninsula. |
| Verónica Sofia Sebastião Teixeira | The cost of patient safety |

| Victor Oliveira Santos | The impact on hospital administrations of integrating care |
|------------------------|--|
| | |

Concluded - 104

Table 9 - Concluded Master's Theses at CHRC (2024)

| Master Student Name | Thesis Title |
|---|---|
| Adriano Seixas Vasconcelos | Existing evidence on the effects of tobacco consumption reduction policies over the past 20 years in European Union countries. |
| Amélia Maria Monteiro Fernandes Nunes | Prevalence, sociodemographic risk factors and coverage of myopia correction among adolescent students in the central region of Portugal |
| Ana Carolina Rei Nascimento | Real and perceived motor competence, socio-emotional development and anthropometric indicators: a comparative study between soccer-playing and non-practicing children |
| Ana Filipa da Costa Fernandes Gouveia | Antimicrobial resistance in livestock production for human consumption in Viana do Castelo - The importance of the 'One Health' approach in Health Promotion |
| Ana Luísa Abreu Alferes Lourido | Effects of respiratory muscle training on performance in pure sport swimming |
| Ana Margarida Ramalho Rasteiro Leitão | Phonological awareness, rhythm, auditory attention, musical perception and motor coordination in pre-school children: effects of a psychomotor intervention based on rhythmic activities and expressive movement. |
| Ana Maria Aires Sobral Loureiro | Psychomotor intervention in a child psychiatry unit: from childhood to adolescence |
| Ana Paula Souto Alvernaz | Internal marketing in managing the behavior of health professionals in the private sector - Case Study |
| Ana Rita Amaral Pereira | Internship Report on Clinical Study Coordination at the Western Lisbon Local Health Unit, E.P.E. |
| Ana Rita Filipe Pereira | Patient Safety Culture in the Emergency Department |
| Ana Sofia dos Santos Valério | Psychomotor intervention with institutionalized children in a residential care home |
| Anastasia Bolfaciu | Internship in Start-up, Monitoring, and Clinical Study Management at Novartis Farma |
| Andreia Cristina Moreira da Graça Abrantes dos Reis | Living with Heart Failure: perceived support needs and quality of life of patients followed at the Day Hospital of ULS de Santa Maria. |

| António Manuel Guimarães Meirim | Fraud and Corruption in the National Health Service - The Role of Internal Auditors |
|---|---|
| Beatriz Maria Soares Correia | The role of SGLT2i in the appetite-regulating hormones and its impact in a rat model of cardiometabolic syndrome |
| Carlos Miguel Nunes Vital | Cardiac signaling via EVs derived from CCBE1 human cardioids in response to cardiac injury |
| Carlota Margarida Castanheira Gonçalves | The Impact of Mental Health and Diet on Exclusive Breastfeeding Practices |
| Carolina Caeiro Martins Guerreiro | Characterization of physical activity levels in the population of southern Portugal - Relationship with cardiometabolic risk |
| Carolina Maria Carvalho Silveiro | Coordination of Clinical Studies at Hospital da Luz Learning Health |
| Carolina Oliveira Gomes | Characterization of occupational exposure risk to perfluorooctanesulfonic acid |
| Carolina Rodrigues Galinha | Internship in Clinical Study Coordination at CUF Academic Center, Hospital CUF Descobertas |
| Catarina Alexandra Nunes Martins | Influence of a combined exercise program on physical fitness, mobility, cognitive domain and quality of life in people with Multiple Sclerosis |
| Catarina Borges Baptista | Development of specialized multicellular 3D-Organotypic models to evaluate pathogenic mechanisms in non-alcoholic fatty liver disease (NAFLD) |
| Catarina Margarida Marques de Oliveira | Presence of Microplastics and Associated Contaminants in Seafood Used in the Restaurant Industry in Portugal |
| Cátia Sofia Barros Ribeiro | Emergency Service Users: characterization and relationship with the organization of Primary Health Care |
| Cíntia Das Neves Lopes | Health professionals' perception of the use of speech recognition technologies in healthcare: a qualitative study |
| Clarice de Paula Roriz Malta | Prebiotic Effect of Daily Consumption of Cloudy Fruit Juice in Healthy Individuals |
| Daniel Alexandre Palma da Silva | Effects of wearing a surgical mask on sports performance during intermittent efforts. |
| Daniel Saldanha Aguiar Resendes | Is residential greenness associated with individual levels of glycated haemoglobin in Portuguese population? |
| David Miguel Perdigão Antas | Comparison of the acute effects of aquatic and terrestrial exercise sessions in elderly people |
| Diana Alexandra Cardoso da Cruz | Prevalence of post-COVID-19 fatigue and its association with respiratory and non- respiratory comorbidities - A cross-sectional study in Lisbon and the Tagus Valley Region |

| Dinis Azevedo Silva | Factors for Referees Leaving a Sports Career in Futsal |
|---------------------------------------|---|
| Diogo André Grilo de Oliveira | Effects of an exercise-based cardiac rehabilitation program with moderate-intensity continuous training versus high-intensity interval training on the absolute and relative intensity of weekly physical activity in patients with cardiovascular disease. |
| Elmer N'diba Imbandu | Identification of LMELT symptoms in restaurant workers |
| Eva Vanessa Domingues Diogo | Consumption of certain food groups and TCPy concentration in the Portuguese population: a cross-sectional study |
| Evelyn de Cândia Pereira | Exposure to mycotoxins: challenges in health impact assessment |
| Fábio Michel da Costa | Perception of Occupational Stress in a Logistics Distribution Company |
| Fernando Gonçalves da Cruz | Prevalence of signs and symptoms of Noise-Induced Hearing Loss in workers at a waste recycling company |
| Flávia Bernadete Casini | Mercury exposure and health risk characterization in Portuguese and Brazilian populations |
| Francisco Miguel Correia Madeira | A direct economic burden analysis of Acute Coronary Syndromes (ACS) from the Portuguese National Health Service (NHS) perspective, 2002-2022 |
| Gonçalo Alexandre Aguiar Mendes | Esports in the university context in Portugal: characterization of student gamers in higher education |
| Hélder Joaquim Alves Pinto | Influence of economic status on the intensity of chronic pain in patients receiving palliative care |
| Ícaro Nascimento de Pinho | Internship report at the Portuguese Swimming Federation: Evaluation of the satisfaction of schools certified by the "Portugal a Nadar" Program, organization of sporting events and training actions. |
| Igor Rodrigues da Silva | Workplace gymnastics practices and their effects on workers' health: A Scoping Review |
| Inês Alexandra Vasques do Souto | The Contribution of an Integrated Responsibility Center at a University Hospital - Case Study |
| Inês dos Santos Figueira | Impact of the COVID-19 pandemic: association between family socioeconomic factors, overweight and unhealthy eating habits in schoolchildren in Portugal |
| Inês Sofia Martins Ribeiro | Characterization and Impact of Complex Chronic Disease on Paediatric Hospitalization in Portugal in 2018 |
| Inês Sofia Soares Gomes Lains Cardoso | European Landscape of Real-World Evidence in Lung Cancer Immunotherapy Treatment |
| | |

| Inês Verónica Coyacala António | Prevalence of musculoskeletal injury symptoms related to work in bottle packing and unpacking areas. |
|--|--|
| Jaiane Santos Silva | Effects of the Pilates Method on Physical and Psychophysiological Parameters of Primary and Secondary School Teachers in the Municipality of Évora |
| Jaime Alexandre Frutuoso Abreu | Internship Report on Clinical Study Coordination at Hospital CUF Tejo |
| Jéssica Vaz Velho Sebastião de Melo | Active Female Population's Adherence to Strength Training: Motivations, Barriers and Role in Self-Esteem and Body Satisfaction |
| Jesús David Cortés Gil | The well-being of children and youths during the COVID-19 pandemic: country factors analysis |
| Joana Cristina Pereira Estrela Lameiro | Psychomotor Intervention in Neurodevelopment in the Azores region |
| Joana da Silva Cruz Estrada | Knowledge regarding traveler's diarrhea: impact of conducting a travel consultation |
| Joana Daniela Tinoco Teixeira | The Effects of Selenium Supplementation in Patients on Hemodialysis: A Systematic Review |
| Joana Sofia Teixeira Brôa de Oliveira Araújo | Value Based Healthcare em Mulheres com Cancro de Mama |
| Joana Teresa Nunes Inocêncio | Estimation of years of life lost due to COVID-19 in Portugal |
| João André Lage Fernandes | Profile of the Frequent User of the Emergency Service - A Study at Loures Hospital, EPE |
| João Diogo Raimundo Mesquita | Impact on mortality due to heat waves in the European Union and the United Kingdom: Systematic Literature Review |
| João Miguel Tavares Rodrigues Pais | Socioeconomic inequalities in health in Portugal: a study based on the 2019 National Health Survey |
| José Chen Xu | Burden of disease as a tool for policymaking in Europe: baseline assessment and applications |
| José Miguel Carreira Revez Pereira Coucelo | Contribution to the study of antimicrobial resistance (AMR) in pets in the Lisbon Metropolitan Area |
| José Pedro Dinis Teixeira | Developing a Core Measurement Set for perioperative care safety in Europe within the SAFEST project: An international Delphi consensus study |
| Júlia Isabel Marques Martinho | Distribution of the West Nile virus vector, Culex pipiens, in mainland Portugal: a geospatial modeling study |
| Katharina Luisa Schroeter | Unraveling the Pressure: Exploring the Well-Being of Higher Education Students |
| | |

| Lara Rute Barreto Castanheira | Benefits associated with professional Burnout intervention programs - Telemedicine - a case study |
|--|---|
| Leslie Fonseca Carvalhosa | Perception of the Impact of the Choosing Wisely Portugal Program on Doctors' Behaviour Change: An Observational Study in a Portuguese Hospital |
| Lia Fialho Correia | Complementary feeding approaches and choking risk: a systematic review |
| Luciana Curado Coelho | Radiologists' perception of the use of Artificial Intelligence in diagnostic imaging |
| Luís Diogo de Bastos Pinheiro | Mental Health Indicators: Applicability and Use in Portugal |
| Luís Filomeno Kalembela | Prevalence of musculoskeletal injury symptoms related to work in chefs |
| Magui Rodrigues Dias | Teachers' perception of the impact of social media on children's and adolescents' mental health |
| Márcia Cristina Jaques Raposo Albino | Health Promotion for Children with Autism Spectrum Disorder at School - Teachers' and Non-Teachers' Perspective |
| Maria Inês Antunes da Conceição Perez | Heart Failure Symptom Tracker (HFaST): Translation, Cross-cultural Adaptation, and Psychometric Validation for the Portuguese Population |
| Maria Manuel de Almeida Santos | Oral health behavior associated with cardiometabolic outcomes: a nationally representative cross-sectional study in Portugal |
| Maria Miguel Castela Batista Dias Santos | Digital Dosimeter-Based Risk Analysis of Squamous Cell Carcinoma in Lisbon and its Implications for Outdoor Workers Across Portugal |
| Mariana Jacinto Cipriano | Psychomotor Intervention at a Development and Learning Center |
| Mariana Oliveira Corda | Mortality burden of cardiovascular disease attributable to ambient PM2.5 exposure in Portugal, 2011 to 2021 |
| Marisa Alexandra Félix Santa Bárbara | Interventions with non-health sector for continuity of care after hospital discharge to home of children with medical complexity: a systematic review |
| Marlene Isabel Maurício Latas | Psychomotor practice in a residential care center with children aged 0-12. |
| Marta da Silva Félix | Bioavailability of EPA+DHA Enriched Canned Tuna and its Acute Effects on Cardiovascular Risk Markers, in Healthy Human Volunteers |
| Marta Gonçalves Carreira | Cross-sectional study on the association between distance to hospital and in patient health outcomes on episodes with high-prevalence cases (hip fractures, non-elective C-section deliveries, acute myocardial infarction, and stroke) |
| Marta Jacinto dos Santos Clemente | The burden of ischemic heart disease attributable to ambient nitrogen dioxide exposure in Portugal, 2011-2021 |

| Marta Maria Vaz Saleiro da Silva Granate Louro | Knowledge, attitude and practice of Portuguese Family Doctors regarding Occupational Health |
|--|--|
| Marta Sofia de Enes Labucha | The impact of Transformational Leadership on Healthcare Professionals' Resilience: the mediating role of Intrinsic Motivation |
| Matilde Helena Lopes Barbosa | Health Literacy, COVID-19 and the Media: a study in Mindelo, Cape Verde |
| Matilde Kisker Ferreira Borges | Mental Health Act - Potential and Limitations of Digital Technologies in Involuntary Outpatient Treatment |
| Naia Ivo Ferreira Vasconcelos | The Role of Ethnicity in Reversing Hyperglycemia Following Weight Loss and its Long-Term Maintenance - The Preview Trial |
| Nuno Alexandre de Freitas Matos da Costa | Characterization of the relationship between the socio-economic characteristics of the population living in mainland Portugal, by municipality, and the level of adoption of hospital teleconsultations in the SNS between 2020 and 2022 |
| Otilia Boghenco | Secondary economic impacts of Food Aid Programs: a systematic review |
| Patrícia Isabel Soares Arranja | Effectiveness of the COVID-19 vaccine in Portuguese Navy personnel |
| Raquel Amaral da Silva | Clinical Study Coordination at CUF Academic Center, Hospital CUF Tejo |
| Ricardo Miguel Mendes Rodrigues Alves | The socioeconomics of the Mediterranean diet: prices, inequalities, and policies |
| Rui Miguel Campos Azevedo | Microbiota-Mineral Interacions: Insights from Stool Analysis in Healthy Subjects |
| Salomé Palmeiro de Azevedo | Burnout, health and professional life characteristics of Portuguese psychomotricians: a quantitative cross-sectional study |
| Sofia Marques Jarreta | Analysis of sports management processes in the context of school sport in Alentejo |
| Solange Andrade Pinto | Psychomotor Intervention in a Public Hospital Psychiatry Department |
| Susana Isabel Roxo Pereira | Optimization strategies to reduce surgery cancellation rates in the last 24 hours |
| Susana Maria Alves Ferreira | Characterization and Distribution of Gastric Microbiota Obtained by Exfoliative Cytology in a Portuguese Cohort |
| Susana Maria Valeiro Inácio Gonçalves | Internship Report on Study Monitoring at Evidenze Portugal |
| Talita Costa Leite | Glycemic Response to Different Types of Food Processing of Fruit-Based Products in Healthy Individuals |

| Tânia Alexandra do Carmo Russo | Inequities in inpatient care among children: the role of socioeconomic determinants |
|--------------------------------|---|
| Vanessa Dina Palomino Castillo | Study of Digestive Processes on the Bioaccessibility of Microplastics and Potential Toxic Effects |

3.6.2 PhD Students

Ongoing - 153

Table 10 - Ongoing PhD Theses at CHRC (2024)

| PhD Student Name | Thesis Title |
|--------------------------------------|---|
| Alanny Ferreira Moutinho | Reasons for Not Voluntarily Terminating a Pregnancy in Cases of Unwanted Pregnancy in Portugal |
| Alexandra Cristina De Belchior Dias | Does inflammation mediate the association between depression and prognosis in pancreatic cancer? |
| Alexandre Vaz Machado | Impact of Therapeutic Education on the Pharmaceutical Care Process for People with Diabetes in Primary Health Care. |
| Alzira Manuela Da Rocha Gomes Viegas | Fibrinogen Concentrate Safety for the Correction of Hypofibrinogenemia on Coagulopathic Surgical Patients(FICSAFE) |
| Ana Beatriz Rosa Nunes | Effectiveness of a Multicomponent Evidence-Based Perioperative Quality Improvement Collaborative: Na Outcomes research Perspective |
| Ana Catarina Da Costa Maia | Health literacy and migrants: contributions to health promotion in migrant communities |
| Ana Cristina Nunes Monteiro | Bacteriota from Heating, Ventilation and Air Conditioning (HVAC) Systems in Healthcare Facilities - Implications for Indoor Air Quality and Occupational Health |
| Ana Isabel Loureiro Viegas | Prediction of Delirium in critically ill patients with SARS-CoV-2 infection |
| Ana Maia Martins | Immune dysfunction in obsessive-compulsive disorder: from environmental risk factors to clinical and brain imaging correlates |
| Ana Margarida Do Vale Martins | Iron metabolism fingerprinting for risk stratification of Postoperative Neurocognitive Disorders and Sleep Disturbances |
| Ana Marta Feliciano Moniz | COVID-19 control in Portugal from a spatiotemporal perspective: incidence and severity. Contribution to strategy optimisation |
| Ana Rita Custódio Santos | Proposing a framework for the economic evaluation of digital health technologies in Portugal: design and application |

| Ana Rita Moura Alexandre | Human replay as a marker of pathological episodic memory decline |
|---------------------------------------|---|
| Ana Rita Soares Alberto | Occupational risk management in the production of metallic coatings reinforced with graphene nanoparticles as an alternative to hexavalent chromium |
| Ana Santos Dornellas Cysneiros | Using Machine learning in prediction of ARDS progression |
| Ana Teresa Sá Machado | Health literacy in migrant populations in Portugal |
| André Augusto Martins Vieira | Rehabilitation goals in physiotherapy after stroke: perspectives and practices |
| André Cordeiro Borges | BeyOndCrossroadS: Building Organ Crosstalk predictive models in Shock patients |
| André Filipe Rosa Domingues Alexandre | Improving the assessment of microcirculatory dysfunction in septic shock patients using optical coherence tomography angiography (OCTA) at the bedside |
| Andreia Isabel Cabete Portulez | What is enough? A first step to estimate the amount and geographical distribution of psychologists to treat depression in mainland Portugal using National health Survey data of 2014 and 2019. |
| Andreia Isabel Capucho Dos Santos | Prognostic factors for response to intervention in musculoskeletal conditions: a hybrid model including neurobiological factors |
| António Joaquim Da Cruz Tomás | Ascending aortic aneurysms - progression factors |
| António Luís Rita Moreira | Prevalence of non-adherence and associated factors in cancer patients on targeted oral therapy |
| António Pinheiro Cumena Candjondjo | Home-based cardiac telerehabilitation model for post-myocardial infarction patients – Contribution to optimising an exercise and education programme |
| António Tavares Pereira Sousa Seco | Greater Trochanteric Pain Syndrome - Evaluation and Treatment |
| Bárbara Alexandra De Kong Cardoso | Accuracy and applicability of International Classification of Diseases ICD-10(CM) and ICD-11: improving registry of patients with allergic and hypersensitivity conditions. |
| Bárbara Pinheiro Machado De Castro | Cyber violence in adolescents interpersonal relationships in the digital age |
| Bárbara Sofia Mega Pedrosa | Supported accommodations for people with mental disorders in Portugal: The influence of user characteristics, care provision and contextual factors on the quality of care |
| Bruna Filipa Campos Correia | Exploring the role and therapeutic value of immunosuppressive low density neutrophils subsets in Breast Cancer |

| Bruno Da Cruz Maia | New predictive models for delayed cerebral ischemia and prognosis in spontaneous subarachnoid hemorrhage – an exploratory study on metabolomics and autonomous nervous system analysis |
|---|---|
| Carina Isabel Da Rocha Fernandes | Disruption of the circadian sleep-wake rhythm in submariners: the inter-mission period in recovery and identification of predictive and protective factors |
| Carla Alexandra Madaíl Coelho | Double cortical fixation - semitendinosus construct in Anterior Cruciate Ligament (ACL) and Posterior Cruciate Ligament (PCL) reconstruction: biomechanical and histological evaluation. Clinical comparison with quadrupled hamstrings |
| Carlos Alberto André Palos | A contribution to improving antimicrobial stewardship activities and increasing knowledge about the prevalence of inappropriate antibiotic prescribing and associated determinants in Portuguese hospitals |
| Catarina Batista De Oliveira | Beat the Heat: Unravelling and Enhancing Women's Physiological Response to Football in Hot Environments |
| Catarina Isabel Dos Santos Rodrigues | Metabolic effects of a phenylalanine-restricted diet: from amino acid biokinetics to microbiota modulation |
| Cátia Alexandra Suzano Dos Santos | Occupational exposure to asbestos and malignant pleural mesothelioma in Portugal |
| Claudia Dolores Trierweiler Sampaio De Oliveira Corrêa | Strengthening oral health literacy: Building a model for improving and monitoring the implementation of the SOBE+ project |
| Cláudia Isabel Velez Janeiro | Health Literacy, Quality of Life and Functionality of the Elderly: a way forward |
| Cristiana Da Palma Von Rekowski | The dynamics of biomarkers as a predictive factor in the morbidity and mortality of critically ill patients |
| Cristiano Emanuel Marta De Figueiredo | How to optimise processes and outcomes of colorectal cancer screening in the Lisbon and Tagus Valley Health Region |
| Daniel Alexandre Rações Rodrigues Da Silva | Assessing freezing behavior and its physiological correlates in humans: from health to disease |
| Daniel Filipe Pinheiro Brás | Characterisation of sickle cell anaemia in Portugal: from a clinical perspective to economic impact |
| Diogo Alexandre Carvalho Pedroso | Clinical Research and Primary Healthcare in the Portuguese Landscape: Opportunities and Barriers |
| Diogo André Sequeira | Mesothelial-to-mesenchymal transition and membrane integrity in peritoneal dialysis: The role of EVs and AhR pathway |
| Diogo Filipe Pereira Marques | The European SARI surveillance system as a platform to monitor the burden disease and the impact of vaccination programmes in Europe |
| Diogo Luís Raposo Da Costa Ribeiro | Meniere's Disease in a Portuguese Population: Contribution to a Clinical, Epidemiological, and Genomic Study |

| Diogo Soares Melo | Learning from postingestive feedback to understand food-seeking |
|---|--|
| Dmitry Shamenkov | Development, Implementation and Evaluation of the Digital Mental Health Intervention and Online Peer Support Platform |
| Dorothy Adong Olet | Diversity of end-of-life care pathways among children with life-threatening conditions |
| Élia De Fatima Janes Quintas | Strategic Health Planning in the Alentejo Health Region - Study of key players' perceptions of its development |
| Esmael Francisco Tomás | Early warning scoring systems: adaptation and validation for the Angolan context |
| Fanceni Henriques Baldé | Contributing factors of exclusive breastfeeding and association with child malnutrition in the Lusophone African context |
| Filipa Marcelino Palma | Applicability of Optical Coherence Tomography in Parkinson's Disease |
| Filipa Nunes Ferreira Da Silva | BREATHE-OUT Study: BREath Analysis for Ovarian cancer oUtcome predicTion |
| Francisca Castelo Rodrigues De Melo Carvalheira | Health and well-being: a sociological approach to multiple sclerosis |
| Gilberto Maia Santos | The effect of blackberries in the prevention of obesity-related neurodysfunction: is the microbiota-gut- brain axis the key? |
| Inês André Correia | The role of screening adherence in breast cancer early diagnosis |
| Inês Caetano André Dos Santos | Oral health care of the Portuguese elderly: Influence on oral health status, self-perception, quality of life and on overall health |
| Inês Charrua Pires Dos Santos | Factors associated with functional decline and loss of quality of life in individuals with knee osteoarthritis |
| Inês Proule Dias Barreiros Mota | NI-SIBIOME Characterising the non-responders to a Nutritional Intervention in Small Intestinal Bacterial Overgrowth –a study focused on the microBIOME |
| Inês Simões Gomes | Metabolic Reprogramming in live cancer |
| Irene De Oliveira Coruche Cortes Verdasca | How does health literacy influence the self-management practices and healthcare experiences of individuals with diabetes in Alentejo, especially among older adults with low socioeconomic status? |
| Isabelle Giraudon | City level monitoring of acute drug-toxicity using a European network of sentinel hospital emergency departments. International comparisons and improved early warning system |
| Joana Andreia Da Silva Gonçalves Mira | The role of the family in treating childhood obesity |

| Joana Margarida Domingos Seringa | Machine Learning Approach to Personalized Anticipation of Healthcare Needs from Patients with Multimorbidity |
|---|---|
| Joana Tomás De Albuquerque Osório | A better understanding of prescription behaviors to improve the use of antimicrobials in Portugal |
| João Alexandre Costa Madruga Dias | Optimization of diagnosis in Rheumatoid Arthritis using referral criteria and a diagnostic algorithm including musculoskeletal ultrasonography |
| João Daniel Silvestre Dias De Brito | Hemodynamic Determinants of the Severity of Aortic Stenosis |
| João Eurico Navarro Martins Dos Reis | Mechanism of immune lung dysfunction after ex-vivo lung perfusion |
| João Miguel Casanova Gonçalves | High-grade Endometrioid Endometrial Carcinoma - Molecular and Proteomic Signature and its implications in the overall prognosis of this neoplasm |
| João Pedro Homem De Gouveia Dantas | Hip contact force and pressure in cam-type femoroaceteabular impingement syndrome |
| Joao Sampaio Maciel Barbosa | Miasthenia Gravis after Thymectomy – clinical importance of patient selection and biological pathways |
| Jorge Manuel Barroso Dias | Alcohol, Tobacco and Obesity in Municipal Workers - A Cross-Sectional Study of Factors Associated with Public Health Determinants in the Workplace |
| Jorge Pinheiro Santos | Creation of Value in Health after Cardiac Surgery |
| José Manuel Afonso Moreira | Outcome-centred decision-making process: cardiac rehabilitation in patients with heart failure |
| José Manuel Espírito Santo De Paxiuta De Paiva | Covid-19 respiratory failure: beyond the bedside clinical phenotypes |
| José Miguel Martins Ribeiro De Almeida Oliveira | Bridging the Know-Do Gap in Portuguese Primary Healthcare: An Implementation Science Approach for Digital Interventions to Improve Evidence-Based Practices |
| Lara Gil Gomes De Campos | Development and implementation of a digital health program for rural populations with knee osteoarthritis |
| Liliana Alexandra Vieira Dinis | COVID-MI Development of Microbiota-based therapy for the management of COVID-19 in individuals with obesity and diabetes |
| Lizaveta Hilman | Development and validation of a polyphenol-specific food frequency questionnaire in Portuguese population |
| Louise Viecilli Hoffmeister | Social prescribing in Portugal: evaluation of its impact and implementation in family health units |
| Luís Alexandre Meneses Moniz | Development and implementation of an evidence-based physiotherapy programme for people with hip and knee Osteoarthritis |

| Enhancing the implementation of mental health service deinstitutionalization in Portugal: contributions of Implementation Science to successful public policies |
|---|
| Analysis of the impact of the COVID-19 pandemic on hospital healthcare professionals |
| Hypoxic Ischemic Encephalopathy and the Hemodynamic Challenge: Could Enhanced Knowledge of Hemodynamics Help Us to Understand the Brain? |
| Effectiveness and implementation of an occupational health intervention for migraines |
| Assessment of disparities in breast cancer treatment and prognosis in Portugal |
| Multigene Germline Panel Test and Endoscopic Screening for Gastric Cancer Strategies to improve the prognosis in intermediate-risk countries |
| Assessment of Delirium in Intensive Care Medicine: The Importance of Symptomatic and Temporal Classification in Outcome. |
| The Influence of "Job Action Sheets" or Task Lists on the Actions of Pre-Hospital Medical Teams in the Initial Response Phase to Natural, Technological, or Man-Made Disasters |
| The effectiveness of Care Pathaways for hip fractures in the elderly: do they improve actual patient care and teamwork? |
| Infection by Klebsiella pneumoniae resistant to carbapenems: contributions to the characterization of the epidemiological burden and to the optimization of the prevention strategy in Portugal |
| Maturity of Local Health Units to Provide Integrated Care |
| The Role of Health, Food and Nutritional Literacy in the Behaviors and Lifestyles of Children and Adolescents |
| Newborn Screening for Congenital Cytomegalovirus. A new approach |
| Optimizing health value in the follow-up of women with breast cancer and men with prostate cancer in Portugal |
| Mental health of migrant children and adolescents in Portugal: vulnerability to problems and challenges in accessing services |
| Nasal congestion and intranasal trigeminal function |
| Essays on the impact of economic evaluation methods for better medical decision making |
| Guidance for Microbial Occupational Exposure Assessment in Sawmills |
| |

| Matilde Isabel Ferraz Pacheco | The impact of BCG vaccination policy change on children's health in Portugal |
|---------------------------------------|--|
| Micaela Mestre Pereira Da Silva Lopes | Diabetic foot and hyperbaric oxygen therapy |
| Miguel Ângelo Simão Dias | Exploring B cells in pregnancy: old players, new functions |
| Moisés Alexandre Dos Santos Henriques | Naval occupational context as a potential determinant of vitamin D levels: the case of the Portuguese Navy |
| Nádia Borges Charepe | Maternal-fetal outcomes and vertical transmission of SARS-CoV-2 infection |
| Nelson Filipe Fernandes Descalço | Unravelling functional connectivity patterns in patients with obsessive compulsive disorder |
| Nelva De Luísa David Sixpene | Feasibility of implementing child visual screening: a case study of the 25 de Setembro Health Centre, Nampula, Mozambique |
| Patricia Domingos Belo | The influence of work contexts on the mental health of profissionals working in prevention and reduction of addictive behaviors and dependencies |
| Patrícia Isabel Serote Lopes | Spending and health outcomes: links across time and across level of development |
| Patricia Ribeiro Brito | HViTAL, an intelligent clinical decision support platform for healthcare-associated infections at São João Hospital Centre: effectiveness, costs, and contextual challenges. |
| Paulo Ney Solari Fernando | Survival and mortality predictors in children with HIV followed at the David Bernardino Paediatric Hospital: a retrospective cohort study |
| Pedro Centeio Ferraz Gameiro | Care in Home Hospitalization: an approach to the well-being and satisfaction experienced by patients |
| Pedro Frias Gonçalves | Work Alienation and its Impact on Workers' Mental Health |
| Pedro Gonçalves Casaca Carvalho | Quality Data Collection for the Evaluation of a European Research Project |
| Pedro Henrique Pires Lavinha | The functioning of the Stroke Green Pathway in mainland Portugal: characterisation and management optimisation |
| Pedro Miguel Fernandes Lino | Stability of the Angle of Deviation After Strabismus Surgery in Intermittent Exotropia |
| Pedro Miguel Nunes Pena | Microbial Air Quality Assessment in Elementary Schools in Portugal |
| Philip Pacheco Fortuna | Invasive Hemodynamic Monitoring by Thermodilution Method in Patients Undergoing Venovenous Respiratory Support with Extracorporeal Membrane Oxygenation (ECMO). |

| Raquel Margarida Mendes Ribeiro Nunes Guiomar Moreira | Seroprevalence of protective antibodies against influenza in the Portuguese population between 2014-2018: a study on the vaccine-induced immune response and the decline in immunity |
|--|--|
| Renata Wellenkamp De Carvalho Freire De Cervantes | Exploring the Impact of Climate Change on Fungal Contamination, Azole Resistance and Mycotoxins in Elementary Schools – Tackling Inequities Between Urban and Rural settings |
| Renato Manuel Bernardino Dos Reis | CO[PD]-Pilot: Co-creation of an intervention to increase long-term adherence to physical activity in people living with COPD |
| Ricardo Proença De Almeida Oliveira Rocha | Rectal cancer: surgical, oncological and functional outcomes |
| Rita Mafalda Rocha Sousa Do Carmo Fernando | Evolution of cervical cancer screening in the Central Region between January 2014 and December 2022 |
| Rita Matos Pires Cavaglia | Vagus nerve signalling in post-ingestive reinforcement learning |
| Romeirica Honório Lima Santos | Learning organizational in healthcare institutions in Portugal |
| Rúben Alexandre Dinis Araújo | Diagnosis and prognosis disease biomarkers on critically ill patients with COVID-I9 towards a precision medicine-a machine learning approach |
| Rui Alexandre Veríssimo Manilha | Brain activity associated with the movements of the lumbar spine and low back pain |
| Rui De Oliveira Pires Monteiro | UniCare Plus: A Nursing Program for Families, Caregivers and Dependent People |
| Rute Filipa Dinis De Sousa | Predicting depression in adult Portuguese population: development and validation of a prognostic model |
| Rute Maria Silva Salvador | Dissecting the predictive and therapeutic value of HLA-DR-expressing cytotoxic T lymphocytes in Breast Cancer |
| Sara Raquel Araújo Basto E Machado Mesquita | Using Online and Offline Behavior to Track Outbreaks and Pandemics |
| Sara Raquel Pereira Dias | Effectiveness of a programme to promote active and healthy ageing in population health |
| Shámila Faruk Ismael | RESTART Project - An intervention study based on the microbiota and adipocyte-centric view to improve the success of bariatric surgery |
| Shermann Brandao Rodrigues Moreira | Beyond Generic Efficacy: Cancer Treatment and Diagnosis Through Analysis of Therapeutic Responses |
| Sílvia Do Carmo Bento Conde | Determinants of access and utilization of mental healthcare services in Portugal |
| Sílvia Maria Dos Santos Alves Gomes Pedroso | Certification of competencies in osteopathy as a contribution to improving quality and safety |
| | |

| Sílvio Renato Narciso Leal | Optimization of Percutaneous Treatment In acute Pulmonary Embolism - The OPTI-PE Program |
|---|--|
| Sofia Cuco Guerreiro | Non-invasive follicular thyroid neoplasm with papillary nuclear features (NIFTP). Reclassification and contribution of clinical, echographic and cytological features to the risk of malignancy of thyroid nodules. |
| Sofia Guerra Paiva | Second victims of adverse events: characterisation of the national and international reality and definition of support strategies |
| Sofia Sapeta Pires Dias | Dynamic monitoring of autonomic nervous system function in traumatic brain injury |
| Sónia Isabel Agostinho Romano | A collaborative care model for medication review in elderly patients with polypharmacy. |
| Sónia Isabel Parreira Picamilho | High Performance School Support Units (UAARE): management model and impact on dual careers |
| Susana Adelino Simões | The Role of Oncogenic Microorganisms in Lung Cancer |
| Susana Cláudia Teixeira De Sousa Varela | Sleep Apnea and Atrial Fibrillation - a Precision Medicine approach |
| Teresa Filipa Alves De Oliveira Rodrigues | Promoting mental health at pre-school age |
| Thiago Fernandes Martins Aguiar | Contribution of ramp lesion repair for additional knee stability during anterior cruciate ligament reconstruction |
| Tiago Alexandre Henrique Fonseca | Predicting Organ Dysfunction in Critically ill Patients using serum Metabolomics |
| Ugne Grigaite | Responses to the mental health care needs of survivors of intimate partner violence by mental health services in Portugal and Lithuania |
| Vanessa Patrícia Moutinho Pereira | Assessing the efficacy of a Weight Loss Maintenance Program (3 Phases Method®) for Adults with Obesity: Study Protocol for a Pilot Randomised Controlled Trial |
| Vera Lúcia Ferreira Martins Morgado | Patient journey, cost-effectiveness and health policies of physiotherapy in the Portuguese health care system |
| Viviana Teresa Modesto Caldeira | Metabolomics & Proteomics of Cerebrospinal Fluid in Neurocritical Patients - Predictive Models for Diagnosis and Prognosis |
| Walaa Kinaan | Cervical Cancer Preventive Interventions Among Hard-to-Reach Women: A Contribution to Improve Uptake of Cervical Cancer Screening |
| Yilian Machado Pérez | Responsiveness in health literacy and intercultural communication practices: an analysis of immigrant populations in primary healthcare in Portugal |

Concluded - 53

Table 11 - Concluded PhD Theses at CHRC (2024)

| PhD Student Name | Thesis Title |
|---|--|
| Alina Abidova | Patient satisfaction in emergency departments – empirical research on its measurement, antecedents, and consequences |
| Ana Filipa Loriente Alves Malheiro | Imunomodulation in acute pancreatitis- how can cytokines, B and T cells predict the outcome of the disease |
| Ana Patrícia Rego Marques | The costs of visual impairment in Portugal |
| Ana Raquel Pinheiro Barbosa | Freezing of gait after Deep brain Stimulation: predictors and low frequency stimulation as an effective therapeutic option. |
| Andreia Filipa Garrido Maia | The Potential of Natural Killer Cells in Pancreatic Cancer: from Exploring Tumorinfiltrating Lymphocytes to novel CAR-NK cell therapy |
| Ausenda Cristina Nelson Machado | Measuring the impact of the influenza vaccination national strategy among the at-risk Portuguese population |
| Carla Sandra Martins Pereira | The functionality of the elderly |
| Catarina Joaquim Gonçalves | Phase III Cardiac Rehabilitation in coronary patients: High-intensity interval training or moderate-intensity continuous training? |
| Catarina Maria Silva Carvalho | Oral health status of the elderly in the Alentejo population |
| Célia Cristina Barbosa Ventura | Occupational exposure to fibrous nanomaterials: an in vitro approach to genetic and epigenetic effects |
| Daisy Andreína Vieira De Abreu | Acute coronary syndrome: trends and effect of policy and specific measures |
| Daniel Alexandre Correia Anacleto Carvalho Neto | Anxiety and Resilience – Therapeutic Approach with a Digital Component for Anxiety Management Training and Resilience Development. |
| Daniela Fernandes Carvalho | Prevalence of atopic eczema and urticaria in Portugal: quality of life and disability in patients |
| Daniela Sofia Albino Costa | Prevalence, burden and healthcare needs of people living with OsteoarthrItis In Portugal: contribution to the development of a Model of Care |
| Deborah Aluh | Contextual factors influencing the use of coercion in mental health services: insights from Nigeria and Portugal |
| Dulce Nascimento Do Ó | Health literacy, self-care, and type 2 diabetes compensation: what is the relationship? |
| Francisco Rosas Leitão Guerra Pinto | Lateral ankle instability: I) Quantification by a new device; II) Objective classification |
| Helena Cristina Dos Santos Cabrita Carneiro | Long-term predictors of quality of life in axial Spondyloarhritis |

| Hugo Ricardo Ramalheira Lopes | Assessment of the impact of population ageing and care provided in convalescence units of the National Network of Integrated Continuing Care in Portugal |
|---|--|
| Irina Kislaya | Measurement error in self-reported factors for cardiovascular disease: results from the first Portuguese national health examination survey |
| Jader De Jesus Cruz | Role of liver hemodynamics in fetal development in twin pregnancies |
| Joana Rita Ramalho Alves | Socioeconomic inequality in smoking behaviour: measurement and causality |
| João Pedro De Seabra Marto | Early Diagnosis and Complications of Acute Ischemic Stroke |
| Jorge Manuel Trindade Rebola | Clinical application of molecular biomarker expression in non-muscle invasive bladder tumour |
| José Miguel Cruz De Sousa | Endoscopic Spine Surgery Transforaminal access to the lower lumbar spine |
| Luís Filipe Leitão Da Costa Froes | Impact of community-acquired pneumonia on the adult population residing in mainland Portugal |
| Luis Miguel Antunes Gomes | Management of low back pain in Portugal: a novel approach to reduce patients' persistent disability |
| Luís Miguel Figueiras Galhardas | Effects of Multimodal Exercise and Processing Speed Training on Physical and Cognitive Functioning in Older Adults: Social Centers and Nursing Homes |
| Mafalda Bernes De Sousa Uva | Effects of health system reform, health determinants, and healthcare utilisation |
| Maria De Lurdes Gonçalves Castro | Do Frailty and Depression Affect Outcomes after Cardiac Surgery in the Elderly? |
| Maria Henriqueta Dias Lourenço Garcia Louro | Manufactured nanomaterials: safety assessment through the characterisation of their genetic effects |
| Maria Inês Rodrigues Dos Santos Joaquim | Variations in medical practice – efficiency and waste |
| Maria Teresa Dias Guerreiro | Lung cancer survival analysis, associated factors, and geographic variability in Portugal as a basis for health policy implementation |
| Mariana Ramos Sousa Coelho Dos Santos | The nutritional profile model as a tool to promote healthy food choices in school-age populations |
| Marisa Martinho Guerreiro | Prevention of musculoskeletal disorders in the automotive industry: an experimental study of an intervention programme |
| Marlos Suenney De Mendonça Noronha | Continuous training in formal and non-formal contexts for workers in Family Health Units in the municipality of Évora: A multiple case study. |
| Nilton João Chantre Leite | Exercise programmes to tackle cognitive decline and improve quality of life in patients with type 2 diabetes |
| Nuno Miguel De Faria Bento Duarte | Physiotherapy: impact on the quality of life of women with breast cancer undergoing surgery with sentinel lymph node biopsy |
| | |

| Paula Maria Broeiro Gonçalves | Caregivers, care, reasons, and expectations of caring in place: a multidimensional analysis of highly dependent elderly people, their comorbidities, and care needs from the perspective and concerns of their caregivers |
|---|---|
| Ricardo Miguel Mendes Rodrigues Alves | Policies for healthy eating |
| Rosa Faria Pimentel | Health literacy and written health information in populations with low education levels |
| Rute Sofia Carreira Simões Ribeiro Rocha Santos | Application of an analytical model for internal contracting processes in a Portuguese hospital |
| Sara Querido Conde | The role of human virome in kidney transplant outcomes |
| Soraia Daniela Pires Ferreira | Effects of a multimodal intervention with augmented reality on cognition, functional fitness and physical activity in community-dwelling older adults |
| Susana Margarida Macedo Cardoso | Food choices and physical activity: key factors shaping adolescents' options |
| Suzete Maria Pereira Costa Duarte | A contribution to the economic evaluation of pharmacy services in a collaborative care model in Portugal |
| Tarciano Batista E Siqueira | Adaptation of the Professional Training of Physiotherapists in Function of the Technological Impact in their Clinical Practice: Formative Realities in the Iberian Peninsula |
| Teresa Carmo Sousa Magalhães Barbosa | Criteria for patient admission and discharge – a decision support system |
| Teresa Isabel Da Costa Leão | How do policies shape population health in Europe: from welfare regimes to school-based tobacco control programmes |
| Vanessa Isabel Costa Ribeiro | Determinants of healthcare expenditure – cardiovascular disease |
| Vânia Isabel Da Silva Gaio | Association between air pollution exposure and cardiovascular parameters: linkage between the first national health examination survey and environmental data |
| Vasco Ricoca Freire Duarte Peixoto | COVID-19: Natural history of disease, surveillance, interventions and impact |
| Wolmir Ercides Péres | Extreme and adverse climatic events: assessment of their impact on health indicators in the state of Santa Catarina, Brazil |

3.6.3 Postdoctoral Researchers

Ongoing - 10

Table 12 - Ongoing Postdoctoral Research at CHRC (2024)

| Postdoctoral Researcher Name | Thesis Title |
|---|--|
| Ana Cristina de Oliveira Costa | Ethnic-racial equality in the context of the 2030 Agenda and Quilombola health: policies, environment, and territory |
| Daniel Mendonça Lage da Cruz | Income transfer policies and the homeless population: challenges and perspectives from the case of Belo Horizonte (MG) |
| Deborah Aluh | Legislation and policy for involuntary mental healthcare across countries in the FOSTREN network |
| Esperanza Diaz | Migration and health and health crises |
| Gabriela Drummond Marques da Silva | Evaluation of reference centres for the homeless population and specialised social approach services |
| Helaine Capucho | Quality of care and patient safety - medication safety |
| lara Veloso Oliveira Figueiredo | Strategies for the dejudicialisation of access to public health goods and services in the state of Minas Gerais: proposals for improving public policies based on the study of legal proceedings from 2014 to 2020 |
| Maria do Carmo Baracho de Alencar | Work-related Musculoskeletal Disorders |
| Maria Madalena Ravasco Mendes Lopo Tuna | Newborn screening for congenital cytomegalovirus. A new approach |
| Tatiana Fiuza | Assessment of risk and vulnerability among migrant users in primary healthcare services in Portugal |

Concluded - 8

Table 13 - Concluded Postdoctoral Research at CHRC (2024)

| Postdoctoral Researcher Name | Thesis Title |
|--------------------------------------|---|
| Alexandre Rezende | Implications of parenting styles on children's aquatic competence |
| Alzira Manuela da Rocha Gomes Viegas | Fibrinogen Concentrate Safety for the Correction of Hypofibrinogenemia in Coagulophatic Surgical Patients |

| Ana Paula Morais Fernandes | Development, cultural adaptation, and validation of a terminology recommendation guide for the LGBTQIAPN+ population to promote inclusive language, zero discrimination, and harm reduction in health and education services in Brazil and Portugal |
|----------------------------|---|
| Gustavo Felix | Psychological vulnerability, social factors, and family mental health |
| José Manuel Lourenço Reis | Immune cells inhibitory receptors and endometriosis |
| Lorena Tarriño Concejero | Evaluation of gender-based violence approaches: an open analysis in different areas of social and health care |
| Maria Manuela Cardoso | Growth and body composition of infants born very preterm: comparison between two cohorts fed human milk with target and standard fortification |
| Miriane Lucindo Zucoloto | Blood donation practices among men who have sex with men and perceived accessibility in blood banks following the relaxation of deferral policies in Brazil and Portugal: a transnational study |

3.7 Interface with civil society

The CHRC is strongly committed to the tangible impact of the research in its translation into public policies and civil society, as well as in the provision of services to the community.

In 2024, CHRC researchers participated actively in 152 civil societies or scientific organizations, carried out 177 activities that contribute to the dissemination of scientific

Overview of CHRC's Engagement in Scientific, Civil Society, and

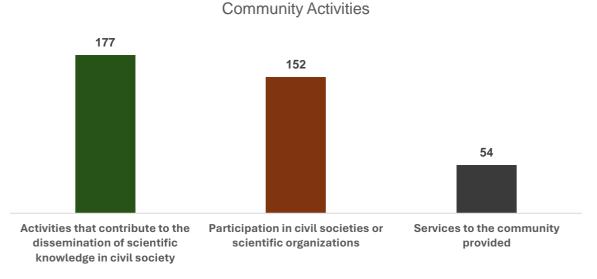


Chart 17 - Overview of CHRC's Engagement in Scientific, Civil Society, and Community Activities

knowledge in civil society, and 54 provided services to the community. Finally, CHRC integrated members made more than 500 contributions to *media*.

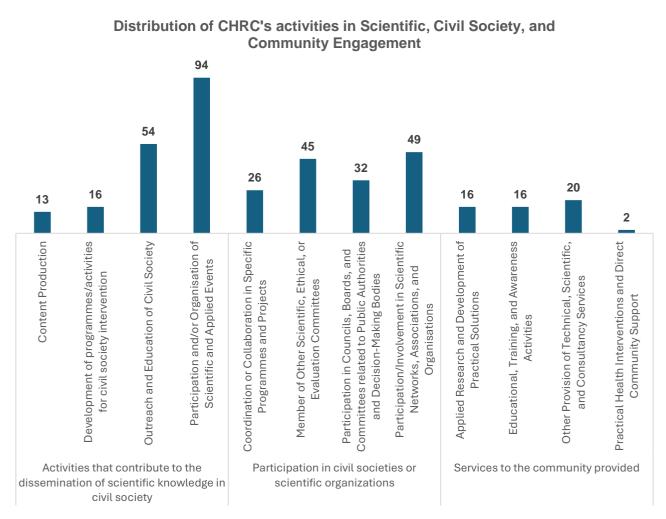


Chart 20 - Distribution of CHRC's Activities in Scientific, Civil Society, and Community Engagement by Category (2024)

Chart 21 - Distribution of CHRC's Activities in Scientific, Civil Society, and Community Engagement by Category (2024)

3.7.1 Activities that contribute to the dissemination and / or application of scientific knowledge in the civil society

Table 14 - Activities Conducted by CHRC Members for the Dissemination and / or Application of Scientific Knowledge in Civil Society (2024)

Outreach and Education of Civil Society

- 1. Participation in the European Researchers' Night 2024
- 2. Living with (and for) Diabetes Conference
- 3. Participation in RTP's Civil Society Program on the theme of Mental Health on October 10, 2024
- 4. Founder of the Cardiodavida platform, with the aim of improving health literacy in the general population through digital platforms.
- 5. NovaSaúde Talks podcast: Ep3 Family Health Units model C
- 6. Interview on NOW TV news; Magazine articles available on PURE
- 7. "Health Literacy B-Side" Podcast
- 8. Participation in the podcast "What voice is this" dedicated to self-care (January 2024)
- Presentation of the RUN UP project and preliminary results, at Science and Technology Week 2024, promoted by the Institute for Research and Advanced Training (IIFA) of the University of Évora Place and date: Palácio D. Manuel, Évora. November 21, 2024
- 10. Co-author of the Green Paper for the Future of Safety and Health at Work
- 11. Elaboração do Aplicativo digital FalaZeroDiscriminação
- 12. Participation in the program "Guia da Vida Saudável" broadcast on the Saúde+ channel: Episode dedicated to persistent and disabling musculoskeletal pain, with a special focus on fibromyalgia (September 2024)
- 13. Launch of the Social Prescription Network Portugal and release of the first Social Prescription manual in Portuguese, at an event organized by ENSP at the Calouste Gulbenkian Foundation on April 9, 2024
- 14. Participation in the Podcast "Que voz é esta?" and the program Sociedade Civil RTP2
- 15. Seminário em Gerontologia, Saúde e Bem-Estar
- Regular dissemination of the Stronger Youth project (ERASMUS+ Program, Reference: KA220-YOU-3BAF79FF), its
 activities and results on social networks and on the project website, including the Newsletter (English and
 Portuguese).
- 17. Participation in the panel "Migrants a look at health from the inside out. What challenges? What opportunities?, as part of the VIII Scientific Meeting of the Portuguese Society of Travel Medicine (9 November 2024)
- 18. Participação no Painel "Envelhecimento Digno e Saudável", no âmbito do evento "Conversas de Igual para Igual Saúde, Qualidade de Vida e Bem-Estar: Como promover comunidades saudáveis?", promovido pela Câmara Municial de Amarante (16 Outubro 2024)
- 19. Speaker on "Communication in health the new migrants", as part of the panel "Challenges of the future society", as part of the 29th Portuguese Congress of Cardiopneumology (April 5, 2024)
- 20. Speaker at the "Networked Community" session on "Social Prescription", at the Loures Odivelas Health Meeting (September 27, 2024)
- 21. Speaker at the "Presentation of the Social Prescription Portugal Network" session on Social Prescription, as part of the 12th Meeting of the Seixal Community Care Unit (October 25, 2024)
- 22. Participation in the Podcast Saúde que Conta "The B-Side of Literacy", episode "Lifting the veil" (November 6, 2024)
- 23. Speaker on "Migration and Health Challenges and Opportunities for Promoting Equity", in Panel IV Health and well-being of migrant populations, as part of the VI International Seminar on Social Vulnerabilities and Health on the theme
- 24. Migratory Paths and Global Citizenship Diversity and (Dis)Equalities (October 12, 2024)
- 25. Participation in the Summer Medical School promoted by Nova Medica School for young people
- 26. Dissemination of animal health and Uma Medicina content to the Évora school community (1st, 2nd and 3rd cycles).
- 27. Halt 4 Project Translation and adaptation of protocols, ensuring rigor and compliance with international standards
- 28. Halt 4 Project Coordination and implementation of training activities for LTCF health professionals
- 29. Participation in the RADAR Project days (May 2024)

- 30. Presentation of the RUN UP project and preliminary results of the children of the Viana do Alentejo School Group, at the invitation of the Alcáçovas Elementary School Parents' Association Place and date: Alcáçovas, November 29, 2024
- 31. Participation in the podcast "What voice is this?" and in "Civil Society"
- 32. Communication materials on physical activity Directorate-General for Health
- 33. Ebook (Organizer): Evidence-Based Nursing Management: Practice, procedures and interventions (Editora Cientifica Digital, Ltda).
- 34. Communication: Violence against Health Professionals in the Alentejo Region: Perceptions and Practices of Focal
- 35. Communication: Violence and health in the different life cycles: similarities and differences according to the scenarios in Portugal and Brazil
- 36. Poster: Obstetric Nurse's Lived Experience in the Autonomy of Parturient Care;
- 37. Poster: Experience of Obstetric Nurses in the Autonomy of Care for Parturients;
- 38. Poster: The Experiences and Perceptions of Obstetric Nurses in the Autonomy of Care for Women in Labor: Systematic Review Protocol with Meta-Synthesis;
- 39. Poster: Cultural Challenges in Labor (1st prize winner);
- 40. Poster: The Experience of Obstetric Nurses in the Autonomy of Care for Parturients
- 41. Dissemination of animal health and medicine content to the Évora school community (1-3rd cycles)
- 42. Participation in the round table "The Impact of Innovation in Health: Maximizing Opportunities and Mitigating Risks", at the HEALTH + SUSTAINABLE Forum, promoted by GSK. Lisbon, February 27, 2024. https://saudemaissustentavel.pt/
- 43. Organization of Metacognitive Training activity at Researchers' Night
- 44. Participation in the 2nd Meeting of Patients' Associations and Takeda: listening to associations, focusing on the patient (September 2024)
- 45. Conference: Mental Health in Focus: Strategies and Initiatives to Promote Mental Health on Campus. Conference given as part of the Better Communication, Better Well-being in Higher Education Institutions conference, as part of the FLOW project Facing Obstacles to Well-being in Academia, at the School of Social Communication, on May 23rd, at the IPL campus, Benfica, Lisbon. https://static.escs.ipl.pt/old/pdfs/divulgacoes/conf-flow-23maio24-programa.pdf;
- 46. Participation in the Panel Session Mental Health in Higher Education Education and Social Action (EAS) organized by the National Association of Biomedical Engineering Students, on 5 June online
- 47. Podcast and Civil Society
- 48. Dissemination of animal health and medicine content to the Évora school community.
- 49. Participation in the panel debate at the 16th Medicines Forum: "Challenges and opportunities of the new European regulation for the future of health in Portugal", organized by APAH Portuguese Association of Hospital Administrators. https://apah.pt/2024/11/15/novo-regulamento-europeu-em-debate-no-forum-do-medicamento/
- 50. Organization of events with Patients' Associations as part of the ACAD project
- 51. Interview for medjournal https://medjournal.pt/2024/09/24/doencas-da-retina-investigacao-centrada-no-doente-e-fundamental-para-encontrar-novas-abordagens-terapeuticas/
- 52. Educating to prevent cancer (Secondary Schools)
- 53. Podcast "Que voz é esta?" and Civil Society RTP2
- 54. Participation in media programs (RTP, TSF)

Content Production

- 1. Production of undergraduate classes and projects involving the university of évora and the state university of campinas with the participation of undergraduate nursing students, postgraduate students at the academic master's level and nurses working in hospitals and family health units
- 2. Poster (VSF-International em https://globalohc.org/8WOHC)
- 3. Production of webinars for kindergarten teachers as part of the OUT to IN project (www.out-to-in.uevora.pt)
- 4. Comunication plan: Projeto ProPhyEdu Programa de intervenção para melhorar a promoção do sucesso escolar em educação física. ERASMUS Ka2
- 5. Production of various contents for free magazines and in the media (newspapers and TV).
- 6. Educational resources for primary and secondary schools; science education activities for students
- 7. Co-author of the Green Paper for the Future of Safety and Health at Work
- Book Chapter: MARTINS, A. L. J.; PAES-SOUSA, ROMULO. From Marginalization to Integration: Racial Agenda in the UN, the 2030 Agenda and Brazilian Proposal of SDG 18 for Racial Equality. In: ROMANO, Zachary; BALLARD, Rachael. (Org.). Sustainable Development Goals Series. 1ed.: Springer International Publishing, 2024, v. 1, p. 297-307
- 9. As part of the Stronger Youth project (ERASMUS+ Program, Reference: KA220-YOU-3BAF79FF), production of chapters several volumes.
- 10. HALT 4 project: drafting and reviewing the report on the Prevalence of Healthcare-Associated Infections and Antimicrobial Use in Integrated Long-Term Care Facilities (LTCFs) in Portugal
- 11. IsAlice Project Videos for the community and pedagogy
- 12. Participation in the revision of the CLSI H42 guide for laboratories.

Participation and/or Organisation of Scientific and Applied Events

- 1. Public Health Emergency Preparedness Assessment of Spain (External assessor with ECDC, European Commission, HERA)
- 2. Moderator/orator at various congresses and workshops related to public health emergencies
- 3. EPIET program trainer (outbreak investigation, time series, introductory course)
- 4. ESICM Congress
- Research in Health Sciences: From the Research Question to the Analytical Report, organized as part of the
 activities of the Pedagogical Council and the Scientific Technical Council of the São João de Deus School of Nursing
 University of Évora and the Comprehensive Health Research Centre 12 March, 2024
- 6. XLIII Reunión Anual de la Sociedad Española de Epidemiología (SEE) y XX Congresso da Associação Portuguesa de Epidemiologia (APE) (2025) Lusophone Public Health Conference (2024) International Scientific Committee of the 17th EPH Conference (2024) XLII Reunión Anual de la Sociedad Española de Epidemiología (SEE) y XIX Congresso da Associação Portuguesa de Epidemiologia (APE) (2024)
- Seminar: Research in Health Sciences: From the Research Question to the Analytical Report, organized as part of
 the activities of the Pedagogical Council and the Scientific Technical Council of the São João de Deus School of
 Nursing University of Évora and the Comprehensive Health Research Centre. March 12th, 2024
- 8. NEI 2024
- 9. Participation in the 5th CHRC Annual Summit;
- 10. 17th International Conference on Nursing Research;
- 11. Seminar on Gerontology, Health and Well-being. Évora (Portugal). May 2024.
- 12. Annual organization of: VIIth Leipzig Evora Zwickau Scientific Meetingin Psychology and Health Sciences NEW HORIZONS, NEW PARADIGMSIN HEALTH AND HUMAN DEVELOPMENT, Leipzig, 10-11 October, 2024
- 13. 12th Brazilian Forum on Pharmaceutical Services and Pharmacoeconomics, São Paulo

- 14. Member of the Scientific Committee of the V SPCAL Congress 2024, held at the University of Coimbra, Portugal.
- 15. Nurs ID 24 International Nursing Research Congress, organized by the NursID group of ESEP/CINTESIS@RISE, will be held on May 6-7, 2024, at ESEP, Porto https://nursid.esenf.pt/organizacao-2024/;
- 16. Organization of the 3rd Conference "Advanced Topics in Musculoskeletal Physiotherapy";
- 17. Participação na conferência "IFOMPT 2024 the world conference of musculoskeletal and manual physical therapy"
- 18. Participation in the European Researchers' Night, September 27, 2024 September 27, 2024 | 17h00-24h00 LOCAL:
 National Museum of Natural History and Science Rua da Escola Politécnica 56, 1250- 102 Lisboa
- 19. Participation in the V National Congress of Community Care Units; Participation in the Researchers' Night at the University of Évora;
- 20. Organization of the 5th CHRC Annual Summit
- 21. 14ª Conferência Internacional sobre Bolores e Micotoxinas
- 22. Organization of the 5th National Congress of Immunoallergology May 2024.
- 23. Scientific Committee of the Workshop/Interim Meeting of the Iberian Society of Cytometry, Oviedo, Spain, May 2024
- 24. Organization of the final event of the LOCUS project with dissemination to the general public.
- 25. Organization of the European Congress of Health Psychology
- 26. Organization of Cochrane Portugal meeting on Value Based Healthcare
- 27. Poster presented at the 8th meeting of the ESCMID Study Group on Legionella Infections, Dresden, Germany
- 28. Member of the organizing committee of the Conference Advanced Topics in Musculoskeletal Physiotherapy: Special Edition, on May 11, 2024, ESS-IPS
- 29. Ill sirve III seminar of the international research network on vulnerability, health, safety and quality of life of the elderly: brazil, portugal and spain;
- 30. XXV National and IX International APEO Congress;
- 31. ProjMan Internacional Conference on Project Management;
- 32. 13th Ibero-American Congress of Qualitative Research (CIAIQ);
- 33. I International Symposium on the approach to violence in the different life cycles: A partnership between Brazil and Portugal:
- 34. XVII International Maternal Health and Obstetrics Nursing Conference for a better life
- 35. Participation as guest Theme: Epidemiology in the SNS and the Health System (Nov.2024)
- 36. Collaborative design approach for upper-limb rehabilitation after stroke using virtual reality and brain computer interfaces, presented at World Congress for NeuroRehabilitation, May, Toronto.
- 37. Awareness of the vestibular system in neurorehabilitation: a scoping review, presented at World Congress for NeuroRehabilitation, May, Toronto;
- 38. Self-management after stroke: co-creation of the ComVida program, presented at Dias da Fisio, 1 June, Porto;
- 39. Research in a changing World: Ethical challenges of participatory methods for Patients and Public Involvement (PPI), presented at the painel "Al is shaping our lives" at the 15th Advanced Doctoral Conference on Computing, Electrical and Industrial Systems, 4 july, Lisboa.
- 40. Joint learning session as part of Stop hospital infection 2.0
- 41. II International Seminar on Technology in Sport and Health
- 42. Seminar of the International Research Network on Vulnerability, Health, Safety and Quality of Life of the Elderly (III SIRVE)
- 43. Organization of the European Health Psychology conference 2025
- 44. Member of the 5th CHRC Annual Summit Scientific Committee, held on 23rd and 24th of September 2024, at Évora.
- 45. Oral presentation at the Human Biology of Movement Behaviors Conference (Porto)
- 46. Poster presentation at the Human Biology of Movement Behaviours Conference (Porto)
- 47. Oral presentation n1 at V Inovatec (Brasilia)
- 48. Oral presentation n2 at V Inovatec (Brasilia)

- 49. Collaboration in the organization and as a speaker at a national initiative to train clinical research in the area of medical devices, as part of a Working Group promoted by the AICIB to Promote Clinical Research with Medical Devices in Portugal.
- 50. Organization of the 4th Workshop on Human Biomonitoring in Portugal
- 51. Collaboration in the organization of the launch event of the Social Prescription network in Portugal (April 9, 2024)
- 52. Organization of the International Congress of the Portuguese Society of Mental Health Nursing, among other congresses
- 53. Porto Intensive Care Medicine Conference
- 54. Research in Health Sciences: From the Research Question to the Analytical Report, organized as part of the activities of the Pedagogical Council and the Scientific Technical Council of the São João de Deus School of Nursing University of Évora and the Comprehensive Health Research Centre. March 12th, 2024
- 55. Oral communication presented at the International Nursing Research Congress NURS ID23, organized by the NursID group of ESEP/CINTESIS@RISE, on May 6-7, at ESEP, Porto. NursID 2024 NursID 2024 (esenf.pt); Teixeira, Delfina, Nogueira, Maria José, (2024). Nursing practice and the quality of care Literature review preliminary data
- 56. Oral Communication presented at the International Nursing Research Congress, organized by the NursID group of ESEP/CINTESIS@RISE, on May 6-7, ESEP, Porto; Oral Communication presented at the 17th International Nursing Research Conference organized by the Portuguese Nurses Association APE Research on May 8, 9 and 10, at the Calouste Gulbenkian Foundation in Lisbon;
- 57. Poster presented at the NursID International Nursing Research Congress, organized by the NursID group of ESEP/CINTESIS@RISE, on May 6-7, at ESEP, Porto NursID 2024 NursId 2024 (esenf.pt)
- 58. Oral participation Active patient participation in research: The relevance of Biobanks. At the NOVA Medical School event to celebrate World Retina Day and dedicated to patients, bringing together researchers, ophthalmologists and patient associations. September 27, 2024
- 59. Scientific Committee AGEINGCONGRESS2024
- 60. Scientific Committee of the European Society for Clinical Cell Analysis (ESCCA) 2024 Congress Palma de Mallorca, Spain. September 2024.
- 61. Oral Communication presented at the 5th Comprehensive Health Research Centre Annual Summit Portugal, University of Évora.
- 62. Guest participation in 8 international events
- 63. Organizing and scientific committee of the III SIRVE (Seminar of the International Research Network on Vulnerability, Health, Safety and Quality of Life of the Elderly)
- 64. Organization and participation in the Marketing your Medical Device event in partnership with the Pedro Nunes Institute.
- 65. President of the CO of various events such as SPC Sports, Cardio Quizz and other meetings and advanced training.
- 66. Annual organization of: VIIth Leipzig-Evora-ZwickauScientificMeetinginPsychology and Health Sciences NEW HORIZONS, NEW PARADIGMSIN HEALTH AND HUMAN DEVELOPMENT, Leipzig, 10-11 October, 2024
- 67. Organization of the "Open Schooling Innovations for Public Health Education" Conference, as part of the "Partnerships for Science Education" project, 12 July 2024, Lisbon, Portugal;
- 68. Speaker at the Digital with Purpose Global Summit, 9-11 July 2024, Cascais, Portugal;
- 69. Association between motor competence, health-related fitness and body mass index in 4th grade school children. (Conferência). XIX Seminário Desenvolvimento motor da Criança, Lisboa, Portugal
- 70. Oral presentation and participation in the round table at the Conference "Integration/Synergies" at Research Week at ULS São José October 14, 2024, Hospital Dona Estefânia
- 71. 17th European Public Health Conference
- 72. Consulting for the World Bank. Social Protection & Labor AFRICA. Presentation to the Government of Cameroon of the Brazilian experience of social protection policies on the evolution of institutional arrangements and the lessons learned about their relative advantages and disadvantages and reflections for the future. 2024.

- 73. Organization of an open class "Psychomotricity & Inclusive Education: Practice and Reflection" as part of the Inclusion and Special Needs Throughout Life curricular unit. Speaker Lúcia Amaral Ferreira (Psychomotrician). University of Évora, October 22, 2024.ial. Social Protection & Labor AFRICA. Presentation to the Government of Cameroon of the Brazilian experience of social protection policies on the evolution of institutional arrangements and the lessons learned about their relative advantages and disadvantages and reflections for the future. 2024.
- 74. Coorganization (with Prof. Guida Veiga, CHRC; and Prof. Andreia Dionísio, IFFA) of the Inclusion and Equity at School Symposium
- 75. Organizer of the Stronger Youth Project Kick-Off Meeting in Évora, Portugal, 31 January 1 February 2024.
- 76. Moderator (with Luísa Grácio) of the table "A youth peer mentoring project in my country: Discussion and synthesis", Stronger Youth Project Kick-Off Meeting. Évora, Portugal, 31 janeiro 1 fevereiro 2024.
- 77. Participation in the 2nd Partners Meeting of the European Stronger Youth Project (Erasmus+), which took place in Valencia, Spain, October 29-20, 2024.
- 78. Participation in the Inclusion and Equity at School Symposium. University of Évora, June 14, 2024.
- 79. Participation in the conference Intelligence redifined as PASS neurocognitive abilities: International possibilities, by Jack A. Naglieri. University of Évora, May 15, 2024.
- 80. Participation in the 8th Research Conference of the Psychology Department. University of Évora, March 15, 2024.
- 81. Participation in the Kick-Off Meeting of the European Stronger Youth Project (Erasmus+), which took place at the University of Évora, Évora, Portugal, January 31 and February 1, 2024.
- 82. Participation in the Public Launch of the Portuguese Critical Thinking Network Crithinknet. University of Coimbra, January 19, 2024.
- 83. Communication: Agostinho, I., Grácio, L. & Carapeto, M. J. (2024, May 15). Loneliness and well-being in Portuguese adults: a literature review. Oral communication presented at AgeingCongress2024, VI International Congress on Ageing. Lisbon, Portugal, May 13 17, 2024.
- 84. Communication: Paulino, C., Carapeto, M. J. & Grácio, L. (2024, May 13). Ageing, well-being and religiosity in portugal: a literature review. Oral communication presented at AgeingCongress2024, VI International Congress on Ageing. Lisbon, Portugal, May 13 17, 2024.
- 85. Communication: Carapeto, M. J. (2024, March 15). Mental health and well-being of young people: risk and protection.

 Paper presented at the 8th Research Conference, Department of Psychology, University of Évora, Évora, Portugal,

 March 15, 2024.
- 86. Communication: Rosa, A., Pereira, A. & Carapeto, M. J. (2024, October 4-5). Cancer Literacy among College Students. Poster presented at the XIV National Congress of Psycho-Oncology and III Luso-Brazilian Congress of Psycho-Oncology, Universidade Portucalense, Porto, October 3-5, 2024.
- 87. Oral communication presentation: Godinho, C. A., Pereira, C. R., Pegado, A., Luz, R. & Alvarez, M.-J. (2024). Condom use in casual and committed relationships in emerging adults. 15th National Congress of Health Psychology, January 31-February 3, Egas Moniz School of Health & Science, Almada, Portugal.
- 88. Speaker at the event *The roadmap for value-based reimbursement: from digital innovation to the patient and healthcare teams*. Exploring the impact of screen-time exposure on motor competence and health-related physical fitness parameters in 4th grade children. (Conferência). XIX Seminário Desenvolvimento motor da Criança, Lisboa, Portugal
- 89. Exploring the impact of screen-time exposure on motor competence and health-related physical fitness parameters in 4th grade children. (Conferência). XIX Seminário Desenvolvimento motor da Criança, Lisboa, Portugal
- 90. President of the Brazilian Association of Collective Health (ABRASCO): Coordinator of the Brazilian Health Congress.
- 91. Godinho, C. A. (2024). Health and Exercice, Bridging the gap: State-of-Play in Portugal. Peer Learning Activity Cyprus Sport Organisation / European Commission. Larnaca, Cyprus, 21-22 maio.
- 92. Participation in the Organizing Committee of III SIRVE

- 93. Motor competence of 10-year-old children according to the type and weekly frequency of sports practice . 5th Annual Summit CHRC, Universidade de Évora, Portugal
- 94. Keynote Speaker: Brazilian Congress of Policy Planning and Health Management. 2024.

Development of programmes/activities for civil society intervention

TOTAL: 16

- 1. Responsible at FCM-UNL for liaising with the Alzheimer Portugal association within the scope of the protocol signed in 2019 to provide technical and scientific consultancy, collaboration in teaching activities and research activities.
- As part of the ELEVATE project, information sessions on cervical cancer were held with the offer of a self-collection test for HPV detection to women from vulnerable backgrounds, in associations and community-based organizations.
- 3. Ubuntu Trainers Week 2024 Ubuntu in Higher Education Project
- 4. Scientific collaboration with the ELO FARMA Pharmacy Network since 2021
- 5. PAssUS 2030- Implementation of the SPLIT Program at national level
- 6. National program to reduce coercion in mental health services
- 7. Alentejo Integrated Cardiac Rehabilitation Program
- 8. Development and implementation of the Selfie Program in the community.
- 9. European Researchers' Night (September 27, 2024), with the motto "Science for Global Challenges".
- 10. Cities Changing Diabetes project coordinated by NOVONORDISK, also involving NMS
- 11. Self-image, Self-care; Quality of life (Person with cancer disease))
- 12. Co-coordinator of the initiative "Leading the way for a healthy future" (ENSP-NOVA), course on Value in Health (ENSP-NOVA, financed by MSD)
- 13. Initiatives under the Cardiodavida platform
- 14. Workshops "IPMA Kids"
- 15. An anxiety prevention program for university students was designed and implemented in collaboration with Prof. Anabela Pereira (University of Évora) and two trainee psychologists (Portuguese Psychologists' Association), as part of the activities of the Psychology Community Outreach Service (SEC-Psi) of the School of Social Sciences, University of Évora. Publication of the Manual and a scientific article on the program's impact are in preparation.
- 16. Establishment of a partnership with a secondary school in Alentejo to implement a peer mentoring program to promote adolescent mental health, and preparatory research, within the scope of the Stronger Youth project (ERASMUS+ Program. Reference: KA220-YOU-3BAF79FF). The program will be implemented in 2025

3.7.2 Provision of services to the community / civil society

Table 15 - Services Provided by CHRC Members to the Community / Civil Society (2024)

Practical Health Interventions and Direct Community Support

TOTAL: 2

- 1. Outpatient care for breast and gynecological cancer patients
- 2. NovoNordisk's "Cities Changing Diabetes" project to promote healthy eating in the Ajuda neighborhood (Lisbon)

Educational, Training, and Awareness Activities

- 1. Academy for the Empowerment of Patient Associations (ACAD) project, which involves the organization and implementation of a set of training and awareness activities with associations of people living with disease, their families, and caregivers.
- 2. "Biobanks" UC Nuclear Research Methodologies class, of the PhD in Health Sciences, on 11/22/2024
- 3. Participation in the University of Évora's Researchers' Night
- 4. Collaboration II Specialization Course in Occupational Medicine in Angola, a partnership project between ENSP and Clínica Sagrada Esperança
- 5. Workshop to raise awareness among the school community of the importance of scientific research and the subsequent application of knowledge for the benefit of the community.
- 6. Basic Life Support Course
- 7. "Biobanks and their applications" Lecture within the framework of the Seminars in Health and Technologies Curricular Unit, Doctoral Program in Health and Wellness Sciences and Technologies, 1/03/2024
- 8. Il Specialization Course in Occupational Medicine in Angola, a collaborative project between ENSP and Clínica Sagrada Esperança
- 9. First Aid Course
- 10. Classes and supervision of undergraduate nursing internships primary care in the area of women's and newborn's health
- 11. Supervised internships in women's health (oncology chemotherapy outpatient clinic)
- 12. Teaching and supervising internships in hospital administration
- 13. Trauma Course
- 14. Participation no 5th FLxFlow Course Principles and Applications of Flow Cytometry Lisboa, Portugal, novembro de 2024
- 15. Peritoneal Dialysis Training Course Training for self-care
- 16. Master's qualification boards

Applied Research and Development of Practical Solutions

- 1. Study to create a Nursing School on the Coast
- 2. Project "Medical Device Access Index 1st Edition 2024 Given the lack of data on the MD circuit in a hospital environment in Portugal, as well as on the level of access to them, the 1st Edition of the study 'National Medical Device Access Index' was carried out in 2024.
- 3. Scientific Coordinator for the Monitoring and Evaluation component of the Municipal Strategy "Local Pact to End the HIV/AIDS Epidemic in Amadora Fast-Track Cities Amadora" (Amadora City Council).
- 4. Member of the Advisory Committee of the "Lisbon City Without AIDS Fast-Track Cities" strategy, a municipal initiative that emerged following the adherence of cities to the Paris Declaration and aims to mitigate the epidemic as a public health issue (Lisbon City Council).
- Coordinator of the technical-scientific support team for the Coordination Group of the Municipal Strategy "Cascais
 on the Fast Track to Ending the HIV and Viral Hepatitis Epidemic Fast-Track Cities Cascais", focusing on
 monitoring and evaluating the municipal strategy (Cascais City Council and Associação Ser+).
- 6. Coordinator of the project "Evaluation of the Social Prescription Project in Family Health Units in Lisbon" (Lisbon City Council)
- Coordinator of the "Evaluation and Monitoring Study of the O trishaw é o melhor remédio project" (Associação Pedalar Sem Idade)
- 8. Coordinator of the project "Monitoring and Evaluation of the Cultural Prescription Project" (Comunidade Intermunicipal do Alentejo Central). Coordinator of the "Evaluation Study of the 360° Algarve Mental Health Project" (Plataforma Saúde em Diálogo)
- Coordinator of the technical-scientific consultancy for the Social Prescription pilot study for citizens living in the municipality of Cascais (Cascais City Council).

- 10. Provision of services for Médis Project "Promotion of Health Literacy and Use of Health Services"
- 11. Member of the project team "Evaluation of the Social Prescription Project in Family Health Units in Lisbon".
- 12. Member of the monitoring and evaluation team for the Municipal Strategy "Local Pact to End the HIV/AIDS Epidemic in Amadora Fast-Track Cities Amadora".
- 13. Member of the technical-scientific support team for the Coordination Group of the Municipal Strategy "Cascais on the Fast Track to Ending the HIV and Viral Hepatitis Epidemic Fast-Track Cities Cascais".
- 14. Team member of the project "Development of a Roadmap for Action for Advancing Aggregate Exposure to Chemicals in the EU (ExpoAdvance)," in the Knowledge Translation and Communication component.
- 15. Member of the technical-scientific consultancy team for the Social Prescription pilot study for citizens living in the municipality of Cascais (Cascais City Council).
- 16. Hospital Medicines Access Index 2024 project interim study October 2023 to October 2024

Other Provision of Technical, Scientific, and Consultancy Services

- 1. Member of the Regional Mental Health Coordination.
- 2. Evaluation of the creation of a cycle of studies in nursing on the Alentejo coast
- 3. Reviews for scientific journals plos one, bmj opne, bmc women and health, brazilian journal of gynecology and obstetrics
- 4. Member of the Health Technology Assessment Commission (Infarmed)
- 5. Implementation of the Information System at Clínica Sagrada Esperança (ISICSE), Angola
- 6. FCT PhD Scholarships Panel
- 7. NMS Immunology and Primary Immunodeficiency Laboratory
- 8. Provision of technical services to carry out analyses in the field of human cytomegalovirus detection by molecular biology
- 9. Integration, as Physiotherapist, of the Health Team of the Portuguese Olympic Committee in the Mission to the Paris 2024 Olympic Games
- 10. Clinical consultations for pets.
- 11. Provision of specialty services at the Uévora Veterinary Hospital
- 12. Graphomotricity training at IESB University (Brasilia) and aquatic therapy training for the Portuguese Association of Psychomotricity.
- 13. Provision of Study Coordination Consultancy Services to ULS Lisboa Ocidental.
- 14. Expert panel (IPBES, BIONEXT)
- 15. Quality audits and assessments of laboratories with national and international accreditation bodies
- 16. Collaboration in the capacity of Physiotherapist in accompanying the athletes of the National Judo Team during the preparatory sporting events for the Paris 2024 Olympic Games.
- 17. Provision of Study Coordination Consultancy Services at ULS Arrábida.
- 18. Tender for the European Centre for Disease Control Development of online training (synchronous and asynchronous) on Behavioral and Social Sciences in the Prevention and Control of Communicable Diseases
- 19. Consulting, Management of Regulatory Affairs, Clinical Operationalization and Monitoring of Clinical Studies for the pharmaceutical industry, MedTech and Startups.
- 20. Accreditation Commission for training activities Ordem dos Enfermeiros

3.7.3 Participation as an active member of a civil society and scientific organization

Table 16 - Participation of CHRC Members as Active Members in Civil Society and Scientific Organizations (2024)

<u>Participation in Councils, Boards, and Committees related to Public Authorities and Decision-Making Bodies</u>

TOTAL: 32

- 1. Member of the Regional Mental Health Coordination. Member of the Scientific Council of FCM-UNL.
- 2. DGS Public Health Emergencies Center
- 3. President of the Portuguese Epidemiology Association; Member of SAB EHMA
- 4. Board of the Lisbon Society of Medical Sciences
- 5. Commission for AI (Medical Association)
- 6. President of the General Council of the Lisbon School of Nursing
- 7. President of Portuguese sarcoma group
- 8. Member of CATS (INFARMED)
- 9. CEIC member
- 10. Coadjuvant of the national program for oncological diseases
- 11. ORDER OF NURSES (Member of CACAF)
- 12. General Council of the Order of Physiotherapists
- 13. Brazilian Association of Collective Health (ABRASCO) President
- 14. National School of Public Health Director National School of Public Health President of the Scientific Council
- 15. Director of the ULSLO Psychiatry Department
- 16. Effective member of the Technical Vaccination Commission
- 17. Member of the Directorate General of Health
- 18. Coordinator of the Integrated Surveillance Program for Legionnaires' Disease, DGS
- 19. Vice-Chairman of the Health Technology Assessment Committee (CATS, INFARMED, IP)
- 20. ESESJD CTC member
- 21. President of the School Assembly (ESESJD)
- 22. Member of MESMO's Course Committee
- 23. Member of the Postgraduate Course Committee for Health Unit Administration
- 24. Member of UÉ's General Council
- 25. College of Cardiology Specialty Portuguese Medical Association Board Member
- 26. Life and Health Sciences Scientific Council
- 27. IPBeja's General Council
- 28. Ethics Committee for Clinical Research CEIC member of the National Ethics Committee for Clinical Research
- 29. Coordinator of the Studies and Planning Office of the Order of Physiotherapists
- 30. Federação Mundial das Associações de Saúde Pública (WFPHA) Membro do Comité Político
- 31. Participation as President of the Strategic Council of Beira's Academic and Clinical Center
- 32. Deputy Director of the Department of Veterinary Medicine

Participation/Involvement in Scientific Networks, Associations, and Organisations

- 1. Member of the Board of ASPESM The Portuguese Society of Mental Health Nursing
- 2. Member of the Board of the Assembly of the Portuguese Nurses Association

- 3. Member of the General Assembly of the Portuguese Association for the Promotion of Public Health;
- 4. Member of the Scientific Committee of ProjMAN International Conference on Project Management;
- 5. Membro da Comissão Cientifica da HCist Conferência Internacional sobre Sistemas e Tecnologias de Informação em Saúde e Assistência Social;
- 6. Member of the Portuguese Project Management Observatory (OPGP);
- Member of the Scientific Committee of the Good Health Practices Award (PBPS);
- 8. Member of GNAD (National support group for the discussion of Horizon Europe)
- 9. Member of the Board of the Portuguese Public Health Society
- 10. Membro da ISBER International Society for Biological and Environmental Repositories
- 11. APSEI Portuguese Safety Association
- 12. Membro; Sociedade de Investigação de Micotoxinas
- 13. Member of the Iberian Society for Cytometry
- 14. Member EuSoMII
- 15. International Research Network on Vulnerability, Health and Safety of Older People
- 16. International Neurological Physiotherapy Association.
- 17. Portuguese Society for Clinical Communication in Health Care.
- 18. Member of the Portuguese Society of Family Therapy
- 19. Member of the Geriatric Psychiatry Section of the Portuguese Society of Psychiatry and Mental Health
- 20. Member of the Cerebral Aging and Dementias Study Group
- 21. Involvement in the activities of the Portuguese Society of Cardiology and the Portuguese Society of Sports Medicine
- 22. European General Practice Research Network
- 23. Scientific Committee of the 17th International Nursing Research Conference
- 24. Chairman of the Board of the New Public Health Association
- 25. Member of the national network of Biobanks Biobanco.pt
- 26. Member of the Governing Bodies; APTAC Portuguese Association of Clinical Analysis and Public Health Technicians
- 27. Collaborator (Portuguese League Against Cancer)
- 28. Chair of the Section on Migrant and Ethnic Minority Health, European Public Health Association (EUPHA) (since 2024).
- 29. Alternate member of the Board of the National Association of Public Health Physicians
- 30. International research network on health vulnerability and safety of older people
- 31. ENSP Responsible for the Cochrane Portugal affiliate center.
- 32. National focal point for legionnaires' disease and operational contact point for legionellosis in the European surveillance network for legionnaire's disease of the ECDC
- 33. Member of the Board of the Portuguese Association of Health Economics
- 34. Member of the Portuguese Association of Obstetric Nurses
- 35. European Association of Cardiovascular Imaging Deputy Chair of the Education Committee
- 36. Member of the Scientific Committee of the European Health Psychology Society
- 37. Member of the Working Group Promoting Clinical Research with Medical Devices (led by AICIB)
- 38. Alternate Member of the General Assembly of the Portuguese Association of Hospital Administrators
- 39. Member of the "Rede Lusófona de Biobancos" initiative
- 40. Scientific Council; Portuguese Council for Health and Environment
- 41. MEMBER / European Society of Clinical Microbiology and Infectious Diseases
- 42. European Society of Cardiology Member of the Registries Committee
- 43. National Critical Thinking Network (Crithibnknet)
- 44. Portuguese Society of Veterinary Sciences (Vice-President)
- 45. OMV General Assembly

- 46. Member (representing FFUL) of the Organizing Committee of the Doctorate in Planetary Health Studies, a 3rd cycle course organized by the Rectory of the University of Lisbon
- 47. Member/Portuguese Society of Microbiology
- 48. Member of the College of Human Biology and Health of the Order of Biologists
- 49. Co-Coordinator of the Implementation Science Knowledge Center ENSP

Coordination or Collaboration in Specific Programmes and Projects

- 1. Coordinator of the Agreement between the University of São Paulo and the UN Joint United Nations Program on HIV/AIDS (UNAIDS)
- 2. Implementation of laboratory management software (Clinidata) at the level of existing public laboratories in the Azores
- 3. PRO-PHY-EDU: Intervention program to improve the promotion of school success in physical education Erasmus + (2024-2026) Researcher.
- 4. Co-PI APRICOT project Financed by NIH
- 5. Coordination at the University of Évora of the XR2ESILIENCE project funded by HEuropa
- 6. Coordination of the European project "Partnerships for Science Education";
- 7. Director of the "IPMA Kids" Program in Portugal
- 8. President of the Scientific Committee of the Elo Farma 2024 Network Award
- 9. Coordinator of the 2nd Cycles of Studies (Masters) at NOVA Medical School
- 10. Tender for the European Center for Disease Control Development of online training (synchronous and asynchronous) on Behavioral and Social Sciences in the Prevention and Control of Communicable Diseases
- 11. SCIGLO: Science for Global Challenges. Horizon Europe (2024-2026) Researcher.
- 12. Coordinator of the "IPMA Kids" international program in Portugal
- 13. Alternate representative of the CT-87 Technical Committee for Standardization of Health Technologies of APORMED Portuguese Association of Medical Device Companies.
- 14. NovoNordisk's "Cities Changing Diabetes" project to promote healthy eating in the Ajuda neighborhood (Lisbon)
- 15. Collaboration on the violence against health professionals project in the Alentejo region
- 16. Vagar(mente). Directorate-General for Higher Education (2023-2026) Researcher.
- 17. Clinical director of HVUE
- 18. PI Scientific project European Center for Disease Control Social and Behavioural Sciences for Communicable Diseases
- 19. Collaboration in the Al models for M-IA-RCH Hybrid Cardiac Rehabilitation project.
- 20. Director of the "IPMA Kids" Program in Portugal
- 21. Collaboration on the LISBOA2030-2024-15 Application for Scientific Infrastructures and Equipment: National Biobank Network Lisbon Node (LISBOA2030-FEDER01317100)
- 22. Researcher in the research project entitled "Adaptive Governance in Health Crises Framework: Enhancing Equity and Resilience in Global Health Systems", funded by World Health Organization.
- 23. Provision of services for Médis Project "Promotion of Health Literacy and Use of Health Services"
- 24. Matter: Project for transversal training, screening and early community intervention in perinatal mental health (2023-2025) Researcher.
- 25. Collaboration on Application LISBOA2030-2024-15 Scientific infrastructures and equipment: Pre-clinical Innovation Hub for NOVA Medical School Clinic (LISBOA2030- FEDER01317200)
- 26. HealthyW8: Empowering healthy lifestyle behaviour through personalised intervention portfolios to prevent and control obesity during vulnerable stages of life. Horizon Europe (2023-2028) Researcher.

Member of Other Scientific, Ethical, or Evaluation Committees:

- 1. Member of the Ethics Committee for Clinical Research (CEIC), appointed by the Minister of Health (Order No. 271/2021, Diário da República 2nd Series, part C, January 8, 2021, pages 130-134).
- 2. Member of the evaluation panel for the award of FCT grants
- 3. Research ethics committee of the faculty of medical sciences of unicamp
- 4. Member of the Scientific Advisory Committee of EHMA (European Health Management Association).
- 5. Member by NSPH-Nova at the Value Creation Council and the Sustainability Council of Nova4TheGlobe of Nova University of Lisbon.
- 6. Elected member of the Scientific Council of ANSM Agence Nationale de la Securité du Medicament.
- 7. Appointed by Ministerial Order (DR, 2nd series No. 84 of 2-05-2016) member of the Health Technology Assessment Commission (CATS) Advisory body of Infarmed National Authority for Medicines and Health Products.
- 8. XVIII Seminar on the Motor Development of Children. Lisbon. November, 2024 (member of the scientific committee)
- 9. Vice-Chairman of the NMS Ethics Committee
- 10. President of the College of Psychiatry of the Portuguese Medical Association
- 11. National School of Public Health Member of the Ethics Committee National School of Public Health Member of the Scientific Council
- 12. ENSP Member of the Ethics Committee
- 13. Member of the Scientific Committee of the International Conference on Integrated Care 2025
- 14. Evaluation of Accreditations
- 15. Member of ORBEA-EU
- 16. Member of the evaluation committee for the Call for PhD Scholarships for PALOP + TIMOR LESTE (MCTES/MNE)
- 17. Head of the Commission for Preventing and Combating Harassment University of Évora [started in January 2024]
- 18. Patients' and Consumers' Working Party (PCWP) of the European Medicines Agency
- 19. Scientific Council of the National School of Public Health (ENSP)
- 20. Member of the National Ethics Council for Life Sciences
- 21. Member of the Ethics Committee for Clinical Research
- 22. Member of the research committee of the unicamp women's hospital
- 23. External member of the ESS-CVP Quality Assessment Council
- 24. Member of the scientific management committee for the computerization of public laboratories in the Azores.
- 25. Member of the NMS Scientific Committee
- 26. Member of the Board of Directors of the HVUE
- 27. Member of the Ethics Committee of the Polytechnic Institute of Setúbal
- 28. President of ORBEA at U Évora
- 29. Member of U Évora's Ethics Committee
- 30. Jury of the Theoretical Test of the National Examination for the Specialty of General and Family Medicine
- 31. Member of the research coordinating body of the unicamp faculty of nursing
- 32. Coordinator of the NMS Biosafety Committee
- 33. Global Society on Migration, Ethnicity, Race and Health Member of the International Council
- 34. Member of the Scientific Committee of the European Public Health Conference 2024
- 35. Member of NMS's Pedagogical Council
- 36. External evaluation with ECDC of Spain Public Health Emergency Preparedness Assessment under Regulation (EU) 2022/2371 on Serious Cross-Border Threats to Health (SCBTH)
- 37. Jury for the Recruitment Process for Director of the Health Quality Department of the Directorate-General for Health
- 38. Member of NMS GreenLabs Team / Sustainability Board

- 39. Il SIRVE Ill Seminar of the international research network on vulnerability, health, safety and quality of life of the elderly: brazil, portugal and spain
- 40. Chair Evaluation Panel (PAC) National Cancer Hub-PT 2024 (AICIB)
- 41. Public Health Training Focal Point (alternate) from Portugal for the European Center for Disease Prevention and
- 42. Expert of the Transforming Health and Care Systems (THCS) partnership
- 43. Member of the Advisory Board of the COMPLUS Project: Community

 Community Participation into Practice in a World of Pluralistic Health
- 44. Member of ENSP's Scientific Council
- 45. Member of ENSP's Pedagogical Council



This report was elaborated based on information collected from 105 questionnaires on the scientific indicators filled by CHRC integrated members. This questionnaire was launched by email in 20th January. For the purposes of the management report, data received up to 17th February was considered.

The research support services of all management institutions were also consulted, with respect to applications prepared, scientific publications, funded projects, internationalization, scientific knowledge transfer, postgraduate supervision and financial execution.

This report was delivered in 31st March, 2025 and subsequently approved by CHRC Executive Committee.

4. ANNEXES

4.1 Articles in peer-reviewed journals - SCOPUS index - Q1

TOTAL:266



Table 17 - List of articles in peer-reviewed journals - SCOPUS index - Q1

31st European Congress on Obesity (ECO 2024). (2024). Obesity Facts, 17(Suppl. 1), 7–515. https://doi.org/10.1159/000538577

Α

Advinha, A. M., Fernandes, J. P., & Perdigao, M. (2024). Food-drug interactions risk management: An emergent piece of pharmacovigilance systems. Pharmacol Res Perspect, 12(4), e1245. https://doi.org/10.1002/prp2.1245

Alegrete, J., Batalha, N., Fernandes, O., Parraca, J. A., Rodrigues, A. M., Londral, A. R., & Sousa, J. P. (2024). Effectiveness of the KC@H programme compared with clinic-based rehabilitation in patients recovering from ACL reconstruction: a study protocol for a single-centre, two-arm, single-blinded, randomised controlled superiority trial. BMJ Open Sport Exerc Med, 10(1), e001868. https://doi.org/10.1136/bmjsem-2023-001868

Alho, A. M., Oliveira, A. P., Viegas, S., & Nogueira, P. (2024). Effect of heatwaves on daily hospital admissions in Portugal, 2000–18: an observational study. The Lancet Planetary Health, 8(5), e318-e326. https://doi.org/10.1016/S2542-5196(24)00046-9

Almeida, M. B. D., Moreira, M., Miranda-Oliveira, P., Moreira, J., Família, C., Vaz, J. R., Moleirinho-Alves, P., & Oliveira, R. (2024). Evolving dynamics of neck muscle activation patterns in dental students: a longitudinal study. Sensors, 24(17), Article 5689. https://doi.org/10.3390/s24175689

Almeida, M. B., Moreira, M., Moreira, J., Vaz, J. R., Moleirinho-Alves, P., & Oliveira, R. (2024). The time-course changes in postural control variability between neck pain and asymptomatic dental students. Scientific Reports, 14(1), Article 31004. https://doi.org/10.1038/s41598-024-82119-x

Aluh DO, Agu DI, Igbokwe WJ, Anunwa IG. (2024) Public acceptance of coercive measures in Nigerian mental health care. Int J Soc Psychiatry. 2024 Nov 13:207640241296050. doi: 10.1177/00207640241296050. Epub ahead of print.

Aluh DO, Azeredo-Lopes S, Pedrosa B, Silva M, Grigaitė U, Martins AR, Mousinho MFA, Cardoso G, Caldas-de-Almeida JM. Revisiting the psychometric properties of the McArthur admission experience survey: Validating the Portuguese version using a bifactor approach. Heliyon. 2024 Jan 9;10(2):e24114. doi: 10.1016/j.heliyon.2024.e24114. PMID: 38293471; PMCID: PMC10827453.

Aluh DO, Cortes JD. (2024) Second Victims in Mental Health Care. Journal of Patient Safety. http://dx.doi.org/10.1097/pts.00000000000001277.

Aluh DO, Diaz-Milanes D, Azeredo-Lopes S, Barbosa S, Santos-Dias M, Silva M, Grigaitė U, Pedrosa B, Velosa A, Cardoso G, Caldas-de-Almeida JM. Coercion in Psychiatry: Exploring the Subjective Experience of Coercion

Among Patients in Five Portuguese Psychiatric Departments. J Behav Health Serv Res. 2024 Jul 10. doi: 10.1007/s11414-024-09890-7. Epub ahead of print. PMID: 38987414

Aluh DO, Diaz-Milanes D, Pedrosa B, Silva M, Grigaitè U, Almeida CR, de Almeida Mousinho MF, Vieira M, Cardoso G, Caldas-de-Almeida JM. Coercion in psychiatry: psychometric validation of the Portuguese Staff Attitudes to Coercion Scale (SACS). Discov Ment Health. 2024 Aug 14;4(1):27. doi: 10.1007/s44192-024-00083-4. PMID: 39141248; PMCID: PMC11324637.

Aluh DO, Lantta T, Lourenço T, Birkeland SF, Castelpietra G, Dedovic J, Caldas-de-Almeida JM, Rugkåsa J. Legislation and policy for involuntary mental healthcare across countries in the FOSTREN network: rationale, development of mapping survey and protocol. BJPsych Open. 2024 Sep 19;10(5):e154. doi: 10.1192/bjo.2024.744. PMID: 39295429; PMCID: PMC11457212.

Aluh DO, Onu JU, de Almeida JMC. A new era for mental health care in Nigeria. Lancet Psychiatry. 2023 May;10(5):310-311. doi: 10.1016/S2215-0366(23)00071-8. Epub 2023 Mar 12. PMID: 36921611.

Aluh, D. O., & Cortes, J. D. (2024). Second Victims in Mental Health Care. Journal of Patient Safety, 20(8):e144. https://doi.org/10.1097/PTS.000000000001277

Alves, B.; Mota, P.; Sineiro, D.; Carmo, R.; Santos, P.; Macedo, P.; Carreira, J. et al. (2024). MoveONParkinson: developing a personalized motivational solution for Parkinson's disease management. Frontiers in Public Health 12 http://dx.doi.org/10.3389/fpubh.2024.1420171.

Alves, E., Goncalves, C., Oliveira, H., Ribeiro, R., & Fonseca, C. (2024). Health-related outcomes of structured home-based rehabilitation programs among older adults: A systematic literature review. Heliyon, 10(15), e35351. https://doi.org/10.1016/j.heliyon.2024.e35351

Alves, I., Castro, M. A., Tavares, S., & Fernandes, O. (2024). Unveiling the Chaos in Postural Control in Adults with Achondroplasia. J Funct Morphol Kinesiol, 9(1), 39. https://doi.org/10.3390/jfmk9010039

Alves, R., Perelman, J., Chang, K., & Millett, C. (2024). Environmental impact of dietary patterns in 10 European countries: a cross-sectional analysis of nationally representative dietary surveys. European Journal of Public Health, 34(5), 992-1000. Advance online publication. https://doi.org/10.1093/eurpub/ckae088

Amaro, F. I. F., Soares, P., Velo, E., Carvalho, D. O., Gomez, M., Balestrino, F., Puggioli, A., Bellini, R., & Osório, H. C. (2024). Mark-release-recapture trial with Aedes albopictus (Diptera, Culicidae) irradiated males: population parameters and climatic factors. Insects, 15(9), Article 685. https://doi.org/10.3390/insects15090685

Amaro, P., Fonseca, C., Afonso, A., Jacinto, G., Gomes, L., Pereira, H., Jose, H., Silva, C., Lima, A., Arco, H., Nabais, J., Lopes, M., Pereira, A., Fragoeiro, I., & Pinho, L. G. (2024). Depression and Anxiety of Portuguese University Students: A Cross-Sectional Study about Prevalence and Associated Factors. Depression and Anxiety, 2024, 1-14. https://doi.org/Artn 5528350

Antao, H. S., Sacadura-Leite, E., Aguiar, P., Gois, C., Marques, J., Pombo, S., & Figueira, M. L. (2024). Association between omega-3 index and depersonalization among healthcare workers in a university hospital: a cross-sectional study. Frontiers in Psychiatry, 15, Article 1425792. https://doi.org/10.3389/fpsyt.2024.1425792

Antunes, B. B. P., Bastos, L. S. L., Kurtz, P., Sant'Anna, L. M., del Peloso, P. F., Espanha, C. A., Hamacher, S., & Bozza, F. A. (in press). Persistent carbapenem resistance in mechanically ventilated ICU patients: A before-and-

after analysis of the COVID-19 surge. American Journal Of Infection Control. https://doi.org/10.1016/j.ajic.2024.10.014

Araújo, R., Ramalhete, L., Von Rekowski, C. P., Fonseca, T. A. H., Bento, L., & R. C. Calado, C. (2024). Early Mortality Prediction in Intensive Care Unit Patients Based on Serum Metabolomic Fingerprint. International Journal of Molecular Sciences, 25(24), Article 13609. https://doi.org/10.3390/ijms252413609

Ares-Blanco, S., Guisado-Clavero, M., Lygidakis, C., Fernández-García, M., Petek, D., Vinker, S., ... Astier-Peña, M. P. (2024). Exploring the accessibility of primary health care data in Europe's COVID-19 response: Developing key indicators for managing future pandemics (Eurodata study). BMC Primary Care, 25(1), Article 221. https://doi.org/10.1186/s12875-024-02413-5

В

Baptista FM, Nery E, Cruz EB, Afreixo V, Silva AG. Effectiveness of Neural Mobilisation on Pain Intensity, Functional Status, and Physical Performance in Adults with Musculoskeletal Pain - A Systematic Review with Meta-Analysis. Clin Rehabil. 2024 Feb;38(2):145-183. doi: 10.1177/02692155231215216. Epub 2023 Nov 21. PMID: 37990512; PMCID: PMC10725147.

Baptista, H., Mendes, J. M., & MacNab, Y. C. (2024). Similarity- and neighbourhood-based dynamic models for infection data: Uncovering the complexities of the COVID-19 infection risks. Spatial and Spatio-temporal Epidemiology, 51, 1-11. Article 100681. Advance online publication. https://doi.org/10.1016/j.sste.2024.100681

Barbosa, O., Sim-Sim, M., Silvestre, M. P., Pedro, C., & Cruz, D. (2024). Effects of vitamin D levels during pregnancy on prematurity: a systematic review protocol. BMJ Open, 14(2), e076702. https://doi.org/10.1136/bmjopen-2023-076702

Barcelos, A., Lopes, D. G., Mazeda, C., Canhão, H., da Cunha Branco, J., & Rodrigues, A. M. (2024) Regular physical activity improves physical function and health-related quality of life among middle-aged and older women who suffered a fragility fracture: a population-based cohort. Osteoporosis International, 35(12), pp. 2203–2213. https://doi.org/10.1007/s00198-024-07265-4

Barreto, J., Pereira, C., Almeida, G., Isabelinha, B., & Cruz-Ferreira, A. (2024). Effects of body-oriented intervention after stroke on cognitive function, body awareness, and quality of life: A systematic review. J Bodyw Mov Ther, 40, 804-815. https://doi.org/10.1016/j.jbmt.2024.05.022

Belayneh Z, Lee DA, Haines TP, Aluh DO, Onu JU, Newton-Howes G, Masters K, Kohn Y, Sin J, Goulet MH, Husum TL, Jelastopulu E, Bakola M, Opgenhaffen T, Gowda GS, Mekuriaw B, De Cuyper K, Muir-Cochrane E, Canteloupe Y, Diviney E, Staggs VS, Petrakis M. (2024) Co-Designing Case Scenarios and Survey Strategies to Examine the Classification and Reporting of Restrictive Care Practices in Adult Mental Health Inpatient Settings: Perspectives From International Stakeholders. Int J Ment Health Nurs. 4. doi: 10.1111/inm.13479. Epub ahead of print.

Bico, I., Afonso, A., Sousa, L., Bule, M. J., & Lopes, M. J. (2024). Empowering Cancer Patients with Self-Care and Pain Management Skills: A Quasi-Experimental Study. Pain Manag Nurs, 25(4), 369-376. https://doi.org/10.1016/j.pmn.2024.03.001

Borges, M., Sampaio, F., Costa, J., Freitas, P., Dias, C. M., Gaio, V., Conde, V., Figueira, D., Pinheiro, B., & Miguel, L. S. (2024). Burden of disease and cost of illness of overweight and obesity in Portugal. Obesity Facts. https://doi.org/10.1159/000541781

Botelho-Fontela, S., Ferreira, S., Paixao, G., Pereira-Pinto, R., Vaz-Velho, M., Pires, M. D. A., Payan-Carreira, R., Patarata, L., Lorenzo, J. M., Silva, J. A., & Esteves, A. (2023). Seasonal Variations on Testicular Morphology, Boar Taint, and Meat Quality Traits in Traditional Outdoor Pig Farming. Animals (Basel), 14(1), 102. https://doi.org/10.3390/ani14010102

Botelho-Fontela, S., Paixao, G., Pereira-Pinto, R., Vaz-Velho, M., Pires, M. A., Payan-Carreira, R., Patarata, L., Lorenzo, J. M., Silva, A., & Esteves, A. (2024). The effects of different immunocastration protocols on meat quality traits and boar taint compounds in male Bisaro pigs. Theriogenology, 214, 89-97. https://doi.org/10.1016/j.theriogenology.2023.10.016

Bousquet, J., Schünemann, H. J., Sousa-Pinto, B., Zuberbier, T., Togias, A., Samolinski, B., ... Zidarn, M. (in press). Concepts for the development of person-centered, digitally enabled, artificial intelligence–assisted ARIA care pathways (ARIA 2024). Journal of Allergy and Clinical Immunology: In Practice. https://doi.org/10.1016/j.jaip.2024.06.040

Brigida, N., Catela, D., Merce, C., & Branco, M. (2024). Predictability and Complexity of Fine and Gross Motor Skills in Fibromyalgia Patients: A Pilot Study. Sports (Basel), 12(4), 90. https://doi.org/10.3390/sports12040090

Brito, M. J., Sequeira, P., Quintas, A., Silva, I., Silva, F., Martins, C., & Félix, A. (2024). Programmed death-ligand 1 (PD-L1) expression in cervical intraepithelial neoplasia and cervical squamous cell carcinoma of HIV-infected and non-infected patients. Virchows Archiv, 484(3), 507 - 516. Advance online publication. https://doi.org/10.1007/s00428-023-03580-z

Bugalho, A. (2024). Pulmonary embolism recurrence diagnosed by endobronchial ultrasound. Pulmonology, 30(4), 410 - 411. Advance online publication. https://doi.org/10.1016/j.pulmoe.2023.12.004

Busch, F., Hoffmann, L., Truhn, D., Ortiz-Prado, E., Makowski, M. R., Bressem, K. K., Adams, L. C., & Consortium, C. (2024). Global cross-sectional student survey on AI in medical, dental, and veterinary education and practice at 192 faculties. BMC Med Educ, 24(1), 1066. https://doi.org/10.1186/s12909-024-06035-4

C

Cabo, C. A., Hernández-Beltrán, V., Gamonales, J. M., Parraca, J. A., Fernandes, O., & Espada, M. C. (2024). Evolution of research related to how a sedentary lifestyle influences the aging process: a bibliometric review. Journal of Public Health-Heidelberg. https://doi.org/10.1007/s10389-024-02327-7

Cachata, D., Costa, M., Magalhães, T., & Gaspar, F. (2024). The integration of information technology in the management and organization of nursing care in a hospital environment: a scoping review. International Journal of Environmental Research and Public Health, 21(8), Article 968. https://doi.org/10.3390/ijerph21080968

Caetano, C., Angeli, L., Varela-Lasheras, I., Coletti, P., Morgado, L., Lima, P., Willem, L., Nunes, B., & Hens, N. (2024). Identifying the main drivers of transmission in the early phase of the COVID-19 pandemic in Portugal. Scientific Reports, 14(1), Article 30689. https://doi.org/10.1038/s41598-024-76604-6

Cardoso, A. L., Del Nero, L. G., Martins-Branco, D., Lacerda, A., Gomes, B., & Lopes, S. (2024). Aggressiveness of care at the end of life of children dying with cancer in public hospitals: a nationwide retrospective cohort study. Journal of Palliative Medicine. https://doi.org/10.1089/jpm.2024.0179

Carneiro, J., Tavendale, R., Mukhopadhyay, S., & Soares, P. (2024). Does CDHR3 gene polymorphism affect paediatric asthma and its treatment response? Clinical and Experimental Allergy, 54(2), 159-161. https://doi.org/10.1111/cea.14430

Carrillo, I., Skoumalová, I., Bruus, I., Klemm, V., Guerra-Paiva, S., Knežević, B., Jankauskiene, A., Jocic, D., Tella, S., Buttigieg, S. C., Srulovici, E., Gecková, A. M., Põlluste, K., Strametz, R., Sousa, P., Odalovic, M., & Mira, J. J. (2024). Psychological safety competency training during the clinical internship from the perspective of health care trainee mentors in 11 Pan-European countries: mixed methods observational study. JMIR Medical Education, 10, Article e64125. https://doi.org/10.2196/64125

Carvalho A, Vanrenterghem J, Cabral S, Assunção A, Fernandes R, Veloso AP, Moniz-Pereira V. Markerless three-dimensional gait analysis in healthy older adults: test-retest reliability and measurement error. J Biomech. 2024 Sep;174:112280. doi: 10.1016/j.jbiomech.2024.112280. Epub 2024 Aug 13. PMID: 39153296.

Casanova, J., Duarte, G. S., da Costa, A. G., Catarino, A., Nave, M., Antunes, T., Serra, S. S., Dias, S. S., Abu-Rustum, N., & Lima, J. (2024). Prognosis of polymerase epsilon (POLE) mutation in high-grade endometrioid endometrial cancer: Systematic review and meta-analysis. Gynecologic Oncology, 182, 99-107. https://doi.org/10.1016/j.ygyno.2024.01.018

Chang, K., Parnham, J. C., Rauber, F., Levy, R. B., Huybrechts, I., Gunter, M. J., Millett, C., & Vamos, E. P. (2024). Plant-based dietary patterns and ultra-processed food consumption: a cross-sectional analysis of the UK Biobank. eClinicalMedicine, 78, Article 102931. https://doi.org/10.1016/j.eclinm.2024.102931

Chen-Xu, J., Corda, M. O., Varga, O., & Viegas, S. (2024). Health burden and costs attributable to the carbon footprint of the health sector in the European Union. Environment International, 190, Article 108828. https://doi.org/10.1016/j.envint.2024.108828

Chen-Xu, J., Grad, D. A., Varga, O., & Viegas, S. (2024). Burden of disease studies supporting policymaking in the European Union: a systematic review. European Journal of Public Health, Article ckae133. Advance online publication. https://doi.org/10.1093/eurpub/ckae133

Chen-Xu, J., Kislaya, I., Fernandes, R. M., Carvalho, J., Blanco-Rojas, B. J., El-Omrani, O., Miotto, E., Čič, K., Boto, P., & Viegas, S. (2024). Interventions for increasing energy efficiency in hospitals. Cochrane Database of Systematic Reviews, 2024(3), Article CD015693. https://doi.org/10.1002/14651858.CD015693

Chen-Xu, J., Varga, O., Mahrouseh, N., Eikemo, T. A., Grad, D. A., Wyper, G. M. A., Badache, A., Balaj, M., Charalampous, P., Economou, M., Haagsma, J. A., Haneef, R., Mechili, E. A., Unim, B., von der Lippe, E., & Baravelli, C. M. (2024). Subnational inequalities in years of life lost and associations with socioeconomic factors in pre-pandemic Europe, 2009–19: an ecological study. The Lancet Public Health, 9(3), e166-e177. https://doi.org/10.1016/S2468-2667(24)00004-5

Cleys, P., Hardy, E., Bamai, Y. A., Poma, G., Cseresznye, A., Malarvannan, G., ... Covaci, A. (2024). HBM4EU e-waste study: Occupational exposure of electronic waste workers to phthalates and DINCH in Europe. International Journal of Hygiene and Environmental Health, 255, Article 114286. https://doi.org/10.1016/j.ijheh.2023.114286

Coelho, S. D., Maricoto, T., Taborda-Barata, L., Annesi-Maesano, I., Isobe, T., & Sousa, A. C. A. (2024). Relationship between flame retardants and respiratory health- A systematic review and meta-analysis of observational studies. Environ Pollut, 347, 123733. https://doi.org/10.1016/j.envpol.2024.123733

Corda, M. O., Charalampous, P., Haagsma, J. A., Assunção, R., & Martins, C. (2024). Mortality burden of cardiovascular disease attributable to ambient PM2.5 exposure in Portugal, 2011 to 2021. BMC Public Health, 24(1), Article 1188. https://doi.org/10.1186/s12889-024-18572-0

Correia, L., Sousa, A. R., Capitão, C., & Pedro, A. R. (2024) Complementary feeding approaches and risk of choking: a systematic review. Journal of Pediatric Gastroenterology and Nutrition, 79(5), pp. 934–942 https://doi.org/10.1002/jpn3.12298

Cortes, J., Pacheco, M., & Fronteira, I. (2024). Essential factors on effective response at the onset of the COVID-19 pandemic: comment on "Experiences and implications of the first wave of the COVID-19 emergency in Italy: a social science perspective". International Journal of Health Policy and Management, 13, 8642. Article 8642. https://doi.org/10.34172/ijhpm.8642

Costa, J. A., Coelho, C. A., Ferraz, A., Brito, J., Guilherme, J., Seabra, A., Travassos, B., Folgado, H., & Goncalves, B. (2024). The Influence of Including Goalkeepers on the Intensity Demands of Walking Football Practice. Sports (Basel), 12(12), 346. https://doi.org/10.3390/sports12120346

Coutinho, D., Goncalves, B., Kelly, A. L., Santos, S., Figueiredo, P., Soares, C., & Travassos, B. (2024). Exploring the impact of ball possession directionality on youth footballers' positioning, technical skills and physical abilities in small-sided games. International Journal of Sports Science & Coaching, 19(6), 2438-2448. https://doi.org/10.1177/17479541241257016

Craveiro, I., Choudhury, P. K., de OLiveira, A. P. C., Pereira, A., Fronteira, I., Chança, R., Cometto, G., Poz, M. R. D., & Ferrinho, P. (2024). Impacts of industrial actions, protests, strikes and lockouts by health and care workers during COVID-19 and other pandemic contexts: a systematic review. Human resources for health, 22(1), Article 47. https://doi.org/10.1186/s12960-024-00923-y

Cristina, M., Nogueira, P., Oliveira, M. M., & Santos, C. (2024). Project management in healthcare: an examination of organizational competence. Heliyon, 10(15), Article e35419. https://doi.org/10.1016/j.heliyon.2024.e35419

Cruz Neto, J., Maia, A. C., de Siqueira Holanda, V. M., de Sousa, A. R., de Lima Carvalho, C. M., Brasil, E. G. M., da Silva, K. A., Mendes, I. A. C., & de Sousa, Á. F. L. (2024). From HIV to Mpox: socio-discursive analysis of communicable diseases, stigma, and pathologization in sexual minorities in Brazil. Archives of sexual behavior, 53, 3809–3824. https://doi.org/10.1007/s10508-024-02968-5

Cseresznye, A., Hardy, E. M., Ait Bamai, Y., Cleys, P., Poma, G., Malarvannan, G., ... Covaci, A. (2024). HBM4EU E-waste study: Assessing persistent organic pollutants in blood, silicone wristbands, and settled dust among E-waste recycling workers in Europe. Environmental Research, 250, Article 118537. https://doi.org/10.1016/j.envres.2024.118537

D

da Silva Vieira, A. M. D., Pais, S., Martins, V., Castelo, B., & Mascarenhas Saraiva, M. (2024). Sarcopenia in Women with Anorectal Dysfunctions-A Female Sarcopelvic Study. J Clin Med, 13(23), 7273. https://doi.org/10.3390/jcm13237273

Daskalakis, N. P., latrou, A., Chatzinakos, C., Jajoo, A., Snijders, C., Wylie, D., ... Ressler, K. J. (2024). Systems biology dissection of PTSD and MDD across brain regions, cell types, and blood. Science, 384(6698), eadh3707. https://doi.org/10.1126/science.adh3707

Denche-Zamorano, A., Pereira-Payo, D., Collado-Mateo, D., Adsuar-Sala, J. C., Tomas-Carus, P., & Parraca, J. A. (2024). Physical Function, Self-Perceived Physical Fitness, Falls, Quality of Life and Degree of Disability According to Fear and Risk of Falling in Women with Fibromyalgia. J Funct Morphol Kinesiol, 9(3), 174. https://doi.org/10.3390/jfmk9030174

Denche-Zamorano, A., Salas-Gomez, D., Barrios-Fernandez, S., Tomas-Carus, P., Adsuar, J. C., & Parraca, J. A. (2024). Relationship Between Frequency of Physical Activity, Functional Mobility, and Self-Perceived Health in People with Different Levels of Pain: A Cross-Sectional Study. J Funct Morphol Kinesiol, 9(4), 198. https://doi.org/10.3390/jfmk9040198

Destri, K., Henriques, A. R., Mendonça, N., Alves, J., Barcelos, A., Dias, S. S., Gregório, M. J., Canhão, H., & Rodrigues, A. M. (2024). Hospitalization costs in Portugal among people with obesity: results from a nationwide population-based cohort 2011 to 2021. Frontiers in public health, 12, Article 1380690. https://doi.org/10.3389/fpubh.2024.1380690

Dias, M., Gomes, B., Pena, P., Cervantes, R., Beswick, A., Duchaine, C., Kolk, A., Madsen, A. M., Oppliger, A., Pogner, C., Duquenne, P., Wouters, I. M., Crook, B., & Viegas, C. (2024). Filling the knowledge gap: scoping review regarding sampling methods, assays, and further requirements to assess airborne viruses. Science of the Total Environment, 946, Article 174016. https://doi.org/10.1016/j.scitotenv.2024.174016

Dinis-Teixeira, J. P., Nunes, A. B., Leite, A., Schäfer, W. L. A., Valli, C., Martínez-Nicolas, I., Seyfulayeva, A., Carvalho, P. C., Rodríguez, A., Arnal-Velasco, D., Leon, I., Orrego, C., & Sousa, P. (2024). Moving towards a core measures set for patient safety in perioperative care: an e-Delphi consensus study. PLoS ONE, 19(10), Article e0311896. https://doi.org/10.1371/journal.pone.0311896

Dong, X. X., Chen, D. L., Chen, H. M., Li, D. L., Hu, D. N., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). DNA methylation biomarkers and myopia: a multi-omics study integrating GWAS, mQTL and eQTL data. Clinical Epigenetics, 16(1), Article 157. https://doi.org/10.1186/s13148-024-01772-1

Dong, X. X., Chen, D. L., Miao, Y. F., Li, D. L., Kai, J. Y., Hu, D. N., Zhang, X. F., Carla, L., Andrzej, G., & Pan, C. W. (2024). The impact of 25-hydroxyvitamin D and calcium on risk of age-related macular degeneration: a Mendelian randomization study. American Journal of Clinical Nutrition, 120(3), 727-736. https://doi.org/10.1016/j.ajcnut.2024.06.018

Dong, X. X., Hu, H. H., Ying, Z. Q., Chen, D. L., Xie, J. Y., Li, D. L., Hu, D. N., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). Major sight-threatening eye disorders and mental disorders. Acta Ophthalmologica. https://doi.org/10.1111/aos.16800

Dong, X. X., Xie, J. Y., Li, D. L., Dong, Y., Zhang, X. F., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). Association of sleep traits with myopia in children and adolescents: a meta-analysis and Mendelian randomization study. Preventive Medicine, 180, Article 107893. https://doi.org/10.1016/j.ypmed.2024.107893

Duarte, A. F., Soares, A., Pereira, M. J., Peralta-Santos, A., Leite, P. P., & Azevedo, L. (2024). A stochastic model of an early warning system for detecting anomalous incidence values of COVID-19. Mathematical Geosciences, 56(1), 41-54. https://doi.org/10.1007/s11004-023-10096-4

Duarte, C. R., Raimundo, A., Sousa, J. P., Fernandes, O., & Santos, R. (2024). Prevalence of Lower Back Pain and Risk Factors in Equestrians: A Systematic Review. Sports (Basel), 12(12), 355. https://doi.org/10.3390/sports12120355

Duarte, C., Santos, R., Fernandes, O., & Raimundo, A. (2024). Prevalence of Lower Back Pain in Portuguese Equestrian Riders. Sports (Basel), 12(8), 207. https://doi.org/10.3390/sports12080207

Duarte, S. T., Alves, J., Cruz, E. B., Heleno, B., & Aguiar, P. (2024). Low back pain disparities in Portugal: a population-based study analysing the role of social determinants of health. Musculoskeletal care, 22(4), Article e70025. https://doi.org/10.1002/msc.70025

Duarte, S. T., Moniz, A., Caeiro, C., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). Exploring barriers and facilitators to the adoption of regular exercise practice in patients at risk of a recurrence of low back pain (MyBack project): a qualitative study. Disability and Rehabilitation. 1-10. https://doi.org/10.1080/09638288.2024.2369665

Duarte, S. T., Moniz, A., Costa, D., Donato, H., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). Low back pain management in primary healthcare: findings from a scoping review on models of care. BMJ Open, 14(5), Article e079276. https://doi.org/10.1136/bmjopen-2023-079276

Ε

Escher, N. A., Andrade, G. C., Ghosh-Jerath, S., Millett, C., & Seferidi, P. (2024). The effect of nutrition-specific and nutrition-sensitive interventions on the double burden of malnutrition in low-income and middle-income countries: a systematic review. The Lancet Global Health, 12(3), e419-e432. https://doi.org/10.1016/S2214-109X(23)00562-4

Escher, N. A., Carrillo-Larco, R. M., Parnham, J. C., Curi-Quinto, K., Ghosh-Jerath, S., Millett, C., & Seferidi, P. (2024). Longitudinal transitions of the double burden of overweight and stunting from childhood to early adulthood in India, Peru, and Vietnam. International journal of epidemiology, 53(6), Article dyae151. https://doi.org/10.1093/ije/dyae151

Escudero-Tena, A., Ibáñez, S. J., Parraca, J. A., Sánchez-Alcaraz, B. J., & Muñoz, D. (2023). Influence of the importance of the point and service tactical position in the shot following the return in men's and women's professional padel. International Journal of Sports Science & Coaching, 19(3), 1357-1365. https://doi.org/10.1177/17479541231163535

F

Faleiros, F., Carvalho, A., Bimbatti, K., Neves, L., Freitas, G., Sousa, L., & Albuquerque, G. (2024). Study of resilience in Brazilians with spinal cord injury. J Bodyw Mov Ther, 40, 148-152. https://doi.org/10.1016/j.jbmt.2024.03.068

Félix, I. B., Silva, C. C., Guerreiro, M. P., Henriques, H. R., Michie, S., Henriques, M. A., & Marques, M. M. (2024). Translating the Behaviour Change Technique Taxonomy v.1 to other languages: the approach used in European Portuguese (BCTTv1-PT). Wellcome Open Research, 9, Article 114. https://doi.org/10.12688/wellcomeopenres.20609.1

Feria-Madueno, A., Batalha, N., Monterrubio-Fernandez, G., & Parraca, J. A. (2024). Exploring Indicators for Training Load Control in Young Swimmers: The Role of Inspiratory Spirometry Outcomes. J Funct Morphol Kinesiol, 9(1), 53. https://doi.org/10.3390/jfmk9010053

Ferreira, M., Cunha, P. S., Felix, A. C., Fonseca, H., Oliveira, M., Laranjo, S., & Rocha, I. (2024). AFTER-CA: Autonomic Function Transformation and Evaluation Following Catheter Ablation in Atrial Fibrillation. Journal of Clinical Medicine, 13(19), Article 5796. https://doi.org/10.3390/jcm13195796

Ferreira, M., Oliveira, M., Laranjo, S., & Rocha, I. (2024). Linking Sleep Disorders to Atrial Fibrillation: Pathways, Risks, and Treatment Implications. Biology, 13(10), Article 761. https://doi.org/10.3390/biology13100761

Ferreira, R., Pedrosa, A. R., Reis, N., Sousa, L., Nicolau, C., Ferreira, B., Rocha, B., & Baixinho, C. L. (2024). Transitional care for older persons with need of geriatric rehabilitation nursing interventions. BMC Nurs, 23(1), 376. https://doi.org/10.1186/s12912-024-02050-4

Ferreira, S., Raimundo, A., Pozo-Cruz, J. D., Bernardino, A., Leite, N., Yoshida, H. M., & Marmeleira, J. (2024). Effects of Multimodal Exercise With Augmented Reality on Cognition in Community-Dwelling Older Adults. J Am Med Dir Assoc, 25(6), 104954. https://doi.org/10.1016/j.jamda.2024.01.023

Ferreira-Goncalves, T., Nunes, D., Fortunato, E., Martins, R., de Almeida, A. P., Carvalho, L., Ferreira, D., Catarino, J., Faisca, P., Ferreira, H. A., Gaspar, M. M., Coelho, J. M. P., & Reis, C. P. (2024). Rational approach to design gold nanoparticles for photothermal therapy: the effect of gold salt on physicochemical, optical and biological properties. Int J Pharm, 650, 123659. https://doi.org/10.1016/j.ijpharm.2023.123659

Ferrinho, P., Delgado, A. P., Mendonca, M. D. L. L., Fronteira, I., Sidat, M., Semedo, D., Monteiro, F. F., Garcia, A. C., Serrano, P., Lapão, M., Pires, D. M., Gómez, L. F., Castanheira, E. R., & Araújo, I. I. (2024). Public health capacity development in Africa: the case of advanced public health education and training in Cabo Verde. Journal of global health, 14, Article 03025. https://doi.org/10.7189/jogh.14.03025

Fonseca, M., Broeiro-Goncalves, P., Barosa, M., Marvao, P., Carreira, M., Azeredo-Lopes, S., Pires, J., Rendas, A., Rosado-Pinto, P., & Heleno, B. (2024). Concept mapping to promote clinical reasoning in multimorbidity: a mixed methods study in undergraduate family medicine. BMC Med Educ, 24(1), 1478. https://doi.org/10.1186/s12909-024-06484-x

Fonseca, M., Marvão, P., Oliveira, B., Heleno, B., Carreiro-Martins, P., Neuparth, N., & Rendas, A. (2024). The effectiveness of concept mapping as a tool for developing critical thinking in undergraduate medical education—a BEME systematic review: BEME Guide No. 81. Medical Teacher, 46(9), 1120 - 1133. Advance online publication. https://doi.org/10.1080/0142159X.2023.2281248

Fonseca, M., Marvão, P., Rosado-Pinto, P., Rendas, A., & Heleno, B. (in press). Promoting clinical reasoning in undergraduate Family Medicine curricula through concept mapping: a qualitative approach. Advances in Health Sciences Education. https://doi.org/10.1007/s10459-024-10353-z

Francisco, R., Monteiro, B., Santos, M. J., FA, E. S., Venancio, C., Neves, M. C., Lopes, I., Sousa, A. C. A., & Freire, M. G. (2024). Tackling water contamination by oncologic drugs: Supported ionic liquids as sustainable adsorbents for cyclophosphamide removal. J Environ Manage, 371, 122995. https://doi.org/10.1016/j.jenvman.2024.122995

Franco, H., Caldeira, S., & Nunes, L. (2024). Explaining the process of learning about dignity by undergraduate nursing students: A grounded theory study. Nurs Ethics, 9697330241265409. https://doi.org/10.1177/09697330241265409

Fronteira, I., Mathews, V., dos Santos, R. L. B., Matsumoto, K., Amde, W., Pereira, A., de Oliveira, A. P. C., Craveiro, I., Chança, R., Boniol, M., Ferrinho, P., & Poz, M. R. D. (2024). Impacts for health and care workers of Covid-19 and other public health emergencies of international concern: living systematic review, meta-analysis and policy recommendations. Human resources for health, 22(1), Article 10. https://doi.org/10.1186/s12960-024-00892-2

Furst, L., Cipoli, Y., Galindo, N., Yubero, E., Viegas, C., Pena, P., Nunes, T., Feliciano, M., & Alves, C. (2024). Comprehensive analysis of particulate matter, gaseous pollutants, and microbiological contamination in an international chain supermarket. Environmental Pollution, 363, Article 125236. https://doi.org/10.1016/j.envpol.2024.125236

G

Gama, A., Kinaan, W., Marques, P., Peruhype, R., & Dias, S. (2024). Barriers and facilitators of implementing a health literacy based intervention in Portugal. European Journal of Public Health, 34(Supplement_3), iii701. https://doi.org/10.1093/eurpub/ckae144.1807

GBD 2021 Causes of Death Collaborators*.(2024) Global burden of 288 causes of death and life expectancy decomposition in 204 countries and territories and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet; online first

GBD 2021 Fertility and Forecasting Collaborators*.(2024) Global fertility in 204 countries and territories, 1950–2021, with forecasts to 2100: a comprehensive demographic analysis for the Global Burden of Disease Study 2021. Lancet. online first.

GBD 2021 Forecasting Collaborators.(2024) Burden of disease scenarios for 204 countries and territories, 2022–2050: a forecasting analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440) [10.1016/s0140-6736(24)00685-8].

GBD 2021 Risk Factors Collaborators.(2024) Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990-2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440):2162-2203. DOI: 10.1016/s0140-6736(24)00933-4.

Gil Conde, M., Costa, I., Silverio Serra, S., Ramos, R. C., Ribeiro, C., Broeiro-Goncalves, P., Penedo, C. R., Parola, V., & Nicola, P. (2024). Strategies for research capacity building by family physicians in primary healthcare: a scoping review protocol. BMJ Open, 14(2), e077632. https://doi.org/10.1136/bmjopen-2023-077632

Gil Conde, M., Rodrigues, V. L., Ramos, R. C., Rente, A., Broeiro-Goncalves, P., Ribeiro, C., & Nicola, P. J. (2024). Barriers to research in family medicine-interviews with Portuguese family physician researchers. Fam Pract, 41(2), 168-174. https://doi.org/10.1093/fampra/cmad126

Godinho, C. A., Pereira, C. R., Pegado, A., Luz, R., & Alvarez, M. J. (2024). Condom use across casual and committed relationships: the role of relationship characteristics. PLoS ONE, 19(7), Article e0304952. https://doi.org/10.1371/journal.pone.0304952

Goes, A., Santos, M., Silva, J., Moniz, M., Soares, P., & Leite, A. (2024). Experiences of treating people with persisting symptoms after COVID-19: a focus group study. European Journal of Public Health, 34(Supplement_3), iii753. https://doi.org/10.1093/eurpub/ckae144.1941

Gomes, A., Rosinhas, A., Silva, R., Riklikiene, O., Alves, E., & Sampaio, F. (2024). Spiritual Care Interventions for Adult Patients in Intensive Care Units: A Scoping Review Protocol. J Relig Health. https://doi.org/10.1007/s10943-024-02223-0

Gomes, D. A., Presume, J., de Araújo Gonçalves, P., Almeida, M. S., Mendes, M., & Ferreira, J. (2024). Association Between the Magnitude of Glycemic Control and Body Weight Loss With GLP-1 Receptor Agonists and Risk of Atherosclerotic Cardiovascular Disease: A Systematic Review and Meta-analyses of Randomized Diabetes Cardiovascular Outcomes Trials. Cardiovascular Drugs and Therapy. Advance online publication. https://doi.org/10.1007/s10557-024-07547-3

Gomes, L. A., Fernandes, R., Caeiro, C., Henriques, A. R., de Sousa, R. D., Branco, J. C., Pimentel-Santos, F., Moniz, R., Vicente, L., Canhão, H., Rodrigues, A. M., & Cruz, E. B. (2024). A Stratified Approach for Managing Patients With Low Back Pain in Primary Care (SPLIT Program): A Before-and-After Study. Annals of Family Medicine, 22(3), 195-202. https://doi.org/10.1370/afm.3104

Gomes, L. A., Rodrigues, A. M., van der Windt, D., Pires, D., Afreixo, V., Canhão, H., & Cruz, E. B. (2024). Minimal Intervention of Patient Education for Low Back Pain: A Systematic Review With Meta-analysis. Journal of Orthopaedic & Sports Physical Therapy, 54(2), 1-13. https://doi.org/10.2519/jospt.2023.11865

Gomes, M., Ângelo-Dias, M., & Lima, J. (2024). Safety of Fibrinogen Concentrate for Correcting Perioperative Bleeding-Associated Hypofibrinogenemia in Adults: A Single-Center Experience. Journal of Clinical Medicine, 13(19), Article 6018. https://doi.org/10.3390/jcm13196018

Gomes, M., Ângelo-Dias, M., Duarte, G. S., Dias, S. S., Serra, S. S., & Lima, J. (2024). Safety of Fibrinogen Concentrate in Non-Trauma and Non-Obstetric Adult Patients during Perioperative Care: Systematic Review and Meta-Analysis. Journal of Clinical Medicine, 13(12), Article 3482. https://doi.org/10.3390/jcm13123482

Gonçalves, B., Harkess-Murphy, E., Cund, A., Sime, C., & Lusher, J. (2024). COPD patients' accessibility to palliative care: current challenges and opportunities for improvement. Palliative and Supportive Care, 22(3), 429-431. https://doi.org/10.1017/S1478951524000063

Gouveia, A. (in press). Navigating autonomy and decision-making capacity: Legal and ethical considerations in Medical Assistance in Dying for individuals with mental disorders in Portugal. Death Studies. https://doi.org/10.1080/07481187.2024.2361761

Grigaitė U, Azeredo-Lopes S, Cardoso G, Pedrosa B, Aluh DO, Santos-Dias M, Silva M, Xavier M, Caldas-de-Almeida JM. Mental health conditions and utilisation of mental health services by survivors of physical intimate partner violence in Portugal: Results from the WHO world mental health survey. Psychiatry Res. 2024 Apr;334:115801. doi: 10.1016/j.psychres.2024.115801. Epub 2024 Feb 17. PMID: 38402741.

Grigaitė U, Azeredo-Lopes S, Žeimė E, Slotkus PY, Heitmayer M, Aluh DO, Pedrosa B, Silva M, Santos-Dias M, Cardoso G, Caldas-de-Almeida JM. Prevalence and acceptability of psychological and/or economic intimate partner violence, and utilization of mental health services by its survivors in Lithuania. J Public Health (Oxf). 2024 May 29;46(2):e248-e257. doi: 10.1093/pubmed/fdae015. PMID: 38336363.

Grigaitė U, Klidziūtė G, Aluh DO, Pedrosa B, Santos-Dias M, Silva M, Cardoso G, Caldas-de-Almeida JM. Responding to the needs of survivors of intimate partner violence in Lithuania: perceptions of mental health and social care professionals. Women Health. 2024 Aug;64(7):559-572. doi: 10.1080/03630242.2024.2382419. Epub 2024 Jul 22. PMID: 39039018.

Guede-Fernández F, Silva Pinto T, Semedo H, ... & Londral, A. (2024) Enhancing postoperative anticoagulation therapy with remote patient monitoring: A pilot crossover trial study to evaluate portable coagulometers and chatbots in cardiac surgery follow-up. DIGITAL HEALTH. 2024;10.

Guiomar, R., Pereira da Silva, S., Costa, I., Conde, P., Cristóvão, P., Rodrigues, A. P., ... Nunes, B. (2024). Seroprevalence of protective antibodies against influenza and the reduction of the influenza incidence rate: An annual repeated cross-sectional study from 2014 to 2019. Influenza and Other Respiratory Viruses, 18(5), e13307. https://doi.org/10.1111/irv.13307

Guisado-Clavero, M., Gómez-Bravo, R., Gefaell Larrondo, I., Ramos Del Rio, L., Fitzgerald, L., Vinker, S., ... Lingner, H. (2024). Diverse roles of primary health care in COVID-19 vaccination across 28 European countries – Insights from the Eurodata study. The European Journal of General Practice, 30(1), Article 2409240. https://doi.org/10.1080/13814788.2024.2409240

н

Hastings, J., Zhang, L., Schenk, P., West, R., Gehrke, B., Hogan, W. R., Chorpita, B., Johnston, M., Marques, M. M., Webb, T. L., Baird, H. M., Crombez, G., & Michie, S. (2024). The BSSO Foundry: a community of practice for ontologies in the behavioural and social sciences. Wellcome Open Research, 9, Article 656. https://doi.org/10.12688/wellcomeopenres.23230.1

Haugaard, A. K., Saude Conde, R., J Maria, A. R., Vithal Yergolkar, A., Jørgensen, K. J., & Heleno, B. (2024). Immunotherapy for advanced and recurrent malignant pleural mesothelioma. Cochrane Database of Systematic Reviews, 2024(9), Article CD014720. https://doi.org/10.1002/14651858.CD014720

He Q, Wang W, Xu D, Xiong Y, Tao C, You C, Ma L, Ma J; Psychiatric Genomics Consortium Posttraumatic Stress Disorder Working Group. Potential causal association between gut microbiome and posttraumatic stress disorder. Transl Psychiatry. 2024 Jan 31;14(1):67. doi: 10.1038/s41398-024-02765-7. PMID: 38296956; PMCID: PMC10831060.

Hoffmeister, L. V., Gama, A., Gonçalves, B., Figueiredo, C., Cordeiro, J. V., Polley, M., de Moura, G. S., & Dias, S. (2024). Implementing a social prescribing program in primary care units in Portugal: a qualitative study exploring enablers, barriers and lessons learned from the perspectives of stakeholders involved in the program implementation. PLoS ONE, 19(6), Article e0306404. https://doi.org/10.1371/journal.pone.0306404

Hoffmeister, L., Gama, A., Gonçalves, B., Canas, AM., Figueiredo, C., & Dias, S. (2024). Factors of mental health patients' uptake in social prescribing: a mixed methods study in Portugal. European Journal of Public Health, 34(Supplement_3), iii124-iii125. https://doi.org/10.1093/eurpub/ckae144.314

Hoffmeister, L., Gonçalves, B., Gama, A., Canas, AM., Figueiredo, C., & Dias, S. (2024). Social prescribing for healthy ageing: insights from older people referral and uptake in Portugal. European Journal of Public Health, 34(Supplement_3), iii698. https://doi.org/10.1093/eurpub/ckae144.1799

Holden, C., Soares, P., Fidler, K., Tavendale, R., Felton, J., & Mukhopadhyay, S. (2024). Children with asthma and eczema carrying filaggrin loss-of-function mutations have increased antibiotic use through to adulthood. Clinical and Experimental Allergy, 54(4), 291-293. https://doi.org/10.1111/cea.14440

Holden, R. R., Campos, R. C., & D'Agata, M. T. (2024). An analysis of the Painful and Provocative Events Scale: Some painful and provocative findings. Death Stud, 48(10), 1057-1064. https://doi.org/10.1080/07481187.2023.2300003

Hone, T., Gonçalves, J., Seferidi, P., Moreno-Serra, R., Rocha, R., Gupta, I., Bhardwaj, V., Hidayat, T., Cai, C., Suhrcke, M., & Millett, C. (2024). Progress towards universal health coverage and inequalities in infant mortality: an analysis of 4·1 million births from 60 low-income and middle-income countries between 2000 and 2019. The Lancet Global Health, 12(5), e744-e755. https://doi.org/10.1016/S2214-109X(24)00040-8

Hopf, N. B., Rousselle, C., Poddalgoda, D., Lamkarkach, F., Bessems, J., Schmid, K., ... Pasanen-Kase, R. (2024). A harmonized occupational biomonitoring approach. Environment International, 191, Article 108990. https://doi.org/10.1016/j.envint.2024.108990

Hundessa, S., Huang, W., Zhao, Q., Wu, Y., Wen, B., Alahmad, B., ... Indermitte, E. (2024). Global and regional cardiovascular mortality attributable to nonoptimal temperatures over time. Journal of the American College of Cardiology, 83(23), 2276-2287. https://doi.org/10.1016/j.jacc.2024.03.425

Hunter, R. F., Akaraci, S., Wang, R., Reis, R., Hallal, P. C., Pentland, S., Millett, C., Garcia, L., Thompson, J., Nice, K., Zapata-Diomedi, B., & Moro, E. (2024). City mobility patterns during the COVID-19 pandemic: analysis of a global natural experiment. The Lancet Public Health, 9(11), e896-e906. https://doi.org/10.1016/S2468-2667(24)00222-6

Huybrechts, I., Chimera, B., Hanley-Cook, G. T., Biessy, C., Deschasaux-Tanguy, M., Touvier, M., ... Gunter, M. J. (2024). Food biodiversity and gastrointestinal cancer risk in nine European countries: Analysis within a prospective cohort study. European Journal of Cancer, 210, Article 114258. https://doi.org/10.1016/j.ejca.2024.114258

Ismail, A., Hamdar, L., Dirawi, H., Kanso, M., Salem, I., Tamim, H., Mahfoud, Z., Hamad, B. A., Jamaluddine, Z., Safadi, G., Vamos, E., Basu, S., Yudkin, J., Jawad, M., Millet, C., Ghattas, H., & Gaza NCD Study Group (2024). Predictors and health outcomes of cigarette and shisha smoking among men in Gaza: a cross-sectional study. Scientific Reports, 14(1), Article 19617. https://doi.org/10.1038/s41598-024-70226-8

Iurescia, A., Iribarren, R., Lanca, C., & Grzybowski, A. (2024). Accommodative-vergence disorders in a paediatric ophthalmology clinical setting in Argentina. Acta Ophthalmologica, 102(3), e346-e351. https://doi.org/10.1111/aos.15785

K

Kai, J. Y., Wu, Y. B., Chen, H. M., Hu, D. N., Lanca, C., Grzybowski, A., Zhang, L., Zhang, X. F., & Pan, C. W. (2024). Association between pets and dry eye symptoms: a Chinese national-based study. Science of the Total Environment, 955, Article 176954. https://doi.org/10.1016/j.scitotenv.2024.173386

Kai, J. Y., Wu, Y. B., Dong, X. X., Miao, Y. F., Li, D. L., Hu, D. N., Lanca, C., Grzybowski, A., & Pan, C. W. (2024). Association between ambient air pollution and dry eye symptoms among Chinese individuals during the COVID-19

pandemic: a national-based study. Science of the Total Environment, 935, Article 173386. https://doi.org/10.1016/j.scitotenv.2024.173386

Kazdin, A. E., Harris, M. G., Hwang, I., Sampson, N. A., Stein, D. J., Viana, C. M., ... Kessler, R. C. (2024). Patterns, predictors, and patient-reported reasons for antidepressant discontinuation in the WHO World Mental Health Surveys. Psychological Medicine, 54(1), 67-78.

Kinaan, W., Gama, A., Heleno, B., Marques, P., Crespo, B.V., Ortiz, J., Verberckmoes, B., Vermandere, H., Degomme, O., & Dias, S. (2024). Exploring factors of HPV self-sampling acceptance: a qualitative study with hard-to-reach women. European Journal of Public Health, 34(Suppl3):iii686-iii687. https://doi.org/10.1093/eurpub/ckae144.1768

L

Lanca, C., Pan, C. W., & Grzybowski, A. (2024). Anti-myopia spectacles: the standard of care in the future? American Journal of Ophthalmology, 263, xi-xiii. https://doi.org/10.1016/j.ajo.2024.02.027

Lanca, C., Repka, M. X., & Grzybowski, A. (2024). Myths in myopia epidemiology and treatment. JAMA Ophthalmology, 142(5), 403-404. https://doi.org/10.1001/jamaophthalmol.2024.0575

Leruez-Ville, M., Chatzakis, C., Lilleri, D., Blazquez-Gamero, D., Alarcon, A., Bourgon, N., ... Vossen, A. (2024). Consensus recommendation for prenatal, neonatal and postnatal management of congenital cytomegalovirus infection from the European Congenital Infection Initiative (ECCI). The Lancet Regional Health – Europe, 40, Article 100892. https://doi.org/10.1016/j.lanepe.2024.100892

Liu, Q., Huang, Z., Coutinho, D., Wei, X., An, T., & Goncalves, B. (2024). Assessing Variations in Positional Performance across Age Groups and during Matches in Youth Association Football Competitions. Sensors (Basel), 24(14), 4536. https://doi.org/10.3390/s24144536

Lopes, C., Seringa, J., & Magalhães, T. (2024). Health professionals' perception of the use of speech recognition technology in healthcare: a qualitative study. Journal of Medical Internet Research Preprints. https://doi.org/10.2196/preprints.57194

Lopes, S., Bruno de Sousa, A., Delalibera, M., Namukwaya, E., Cohen, J., & Gomes, B. (2024). The rise of home death in the COVID-19 pandemic: a population-based study of death certificate data for adults from 32 countries, 2012–2021. eClinicalMedicine, 68, Article 102399. https://doi.org/10.1016/j.eclinm.2023.102399

Lourenço Reis, J., Martins, C., Ângelo-Dias, M., Rosa, N. N., Borrego, L. M., & Lima, J. (2024). TIM-3 Expression in Endometriosis. American Journal of Reproductive Immunology, 91(6), Article e13887. https://doi.org/10.1111/aji.13887

M

Ma, W., Timóteo, A., Ribeiro, V., Perelman, J., & Mateus, C. (2024). Contribution of high-technology procedures to public healthcare expenditures: the case of ischemic heart disease in Portugal, 2002–2015. International Journal of Health Economics and Management. Advance online publication. https://doi.org/10.1007/s10754-024-09372-5

MacFarlane, A., Huschke, S., Marques, M. J., Gama, A., Kinaan, W., Hassan, A., Papyan, A., Phelan, H., Severoni, S., Kumar, B., & Dias, S. (2024). Normalising participatory health research approaches in the WHO European region

for refugee and migrant health: a paradigm shift. The Lancet Regional Health - Europe, 41, Article 100837. https://doi.org/10.1016/j.lanepe.2024.100837

Machado, B., de Faria, P. L., Araújo, I., & Caridade, S. (2024). Cyber interpersonal violence: adolescent perspectives and digital practices. International Journal of Environmental Research and Public Health, 21(7), Article 832. https://doi.org/10.3390/ijerph21070832

Machorrinho, J., Veiga, G., Marmeleira, J., & Duarte Santos, G. (2024). Echoes of a living body: A mind-body approach on how women victims of intimate partner violence experience their bodies. Health Care Women Int, 1-21. https://doi.org/10.1080/07399332.2024.2404544

Mahmood, S., Sequeira, R., Siddiqui, M. M. U., Herkenhoff, M. B. A., Ferreira, P. P., Fernandes, A. C., & Sousa, P. (2024). Decentralization of the health system: experiences from Pakistan, Portugal and Brazil. Health Research Policy and Systems, 22(1), Article 61. https://doi.org/10.1186/s12961-024-01145-3

Maia, A., Tarannum, M., Lérias, J. R., Piccinelli, S., Borrego, L. M., Maeurer, M., Romee, R., & Castillo-Martin, M. (2024). Building a Better Defense: Expanding and Improving Natural Killer Cells for Adoptive Cell Therapy. Cells, 13(5), Article 451. https://doi.org/10.3390/cells13050451

Malheiro, F., Ângelo-Dias, M., Lopes, T., Martins, C. G., & Borrego, L. M. (2024). Cytokine Dynamics in Acute Pancreatitis: The Quest for Biomarkers from Acute Disease to Disease Resolution. Journal of Clinical Medicine, 13(8), Article 2287. https://doi.org/10.3390/jcm13082287

Marôco, J. L., Arrais, I., Silvestre, T., Pinto, M., Laranjo, S., Magalhães, J., Santa-Clara, H., Fernhall, B., & Melo, X. (2024). Post-acute exercise cardiovagal modulation in older male adults with and without type 2 diabetes. European Journal of Applied Physiology, 124(5), 1475 - 1486. Advance online publication. https://doi.org/10.1007/s00421-023-05357-3

Marques, M. J., Gonçalves-Pereira, M., de Vugt, M., Verhey, F., & Woods, B. (2024). The quality of family relationships in dementia: Mixed methods to unravel mixed feelings. Dementia. Advance online publication. https://doi.org/10.1177/14713012231220759

Marques, M. J., Woods, B., Jelley, H., Kerpershoek, L., Hopper, L., Irving, K., ... The Actifcare Consortium. (2024). Addressing relationship quality of people with dementia and their family carers: Which profiles require most support? Frontiers in Psychiatry, 15, Article 1394665. https://doi.org/10.3389/fpsyt.2024.1394665

Marques, M., Martins, C., Goes, M., Escoval, A., Nicolau, V., Pinho, L., Oliveira, H., Bico, I., Mendonça, S., Moreira, J., Pires, R., Pedrosa, M., Mendes, C., & Fonseca, C. (2024). Self-care in the person with chronic disease: a protocol for a self-care intervention. MethodsX, 13, Article 102829. https://doi.org/10.1016/j.mex.2024.102829

Marques, MJ., Seyfulayeva, A., Hamwi, S., Machado, AS., Gama, A., Osbourne, R., & Dias, S. (2024). Co-creation of migrant health interventions in Portugal: insights from the VO(I)CES project. European Journal of Public Health, 34(Supplement_3), iii357-iii358. https://doi.org/10.1093/eurpub/ckae144.920

Martins, A., Lapão, L. V., Nunes, I. L., Giordano, A. P., Semedo, H., Vital, C., ... & Londral, A. (2024). A conversational agent for enhanced Self-Management after cardiothoracic surgery. International Journal of Medical Informatics, 105640.

Martins, A., Londral, A., L. Nunes, I., & V. Lapão, L. (2024). Unlocking human-like conversations: Scoping review of automation techniques for personalized healthcare interventions using conversational agents. International Journal of Medical Informatics, 185, 105385.

Mascarenhas, C., Sousa, A. C. A., & Rato, L. (2024). Effects of Pharmaceutical Substances with Obesogenic Activity on Male Reproductive Health. Int J Mol Sci, 25(4), 2324. https://doi.org/10.3390/ijms25042324

Matias, P., Araujo, R., Graca, R., Henriques, A. R., Belo, D., Valada, M., Lotfi, N. N., Mateus, E. F., Radner, H., Rodrigues, A. M., Studenic, P., & Nunes, F. (2024). COTIDIANA Dataset - Smartphone-Collected Data on the Mobility, Finger Dexterity, and Mental Health of People With Rheumatic and Musculoskeletal Diseases. IEEE Journal of Biomedical and Health Informatics, 28(11), 6538 - 6547. https://doi.org/10.1109/JBHI.2024.3456069

Matos, J. I. F., Teixeira, F., & Alves, E. (2024). The effect of professional reintegration of stroke survivors on their quality of life: A scoping review: Professional Integration and QoL after stroke. J Stroke Cerebrovasc Dis, 33(9), 107858. https://doi.org/10.1016/j.jstrokecerebrovasdis.2024.107858

Matos, J., Henriques, A., Moura, A., & Alves, E. (2024). Professional reintegration of stroke survivors and their mental health, quality of life and community integration. Qual Life Res, 33(12), 3259-3273. https://doi.org/10.1007/s11136-024-03797-8

Matos, J., Moura, A., Teixeira, F., Henriques, A., & Alves, E. (2024). Professional reintegration among professionally active Portuguese stroke survivors: a multicentric study. Disabil Rehabil, 46(12), 2619-2628. https://doi.org/10.1080/09638288.2023.2228200

Mazeda, C., Azevedo, S. F., & Barcelos, A. (2024). What the American Society of Anesthesiologists classification scores tell us after a hip fracture? Osteoporosis International, 35(10), 1867-1868. Advance online publication. https://doi.org/10.1007/s00198-024-07199-x

Mendes, C., Carvalho, M., Bravo, J., Martins, S., & Raimundo, A. (2024). Possible Interaction Between Physical Exercise and Leptin and Ghrelin Changes Following Roux-en-Y Gastric Bypass in Sarcopenic Obesity Patients-A Pilot Study. Nutrients, 16(22), 3913. https://doi.org/10.3390/nu16223913

Mendes, F. R., Sim-Sim, M., Gemito, M. L., Barros, M. D. L., Serra, I. D. C., & Caldeira, A. T. (2024). Fear of COVID-19 among professional caregivers of the elderly in Central Alentejo, Portugal. Sci Rep, 14(1), 3131. https://doi.org/10.1038/s41598-024-52993-6

Mendonça, N., Avgerinou, C., Çavdar, S., Cederholm, T., Cruz-Jentoft, A. J., Torbahn, G., Sieber, C., Siebentritt, H. M., Kiesswetter, E., Volkert, D., & Visser, M. (2024). Critical outcomes to be included in the Core Outcome Set for nutritional intervention studies in older adults with malnutrition or at risk of malnutrition: a modified Delphi Study. European Journal Of Clinical Nutrition. Advance online publication. https://doi.org/10.1038/s41430-024-01444-6

Mestre, T. D. (2024). Commentary: Factors affecting the oral health of patients in intensive care units: a prospective observational study. J Res Nurs, 29(6), 496-497. https://doi.org/10.1177/17449871241283033

Mestre, T. D., Lopes, M. J., Mestre, D. M., Ferreira, R. F., Costa, A. P., & Caldeira, E. V. (2024). Impact of family-centered care in families with children with intellectual disability: A systematic review. Heliyon, 10(7), e28241. https://doi.org/10.1016/j.heliyon.2024.e28241

Miguel, S. S. A., Frade, A. I. A., & Moreira, J. M. A. (2024). The use of m-health to improve self-care in patients with heart failure. European Journal of Cardiovascular Nursing, 23(5), e63-e64. Article zvad118. Advance online publication. https://doi.org/10.1093/eurjcn/zvad118

Mira, J. J., Matarredona, V., Tella, S., Sousa, P., Ribeiro Neves, V., Strametz, R., & López-Pineda, A. (2024). Unveiling the hidden struggle of healthcare students as second victims through a systematic review. BMC Medical Education, 24(1), Article 378. https://doi.org/10.1186/s12909-024-05336-y

Mira, J., Carillo, I., Tella, S., Vanhaecht, K., Panella, M., Seys, D., ... for ERNST Consortium. (2024). The European Researchers' Network Working on Second Victim (ERNST) policy statement on the second victim phenomenon for increasing patient safety. Public Health Reviews, 45, Article 1607175. https://doi.org/10.3389/phrs.2024.1607175

Moniz, A., Duarte, S. T., Aguiar, P., Caeiro, C., Pires, D., Fernandes, R., Moço, D., Marques, M. M., Sousa, R., Canhão, H., Branco, J., Rodrigues, A. M., & Cruz, E. B. (2024). Physiotherapists' barriers and facilitators to the implementation of a behaviour change-informed exercise intervention to promote the adoption of regular exercise practice in patients at risk of recurrence of low back pain: a qualitative study. BMC Primary Care, 25(1), Article 39. https://doi.org/10.1186/s12875-024-02274-y

Moniz, M., Soares, P., Nunes, B., & Leite, A. (2024). Is a tiered restrictions system an effective intervention for COVID-19 control? Results from Portugal, November-December 2020. BMC Public Health, 24(1), Article 956. https://doi.org/10.1186/s12889-024-18369-1

Morales-Berstein, F., Biessy, C., Viallon, V., Goncalves-Soares, A., Casagrande, C., Hémon, B., ... Huybrechts, I. (2024). Ultra-processed foods, adiposity and risk of head and neck cancer and oesophageal adenocarcinoma in the European Prospective Investigation into Cancer and Nutrition study: A mediation analysis. European Journal of Nutrition, 63(2), 377-396. https://doi.org/10.1007/s00394-023-03270-1

Moreira, J., Bravo, J., Aguiar, P., Delgado, B., Raimundo, A., & Boto, P. (2024). Physical and mental components of quality of life after a cardiac rehabilitation intervention: a systematic review and meta-analysis. Journal of Clinical Medicine, 13(18), Article 5576. https://doi.org/10.3390/jcm13185576

Moreira, J., Mesquita, M., Flamínio, J., de Almeida, M., Delgado, B., & Boto, P. (2024). Patient-reported outcome measures in knee injuries rehabilitation: a protocol for intervention. MethodsX, 12, Article 102647. https://doi.org/10.1016/j.mex.2024.102647

Morgado, B., Silva, C., Agostinho, I., Bras, F., Amaro, P., Lusquinhos, L., Schneider, B. C., Fonseca, C., Albacar-Rioboo, N., & Pinho, L. (2024). Psychotherapeutic interventions for depressive symptoms in older adults in a community setting: a systematic review protocol. Front Psychiatry, 15, 1448771. https://doi.org/10.3389/fpsyt.2024.1448771

N

Namorado, S., Martins, C., Ogura, J., Assunção, R., Vasco, E., Appenzeller, B., ... Alvito, P. (2024). Exposure assessment of the European adult population to deoxynivalenol: Results from the HBM4EU aligned studies. Food Research International, 198, Article 115281. https://doi.org/10.1016/j.foodres.2024.115281

Namukwaya, E., de Sousa, A. B., Lopes, S., Touwen, D. P., van der Steen, J. T., Bélanger, E., Brooks, J., Yghemonos, S., Sehmi, K., & Gomes, B. (2024). EOLinPLACE: an international research project to reform the way

dying places are classified and understood. Palliative Care and Social Practice, 18. https://doi.org/10.1177/26323524231222498

Nievergelt, C. M., Maihofer, A. X., Atkinson, E. G., Chen, C. Y., Choi, K. W., Coleman, J. R. I., ... Koenen, K. C. (2024). Genome-wide association analyses identify 95 risk loci and provide insights into the neurobiology of post-traumatic stress disorder. Nature Genetics, 56(5), 792-808. https://doi.org/10.1038/s41588-024-01707-9

Nunes, A. F., Cunha, M., Sousa, M. C. B., & Godinho, C. A. (2024). Prevalence, sociodemographic risk factors, and coverage of myopia correction among adolescent students in the central region of Portugal. BMC Public Health, 24(1), Article 2490. https://doi.org/10.1186/s12889-024-19914-8

0

on behalf of SAFEST Consortium, Martinez-Nicolas, I., Arnal-Velasco, D., Romero-García, E., Fabregas, N., Otero, Y. S., Leon, I., ... Soria-Aledo, V. (2024). Perioperative patient safety recommendations: Systematic review of clinical practice guidelines. BJS Open, 8(6), Article zrae143. https://doi.org/10.1093/bjsopen/zrae143

Ordak, M., Canonica, G. W., Paoletti, G., Brussino, L., Carvalho, D., & Di Bona, D. (2024). Statistical advice provided by ChatGPT regarding an accepted article in Allergy. Allergy: European Journal of Allergy and Clinical Immunology, 79(3), 748-751. https://doi.org/10.1111/all.15956

Orozco R, Borges G, Caldas-de-Almeida JM, Gutiérrez-García RA, Albor Y, Jiménez Pérez AL, Valdés-García KP, Baez Mansur PM, Covarrubias Díaz Couder MA, Hernández Uribe PC, Benjet C. Internet Gaming Disorder and the Incidence of Suicide-related Ideation and Behaviors in College Students. J Addict Med. 2024 Nov-Dec 01;18(6):643-648. doi: 10.1097/ADM.0000000000001331. Epub 2024 Jun 4. PMID: 38832680.

P

Palos, C., Ierano, C., Santos, M. J. D., Leitão, I., Nogueira, P., James, R., Paiva, J. A., Thursky, K., & Sousa, P. (2024). Cultivating global antimicrobial stewardship: linguistic and cultural validation of the Australian National Antimicrobial Prescribing Survey appropriateness assessment definitions for Portugal. Journal of Antimicrobial Chemotherapy, 79(9), 2281-2291. https://doi.org/10.1093/jac/dkae226

Parnham, J. C., Chang, K., Rauber, F., Levy, R. B., Laverty, A. A., Pearson-Stuttard, J., White, M., von Hinke, S., Millett, C., & Vamos, E. P. (2024). Evaluating the impact of the universal infant free school meal policy on the ultra-processed food content of children's lunches in England and Scotland: a natural experiment. International Journal of Behavioral Nutrition and Physical Activity, 21(1), Article 124. https://doi.org/10.1186/s12966-024-01656-w

Paulauskas, R., Kasparavicius, R., Stumbras, M., & Figueira, B. (2024). Comparative analysis of national and foreign players' performance in Euroleague Basketball. PLOS ONE, 19(8), e0306240. https://doi.org/10.1371/journal.pone.0306240

Paulauskas, R., Vaquera, A., & Figueira, B. (2024). Absence of Monotony and Strain Effects on Referees' Physical Performance During International Basketball Federation World Cup Basketball Competition. Int J Sports Physiol Perform, 19(6), 550-557. https://doi.org/10.1123/ijspp.2023-0199

Pedro, AR., Brandão, D., Raposo, B., Cunha, AS., & Escoval, A. (2024). Exploring health-related quality of life in Portuguese Informal Caregivers. European Journal of Public Health, 34(Supplement_3), iii686. https://doi.org/10.1093/eurpub/ckae144.1767

Pedro, AR., Brandão, D., Raposo, B., Cunha, AS., & Escoval, A. (2024). How to improve informal caregiver's quality of life and health literacy? a NGT approach. European Journal of Public Health, 34(Supplement_3), iii630-iii631. https://doi.org/10.1093/eurpub/ckae144.1620

Pedrosa B, Cardoso G, Azeredo-Lopes S, Gonçalves-Pereira M, Aluh D, Grigaitė U, Dias M, Silva M, Caldas-de-Almeida J. Supported accommodations for people with serious mental disorders: Care pathways and predictors of age of entry and length of stay. Int J Soc Psychiatry. 2024 Nov;70(7):1254-1266. doi: 10.1177/00207640241261171. Epub 2024 Sep 6. PMID: 39239984.

Pedrosa B, Cardoso G, Gonçalves-Pereira M, Grigaitė U, Aluh D, Dias M, Silva M, Caldas-de-Almeida J. Experiences and expectations of residents and professionals of supported accommodations for people with serious mental disorders in Portugal. Soc Psychiatry Psychiatr Epidemiol. 2025 Jan 17. doi: 10.1007/s00127-025-02818-2. Epub ahead of print. PMID: 39820530.

Pedrosa, B., Cardoso, G., Azeredo-Lopes, S., Gonçalves-Pereira, M., Aluh, D. O., Grigaité, U., Santos-Dias, M., Silva, M., & Caldas-De-Almeida, J. (2024). Supported Accommodations for People with Serious Mental Disorders: Staff's Assessment of Work Challenges and Their Impact during COVID-19. Portuguese Journal of Public Health, 42(3), 206 - 220. https://doi.org/10.1159/000539431

Perdigao, M., Afonso, A., de Oliveira-Martins, S., Lopes, M. J., & Advinha, A. M. (2024). Pharmacovigilance teaching and learning: a mixed cross-sectional analysis of the Portuguese public higher education system. BMC Med Educ, 24(1), 13. https://doi.org/10.1186/s12909-023-04963-1

Pereira, B. B., Marrafa, M., Cruz, C., Rodrigues, L., Nunes, F., Monteiro, S., Santos, R., Carneiro, R. N., Neto, C., Aguilar, J., Ferreiro, N. R., Passanha, M., Candeias, G., Fernandes, A., Paixão, P., & Chasqueira, M. J. (2024). Antimicrobial Resistance Genes in Legionella from Artificial Water Systems: Findings from a Two-Year Study. Antibiotics, 13(12), Article 1121. https://doi.org/10.3390/antibiotics13121121

Pereira, C., Matos, M., Carvalho, D., Macedo, P., Calheiros, J. M., Alves, J., Paulino Ferreira, L., Dias, T. L., Neves Madeira, R., & Jones, F. (2024). Building Bridges between People with Stroke, Families, and Health Professionals: Development of a Blended Care Program for Self-Management. Journal of Clinical Medicine, 13(1), 300. https://doi.org/10.3390/jcm13010300

Pereira, V., Barreiros-Mota, I., Cortez, F., Castela, I., Teixeira, D., Calhau, C., Camila Dias, C., Moreira-Rosário, A., & Silvestre, M. P. (in press). A randomized controlled trial of a weight loss maintenance program in adults with obesity: the WLM3P study. European Journal Of Clinical Nutrition. https://doi.org/10.1038/s41430-024-01454-4

Perelman, J., Serranheira, F., Laires, P., Castanheira, F., Raposo, J. F., Aguiar, P., Neves, P., Ramos, S., Dias, S., Maia, T., & Twork4Health Group (2024). Teleworking: does it make workers healthier and productive? A cross-sectional study on a Southern European population. BMC Public Health, 24(1), Article 1946. https://doi.org/10.1186/s12889-024-19481-y

Peres, M., Moreira-Rosário, A., Padeira, G., Gaspar Silva, P., Correia, C., Nunes, A., Garcia, E., Faria, A., Teixeira, D., Calhau, C., Pereira-da-Silva, L., Ferreira, A. C., & Rocha, J. C. (2024). Biochemical and Anthropometric

Outcomes in Paediatric Patients with Heterozygous Familial Hypercholesterolemia after COVID-19 Pandemic Lockdowns: An Exploratory Analysis. Nutrients, 16(13), Article 2170. https://doi.org/10.3390/nu16132170

Pinto de Carvalho, C., Ribeiro, M., Godinho Simões, D., Pita Ferreira, P., Azevedo, L., Gonçalves-Sá, J., Mesquita, S., Gonçalves, L., Pinto Leite, P., & Peralta-Santos, A. (2024). Spatial Analysis of Determinants of COVID-19 Vaccine Hesitancy in Portugal. Vaccines, 12(2), Article 119. https://doi.org/10.3390/vaccines12020119

Pinto de Oliveira, A., Conceição, C., & Fronteira, I. (2024). Risk factors for non-communicable diseases in refugees, asylum seekers, and subsidiary protection beneficiaries resettled or relocated in Portugal between 2015 and 2020. International Journal of Environmental Research and Public Health, 21(11), Article 1505. https://doi.org/10.3390/ijerph21111505

Pinto, S., Lopes, S., de Sousa, A. B., Delalibera, M., & Gomes, B. (2024). Patient and family preferences about place of end-of-life care and death: an umbrella review. Journal of pain and symptom management, 67(5), e439-e452. https://doi.org/10.1016/j.jpainsymman.2024.01.014

Póvoa, P., Pitrowsky, M., Guerreiro, G., Pacheco, M. B., & Salluh, J. I. F. (2024). Biomarkers: Are They Useful in Severe Community-Acquired Pneumonia? Seminars in Respiratory and Critical Care Medicine, 45(2), 200 - 206. Advance online publication. https://doi.org/10.1055/s-0043-1777771

Pratas, A., Malhão, B., Palma, R., Mendonça, P., Cervantes, R., & Marques-Ramos, A. (2024). Effects of apigenin on gastric cancer cells. Biomedicine and Pharmacotherapy, 172, Article 116251. https://doi.org/10.1016/j.biopha.2024.116251

Q

Quaresma, A., Alves, E., Fraga, S., & Henriques, A. (2024). Stressful life events and heart disease and stroke: A study among Portuguese older adults. Stress Health, 40(2), e3312. https://doi.org/10.1002/smi.3312

R

Reale, E., Zare Jeddi, M., Paini, A., Connolly, A., Duca, R., Cubadda, F., ... Hopf, N. B. (2024). Human biomonitoring and toxicokinetics as key building blocks for next generation risk assessment. Environment International, 184, Article 108474. https://doi.org/10.1016/j.envint.2024.108474

Reis, J. L., Rosa, N. N., Martins, C., Ângelo-Dias, M., Borrego, L. M., & Lima, J. (2024). The Role of NK and T Cells in Endometriosis. International Journal of Molecular Sciences, 25(18), Article 10141. https://doi.org/10.3390/ijms251810141

Ribeiro H, Cruz EB, Castro A, Rodrigues A, Heleno B, Dias TL, Pires D. Cross-cultural adaptation and reliability of the European Portuguese version of the Musculoskeletal Health Questionnaire: A methodological study. PLoS One. 2024 Aug 8;19(8):e0308623. doi: 10.1371/journal.pone.0308623. PMID: 39116051; PMCID: PMC11309473.

Ribeiro, J., Caldeira, D., & Dores, H. (2024). Long-term manifestations of COVID-19 in athletes: a narrative review. Physician and Sportsmedicine, 52(5), 452 - 459. Advance online publication. https://doi.org/10.1080/00913847.2024.2321629

Ribeiro, M., Azevedo, L., Santos, A. P., Leite, P. P., & Pereira, M. J. (2024). Understanding spatiotemporal patterns of COVID-19 incidence in Portugal: a functional data analysis from August 2020 to March 2022. PLoS ONE, 19(2), Article e0297772. https://doi.org/10.1371/journal.pone.0297772

Rodrigues, L., De Souza, A. V., Del Risco Sanchez, O., & Carmona, E. V. (2024). Knowledge, attitudes and practice on sudden infant death: study protocol of a scoping review. BMJ Open, 14(5), e080107. https://doi.org/10.1136/bmjopen-2023-080107

Romano, S., Monteiro, L., Guerreiro, J. P., Simões, J. B., Rodrigues, A. T., Lunet, N., & Perelman, J. (2024). Effectiveness and cost-effectiveness of a collaborative deprescribing intervention of proton-pump-inhibitors on community-dwelling older adults: protocol for the C-SENIOR, a pragmatic non-randomized controlled trial. PLoS ONE, 19(3), 1-15. Article e0298181. https://doi.org/10.1371/journal.pone.0298181

Roquette, C., Crisóstomo, S., Milagre, T., Ribeiro, R. S., Pedro, A. R., & Valente, A. (2024). Patient organisations' views, motivations and experiences on patient involvement in cancer research: A pilot study in Portugal. BMJ Open, 14(1), Article e077444. https://doi.org/10.1136/bmjopen-2023-077444

Rosário, J., Dias, S. S., Dias, S., & Pedro, A. R. (2024). Health literacy and its determinants among higher education students in the Alentejo region of southern Portugal: a cross-sectional survey. PLoS ONE, 19(9), Article e0309806. https://doi.org/10.1371/journal.pone.0309806

Rosário, J., Raposo, B., Santos, E., Dias, S., & Pedro, A. R. (2024). Efficacy of health literacy interventions aimed to improve health gains of higher education students: a systematic review. BMC Public Health, 24(1), Article 882. https://doi.org/10.1186/s12889-024-18358-4

Ruamviboonsuk, V., Lança, C., & Grzybowski, A. (2024). Biomarkers: promising tools towards the diagnosis, prognosis, and treatment of myopia. Journal of Clinical Medicine, 13(22), Article 6754. https://doi.org/10.3390/jcm13226754

Rubio-Zarapuz, A., Apolo-Arenas, M. D., Fernandes, O., Tornero-Aguillera, J. F., Clemente-Suarez, V. J., & Parraca, J. A. (2024). Comparative Efficacy of Neuromodulation and Structured Exercise Program on Autonomic Modulation in Fibromyalgia Patients: Pilot Study. J Clin Med, 13(15), 4288. https://doi.org/10.3390/jcm13154288

Rufo, J. C., Annesi-Maesano, I., Carreiro-Martins, P., Moreira, A., Sousa, A. C., Pastorinho, M. R., Neuparth, N., & Taborda-Barata, L. (2024). Issue 2 - "Update on adverse respiratory effects of indoor air pollution" Part 1): Indoor air pollution and respiratory diseases: A general update and a Portuguese perspective. Pulmonology, 30(4), 378 - 389. Advance online publication. https://doi.org/10.1016/j.pulmoe.2023.03.006

S

Sá, R., Roquette, R., Rebecchi, A., Matias, J., Rocha, J., Buffoli, M., Capolongo, S., Ribeiro, A. I., Nunes, B., Dias, C., & Sousa Uva, M. (2024). Association between area-level walkability and glycated haemoglobin: a Portuguese population-based study. BMC Public Health, 24(1), Article 1116. https://doi.org/10.1186/s12889-024-18627-2

Santos, C., Varajão, J., Takagi, N., & Manuela Gonçalves, A. (2024). Model of driving factors for success in public health project management using structural equation modeling. Scientific Reports, 14(1), Article 24647. https://doi.org/10.1038/s41598-024-75437-7

Santos, G. R. D. S., Ribeiro, C. J. N., Santos Júnior, J. F. C. D., Almeida, V. S., Nascimento, R. D. C. D., Barreto, N. M. P. V., ... Sousa, Á. F. L. D. (2024). Mpox vaccine hesitancy among Brazilian men who have sex with men: A national cross-sectional study. Vaccines, 12(11), Article 1229. https://doi.org/10.3390/vaccines12111229

Santos, H., Henriques, A. R., Machado, P. M., Lopez-Medina, C., Dougados, M., Canhão, H., Rodrigues, A. M., & Pimentel-Santos, F. M. (2024). Determinants of health-related quality of life and global functioning and health in

axSpA, pSpA, and PsA: results from the ASAS-PerSpA study. Rheumatology, 63(7), 1938 - 1948. Advance online publication. https://doi.org/10.1093/rheumatology/kead503

Santos, I. C., Colaço, C., Canales, G. D. L. T., Proença, L., Polido, M., Mendes, J. J., Canhão, H., & Manso, A. C. (2024). Comparison of the Effects of Oral Hygiene Instruction Methods on Oral Hygiene and Self-Perception in Older Adults: A Randomized Controlled Trial. Journal of Clinical Medicine, 13(24), Article 7642. https://doi.org/10.3390/jcm13247642

Santos, I. C., De la Torre Canales, G., Lopes, D. G., Mendes, J. J., Polido, M., Manso, A. C., & Canhão, H. (2024). Socio-economic inequalities in oral health among Portuguese older adults: a cross-sectional study. BMC Public Health, 24(1), Article 3505. https://doi.org/10.1186/s12889-024-21049-9

Santos, R., & Pires, D. (2024). Current use of patient-reported outcome measures by musculoskeletal physiotherapists in Portugal. Journal of back and musculoskeletal rehabilitation, 37(6), 1479–1488. https://doi.org/10.3233/BMR-230208

Santos, R., Ribeiro, B., Sousa, I., Santos, J., Guede-Fernández, F., Dias, P., Carreiro, A. V., Gamboa, H., Coelho, P., Fragata, J., & Londral, A. (2024). Predicting post-discharge complications in cardiothoracic surgery: A clinical decision support system to optimize remote patient monitoring resources. International Journal of Medical Informatics, 182, Article 105307. https://doi.org/10.1016/j.ijmedinf.2023.105307

Santos, S., Melo, F., Fernandes, O., & Parraca, J. A. (2024). The effect of Ashtanga-Vinyasa Yoga method on air force pilots' operational performance. Front Public Health, 12, 1334880. https://doi.org/10.3389/fpubh.2024.1334880

Scarpetti, G., Shadowen, H., Williams, G. A., Winkelmann, J., Kroneman, M., Groenewegen, P. P., ... van Ginneken, E. (2024). A comparison of social prescribing approaches across twelve high-income countries. Health Policy, 142, Article 104992. https://doi.org/10.1016/j.healthpol.2024.104992

Schuele, L., Boter, M., Nieuwenhuijse, D. F., Gotz, H., Fanoy, E., de Vries, H., Vieyra, B., Bavalia, R., Hoornenborg, E., Molenkamp, R., Jonges, M., van den Ouden, A., Simoes, M., van den Lubben, M., Koopmans, M., Welkers, M. R. A., & Oude Munnink, B. B. (2024). Circulation, viral diversity and genomic rearrangement in mpox virus in the Netherlands during the 2022 outbreak and beyond. J Med Virol, 96(1), e29397. https://doi.org/10.1002/jmv.29397

Seringa, J., Abreu, J., & Magalhaes, T. (2024). Machine learning methods, applications and economic analysis to predict heart failure hospitalisation risk: a scoping review protocol. BMJ Open, 14(4), Article e083188. https://doi.org/10.1136/bmjopen-2023-083188

Silva Cunha, P., Laranjo, S., Monteiro, S., Almeida, I. G., Mendonça, T., Fontes, I., Ferreira, R. C., Almeida, A. G., Didenko, M., & Oliveira, M. M. (2024). Left Atrial Wall Thickness Estimated by Cardiac CT: Implications for Catheter Ablation of Atrial Fibrillation. Journal of Clinical Medicine, 13(18), Article 5379. https://doi.org/10.3390/jcm13185379

Silva, A. B., Lourenço, M. H., Ramiro, S., Falzon, L., Cunha-Branco, J., van der Heijde, D., Landewé, R., & Sepriano, A. (2024). Performance of clinical, laboratory and imaging features for diagnosing spondyloarthritis-a systematic literature review and meta-analysis. Rheumatology, 63(11), 2923 - 2937. Advance online publication. https://doi.org/10.1093/rheumatology/keae065

Silva, C. C., Presseau, J., van Allen, Z., Disnmore, J., Schenk, P., Moreto, M., & Marques, M. M. (2024). Components of multiple health behaviour change interventions for patients with chronic conditions: a systematic review and meta-regression of randomized trials. Health Psychology Review. https://doi.org/10.1080/17437199.2024.2413871

Silva, C. C., Presseau, J., Van Allen, Z., Schenk, P. M., Moreto, M., Dinsmore, J., & Marques, M. M. (2024). Effectiveness of interventions for changing more than one behavior at a time to manage chronic conditions: a systematic review and meta-analysis. Annals of Behavioral Medicine, 58(6), 432-444. https://doi.org/10.1093/abm/kaae021

Silva, J., Gama, A., Fronteira, I., Marques, P., & Dias, S. (2024). Knowledge and attitudes towards cervical cancer and screening among migrant women: a qualitative study in Portugal. BMJ Open, 14(12), Article e082538. https://doi.org/10.1136/bmjopen-2023-082538

Silva, N., Travassos, B., Gonçalves, B., Brito, J., Nakamura, F., & Abade, E. (2023). Effects of warm-up duration on acute physical performance in highly trained male futsal players. International Journal of Sports Science & Coaching, 19(4), 1632-1640. https://doi.org/10.1177/17479541231208009

Silva, S. P., Mazeda, C., Vilas-Boas, P., Portelada, M. D. C., Eugénio, G., & Barcelos, A. (2024). The impact of a Fracture Liaison Service after 3 years on secondary fracture prevention and mortality in a Portuguese tertiary center. Archives of Osteoporosis, 19(1), Article 4. https://doi.org/10.1007/s11657-023-01363-2

Silva-Ribeiro, S., Bernardes, S. F., Marques, M. M., & Godinho, C. A. (2024). Maintaining a sense of normality with the help of others: lived experiences of facilitators and barriers to Lupus adjustment. Journal of Health Psychology. https://doi.org/10.1177/13591053241296190

Souto-Miranda S, Brazete Cruz E, Pires D, Ribeiro F, Cordeiro N, Jácome C. Priorities in physical therapy research: A scoping review. Braz J Phys Ther. 2024 Nov-Dec;28(6):101135. doi: 10.1016/j.bjpt.2024.101135. Epub 2024 Nov 4. PMID: 39500115; PMCID: PMC11570230.

Strametz, R., Mira, J. J., & Sousa, P. (2024). The second victim phenomenon: comprehensive support and systemic change in healthcare. International Journal For Quality In Health Care, 36(3), Article mzae090. https://doi.org/10.1093/intqhc/mzae090

Sweeney, D. A., & Póvoa, P. (2024). What are the clinical and research lessons learned from immunomodulators and other therapies during the COVID-19 pandemic? Current opinion in critical care, 30(5), 420 - 426. https://doi.org/10.1097/MCC.00000000000001184

Т

Teixeira, M., De Luca, L., Faria, A., Bordiga, M., de Freitas, V., Mateus, N., & Oliveira, H. (2024). First Insights on the Bioaccessibility and Absorption of Anthocyanins from Edible Flowers: Wild Pansy, Cosmos, and Cornflower. Pharmaceuticals, 17(2), Article 191. https://doi.org/10.3390/ph17020191

Thomas, R. L., Millett, C., Sousa Soares, R. D., & Hone, T. (2024). More doctors, better health? a generalised synthetic control approach to estimating impacts of increasing doctors under Brazil's Mais Medicos programme. Social Science and Medicine, 358, Article 117222. https://doi.org/10.1016/j.socscimed.2024.117222

U

Uejima, Y., Filippidis, F. T., Hone, T., Millett, C., & Palladino, R. (2024). The association between voluntary health insurance and health outcomes in older adults in Europe: a survival analysis. Public Health, 237, 361-366. https://doi.org/10.1016/j.puhe.2024.10.031

٧

Vales, J., Cima, J., & Perelman, J. (2024). Freedom of choice for specialized consultation in Portugal: an observational analysis of response to hospital quality. Health Policy, 149, Article 105163. https://doi.org/10.1016/j.healthpol.2024.105163

Valli, C., Schäfer, W. L. A., Bañeres, J., Groene, O., Arnal-Velasco, D., Leite, A., ... Rodrigues, S. (2024). Improving quality and patient safety in surgical care through standardisation and harmonisation of perioperative care (SAFEST project): A research protocol for a mixed methods study. PLoS ONE, 19(6), Article e0304159. https://doi.org/10.1371/journal.pone.0304159

Verberckmoes, B., De Paepe, E., De Vestele, J., Gama, A., Keygnaert, I., Vermandere, H., & Degomme, O. (2024). Barriers and facilitators to cervical cancer screening among under- and neverscreened women in Flanders, Belgium: a qualitative study on community and healthcare providers' perspectives. BMC Public Health, 24(1), Article 2870. https://doi.org/10.1186/s12889-024-20166-9

Verdelho, A., Correia, M., Gonçalves-Pereira, M., Madureira, S., Vilela, P., Santos, A. C., Rodrigues, M., Borges, M., Ferro, J. M., & Santa-Clara, H. (2024). Physical Activity in Mild Vascular Cognitive Impairment: Results of the AFIVASC Randomized Controlled Trial at 6 Months. Journal of Alzheimer's disease: JAD, 101(4), 1379 - 1392. Advance online publication. https://doi.org/10.3233/JAD-240246

Viegas, C., Peixoto, C., Gomes, B., Dias, M., Cervantes, R., Pena, P., Slezakova, K., Pereira, M. D. C., Morais, S., Carolino, E., Twarużek, M., Viegas, S., & Caetano, L. A. (2024). Assessment of Portuguese fitness centers: bridging the knowledge gap on harmful microbial contamination with focus on fungi. Environmental Pollution, 350, Article 123976. https://doi.org/10.1016/j.envpol.2024.123976

Viegas, S., Martins, C., & Assunção, R. (2024). Editorial: human biomonitoring (HBM) as a tool to support policy and regulatory action to prevent chemicals exposure. Frontiers in Toxicology, 6, Article 1376890. https://doi.org/10.3389/ftox.2024.1376890

Villafaina, S., Fuentes-García, J. P., Fernandes, O., Muñoz, D., Batalha, N., & Parraca, J. A. (2022). The impact of winning or losing a padel match on heart rate variability. International Journal of Sports Science & Coaching, 19(3), 1296-1305. https://doi.org/10.1177/17479541221140066

Vineis, P., Mangone, L., Belesova, K., Tonne, C., Alfano, R., Strapasson, A., Millett, C., Jennings, N., Woods, J., & Mwabonje, O. (2024). Integration of multiple climate change mitigation actions and health co-benefits: a framework using the global calculator. Environmental Health Perspectives, 132(12), 125001. https://doi.org/10.1289/EHP14906

Von Rekowski, C. P., Pinto, I., Fonseca, T. A. H., Araújo, R., Calado, C. R. C., & Bento, L. (in press). Analysis of six consecutive waves of ICU-admitted COVID-19 patients: key findings and insights from a Portuguese population. GeroScience. https://doi.org/10.1007/s11357-024-01410-x

Wen, B., Wu, Y., Guo, Y., Gasparrini, A., Tong, S., Overcenco, A., ... Li, S. (2024). Comparison for the effects of different components of temperature variability on mortality: A multi-country time-series study. Environment International, 187, Article 108712. https://doi.org/10.1016/j.envint.2024.108712

Wu, Y., Wen, B., Gasparrini, A., Armstrong, B., Sera, F., Lavigne, E., ... Guo, Y. L. (2024). Temperature frequency and mortality: Assessing adaptation to local temperature. Environment International, 187, Article 108691. https://doi.org/10.1016/j.envint.2024.108691

Υ

Yang, D., Hashizume, M., Tobías, A., Honda, Y., Roye, D., Oh, J., ... Chung, Y. (2024). Temporal change in minimum mortality temperature under changing climate: A multicountry multicommunity observational study spanning 1986–2015. Environmental Epidemiology, 8(5), Article e334. https://doi.org/10.1097/EE9.00000000000000334

Yazdany, J., Ware, A., Wallace, Z. S., Bhana, S., Grainger, R., Hachulla, E., ... Machado, P. M. (2024). Impact of risk factors on COVID-19 outcomes in unvaccinated people with rheumatic diseases: A comparative analysis of pandemic epochs using the COVID-19 Global Rheumatology Alliance Registry. Arthritis Care & Research. Advance online publication. https://doi.org/10.1002/acr.25220

Z

Zahm, S., Bonde, J. P., Chiu, W. A., Hoppin, J., Kanno, J., Abdallah, M., ... Schubauer-Berigan, M. K. (2024). Carcinogenicity of perfluorooctanoic acid and perfluorooctanesulfonic acid. The Lancet Oncology, 25(1), 16-17. https://doi.org/10.1016/S1470-2045(23)00622-8

Zangao, M. O., Serra, I., Cruz, D., da Luz Barros, M., Coelho, A., Chora, M. A., Santos, C., & Gemito, L. (2024). Violence against healthcare professionals: perspective of local focal points in the south of Portugal. BMC Health Serv Res, 24(1), 1445. https://doi.org/10.1186/s12913-024-11949-2

Zé-Zé, L., Freitas, I. C., Silva, M., Soares, P., Alves, M. J., & Osório, H. C. (2024). The spread of the invasive mosquito Aedes albopictus (Diptera: Culicidae) in Portugal: a first genetic analysis. Parasites and Vectors, 17(1), Article 389. https://doi.org/10.1186/s13071-024-06460-w

5.2 Publications in Open Access Journals

TOTAL: 517

Table 18 - List of publications in Open Access Journals

31st European Congress on Obesity (ECO 2024). (2024). Obesity Facts, 17(Suppl. 1), 7-515. https://doi.org/10.1159/000538577

Α

A. Cabo, C., Hernández-Beltrán, V., Fernandes, O., Mendes, C., M. Gamonales, J., C. Espada, M., & A. Parraca, J. (2024). Evaluating the Impact of Sensorimotor Training on the Physical Capacities of the Elderly. https://doi.org/10.20944/preprints202411.1759.v1

Agostinho, I., Reis, N., Sousa, L., Ferreira, R., Miranda da Silva, M., & Baixinho, C. (2024). A ImplementaÇÃo Da EvidÊncia Quali - Desafio Aos Ecossistemas De Evidencia. New Trends in Qualitative Research, 20(3), e1063. https://doi.org/10.36367/ntqr.20.3.2024.e1063

Akif İpek, M., Cansın Yıldırım, A., Büyükbudak, E., Tomás, J., Severino, S., & Sousa, L. (2024). Physical activity and successful aging: community-based interventions for health promotion. Community and Interculturality in Dialogue, 4. https://doi.org/10.56294/cid2024.157

Alberto Da Silva, C., De Almeida, R. P. P., Carvalheira, F., Abrantes, A. F., Miranda, D. L., Vicente, B., Ramos, M., & Mestre, T. (2024). Digital Health in the Context of Healthcare Workers' Education and Training: The Other Side of Health Curricula in Portugal. In M. B. Garcia & R. P. P. De Almeida (Eds.), Advances in Healthcare Information Systems and Administration (pp. 66-85). IGI Global.

Aleixo Duarte, S., Jorge, C., Varela, M., Almeida, R., & Mihailovic, T. (2024). [Levodopa-Carbidopa: An Unusual Case of Voluntary Drug Intoxication]. Acta Med Port, 37(5), 403-404. https://doi.org/10.20344/amp.21161 (Levodopa-Carbidopa: Um Caso Incomum de Intoxicacao Medicamentosa Voluntaria.)

Aluh DO, Agu DI, Igbokwe WJ, Anunwa IG. (2024) Public acceptance of coercive measures in Nigerian mental health care. Int J Soc Psychiatry. 2024 Nov 13:207640241296050. doi: 10.1177/00207640241296050. Epub ahead of print.

Aluh DO, Aigbogun O, Okoro RN.(2024) Global pharma departure from Nigeria: A threat to public health. The Journal of Medicine Access. 8. doi:10.1177/27550834241256450

Aluh DO, Azeredo-Lopes S, Pedrosa B, Silva M, Grigaitė U, Martins AR, de Almeida Mousinho MF, Cardoso G, Caldas-de-Almeida JM. (2024) Revisiting the psychometric properties of the McArthur Admission Experience Survey (AES): Validating the Portuguese version using a Bifactor approach. Heliyon. 10 (2) E24114.

Aluh DO, Cortes JD. Second Victims in Mental Health Care. J Patient Saf. 2024 Dec 1;20(8):e144. doi: 10.1097/PTS.000000000001277.

Aluh DO, Diaz-Milanes D, Azeredo-Lopes S, Barbosa S, Santos-Dias M, Silva M, Grigaitė U, Pedrosa B, Velosa A, Cardoso G, Caldas-de-Almeida JM. Coercion in Psychiatry: Exploring the Subjective Experience of Coercion Among Patients in Five Portuguese Psychiatric Departments. J Behav Health Serv Res. 2024 Jul 10. doi: 10.1007/s11414-024-09890-7. Epub ahead of print.

Aluh DO, Diaz-Milanes Diego, Silva Manuela, Pedrosa Barbara, Grigaitė U, Almeida CR, Almeida Mousinho MF, Vieira M, Cardoso G, Caldas-de-Almeida JM (2024). Coercion in psychiatry: psychometric validation of the Portuguese Staff Attitudes to Coercion Scale (SACS). Discov Ment Health 4, 27. https://doi.org/10.1007/s44192-024-00083-4

Aluh DO, Lantta T, Lourenço T, Birkeland SF, Castelpietra G, Dedovic J, Caldas-de-Almeida JM, Rugkåsa J. Legislation and policy for involuntary mental healthcare across countries in the FOSTREN network: rationale, development of mapping survey and protocol. BJPsych Open. 2024 Sep 19;10(5):e154. doi: 10.1192/bjo.2024.744.

Alves, B. Dinis, A., Pereira, C. et al. (2024). Motor Fluctuations Exploration in People with Parkinson's Disease Using ARIMA-Based Accelerometer Data Modeling. 2024 IEEE 10th World Forum on Internet of Things (WF-IoT), Ottawa, ON, Canada, pp. 582-588, doi: 10.1109/WF-IoT62078.2024.10811449.

Alves, I., Koromani, F., Lemos, C., Tavares, S., Fernandes, O., Pereira, C. D., Castro, M. A., & Rivadeneira, F. (2024). Facilitators and constraints of physical activity in adults with achondroplasia: a scoping review. Journal of Rare Diseases, 3(1), 22. https://doi.org/10.1007/s44162-024-00048-9

Alves, J., Dias, CV., Perelman, J., Gonçalves, I., Moiane, I., & Morgado, V. (2024). Behavioral incentives on payfor-performance schemes in primary health care: a scoping review. European Journal of Public Health, 34(Supplement_3), iii639-iii640. https://doi.org/10.1093/eurpub/ckae144.1644

Amaral, P., Fronteira, I., Tomé, G. M. Q., Amaral, R., & Pereira, T. (2024). Integração da educação socioemocional no ensino português: opinião e perceção dos agentes educativos. Sisyphus - Journal of Education, 12(2), 7-29. https://doi.org/10.25749/sis.33528

Amorim, M., Guia-Pereira, A., Carapeta, S., Ribeiro, R., Dinis, R., Sousa, M. J., & Sousa, G. (2024). P126: Retrospective study of the impact of Endopredict: Experience from a hospital center. Genetics in Medicine Open, 2, 101007. https://doi.org/10.1016/j.gimo.2024.101007

André, J. P. d. P. C., Serra, I. d. C. C., Barreiros, J. C. S. d., & Gemito, M. L. (2024). Practice of formal caregivers in medication management of Elderly People, in a home context. International Journal of Health Science, 4(15), 2-10. https://doi.org/10.22533/at.ed.1594152405016

В

Bairos Menezes, M., Pedroso de Lima, R., Dunoes, I., Inacio, M., & Dinis, R. (2024). A Complete Response to Pembrolizumab in Malignant Peritoneal Mesothelioma: A Case Report. Cureus, 16(1), e52716. https://doi.org/10.7759/cureus.52716

Bárbara, A., Ramos, M., Gaudêncio, N., Almeida, R., & Abrantes, A. (2024). Healthy aging: the role of public policies. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 136-143. https://doi.org/10.61415/riage.302

Barros, J., & Martins Filipe, C. S. (2024). DO CONHECIMENTO AO CUIDADO: EPISTEMOLOGIA E ASSISTÊNCIA INTEGRAL ÀS VÍTIMAS DE TRAUMA. In A integralidade na atenção à saúde: avanços e retrocessos - Volume 2 (1 ed., pp. 48-65). Editora Científica Digital.

Basu, S., Yudkin, J. S., Jawad, M., Ghattas, H., Hamad, B. A., Jamaluddine, Z., Safadi, G., Ragi, M. E., Ahmad, R. E. S., Vamos, E. P., & Millett, C. (2024). Reducing non-communicable diseases among Palestinian populations in Gaza: a participatory comparative and cost-effectiveness modeling assessment. PLoS Global Public Health, 4(5), Article e0003168. https://doi.org/10.1371/journal.pgph.0003168

Belayneh Z, Lee DA, Haines TP, Aluh DO, Onu JU, Newton-Howes G, Masters K, Kohn Y, Sin J, Goulet MH, Husum TL, Jelastopulu E, Bakola M, Opgenhaffen T, Gowda GS, Mekuriaw B, De Cuyper K, Muir-Cochrane E, Canteloupe Y, Diviney E, Staggs VS, Petrakis M. (2024) Co-Designing Case Scenarios and Survey Strategies to Examine the Classification and Reporting of Restrictive Care Practices in Adult Mental Health Inpatient Settings: Perspectives From International Stakeholders. Int J Ment Health Nurs. 4. doi: 10.1111/inm.13479. Epub ahead of print.

Bento, A., Raimundo, A., & Carrasco, L. (2024). High-Intensity Interval Training (HIIT) program in High-School Physical Education Classes for promoting Fitness in Adolescents: a Randomized Controlled Trial. https://doi.org/10.20944/preprints202408.2194.v1

Book of abstracts of the 5th CHRC Annual Summit Evora, Portugal, September 23 and 24, 2024 Abstracts. (2024). Portuguese Journal of Public Health, 42(Suppl 2), 1-32. https://doi.org/10.1159/000542309

Bruges Armas, J.. Ankylosing Spondylitis - Recent Concepts. London, Reino Unido: IntechOpen. 2023.

C

Caeiro, S., Viola Andrade Santos, A. J., Brites Zangão, M. O., & Potes Barroso Santa-Clara Barbas Morais Pinto, M. (2024). Reorganização da gestão dos Recursos Humanos numa Unidade de Saúde Pública durante a pandemia da COVID-19. Revista Gestão & Saúde, 14(3), 335-347. https://doi.org/10.26512/rgs.v14i3.48976

Camacho, I., Caeiro, E., Camacho, R., Grinn-Gofroń, A., Strzelczak, A., Ferreira, M. B., & Carreiro-Martins, P. (in press). To what extent can wildfires in the Mediterranean influence pollen abundance? Allergy: European Journal of Allergy and Clinical Immunology. https://doi.org/10.1111/all.16211

Camargo, E. L. S., Ribeiro, C. J. N., Santos, G. R. D. S., Almeida, V. S., Carvalho, H. E. F. D., Schneider, G., Vieira, L. G., Alvim, A. L. S., Pimenta, F. G., Carneiro, L. M., Batista, O. M. A., Sousa, A. R. D., Sousa, Á. F. L. D., & Ventura, C. A. A. (2024). Belief in conspiracy theories about COVID-19 vaccines among Brazilians: a national cross-sectional study. COVID, 4(4), 518-530. https://doi.org/10.3390/covid4040035

Campos, R. C., Rexia, C., Cardoso, P. M., & Passos, B. (2024). An Exploratory Study in the Portuguese Population on Writing a Suicide Note: Correlates in the Suicide Spectrum and Qualitative Analysis. Span J Psychol, 27, e4. https://doi.org/10.1017/SJP.2024.1

Candeias, A. A., & Félix, A. S. (2024). Eating Behavior and Chronic Stress in a Post-pandemic Context Study with Portuguese Young People Aged 15–26 Years. https://doi.org/10.20944/preprints202401.0762.v1

Candeias, A., Félix, A., & Cunha, T. (2024). Exploring Sleep Quality and Attitudes in Ageing Portuguese Population. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 175-184. https://doi.org/10.61415/riage.304

Cardoso, Manuela; Figueiredo, Leonor; Moreira-Rosário, André; Camolas, José; Virella, Daniel; Macedo, Israel; Pereira-da-Silva, Luís. (2004). The Effect of Unadjusted Mineral Supplementation on Bone Health of Preterm Infants Fed Fortified Human Milk: An Exploratory Analysis. Journal of Clinical Neonatology 13(2):p 48-56, Apr–Jun 2024. DOI: 10.4103/jcn.jcn_10_24

Carmo, C. N. R. D., Serra, I., Barreiros, J., & Gemito, M. L. (2024). CAPACITAÇÃO DE CUIDADORES FORMAIS EM CONTEXTO DOMICILIÁRIO NA PREVENÇÃO DE ÚLCERAS POR PRESSÃO. In Ciências da saúde: bemestar e qualidade de vida 4 (1 ed., pp. 139-157). Atena Editora.

Carvalho, M. L., Carvalho, M. I., Carvalho, M., Valido, S., Tomás, J., Severino, S., & Sousa, L. (2024). Health Literacy: Professional Competence for 21 st Century Healthcare. Salud, Ciencia y Tecnología, 4, 910. https://doi.org/10.56294/saludcyt2024910

Catarino, J. R., Morais Nunes, A., & Sobral, S. (2024). Public Health Policy: Legal Diferences in Formulation and Implementation. Direito Público, 21(110). https://doi.org/10.11117/rdp.v21i110.7855

Cerdeira, R., & Zangão, O. (2024). A satisfação da grávida com os cuidados das enfermeiras obstétricas durante a pandemia COVID-19. Revista de Enfermagem Referência, VI Série(N.º 3), e32647. https://doi.org/10.12707/rvi23.102.32647

Cervantes R, Pena P, Riesenberger B, Marques L, Rodriguez M, Gomes B, Dias M, Viegas C. Fungal contamination in Lisbon's primary schools: sampling insights and analytical approaches. Poster session presented at International

Conference of Occupational Safety and Hygiene (Hybrid SHO 2024), Porto, Portugal. http://hdl.handle.net/10400.21/17651.

Cervantes, R., Pena. P., Gomes. B., Dias, M., Riesenberger, B., Rodriguez, M., Marques, L., & Viegas, C. (2024). Understanding and addressing fungal exposure risks in primary schools: implications for children's health and wellbeing. In Arezes, P., Baptista, J.S., Melo, R., Barroso, M. P., Branco, J. C., Carneiro, P., Colim, A., Costa, N., Costa, S., Duarte, J., Guedes, J., & Perestrelo, G., ed. lit., International symposium on occupational safety and hygiene: abstracts book of the SHO2024 (pp. 57-62). SPOSHO - Portuguese Society of Occupational Safety and Hygiene. https://doi.org/10.24840/978-989-54863-5-9_0057-0062

Correia, M., Ribeirinha, T., Beirante, D., Portelada, A., Martins, C., & Galinha, S. (2024, 7/2024). TEACHERS' PERSPECTIVES REGARDING OUTDOOR STEAM EDUCATION: AN EXPLORATORY STUDY. 16th International Conference on Education and New Learning Technologies,

Costa, D., Gomes, L. M. A., Rodrigues, A. M., Gonçalves-Bradley, D. C., Donato, H., & Cruz, E. B. (2024). Models of care for people with knee osteoarthritis in primary healthcare: a scoping models of care for people with knee osteoarthritis in primary healthcare: a scoping review. Portuguese Journal of Public Health, 42(suppl 1), 17. https://doi.org/10.1159/000539013

Costa, J. A., Coelho, C. A., Ferraz, A., Brito, J., Guilherme, J., Seabra, A., Travassos, B., Folgado, H., & Goncalves, B. (2024). The Influence of Including Goalkeepers on the Intensity Demands of Walking Football Practice. Sports (Basel), 12(12). https://doi.org/10.3390/sports12120346

Cruz, D. (2024). Prevention of Procedural Pain in Neonates. In R. Mauricio Barría (Ed.), Best and Safe Practices in Different Contexts of Neonatal Care. IntechOpen.

D

Dias, M., Gomes, B., Pena, P., Cervantes, R., Carolino, E., Viegas, S., & Viegas, C. (2024). Assessing occupational exposure to fungi in woodworking environments: the definition of the most suitable sampling method based on a score index. Poster session presented at 14th International Conference of Mycotoxins and Moulds, Bydgoszcz, Poland. http://hdl.handle.net/10400.21/17543

Dias, M., Gomes, B., Pena, P., Cervantes, R., Twarużek, M., Kosicki, R., Viegas, C., & Viegas, S. (2024). Mycotoxins presence in woodworking environments from Portugal. Poster session presented at 45th Mycotoxins Workshop, Vienna, Austria. http://hdl.handle.net/10400.21/17512

Dias, M., Rodriguez, M., Vasques, C., Riesenberger, B., Marques, L., Gomes, B., Pena, P., Cervantes, R., Viegas, S., & Viegas, C. (2024). Budget-friendly protocol for TR34/L98H and TR46/Y121F/T289A mutation detection in Aspergillus section Fumigati isolates. Poster session presented at International Symposium of Occupational Safety and Hygiene, Porto, Portugal. http://hdl.handle.net/10400.21/17652

Dias, S., Hoffmeister, L. V., Figueiredo, C., & Gama, A. (2024). Social prescribing in the Portuguese context: challenges and strategies to implement and evaluate a complex intervention. In M. Bertotti (Ed.), Social Prescribing Policy, Research and Practice: Transforming Systems and Communities for Improved Health and Wellbeing (pp. 85-99). Article Chapter 6 Springer International Publishing. https://doi.org/10.1007/978-3-031-52106-5_6

Dias, S., Hoffmeister, L., Figueiredo, C., Coelho, A., Marques, MJ., Canas, A. M., Pedro, A. R., & Gama, A. (2024). Prescrição social: manual de apoio à implementação de iniciativas. Escola Nacional de Saúde Pública, Universidade Nova de Lisboa. https://doi.org/10.34619/4ppj-ewpf

Dores, H. (2024). Career options in cardiology: Does gender matter? Revista Portuguesa de Cardiologia, 43(4), 201-202. https://doi.org/10.1016/j.repc.2023.10.006

Duarte, C. R., Raimundo, A., Sousa, J. P., Fernandes, O., & Santos, R. (2024). Prevalence of Lower Back Pain and Risk Factors in Equestrians: A Systematic Review. Sports (Basel), 12(12). https://doi.org/10.3390/sports12120355

Duarte, C., Santos, R., Fernandes, O., & Raimundo, A. (2024). Prevalence of Lower Back Pain in Portuguese Equestrian Riders. Sports, 12(8). https://doi.org/ARTN 207

Duarte, S., Moniz, A., Costa, D., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). How is low back pain being managed in primary healthcare? findings from a scoping review on models of care. Portuguese Journal of Public Health, 42(suppl 1), 14. https://doi.org/10.1159/000539013

Duarte, S., Moniz, A., Costa, D., Heleno, B., Aguiar, P., & Cruz, E. B. (2024). Models of care for low back pain patients in primary healthcare: a scoping review on implementation processes and outcomes. Portuguese Journal of Public Health, 42(suppl 1), 14. https://doi.org/10.1159/000539013

Ε

Escoval, A. (2024). Financiamento e contratualização em saúde: velhas e novas tendências. In RL. Reis, & M. Delgado (Eds.), Uma nova gestão em serviços de saúde (pp. 149-175). Edições Sílabo.

F

Félix, A., Almeida, G., Pereira, C., Pais, S., & Candeias, A. (2024). Promoting Transversal Skills for Enhanced Quality of Life and Inclusion in people with Cognitive Deficits: A Bibliometric Analysis. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 108-119. https://doi.org/10.61415/riage.307

Fernandes, A. C. (2024). Saúde em Portugal: pensar o futuro: 50 anos de democracia, 45 de SNS. Editora D'Ideias.

Ferreira, R., Mestre, T. D., Fernandes, J. B., Sousa, L., José, H., Fonseca, C., Ferreira, Ó., & Baixinho, C. L. (2024). Competências de investigação desenvolvidas pela pós-graduação: transferência para a prática clínica em enfermagem. Revista Gaúcha de Enfermagem, 45(spe1), e20240005. https://doi.org/10.1590/1983-1447.2024.20240005.pt

Ferreira, R., Mestre, T. D., Fernandes, J. B., Sousa, L., Jose, H., Fonseca, C., Ferreira, O., & Baixinho, C. L. (2024). Research skills developed in post-graduation and their translation into clinical nursing practices. Rev Gaucha Enferm, 45(spe1), e20240005. https://doi.org/10.1590/1983-1447.2024.20240005.en

Figueira, B., Exel, J., Gonçalves, B., Coutinho, D., & Sampaio, J. (2024). Exploring Coaches' Cognitive Perception of Football Training Tasks: A Questionnaire-Based Study and Comparison with a Framework Tool for Assessing Cognitive Demands in Small-Sided Games. Cuadernos de Psicología del Deporte, 24(1), 297-306. https://doi.org/10.6018/cpd.522691

Fonseca, F. (2024). Poster Pazopanib XII Perspectivas. https://doi.org/10.13140/RG.2.2.33008.84488

Fonseca, F. (2024). Poster T-DM1 EN2 SPFCS. https://doi.org/10.13140/RG.2.2.11198.46402

Fonseca, F., Perdigão, M., Machado, S., & Advinha, A. M. (2024). 5th CHRC Annual Summit. https://doi.org/10.13140/RG.2.2.34608.16648

Freitas, B., & Teodoro, T. P. (2024). Neuropsychiatry of Histaminergic Circuits: Potential Role of Novel H3 Receptor Selective Antagonist/Inverse Agonist Pitolisant in Prader-Willi Syndrome. Psychopharmacology bulletin, 54(3), 103-107.

Fronteira, I. (2024). Desafios para o futuro do sistema de saúde português: uma reflexão breve. Gestão Hospitalar, (38), 18-21.

Fronteira, I., Perelman, J., Santana, R., Dias, S., Lourenço, A., Peralta-Santos, A., ... Magalhães, T. (2024). White paper: Leading the way to a healthy future: Inovação ao serviço da Saúde Pública. Escola Nacional de Saúde Pública, Universidade Nova de Lisboa. https://doi.org/10.34619/7z7m-xyme

G

Gama, A., Raposo, A., Milreu, A., João Santos, M., Severino, S., & Sousa, L. (2024). Conflict management in COVID-19 Vaccination: A critical reflection. Health Leadership and Quality of Life, 3. https://doi.org/10.56294/hl2024.74

Garcia, M. B., Arif, Y. M., Khlaif, Z. N., Zhu, M., De Almeida, R. P. P., De Almeida, R. S., & Masters, K. (2024). Effective Integration of Artificial Intelligence in Medical Education: Practical Tips and Actionable Insights. In M. B. Garcia & R. P. P. De Almeida (Eds.), Advances in Healthcare Information Systems and Administration (pp. 1-19). IGI Global.

Gaudêncio, N., Castela da Cruz Ramos, M. R., Bernardo Barbara, A. C., Lagem Caldeira Abrantes, A. F., & Pereira de Almeida, R. P. (2024). Potencialidades dos meios complementares de diagnóstico na promoção da saúde e qualidade de vida dos idosos. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 113-121. https://doi.org/10.61415/riage.305

GBD 2021 Causes of Death Collaborators*.(2024) Global burden of 288 causes of death and life expectancy decomposition in 204 countries and territories and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet; online first

GBD 2021 Fertility and Forecasting Collaborators*.(2024) Global fertility in 204 countries and territories, 1950–2021, with forecasts to 2100: a comprehensive demographic analysis for the Global Burden of Disease Study 2021. Lancet. online first

GBD 2021 Forecasting Collaborators.(2024) Burden of disease scenarios for 204 countries and territories, 2022–2050: a forecasting analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440) [10.1016/s0140-6736(24)00685-8].

GBD 2021 Risk Factors Collaborators.(2024) Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990-2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet. 403(10440):2162-2203. DOI: 10.1016/s0140-6736(24)00933-4

Gomes, B., Dias, M., Cervantes, R., Pena, P., & Viegas, C. (2024). Aspergillus fumigatus prevalence on poultry farms: health concerns in a climate change era. Poster session presented at 14th International Conference of Mycotoxins and Moulds, Bydgoszcz, Poland.

Gomes, B., Dias, M., Pena, P., Cervantes, R., Rodriguez, M., Marques, L., Riesenberger, B., Viegas, C. (2024). A multi-approach sampling strategy to assess exposure to microbiologic agents in poultries. Poster session presented at International Conference of Occupational Safety and Hygiene (Hybrid SHO 2024), Porto, Portugal. http://hdl.handle.net/10400.21/17653

Gómez, L. K., Molina, E. S., Collazos, C. A., & Guedes de Pinho, L. (2024). Technological System Based on Serious Games for Teaching Stress Management to University Students. IEEE Revista Iberoamericana de Tecnologias del Aprendizaje, 19, 248-257. https://doi.org/10.1109/rita.2024.3465044

Gonçalves, L., Dixe, M., & Mendonça, S. (2024). Validação de protocolo de recolha e preservação de vestígios forenses na urgência: Técnica de Delphi. Revista de Enfermagem Referência, VI Série(N.º 3), e33125. https://doi.org/10.12707/rvi23.119.33125

Gonçalves-Pereira, M. (in press). Mental Health as a Polysemic Construct? Revisiting the Debate about University Students' Unmet Needs. Portuguese Journal of Public Health. https://doi.org/10.1159/000542629

Gonçalves-Pereira, M., Prina, A. M., Marques, MJ., Balsinha, C., & Xavier, M. (2024). 2023 IPA International Congress Book of Abstracts - S10: Needs assessment, the basic tool for psychogeriatric care – ADDENDUM: Exploring the needs of people with dementia: Implications of epidemiological, health service and primary care research in Portugal. International psychogeriatrics / IPA, 5(S1 (ADDENDUM)), Article S10. https://doi.org/10.1017/S1041610224000437

Grigaitė U, Azeredo-Lopes S, Žeimė E, Slotkus PY, Heitmayer M, Aluh DO, Pedrosa B, Silva M, Santos-Dias M, Cardoso G, Caldas-de-Almeida JM.(2024) Prevalence and acceptability of psychological and/or economic intimate partner violence, and utilization of mental health services by its survivors in Lithuania. Journal of Public Health, fdae015, https://doi.org/10.1093/pubmed/fdae015

Grigaité U, Azeredo-Lopes S, Cardoso G, Pedrosa B, Aluh DO, Santos-Dias M, et al. (2024) Mental health conditions and utilisation of mental health services by survivors of physical intimate partner violence in Portugal: Results from the WHO world mental health survey. Psychiatry Res. 334:115801.

Grigaitė U, Klidziūtė G, Aluh DO, Pedrosa B, Santos-Dias M, Silva M, ... Caldas-de-Almeida JM (2024). Responding to the needs of survivors of intimate partner violence in Lithuania: perceptions of mental health and social care professionals. Women & Health, 1–14.

Н

Hakomäki, H., Pitkänen, S., Levonen, A.-L., Honkakoski, P., Greco, D., Saarimäki, L. A., ... Rysä, J. (2024). Unmasking metabolic disruptors: The NEMESIS project's quest for novel biomarkers, evidence on adverse effects, and efficient methodologies. Open Research Europe, 4(194). https://doi.org/10.12688/openreseurope.18439.1

Irigaray, L. F., Bernatene, J., Szeps, A., Albertazzi, R., Cortínez, F., Lança, C., & Iribarren, R. (2024). Children's bedroom illumination while reading at night = Illuminación del dormitorio de los niños mientras leen por la noche. Oftalmología Clínica y Experimental, 17(4), e516-e522. https://doi.org/10.70313/2718.7446.v17.n04.362

L

Lamon, L., Doyle, J., Paini, A., Moeller, R., Viegas, S., Cubadda, F., ... Price, P. (2024). Roadmap for action for advancing aggregate exposure to chemicals in the EU. EFSA Supporting Publications, 21(7). https://doi.org/10.2903/sp.efsa.2024.EN-8971

Leitão, M., Lemos, S., Brito, S., Severino, S., Guerra, N., & Sousa, L. (2024). Conflict management: a practical case, analysis, interpretation and resolution. Seminars in Medical Writing and Education, 3, 84. https://doi.org/10.56294/mw202484

Limbert, C., Kowalski, A. J., & Danne, T. P. A. (2024). Automated Insulin Delivery: A Milestone on the Road to Insulin Independence in Type 1 Diabetes. Diabetes Care, 47(6), 918-920. https://doi.org/10.2337/dci24-0007

Lobo, A., Vieira, J., & Ferreira, R. (2024). Cuidados de enfermagem de reabilitação à pessoa com pneumonia: estudo de caso. Revista Portuguesa de Enfermagem de Reabilitação, 7(1), e396. https://doi.org/10.33194/rper.2024.396

Lobo, M. D., Miravent, S., & De Almeida, R. P. P. (2024). Emerging Trends in Ultrasound Education and Healthcare Clinical Applications: A Rapid Review. In M. B. Garcia & R. P. P. De Almeida (Eds.), Advances in Healthcare Information Systems and Administration (pp. 263-287). IGI Global.

Lobo, M. D., Tavares, S. M., De Almeida, R. P. P., & Garcia, M. B. (2024). Advancing Precision in Physical Education and Sports Science: A Review of Medical Imaging Methods for Assessing Body Composition. In M. B. Garcia (Ed.), Advances in Educational Technologies and Instructional Design (pp. 293-326). IGI Global.

Lopes, H. (2024). Valor em saúde: uma nova era na avaliação de desempenho. In RL. Reis, & M. Delgado (Eds.), Uma nova gestão em serviços de saúde (pp. 247-278). Edições Sílabo.

Lopes, M. J., Leung, V., Faria, I., Reininghaus, E., Fonseca, C. J., Barach, P. P., Alves, E. C. M., Pinho, L., Turk, E., Rodrigues, R., Dalkner, N., Prinzellner, Y., Wessa, M., Carlson, J., & Folkvord, F. (2024). What are the barriers and facilitators on the acceptance of information and communication technology-based interventions for improving resilience and mental health of healthcare workers: A scoping review protocol. https://doi.org/10.17605/OSF.IO/5R36Q

Luyt, C. E., Girardis, M., & Paixão, P. (2024). Herpes simplex virus and cytomegalovirus lung reactivations in severe COVID-19 patients: to treat or not to treat? That is (still) the question. Intensive Care Medicine, 1317 - 1319. https://doi.org/10.1007/s00134-024-07562-w

M

Magalhães, T. (2024). Relevância e perspetivas futuras da digitalização e o papel da função de auditoria interna. InA. Ávila, coord. Auditoria interna na saúde (pp. 419-425). Edições Almedina.

Malheiro, F., Ângelo-Dias, M., Lopes, T., Azeredo-Lopes, S., Martins, C., & Borrego, L. M. (2024). B Cells and Double-Negative B Cells (CD27-IgD-) Are Related to Acute Pancreatitis Severity. Diseases, 12(1), Article 18. https://doi.org/10.3390/diseases12010018

Martins, A. D., Batalha, N., Fernandes, O., Gonçalves, B., Oliveira, R., & Brito, J. P. (2024). Effects of a 16-week High-Speed Resistance Training program on physical and cognitive function in community-dwelling independent older adults: A Clinical Trial. https://doi.org/10.21203/rs.3.rs-4783535/v1

Martins, C. (2024). Burden of disease of aflatoxins: a tool for estimating the health impact attributable to exposure. 14th International Conference of Mycotoxins and Moulds, Bydgoszcz, Poland.

Martins, P., Caires, I., Afonso, R., Gaspar-Marques, J., Tomé, A., & Neuparth, N. (2024). Asthma and chronic cough: two related conditions. Journal Of Allergy And Clinical Immunology, 153(2), AB23-AB23.

Martins-Dos-santos, G., Coelho, P. S., Sangalho, I., Alvarez, P., Prates, S., & Pinto, P. L. (2024). Utilização de seringa revestida com adrenalina na abordagem de reação local extensa refratária ao tratamento — Um caso clínico. Revista Portuguesa de Imunoalergologia, 32(2), 105-108. https://doi.org/10.32932/rpia.2024.03.130

Mascarenhas, C., Sousa, A. C. A., & Rato, L. (2024). Effects of Pharmaceutical Substances with Obesogenic Activity on Male Reproductive Health. Int J Mol Sci, 25(4). https://doi.org/10.3390/ijms25042324

Matias, A. R., Borbinha, C., Silva, A. R., Gonçalves-Montera, M., Melo, F., & Fernandes, O. (2024). Handwriting as an objective tool to support the identification of people with Alzheimer's disease: suitability of an assessment protocol (Preprint). https://doi.org/10.2196/preprints.64003

Mendes, C., Carvalho, M., Bravo, J., Martins, S., & Raimundo, A. (2024). Impact of Bariatric Surgery on Sarcopenia Related Parameters and Diagnosis—The Preliminary Results of EXPOBAR Study. https://doi.org/10.20944/preprints202407.1018.v1

Mendes, C., Carvalho, M., Bravo, J., Martins, S., & Raimundo, A. (2024). Interplay of Physical Exercise with Leptin and Ghrelin Alterations After Roux-en-Y-Gastric Bypass in Patients with Sarcopenic Obesity. https://doi.org/10.20944/preprints202409.1886.v1

Mendes, C., Carvalho, M., Bravo, J., Martins, S., Zangão, M. O., & Raimundo, A. (2024). The Impact of a Structured Physical Exercise Program after Bariatric Surgery (RYGB) on PROMs – Health-Related Quality of Life (SarQoL) – in Patients with Preoperative Obesity and Sarcopenia. https://doi.org/10.20944/preprints202408.2171.v1

Mendes, C., Carvalho, M., Raimundo, A., & Zangão, O. (2024). Impact of Telemedicine on Post-Bariatric Surgery Outcomes and Patient Satisfaction During the COVID-19 Pandemic: A Retrospective Observational Study. https://doi.org/10.32388/ojhiwr

Mendes, C., Carvalho, M., Raimundo, A., & Zangão, O. (2024). The Impact of eHealth Technologies on the Management Process of the Surgical Treatment of Obesity during the COVID-19 Pandemic. https://doi.org/10.20944/preprints202403.1411.v1

Mendonça, M. D. L. L., Araújo, I. I., Delgado, A. P., Stabell Benn, C., Schaltz-Buchholzer, F., Ferrinho, P., & Fronteira, I. (2024). Strengthening biomedical ethics: lessons from a Cabo Verde clinical trial case. Biomedical Journal of Scientific & Technical Research, 54(2). https://doi.org/10.26717/BJSTR.2024.54.008539, https://doi.org/10.26717/bjstr.54.2

Mestre, T. D., Caldeira, E., & Lopes, M. J. (2024). Autocuidado Familiar: ensaio teórico para famílias com filho(s) com perturbação do desenvolvimento intelectual. Revista de Investigação & Inovação em Saúde, 7(2). https://doi.org/10.37914/riis.v7i2.287

Mestre, T. D., Lopes, M. J., Mestre, D. M., Ferreira, R. F., Costa, A. P., & Caldeira, E. V. (2024). Impact of family-centered care in families with children with intellectual disability: A systematic review. Heliyon, 10(7), e28241. https://doi.org/10.1016/j.heliyon.2024.e28241

Moniz, A., Barcelos, A., Marques, M., Mazeda, C., Henriques, A. R., Mendonça, N., Machado, A. S., Canhao, H., & Dias, S. (2024). Usability and user experience of the Healthy Bone digital platform for patients with osteoporosis: a mixed methods study. Portuguese Journal of Public Health, 42(suppl 2), 17.

Moreira, J., Miguel, S., Delgado, B., & Boto, P. (2024). Patient-reported outcome measures in rehabilitation after knee surgery: a rapid systematic review. Journal of Public Health (Germany). https://doi.org/10.1007/s10389-024-02283-2

Moura, A. L., Gaspar, Â., & Borrego, L. M. (2024). Reply to "A Case Report about the Management of Hereditary Angioedema with Normal Complement Levels during Pregnancy". Acta Medica Portuguesa, 37(2), 148-149. https://doi.org/10.20344/amp.20458

Moura, T., Ramos, A., Sa, E., Pinho, L., & Fonseca, C. (2024). Contributions of the Communication and Management of Bad News in Nursing to the Readaptation Process in Palliative Care: A Scoping Review. Applied Sciences-Basel, 14(15). https://doi.org/ARTN 6806

Mourato, M. B., Pratas, N., Branco Pereira, A., Taré, F., Chança, R., Fronteira, I., Dinis, R., & Areia, M. (2024). Effectiveness of Gastric Cancer Endoscopic Screening in Intermediate-Risk Countries: Protocol for a Systematic Review and Meta-Analysis (Preprint). https://doi.org/10.2196/preprints.56791

Ν

Nogueira, M. J., Ribeiro, S., Silva, C., Pereira, P., & Teixeira, D. (2024). Mothers' perspective about factors that influence preterm newborn breastfeeding: scoping review. Millenium - Journal of Education, Technologies, e34474 Páginas. https://doi.org/10.29352/MILL0215E.34474

Nunes, AB., Leite, A., Teixeira, JP. D., Valli, C., Seyfulayeva, A., Casaca, P., Martinez-Nicolas, I., Arnal-Velasco, D., Orrego, C., & Sousa, P. (2024). An European consensus on core measures set for patient safety in perioperative care (SAFEST project). 342-343. Abstract from ISQua's 40th International Conference, Istambul, Turkey.

P

Parraca, J. A., Rubio Zarapuz, A., Tornero-Aguilera, J. F., Clemente-Suárez, V. J., Tomas-Carus, P., & Costa, A. R. (2024). Analysing the Biochemistry of Saliva: Flow, Total Protein, Amylase Enzymatic Activity and Their Interconnections. https://doi.org/10.20944/preprints202411.1184.v1

Payan-Carreira, R., Sacau-Fontenla, A., Rebelo, H., Sebastião, L., & Pnevmatikos, D. (2024). Critical Thinking Self-Assessment Scale--Short Form. https://doi.org/10.1037/t92329-000

Pedro Sousa e Costa, A., Nogueira, V., Gouveia, A., Barbosa, P., & Matos Pires, A. (2024). Consulta Follow -up COVID, no Baixo Alentejo. Revista Portuguesa de Psiquiatria e Saúde Mental, 10(2), 45-49. https://doi.org/10.51338/rppsm.473

Pedrosa B, Cardoso G, Azeredo-Lopes S, Gonçalves-Pereira M, Aluh DO,.....Caldas-de-Almeida JM (2024). Supported Accommodations for People with serious Mental Disorders: Staff's Assessment of Work Challenges and Their Impact during COVID-19. Port J Public Health. online first.

Pedrosa B, Cardoso G, Azeredo-Lopes S, Gonçalves-Pereira M, Aluh DO.....Caldas-de-Almeida (2024). Supported accommodations for people with serious mental disorders: Care pathways and predictors of age of entry and length of stay. Int J Soc Psychiatry.

Pena, P., Cervantes, R., Gomes, B., Dias, M., Riesenberger, B., Marques, L., Sousa, M., & Viegas, C. (2024). First insights of Portuguese primary schools' fungal assessment: is indoor air quality legal framework suitable for this indoor setting? . Poster session presented at 14th International Conference of Mycotoxins and Moulds, Bydgoszcz, Poland. http://hdl.handle.net/10400.21/17544

Pereira, I., Correia, M., Sim-Sim, M., Ferrao, A. C., & Zangao, M. O. (2024). Women's Vocalization in the First and Second Stages of Labour: A Scoping Review Protocol. Women, 4(3), 332-339. https://doi.org/10.3390/women4030025

Perelman, J. (2024). Modelos de pagamento e modelos de gestão: o indispensável alinhamento. In RL. Reis, & M. Delgado (Eds.), Uma nova gestão em serviços de saúde (pp. 113-127). Edições Sílabo, Lda..

Poeira, A., Zangão, M. O. B., & Santos-Rocha, R. (2024). Changes in Foot Biomechanics during Pregnancy and Postpartum: A Mapping of the Evidence on the Influence of Physical Activity. https://doi.org/10.17605/OSF.IO/36FM9

R

Rabiais, I., Pereira, L., Moniz, N., Almeida, A., Monteiro, P., Severino, S., Sousa, L., & José, H. (2024). Competence Profile of the Intra-Hospital Emergency Team Nurse: A Scoping Review. Emergency Care and Medicine, 1(3), 260-274. https://doi.org/10.3390/ecm1030027

Ramalhete, L., Almeida, P., Ferreira, R., Abade, O., Teixeira, C., & Araújo, R. (2024). Revolutionizing Kidney Transplantation: Connecting Machine Learning and Artificial Intelligence with Next-Generation Healthcare—From Algorithms to Allografts. BioMedInformatics, 4(1), 673-689. https://doi.org/10.3390/biomedinformatics4010037

Ramos, A., Pires, S., Sa, E., Gomes, I., Alves, E., Fonseca, C., & Coelho, A. (2024). A Cross-Sectional Study of the Perception of Individualized Nursing Care Among Nurses in Acute Medical and Perioperative Settings. Nurs Rep, 14(4), 3191-3205. https://doi.org/10.3390/nursrep14040232

Ramos, M. R. C. d. C., Gaudêncio, N. I. M., Bárbara, A. C. B., Almeida, R. P. P. d., & Abrantes, A. F. C. L. (2024). Desafios e Inovação no envelhecimento - Cuidados doente oncológico. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 192-201. https://doi.org/10.61415/riage.301

Riboli, E., Beland, F. A., Lachenmeier, D. W., Marques, M. M., Phillips, D. H., Schernhammer, E. S., Afghan, A., Assunção, R., Caderni, G., Corton, C., & Viegas, S. (2024). Aspartame, Methyleugenol, and Isoeugenol. (IARC Monographs on the Identification of Carcinogenic Hazards to Humans). International Agency for Research on Cancer.

Rubio Zarapuz, A., Apolo Arenas, M. D., Carus, P. T., Tornero-Aguilera, J. F., Clemente-Suarez, V. J., & Parraça, J. A. (2024). Effects of Therapeutic Interventions on Physical and Respiratory Functionality in Female Fibromyalgia Patients: A Cross-over Study. https://doi.org/10.20944/preprints202411.2285.v1

S

Santos, C. (2024). ENSP NOVA: um motor da formação de gestores de projetos de saúde. Gestão Hospitalar, (36), 13.

Santos, C. (2024, Apr 22). Empreendedorismo, inovação social e start-ups: qual o papel das universidades? PME Magazine – Portugal. Mundo. Empresas.

Santos, C. (2024, Jun 20). PME portuguesas aderem ao Projeto Europeu "Partnerships for Science Education". PME Magazine – Portugal. Mundo. Empresas.

Santos, C. (2024, May 20). Observatório Português de gestão de projetos: sinergias entre academia, ONGs e indústria. PME Magazine – Portugal. Mundo. Empresas.

Santos, C. (2024, Nov 11). NOVA Science & Innovation Day: 3 de dezembro 2024. PME Magazine – Portugal. Mundo. Empresas.

Santos, C. (2024, Sept 26). Concurso de ideias da ENSP desafía empresas a transformarem jardins do Campus. PME Magazine – Portugal. Mundo. Empresas.

Santos, L. R., Marques, A.P., Lopes, S. (2024). Direct costs of heart failure in the Autonomous Region of Madeira= Custos diretos da insuficiência cardíaca na Região Autónoma da Madeira. Medicina Interna, 31(4), 172-180. https://doi.org/10.24950/rspmi.1778

Silva, C., & Tomaz, M. L. (2024). Impact of COVID-19 on depressive symptoms in older adults: Future perspectives and implications. Applied Psychology Research, 3(2), 1549. https://doi.org/10.59400/apr1549

Silva, C., Tomaz, M., Sousa, L., Ferreira, R., & Fonseca, C. (2024). How to minimize the impact of a pandemic on depression in older adults in the future. Global Health Economics and Sustainability, 0(0), 3193. https://doi.org/10.36922/ghes.3193

Simoes, M. P., Hodcroft, E. B., Simmonds, P., Albert, J., Alidjinou, E. K., Ambert-Balay, K., ... Benschop, K. S. M. (2024). Epidemiological and clinical insights into the Enterovirus D68 upsurge in Europe 2021–2022 and emergence of novel B3-derived lineages, ENPEN multicentre study. Journal of Infectious Diseases, 230(4), e917–e928. https://doi.org/10.1093/infdis/jiae154

Simões, V. M., Inácio, D. L., Pereira, J. B., Mestre, T., Ferreira, R. F., & Vieira, J. V. (2024). NEWS e NEWS 2: FERRAMENTAS ÚTEIS NA PREDIÇÃO DO OUTCOME DA PESSOA ADULTA E IDOSA COM COVID-19? Revista Ibero-Americana de Saúde e Envelhecimento, v. 10, 96-111 Páginas. https://doi.org/10.60468/R.RIASE.2024.10(02).675.96-111

Soares de Pinho, I., Esperança-Martins, M., Machado, B., Dâmaso, S., Lopes Brás, R., Cantinho, G., Fernandes, I., & Costa, L. (2024). A Case of Success: Complete Response to Radium-223 in Metastatic Castration-Resistant Prostate Cancer. Cureus, 16(2), e53637. https://doi.org/10.7759/cureus.53637

Sousa, L., Raposo, C., Guerra, N., Fabiana Faleiros, F. F., Albuquerque, G., & Severino, S. S. (2024). Rehabilitation Nursing Care for a patient undergoing corrective surgery for scoliosis: case report. Salud, Ciencia y Tecnología, 4, 785. https://doi.org/10.56294/saludcyt2024785

Sousa, L., Tomás, J., Severino, S., Valido, S., Santos, M. J., & José, H. (2024). Preventing falls in the aged: a challenge in patient safety. Salud, Ciencia y Tecnología, 4, 1000. https://doi.org/10.56294/saludcyt20241000

Szeps, A., Suarez, J. M., Bordese, V., Acerbi, M., Albertazzi, R., Saravia, M., Iribarren, G., Pinto, J. L., Lança, C., & Iribarren, R. (2024). Presbyopia and age-related macular degeneration: a survey on spectacle lens design = Presbicia y degeneración macular asociada a la edad: una encuesta sobre el diseño de las lentes oftálmicas. Oftalmología Clínica y Experimental, 17(4), e571-e578. https://doi.org/10.70313/2718.7446.v17.n04.368

Tarico Bico, I. M., Sobral Mendonça, S. M., Afonso Moreira, J. M., & Damas Cruz, M. D. (2024). A EXPERIÊNCIA DE DOR NO DOENTE ONCOLÓGICO COM DOENÇA AVANÇADA. In Humanidades e Ciências Sociais: Perspectivas Teóricas, Metodológicas e de Investigação VII (1 ed., pp. 130-139). Editora Artemis.

Tomás, J., Severino, S., Valido, S., Mestre, R., Santos, M. J., de Sousa, C., Sousa, L., & José, H. (2024). Subjective Quality of Life of Portuguese Karateka: A Comparative Study with General Population. Psychology International, 7(1), 1. https://doi.org/10.3390/psycholint7010001

Tomás, M., Szeps, A., Martín, G., Saracco, G., Lança, C., & Iribarren, R. (2024). Effect of vertex distance in the treatment area of myopia control spectacles= Efecto de la distancia del vértice en la zona de tratamiento de las gafas de control de la miopía. Oftalmología Clínica y Experimental, 17(4), e547-e553. https://doi.org/10.70313/2718.7446.v17.n04.367

Tomé, A. M., Marlene, Pais, S. C. C. F. R. G., Tomás, M. T. B. C., & Fontes, A. P. d. A. (2024). + Equilíbrio 65 - risco de queda em idosos na comunidade da região do algarve. RIAGE - Revista Ibero-Americana de Gerontologia, 6, 236-246. https://doi.org/10.61415/riage.292

٧

Van Hauwaert, R., Tomé, A., De Almeida, R. P. P., Vilela, F., Coutinho, A. L., Alpoim, D., De Jesus, R. S. F., & Virga, E. (2024). Physical Exercise and Pelvic Floor Muscle Training: A Vital Tool in Mitigating Pelvic Floor Dysfunction During Pregnancy and Postpartum. In M. B. Garcia (Ed.), Advances in Educational Technologies and Instructional Design (pp. 169-202). IGI Global.

Vaz, B., Miravent, S., Gomes, C., Gago, R., Lobo, M. D., & Almeida, R. P. (2024). Early detection of metastatic disease through screening ultrasound. ROENTGEN-Revista Científica das Técnicas Radiológicas, 5(2), 26-34. https://doi.org/10.46885/roentgen.v5i2.138

Venturin, A. B., Faria-Schutzer, D. B., Del Risco Sanchez, O., Rodrigues, L., Herculano, T. B., & Surita, F. G. (2024). Women's experiences with the post-placental intrauterine device: a qualitative study. Rev Bras Ginecol Obstet, 46, e-rbgo45. https://doi.org/10.61622/rbgo/2024rbgo45

Viegas, C., Gomes, B., Cervantes, R., Dias, M., Pena, P., Oliveira, F., de Andrade, E. T., Caetano, L. A., Twarużek, M., Kosicki, R., & Viegas, S. (2024). Fungal and mycotoxins contamination in non-alcoholic beverages: the case of tea from Portuguese market and coffee beans from Brazil. Poster session presented at 45th Mycotoxins Workshop, Vienna, Austria. http://hdl.handle.net/10400.21/17511.

Viegas, S., Cervantes, R., Gomes, B., Pena, P., Dias, M., & Viegas, C. (2024). Zearalenone as an occupational hazard in Portugal: what can be expected in a climate change scenario. Poster session presented at International Symposium of Occupational Safety and Hygiene, Porto, Portugal

Z

Zorro, J., Pierdevara, L., Quaresma, T., & Silveirinha, D. (2024). Motivational strategies to integrate clinical supervision as a supervising nurse: scoping review protocol. https://doi.org/10.17605/OSF.IO/9BYXK

5.3 Publications in Lay Language

TOTAL:6

Table 19 - List of publications in Lay Language

Α

Araújo, T. M. E. D., Chaves, F. R. C., Oliveira, M. G. F. U. D., Chaves, A. F. D. C. P., Soares, Y. K. D. C., Borges, P. D. T. M., Borges, S. E. M., Alencar, V. M. D. C., Camargo, E. L. S., Mendes, I. A. C., & Sousa, Á. F. L. D. (2024). Sexual practices and HIV risk perception among men who have sex with men in Brazil. Journal of the International Association of Providers of AIDS Care, 23. https://doi.org/10.1177/23259582241283196

D

Duarte, S. T., Moniz, A., Caeiro, C., Heleno, B., Aguiar, P., & Cruz, E. B. (in press). Exploring barriers and facilitators to the adoption of regular exercise practice in patients at risk of a recurrence of low back pain (MyBack project): a qualitative study. Disability and Rehabilitation. https://doi.org/10.1080/09638288.2024.2369665

G

Guisado-Clavero, M., Gómez-Bravo, R., Gefaell Larrondo, I., Ramos Del Rio, L., Fitzgerald, L., Vinker, S., ... Lingner, H. (2024). Diverse roles of primary health care in COVID-19 vaccination across 28 European countries – Insights from the Eurodata study. The European Journal of General Practice, 30(1), Article 2409240. https://doi.org/10.1080/13814788.2024.2409240

н

Hastings, J., Zhang, L., Schenk, P., West, R., Gehrke, B., Hogan, W. R., Chorpita, B., Johnston, M., Marques, M. M., Webb, T. L., Baird, H. M., Crombez, G., & Michie, S. (2024). The BSSO Foundry: a community of practice for ontologies in the behavioural and social sciences. Wellcome Open Research, 9, Article 656. https://doi.org/10.12688/wellcomeopenres.23230.1

М

Matos, J., Henriques, A., Moura, A., & Alves, E. (2024). Professional reintegration of stroke survivors and their mental health, quality of life and community integration. Qual Life Res, 33(12), 3259-3273. https://doi.org/10.1007/s11136-024-03797-8

Matos, J., Moura, A., Teixeira, F., Henriques, A., & Alves, E. (2024). Professional reintegration among professionally active Portuguese stroke survivors: a multicentric study. Disabil Rehabil, 46(12), 2619-2628. https://doi.org/10.1080/09638288.2023.2228200

5.4 CHRC GRANTS FINAL REPORTS

PROOF - PReventing OsteoporOtic Fractures

Anabela Barcelos^{1,2,3}, Carolina Mazeda^{2,3}, Jaime Cunha Branco^{2,4,5}, Rute Dinis Sousa^{2,4}, Helena Canhão^{2,4,6}, Sónia Dias¹, Ana Rodrigues^{2,4,7}

1Comprehensive Health Research Center, Escola Nacional de Saúde Pública, Universidade NOVA de Lisboa, Lisbon, Portugal
2EpiDoc Unit, NOVA Medical School|Faculdade de Ciências Médicas, NMS|FCM, Universidade NOVA de Lisboa; Lisbon, Portugal
3Rheumatology Department, Centro Hospitalar do Baixo Vouga, CHBV, Aveiro, Portugal
4Comprehensive Health Research Center, NOVA Medical School|Faculdade de Ciências Médicas, NMS|FCM, Universidade NOVA de Lisboa, Lisbon, Portugal
5Rheumatology Department, Centro Hospitalar Lisboa Ocidental, CHLO, Lisbon, Portugal
6Rheumatology Unit, Centro Hospitalar Universitário de Lisboa Central, CHULC, Lisbon, Portugal
7Rheumatology Unit, Hospital dos Lusíadas, Lisbon, Portugal













Background

- Osteoporosis (OP) is a chronic systemic bone disease associated with an increased risk of fragility fractures.
- To prevent fractures, pharmacological and non-pharmacological treatments should be implemented (e.g., exercise and/or physical activity, healthy diet).
- However, OP patients' adoption of these treatments is low to moderate (40-70%).
- There is a need to develop and implement interventions that provide guidance, motivation, and health literacy, supported by behaviour change to improve treatment adoption among OP patients

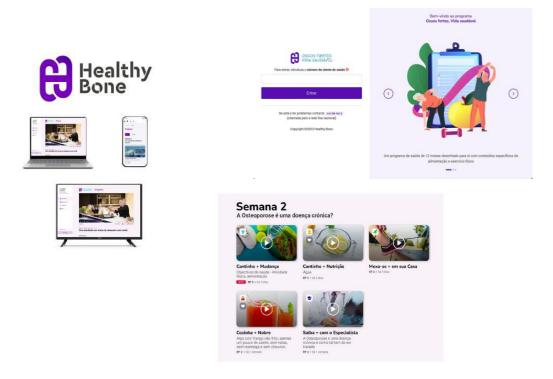
Objective

To develop the Healthy Bone digital platform prototype (desktop, mobile app, and TV app), which will deliver the Healthy Bone program to promote the adoption of pharmacological and non-pharmacological treatment among older adults with OP.

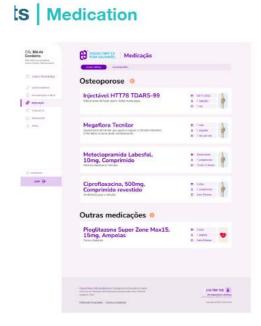
Methods

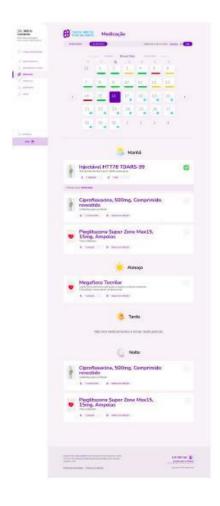
- A digital platform prototype has been developed, informed by behaviour change theory, and adapted from the SAUDE.COME TV application, involving all relevant stakeholders (patient research partner, behavioural researchers, healthcare professionals, engineers) and using a co-creation methodology.
- The Healthy Bone digital platform was developed as a web-based multimodule and interactive application.
- It will deliver a home-based program informed by behaviour change that combines strategies
 that include education, patient empowerment, self-management reminders, and prompts
 designed to increase long-term adoption of pharmacological and non-pharmacological OP
 treatment.
- To further optimize the Healthy Bone digital platform, we conducted a mixed-methods study at CHBV. Usability testing and semi-structured interviews were conducted in person, lasting approximately 70 minutes, with audio and screen recording.
- For usability testing, patients had to complete tasks that represented real-world use of the digital platform, using a thinking-aloud approach.
- After each task, patients were given an After Scenario Questionnaire to measure task satisfaction. They were then asked to complete the System Usability Scale and the eHealth UsaBility Benchmarking Instrument to measure usability.
- This was followed by semi-structured interviews to explore participants using the Healthy Bone digital platform prototype.

Results

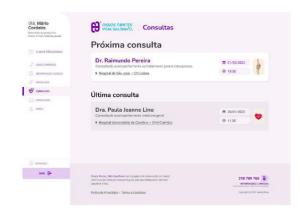




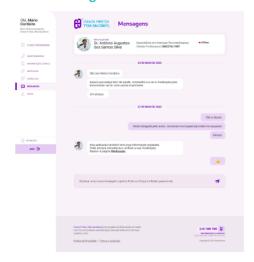




Consultations



Chat feature "Messages"





Visualization of the HUBBI scores for the Healthy Bone digital platform prototype. Each color indicates, for the different categories, how well the system is performing. Green (>4) denotes good usability, yellow (3-4) moderate usability, orange (2-3) insuficiente usability and red (1-2) poor

Conclusions

- The Healthy Bone digital platform prototype is finished and has been tested. However, given setbacks outside our control, specifically the COVID-19 pandemic, the Healthy Bone project has fallen behind schedule.
- A mixed methods study was conducted to test the usability of Healthy Bone and provide valuable
 insights into the usability and user experience of the desktop version of the Healthy Bone digital
 platform prototype. Specific usability issues and users' perceptions of this digital solution were
 identified.
- The next steps are to conduct a pilot study of the mobile app version of Healthy Bone and then run a randomized controlled trial.

Funding

During the 1st Annual Summit Comprehensive Health Research Centre (CHRC), the research team was awarded the CHRC Research Grants 2020 to run the Healthy Bone project.

References

- 1. Rodrigues AM, Gregório MJ, Gein P, Eusébio M, Santos MJ, de Sousa RD, et al. Home-Based Intervention Program to Reduce Food Insecurity in Elderly Populations Using a TV App: Study Protocol of the Randomized Controlled Trial Saúde.Come Senior. JMIR Res Protoc. 2017 Mar;6(3):e40.
- 2. Joseph-Shehu EM, Ncama BP, Mooi N, Mashamba-Thompson TP. The use of information and communication technologies to promote healthy lifestyle behaviour: a systematic scoping review. BMJ Open 2019 Oct 1;9(10):e029872. doi: 10.1136/bmjopen-2019-029872
- 3. Broekhuis M, van Velsen L. Improving usability benchmarking for the eHealth domain: The development of the eHealth UsaBility Benchmarking instrument (HUBBI). PLoS One Public Library of Science; 2022 Feb 17;17(2):e0262036. doi.org/10.1371/journal.pone.0262036

Handwriting movement assessment and dementia



HANDWRITING MOVEMENT ASSESSMENT AND DEMENTIA

Ana Rita Marias^{3,3}, Marta Gonçalves-Montera¹, Claudia Borbinha¹, Ana Rita Sava^{3,3}, Hans-Leo Teulings¹, Orlando Fernandes^{3,3} "Congrehensive Health Recents Center | "University of Evans | "Rocalty of Psychology, University of Lickon | "Epirita Scato Hospital of Evans | "Newscaript

PROBLEM

Dementia is a health condition marked by progressive constructional and disability if Some Votos tours become common in ackanced stages | HANDWATING, a tool for studying fire motor control or executive functioning in both healthy and unlessibly populations displays C-MANS AT DEFINITION AND OF DIMINISA. | In this study the focus was on Alzheimer Disease (AD).

WHAT WAS DONE

Where?

Neurology Service of Public Hospital day case centers, and residential facilities for the elderly

With whom?

INCLUSION CRITERIA.

PARTICIPANTS WITH AD-

() over \$5, ii) dementia diagnosis according to DSM-5 criteria and proven by a clinician.

PARTICIPANTS WITHOUT AD

 6 over 55: if absence of countilive impairment on the neuropsychological assessment. EXCLUSION CRITERIA

() absence of previous neurological (e.g., stroke) and/or psychiatric history (e.g., psychosis); ii) presence of a condition that could interfere with the collection of handwriting data; iii) mother tongue other than Fortuguese.

How?

HAMDWRITING ASSESSMENT

HANDWRITING ASSESSMENT BATTERY FOR ADULTS (HAB) | Hundwriting legibility and speed

VISUOMOTOR INTEGRATION TEST (VMI) | Visuomotor integration, visual perception and motor coordination

MOVALEZER. | Number of strokes, vertical/horizontal start position, vertical/horizontal size, stant, reaction time, duration, average pen pressure

EMOTIV EPOC | Brain activity measured by power spectral densities at different frequency bands: theta (4-7 Hz), alpha (8-12), and beta (13-30) hands).

OUTPUTS





INFOGRAPHIC

PAPER SUBJUISSION

MIR RESEARCH PROTOCOUS Us der revision



POSTER PRESENTATION

HUMAN RIOLOGY OF HOVEHENT BEHAVIOURS CONFERENCE | 11 *-12 ** September, Oporto





CLINICAL. TRIALGOV



NOTTE RUBOPETA DOS DIVENTIGATIONES 20/28 | 20/24 EDITIONS



ORAL COMMUNICATION.

VINTERNATIONAL MEETING OF INVOVATION IN BEAUTIE | 222-247 Keresmiter, Brandia

CONCLUSIONS

Achieved around 90 per cent of the suggested schedule and 95% budget execution.

This project has mude it possible to significantly strengthen the existing line of research with an innovative and sustainable study that will have a clinical impact in the medium to long term. Through dissemination actions, interest in this project and its continuity was noted.

Considering the short period of execution and all the difficulties encountered, most of the objectives were achieved.

The allocated funding also made it possible to purchase materials enabling the project to continue.

BEFFERDSCIN

Hiddelse C, print C, Bergelle villamen frångigte menned avrollat deskravet i dissavar kritiste der blev (LAISEE, Ere Villamer). Frendstruddelse Mellismandels (kritiste SP mennet.) Frendstrudding (kritiste (Mol.) Sell 14 (1978). Springare (SECS). Miller Seller S, Standardsell, September S, Pilot R, de Stance L. Bardensking, sordeyle in sog Stragel Stager B, Stan. S, Standardsell, Jago office benever sentenga parametering, addition andre Stamer SSenson J, Parishton Stance philipsips of the philody. Exhibit Senson, I, to with Standardsell, Seller Standardsell, Seller S, Standardsell, Seller S, Standardsell, Seller S, Standardsell, Seller S, Standardsell, Seller S, Standardsell, Seller S, Standardsell, Seller S, Standardsell, St inner 1988 SERVE Control States in Con-

inter our accommendation of Mandauding Englishing and Shaud Motor Integration in 1976s. netw-Cough They 2009;143 (ERN LED AND CORRESPONDED AND CORRESPONDED











COVID-19 pandemic: the social distance at the school playground and its effects children's social-emotional competence and physical



COVID-19 pandemic: the social distance at the school playground and its effects on children's social-emotional competence and physical activity

Hugo Folgado ^{1,3}, Ana Rodrigues^{2,3}, Bruno Gonçalves^{1,3}, Helena Canhão^{2,3}, Jorge Bravo^{1,3}, Orlando Fernandes^{1,3}, Rute Sousa^{2,3}, Nilton Leite^{1,3}, Guida Moutinho^{1,3}

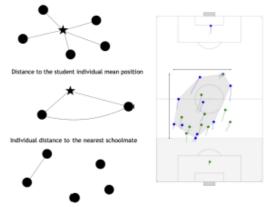
- 1 Departamento de Desporto e Saúde, Escola de Saúde e Desenvolvimento Humano, Universidade de Évora, Évora, Portugal
- 2 NOVA Medical School, Universidade Nova de Lisboa, Lisbon, Portugal
- 3 Comprehensive Health Research Center, Portugal

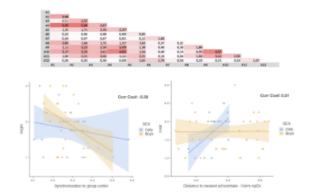
Background: One of the most important measures to prevent SARS-CoV-2 transmission through respiratory droplets [1, 2] and to decelerate the COVID-19 epidemic evolution, was the interpersonal physical distance or so-called social distance. Social distancing implied the closure of schools, parks and playgrounds, with the populations not allowed to engage in their regular activities outside of their homes. This measures will undoubtedly have implications for social development, particularly for children [3].

Objectives: 1) is the social distance maintained during children's activity in the playground (even with school implement based on government preventive guidelines)? 2) limiting children to cohabit and establish social interactions freely has adverse effects on children's social-emotional competence?

Methods: Sixty-one students of the 3rd and 4th grade from 4 different schools participated in the study (20 girls, 41 boys, age=9.4 ± 1 years). Individual GPS devices were used at the playground for the analysis of movement related behavioral indicators, computed from the positional data. The KTK (Körperkoordinations Test für Kinder) test, Peers nomination and Mood questionnaire were used for the assessment of children coordination, and social-emotional competence, respectively.

Individual distance to the group cente





Results: Children were less than 6 minutes under 2 meters of social proximity during a 30 minutes playground. Girls with higher fear and sadness score presented more irregular movements relative to their schoolmates and boys with Higher Anger Score showed a less synchronized behavior relative to group center.

Conclusions: School Playgrounds were not a risk site for the transmission of SARS-CoV-2. There seems to be some relations with how students behave in the playground - measured by their displacement and relative positioning - and their socio-emotional state

References:

- 1.European Centre for Disease Prevention and Control, Considerations relating to social distancing measures in response to COVID-19 - second update. 23 March 2020. 2020, ECDC: Stockholm.
- 2. World Health Organization, Overview of public health and social measures in the context of COVID-19. Interim guidance. 18 May 2020. 2020, World Health Organization: Geneva.
- 3. Veiga, G., et al., Social Competence at the Playground: Preschoolers During Recess. Infant and Child Development, 2017. 26(1): p. e1957.













Knee Care @Home: Home Exercise-Based Rehabilitation Program Following **Surgical Reconstruction of the Anterior Cruciate Ligament**



February 19th, 2025

Knee Care @Home: Home Exercise-Based Rehabilitation Program Following Surgical Reconstruction of the Anterior Cruciate Ligament

SOUSA, J.P. 1,4, BATALHA, N. 1,4, FERNANDES, O. 1,4, LONDRAL, A.R. 3,5, PARRAÇA, J. 1,4, RODRIGUES, A.M. 2,5

- Departamento de Desporto e Saúde, Escola de Saúde e Desenvolvimento Humas
 CIDOC, Epidioc Unit, Novo Medical School, Libbox, Portugal.

 YON COLAB, Novo Medical School, Libbox, Portugal.

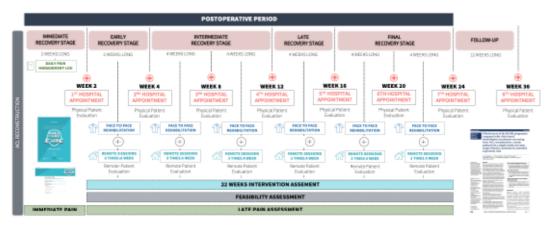
 Omprehensive Nealth Research Centre, University of Évora, Évora, Portugal.

 Comprehensive Nealth Research Centre, Novo Medical School, Libbox, Portugal.

Background: The adoption of digital health tools for consultations (telemedicine) and rehabilitation (telerehabilitation) is gaining popularity due to enhanced accessibility and the mitigation of travel and time restrictions. The implementation of digital health solutions to complement conventional healthcare is somewhat recent, particularly with respect to telerehabilitation after orthopaedic injury or surgery. Patients undergoing ACL reconstruction may benefit from remote sessions as a complement to conventional clinic-based rehabilitation sessions. These remote sessions offer therapeutio exercises that can be done at home, extending rehabilitation services to underserved areas and providing improved supervision and monitoring

Objectives: This project aims to develop and implement a digital health solution for synchronous supervision and monitoring of a home-based exercise program (Knee Care at Home) for the recovery pathway of ACL reconstruction patients.

Methods: The intervention procedure is depicted in the figure 1. Several tasks were accomplished that included the protocol for clinical trial, a protocol for a pilot and feasibility study, the development of comprehensive Knee Care at Home programme manual, establishing a data collection hub, and planning an observational study on postoperative pain behavior and management around ACL reconstruction and other knee surgerioal interventions. The project involved the collaboration between three CHRC institutions and the Hospital da Miserioórdia de Évora.



Results: The project has resulted in three scientific posters, two trial protocol publications, a programme manual in Portuguese and English, a digital data collection hub, and one master's degree. In the future, we expect a significant number of scientific outputs including another master and a doctorate degree.

Funding: This project is funded by FCT/MCTES as part of Multiannual Financing of R&D Units 2020-2023. It is a collaboration between FCT and the R&D Unit CHRC, with the reference UIDP/04923/2020|CHRC|2021.

- 1. Levinger P, Hallam K, Fraser D, et al. A novel web-support intervention to promote recovery following anterior cruciate ligament reconstruction: a pilot randomised controlled trial. Phys Ther Sport 2017;27:29-37.
- 2. Dunphy E, Gardner EC. Telerehabilitation to address the rehabilitation gap in anterior cruciate ligament care: survey of patients. JMIR Form Res 2020;4:e19296.
- 3.Cottrell MA, Galea GA, O'Leary SP, et al. Real-time telerehabilitation for the treatment of musc Rehabil 2017; 31:625-38.
- 4.Papalia R, Vasta S, Tecame A, et al. Home-based vs supervised rehabilitation programs following knee surgery: a systematic review. Br Med Bull 2013; 108:55-72.

 5.Greenberg EM, Greenberg ET, Albaugh J, et al. Rehabilitation practice patterns following anterior cruciate ligament reconstruction: a survey of physical therapists. J Orthop Sports Phys Ther 2018; 48:801-11.













Heart.Fit - Sustainability of traditional and live-streaming exercise-based cardiac rehabilitation in low-risk patients with cardiovascular disease



February 19th, 2025

Heart.Fit - Sustainability of traditional and live-streaming exercise-based cardiac rehabilitation in low-risk patients with cardiovascular disease

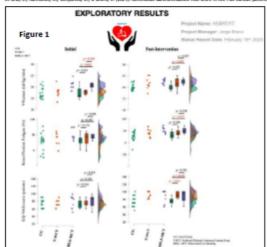
BRAVO, J., 1.2 PEREIRA, C., 1.2, DORES, H., 3 BATALHA, N., 1.2 ALMEIDA, M., 3 RAIMUNDO, A. 1.2 porto e Saude e Dezenvolvimento Humano. Universidade de Évora. Évora. Portugal

- 2 Comprehensive Health Research Centre, Universidade de Évora, Évora, Portugal
- 3 Comprehensive Health Research Centre, NOVA Medical School, Lisboa, Portuga

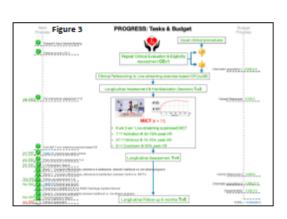
The primary objective of the HERRT.FIT project was to evaluate the effectiveness, adherence, and satisfaction of live-streaming exercise-based cardiac rehabilitation (CR) programs in low-risk patients with cardiovascular disease (CVD). A total of eleven CVD patients participated in this experimental study, undergoing follow-up assessments measuring key indicators of effectiveness, adherence, and satisfaction in both traditional and live-streaming supervised exercise programs. As a major outcome, the He@rt.Fit app was officially launched, alongside the publication of a scientific article validating its utility! Several findings on the effects of the exercise interventions have already been disseminated^{2,3}, and a second scientific article focusing on effectiveness, adherence, and satisfaction outcomes is currently under

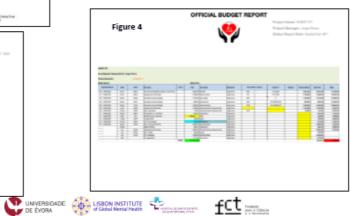
Figure 1 presents key effectiveness indicators. Results demonstrated a significant improvement in cardiorespiratory fitness in the Home-Based Live-Streaming Moderate Continuous Training (HBLS-MCT) group compared to the Control group (p = 0.002), while no significant difference was found in the Traditional Moderate Continuous Training (T-MCT) group (p = 0.030). Similar trends were observed for muscular endurance (p = 0.01) and quality of life (p = 0.038). Adherence levels were comparable between both intervention groups, whereas satisfaction levels were higher in the T-MCT group, indicating that in-person sessions provided greater perceived satisfaction, although the difference was not statistically significant (p = 0.089). A summary of the project's status is provided in Figure 2, highlighting that 99.2% of the total budget (£19,846.08) was executed, as illustrated in Figure 4. The core tasks established for the project were successfully completed within the defined timeline (Figure 3).

to, J., Farla, L., Ralmundo, A., Bi Gongleire, C. (2004). In IT TOR LOW-RISK CASEMIC PATIENTS: THE BRIEF OF A -WEST INTERPTOTO OF A PATIENTS: CASEMIC PATIENTS: A L., Ralmundo, A., Gongleire, C. (2004). Ralmundo, A., Gongleire, C. (2004). Continuous Cardiometabolic Risk Score in Joseph









Self-care in the person with chronic disease

Maria Marques^{1,2}, Margarida Goes^{1,2}, Henrique Oliveira^{1,3}, César Fonseca^{1,2}, Lara Pinho^{1,2}, Isabel Bico^{1,2}, Susana Mendonça^{1,2}, José Moreira^{1,2}, Ana Escoval^{1,4}, Vanessa Nicolau^{1,4}, Catarina Martins¹, Rute Pires^{5,1}, Miguel Pedrosa⁵, Cláudia Mendes^{5,1}

¹Comprehensive Health Research Centre, Universidade de Évora, Évora, Portugal.

²Departamento de Enfermagem, Universidade de Évora, Évora, Portugal.

³Instituto de Telecomunicações, Aveiro, Portugal.

⁴Escola Nacional de Saúde Pública. ⁵Hospital do Espírito Santo, ULSAC

REPORT

Background: An assessment of the Portuguese health system estimates the overall burden of chronic diseases in the Portuguese population (regardless of age/gender) is as follows: (i) 18% of Portuguese users of the National Health System (Sistema Nacional de Saúde - SNS) have one chronic disease, (ii) 11% of users have two chronic diseases, (iii) 8% of users have three chronic diseases, and (iv) 22% of users have four or more chronic diseases; therefore, at least 59% of the Portuguese population has one or more chronic diseases (estimate). To promote improved health- related quality of life among elderly individuals by requalifying their potential and allowing them to live more autonomously, the following tasks is essential to identify the appropriate self-care behavior that allows determining, planning, and assessing preventive nursing care needs [1]. Generic measures allow comparison among patients with different conditions and accommodate those with more than one diagnosis. The instrument studied within the scope of this project, the "Self-Care of Chronic Illness Inventory — Patient Version" (version 4), is a generic measure designed to assess the process of self-care used by individuals with a variety of chronic conditions [2].

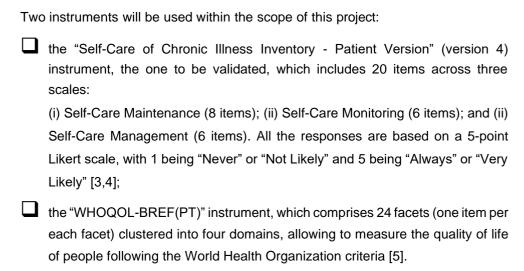
Objectives

- Psychometric Adaptation and Validation: Adapt and validate the scale "Chronic Disease Self-Care Inventory Patient Version" to Portuguese.
 Objective achieved: the article awaits publication.
- Sociodemographic and Biological Predictors: Infer about predictors associated with self-care deficits, using the inventory adapted in a cross-sectional study.
 Objective partially achieved, data collected, one article published and a second article under construction.
- 3. Longitudinal Assessment: To assess the self-care behavior of people with chronic diseases at two different time points (baseline and after 4 months).

Goal partially achieved, one article published and a second article under construction.

4. Quality of Life: To examine the quality of life of patients after nursing interventions, using a longitudinal study. **An article under construction.**

Instruments:



Innovation and relevance to the CHRC:

This is an innovative work, conducted mainly by CHRC researchers, which will allow this Research Center to be at the forefront of a pioneering work that can greatly contribute to the promotion of scientific research in the field of active and healthy aging research, improving the survey of needs, the development, monitoring and evaluation of nursing interventions, and the dissemination of good practices and innovation in older people with chronic diseases (multimorbidity).

Results

| | n 200 Participants | | | | | |
|---|--------------------|-------------------------------------|--|--|--|--|
| Articles | Journal | Phase | | | | |
| Self-care in the person with chronic disease: A protocol for a self-care intervention | | Published MEX-D-24-00118R1 | | | | |
| Self-care in the person with chronic disease | Mendeley Data | Published DOI:10.17632/n5mcd9hchp.2 | | | | |

| Self-care in the person with chronic disease: A protocol for a self-care intervention | ClinicalTrials.gov Protocol Registration and Results System (PRS) Receipt | Published ClinicalTrials.gov ID: NCT06235593 |
|--|---|--|
| Self-care needs in an aged population living with a chronic condition: a systematic review | BMC Geriatrics – Q1 | In Review |
| Psychometric properties of the self- care inventory for chronic diseases in older adults residing in Portugal | Journal of Advanced Nursing – Q1 | In Review |
| Self-care needs in an aged population living with a chronic condition: a systematic review | Poster | Grant CHRC - 5th CHRC Annual Summit |
| Self-care in the person with chronic disease: A protocol for a self-care intervention | Poster | Grant CHRC - 5th CHRC Annual Summit |
| Psychometric properties of the self- care inventory for chronic diseases in older adults residing in Portugal | Oral communication | Grant CHRC - 5th CHRC Annual Summit |
| Artic | cles under construction | |
| The database of this study was integrountries where the SC-IIC is being us Center (https://self-care-measures.com/ Article about the intervention | sed, integrated into the Int | ternational Self-Care Research |
| Comparative study between partici | pants undergoing interve | ention and participants without |

Final financial implementation of the Project

Article on self-care, quality of life and functionality

| SELF | CARE | | | | | | | | | | |
|--------------------------------|---------------|-----------|-------------|-----------------|--|------------|------------------|------------|----------------------|-------------------|--|
| Inve | estigador Res | ponsável: | Maria do Cé | éu Marques | | | | | | | |
| Finc | ınciamento: | | 20 000,00 € | | | | | | | | |
| Dat | a Inicio: | | u u | | | Data Fim: | | | | | |
| Proposta/Oficio/BI Data GesDoc | | | | Rubrica | | Fornecedor | w | Requerente | Encomenda | comenda / Tranche | |
| 01 | CHRC/2023 | 13/fev | 6273 | Bolsa 6 meses | | 5 656,88 € | Catarina Martins | | Maria Céu Marques | executado | |
| | CHRC/2024 | 7/mar | 9633 | Portátil e ecrã | | 3 925,57 € | | | Mcéu Marques | executado | |
| 2 | CHRC/2024 | 21/mar | 11667 | Video projetor | | 1 217,03 € | Visocare | | Mcéu Marques | executado | |
| _ | | | | | | | | | | | |
| | | | | | | | | | | | |

- Purchased SimX Equipment Stnd SimX Base License 5 850.00 Executed
- Two articles under review with an approximate value of 3000 euros, were not executed because the articles are still under review.

Conclusions: The Chronic Disease Self-Care Inventory (patient version) demonstrated adequate psychometric properties in terms of validity and reliability in the Portuguese population. The results indicate that the questionnaire is a useful tool to assess self-care in patients with multiple chronic diseases, facilitating the identification of patients' needs and improving self-care education and management. The use of this instrument can contribute to the development of personalized and more effective interventions, improving people's health outcomes and the quality of services provided.

ABSTRAT:

Background: Self-care plays a central role in the management of chronic diseases, directly influencing quality of life, reducing hospitalization and mortality rates. This study evaluated the psychometric properties of the questionnaire "Self-Care Inventory for Chronic Diseases", in its Portuguese version, focused on the subscales of maintenance, monitoring and management of self-care.

Main Objective: To determine the nursing care needs of the sample of the elderly population according to the self-care deficits identified using the "Chronic Disease Self-Care Inventory - Patient Version (version 4)" in the elderly population living in their own homes or in the homes of relatives or friends in the district of Évora.

Development: A scholarship holder was hired for 6 months, who ensured the collection of data from a sample of 200 participants. To record the data, its treatment and dissemination, specific

equipment, computer and projector were acquired.

An intervention activity was carried out on a group of 12 participants, a pilot study, and the participants were trained for self-care according to the evaluations carried out. For self-care activities, equipment was purchased, namely SimX - Stnd SimX Base License, which is integrated into the AR augmented reality simulation and VR virtual reality in overlay. Regarding the dissemination of the results, 3 articles were published, 2 are under review, 4 are under construction, we built and presented 2 posters and 1 oral communication.

Conclusions: This project allowed us to achieve the general objective defined. The Chronic Disease Self-Care Inventory demonstrated adequate psychometric properties in terms of validity and reliability in the Portuguese population. The results indicate that the questionnaire is a useful tool to assess self-care in patients with multiple chronic diseases, facilitating the identification of patients with needs and improving self-care education and management.

References:

- Goes, M., Lopes, M.J., Oliveira, H., Fonseca, C., Marôco, J., 2020. A Nursing Care Intervention Model for Elderly People to Ascertain General Profiles of Functionality and Self Care Needs. Scientific Reports, 10. doi:10.1038/s41598-020-58596-1
- Barbara Riegel, Tiny Jaarsma and Anna Stromberg. Self-Care of Chronic Illness Inventory - Patient Version. <a href="https://self-care-measures/self-care
- 3. Luciani M, De Maria M, Page SD, Barbaranelli C, Ausili D, Riegel B. (2022). Measuring self- care in the general adult population: Development and psychometric testing of the Self-Care Inventory. BMC Public Health, 22(1), 598. doi.org/10.1186/s12889-022-12913-7
- 4. Goes, M., Lopes, M., Marôco, J., Oliveira, H., Fonseca, C., 2021. Psychometric properties of the WHOQOL-BREF(PT) in a sample of elderly citizens. Health and Quality of Life Outcomes 19. doi:10.1186/s12955-021-01783-z
- 5. Canavarro, M, Serra, A, Simões, M, Pereira, M, et al. WHOQOL-BREF (Versão em Português de Portugal do Instrumento Abreviado de Avaliação da Qualidade de Vida da Organização Mundial de Saúde). 2006.
 - https://saude.fpce.uc.pt/WHOQOL_Bref.html. Accessed October 15th, 2022.

Advancing Digital Health Behaviour Change Precision: Development of a framework of personalisation of behaviour change techniques

Background: Digital Behaviour Change Interventions (BCIs) have become a promising way to promote health by deliverying personalized, technology-driven approaches. However, the lack of consensus on definitions and formal classifications of personalized and tailored interventions poses significant challenges to their efficacy and consistency. Addressing these gaps is critical to unlocking greater precision and effectiveness in targeted health solutions.

Methods: This study follows a structured, three-phase approach to develop and validate the first ontology of tailoring for digital health BCIs. In Phase 1, a scoping review was conducted to map existing definitions and frameworks. Phase 2 involved the development of a prototype for the ontological framework, and phase 3 consists of expert consultation to validate the framework and refine its structure.

Results: In Phase 1, the scoping review analyzed 453 BCI papers, sourced from a rapid review (k=131), PubMed (k=84), the Human Behaviour-Change Project database (k=123), and additional references (k=115). Of these, 10% were systematic or scoping reviews, 8% were conceptual or theory papers, and 82% were research studies, with 59% being randomized trials. The findings highlighted a lack of clear and standardized definitions of tailoring, with existing definitions often being vague or inconsistent. In Phase 2, the study established a definition of tailoring and developed a prototype of the ontological framework, which includes 10 hierarchically structured entities (e.g., Static Tailoring and Dynamic Tailoring). Phase 3, which involves expert validation, is currently ongoing in collaboration with the APRICOT project (2024–2029, NIH-funded).

Conclusion: This study tackles key challenges in the field of digital health BCIs by creating a comprehensive framework for personalizing behaviour change techniques. The ontology provides a standardized, machine-readable structure that enhances the precision, consistency, and effectiveness of tailored interventions. As the validation phase continues through the APRICOT project, this work lays the foundation for future innovations in digital health BCIs, helping to develop more effective and scalable personalized health solutions.

















MeTHIS@PHCare - Multimorbidity in Primary healthcare: developing an intervention to support patients and primary healthcare clinicians to better manage complex multimorbidity.

Research Team

Principle (Proponent) Investigator:

Bruno Heleno¹ (bruno.heleno@nms.unl.pt)

Research team

Team members in the Grant Proposal

Co-PI: Luís Velez Lapão^{1,2} (<u>luis.lapao@nms.unl.pt</u>)

Ana Maria¹ (ana.maria@nms.unl.pt)

Lara Guedes de Pinho³ (Imgp@uevora.pt)

Mélanie Maia⁴ (melanie.maia@gmail.com)

Mariana Peyroteo¹ (<u>mariana.peyroteo@nms.unl.pt</u>)

Margarida Gil Conde⁵ (maria.conde@edu.ulisboa.pt)

New team members

João Gregório⁶ (joao.gregorio@ulusofona.pt)
Marília Paulo¹ (marilia.paulo@nms.unl.pt)
Maria João Silva³ (maria.joao.silva@uevora.pt)
Matilde Santos¹ (mmn.santos@campus.fct.unl.pt)
Sara Carmona⁷ (sara.carmona@nms.unl.pt)

- ¹ Comprehensive Health Research Centre, NOVA Medical School, Lisbon, Portugal
- ² UNIDEMI, NOVA School of Science and Technology, Lisbon, Portugal
- ³ Comprehensive Health Research Centre, Universidade de Évora, Portugal
- ⁴ Faculdade de Ciências Sociais e Humanas, Universidade Nova de Lisboa, Lisbon, Portugal
- ⁵ Faculdade de Medicina, Universidade de Lisboa, Lisbon, Portugal
- ⁶ CBIOS Universidade Lusófona's Research Center for Biosciences & Health Technologies
- ⁷NOVA Medical School, Lisbon, Portugal

Thematic line(s) and subject area(s)

This project is at the intersection of thematic lines 3 (high burden and high mortality diseases), 4 (Health Policies and Healthcare Services Research) and 5 (health innovation).

Project overview

Background

Multimorbidity and polypharmacy in aging populations present significant challenges to healthcare systems. Fragmented care models increase the burden on both patients and providers, often leading to suboptimal outcomes. A shift towards a patient- centred, goal-oriented care (GOC) model is needed to enhance care coordination and improve health outcomes.

Objectives

This project aimed to refine a complex GOC intervention by integrating a digital platform with a practitioner training program. The goal was to assess its feasibility and acceptability in preparation for a future cluster-randomized trial.

Methods

The project was structured into six interlinked work packages. We explored patients' and carers'

perspectives to contextualize the intervention and developed a blended- learning GOC training program for family physicians and nurses. The MeTHIS digital platform—originally designed for chronic disease management during the COVID-19 pandemic—was updated using Design Science Research principles and nudging theory. A comprehensive intervention description was developed using the Template for Intervention Description and Replication (TIDieR) framework. Dissemination efforts included open-access publications and presentations at national and international conferences.

Results

The intervention was found to be feasible and acceptable. The MeTHIS platform reached Technology Readiness Level 7, the postgraduate multimorbidity management course was deployed, and the protocol for a cluster-randomized trial was published. However, adoption and retention rates were lower than expected, highlighting the need for stronger behavioural change strategies and integration within existing primary care financial incentives.

Conclusion

The intervention is not yet mature for full-scale implementation in a cluster- randomized trial. To further refine its scalability and integration into routine care, we are preparing a smaller implementation trial of the intervention in two Local Health Units (Western Lisbon and Loures-Odivelas).

Status update per Work Package

The project is organized in six work packages.

Work package 1 - Project management

In WP1, we have been performing the overall administrative and financial coordination of the project, including the administration of project resources and the monitoring of project spending.

- The project kickoff was on February 6th 2023.
- The team meets by Google Meet, every two weeks to keep track of the progress in the different work packages. Decisions that need the input of most team members are taken in these meetings.

Research team: Since the application, the research team has expanded. <u>João Gregorio</u> contributes with experience in implementing digital services and provides consultancy on components of the intervention that require drug review. <u>Marília Paulo</u> (CHRC integrated member) was invited to provide input from her experience in health workforce development. <u>Maria João Silva</u> is an invited adjunct professor in nursing. with a special interest in mental health, ageing and multimorbidity. <u>Matilde Santos</u> is a BSc in Biomedical Engineering who applied for our BSc vacancy. She supported all research activities and contributed to the integration of biosensors with the MeTHIS digital platform. Finally, <u>Sara Carmona</u> is a GP in ACeS Lisboa Ocidental e Oeiras with an interest in qualitative methods. She will assist with qualitative data collection and interpretation.

<u>Deviations to the budget</u>. Since the application and the project kick-off, it became clearer that there was no need to have Overheads budgeted to the project. In addition, Fundação para a Ciência e Tecnologia increased the stipend to MSc students and BSc students. The funds that had been budgeted for overheads were used to accommodate for the increased stipend, and an increase in the duration of the contract was also implemented. The remaining funds were reallocated to buy additional smartwatches and to support the project dissemination. Table 1 summarizes the implementation of the project's budget up to this end-project report

Tabele 1 Budget implementation up to 31st December 2024

| | | Budget Principa | ıl Contracto | r | | |
|--|--------------|---|--------------|---------------|------------|--|
| | Compreh | ensive Health Research | Center – No | ova Medical S | School | |
| Bud | get item | | Budgeted | Executed | To execute | |
| Huma n Resourc es | 1 - BSc | To support the intervention (12 monthsx875,98 + 12months*131,19) | 12,086.04 | 11,291.76 | €794.28 | |
| | 2 - | | 0 | 0 | €0.00 | |
| | 3 - | | 0 | 0 | €0.00 | |
| | 4- | | 0 | 0 | €0.00 | |
| Missions | | | 0 | 0 | €0.00 | |
| Scientific and technical instruments and equipment | | 25 smartwatches x 40€ | 1,000.00 | 1,295.53 | -€295.53 | |
| Purchase of goods and services | | Informatics, webservices and Workshop | 2,500.00 | 2,500.00 | €0.00 | |
| Patent regi | stration | | 0 | 0 | €0.00 | |
| Demonstra Promotion Disseminat | and | 1 open access publication; 1 international <u>conference</u> ; 1 national conference | 4,400.0 | 2,642.43 | €1,757.57 | |
| Adaptation and facilities | of buildings | | 0 | 0 | €0.00 | |
| Subcontrac | ets | | 0 | 0 | €0.00 | |
| Overheads costs except subco | | | 0 | 0 | 0 | |
| TOTAL | | | €19,246.40 | €17,729.72 | €2,256.32 | |

Work package 2 – Describing the context in which the intervention will be implemented In WP2 we described the context in which the Goal-oriented care intervention will be implemented.

- We have recruited two practices in the Lisbon area for pilot implementation. Semi-structured interviews were conducted to describe the context in which the intervention will be implemented.
- Access to quantitative data took longer than expected, as with the closure of the Regional Health Administrations and implementation of the Local Health Units we had to reapply for data access. At the end of the project, in December 2024 we only had access to 80% of the data we needed and thus we were unable to carry out the quantitative component of the characterization of care for people in multimorbidity in primary healthcare.

Work package 3 – The Goal-Oriented Care Intervention Training Program

In WP3 develop and implemented a goal-oriented care blended-learning training program.

- We have conducted needs assessment with family nurses and family physicians through the semi-structured interviews described above. We obtained input from 3 national experts in multimorbidity and 1 vice-dean for postgraduate education in the Family Medicine Residency.
- Taking existing Goal-Oriented training packages, our team refined learning outcomes and a syllabus for a training program. The program was approved by the Education and Scientific Committees at Nova Medical School in June 2023.

- A first edition of the Goal-Oriented Course, happened between October 2023 and February 2024. It had blended learning format with interprofessional learning.
- Twenty (20) participants enrolled for the blended-learning course, 60% general practitioners/GP residents and 40% primary care nurses. Most (80%) were women, the average age of the participants was 38.9 years, ranging from 27 to 62 years. Participants had an average of 10.5 years in practice, ranging from a 1 year to 37 years experience.
- Participation in the blended activities decreased through time. At the end of the course, half of the participants were no longer engaged with the learning activities.
 Only 2 participants completed all required assignments, mostly due to an assignment of videorecording a consultation with a patient with multimorbidity. Participants felt that the logistics of recording a real consultation was very cumbersome.
- At the end of the project, we were preparing a second edition of the course, this
 time in a fully remote learning format, after feedback of participants in the first
 edition.

Work package 4 – Refining a digital platform to support Goal-Oriented Care

In WP4 upgraded the MeTHIS digital platform with new functionalities.

- A training module of the digital platform was implemented. The platform has
 "trainer" and "trainee" profiles, it has webpages with the written and video learning
 materials, webpages with self-assessment activities and a discussion board where
 the learning community can meet.
- As we completed WP5, an audit of the digital platform functionalities was conducted to ensure that all relevant outcomes could be measured through the platform, namely electronic version of Health Related Quality of Life.
- After assessment of different types of fitness bands to be used as sensors integrated in the MeTHIS interventions, Amazfit Bans 7 were selected as the sensor to be used in the pilot. It was necessary to develop the code that extracted the fitness band data and synchronized it with the Methis Digital Platform.

Work package 5 - Describing the complex Goal-oriented care intervention for people with multimorbidity

In WP5 developed and publish a transparent description of the complex Goal-Oriented Care intervention.

- We have clarified the components of the intervention and provided a summary of the core elements in a protocol which was published in BMJ Open.
- Using the Template for Intervention Description and Replication (TIDiER) framework
 we defined the rationale, materials, processes that are part of the MeTHIS
 intervention. We also specified who provides which elements of the intervention, the
 modes of delivery and the intensity of the intervention.
 - A TIDieER intervention has been completed.
 - A graphical description of the components of the complex intervention have been produced.

Work package 6 - Dissemination and exploitation

In WP6, we aim to develop the most effective dissemination strategy to make widely public the processes and outcomes of the research project.

Dissemination

- Theses
 - Maria Matilde Nascimento Ramos Martins dos Santos "Integrating Wearable Technology with METHIS Digital Platform for Enhanced Chronic Disease Management". MSc thesis in Biomedical Engineering, NOVA School of Sciences and Technology (May 27th, 2024).
 - MeTHIS@PHCare also contributed to
 - Mariana Peyroteo. PhD in Industrial Engineering, NOVA School of Sciences and Technology.
 - Ana Rita de Jesus Maria. "Accounting for doctors' and patients' perceptions in telehealth services implementation".
 PhD thesis in Medicine, NOVA Medical School (June 12nd, 2023)
- Peer reviewed papers
 - Gil Conde M, Peyroteo M, Maria A, Maia MR, Gregório J, Paulo MS, et al. Protocol for a cluster randomised trial of a goal- oriented care approach for multimorbidity patients supported by a digital platform. BMJ Open. 2023 Nov 17;13(11):e070044.

Conferences

- Heleno B, Peyroteo M, Santos MN, Maia MR, Paulo MS, Gil- Conde M, Maria A, Lapão LV. Digital technologies to implement Goal-Oriented Care: The METHIS pilot study In: 5th CHRC Annual Summit, September 24th, 2024
- Peyroteo M, Santos MN, Maia MR, Paulo MS, Heleno B, Lapão LV. Shaping the Future of Digital Health in Primary Care: A Framework for Sustainable Implementation in Multimorbidity Management. In: 2024 IEEE International Conference on Engineering, Technology, and Innovation (ICE/ITMC) [Internet]. 2024 [cited 2025 Feb 13]. p. 1–8. Available from: https://ieeexplore.ieee.org/document/10794380
- Peyroteo M, Paulo M, Maia M, Grilo A, Lapao L. MeTHIS Digital Services Platform - Primary Health Care Digital Transformation. In: National Conference TechMA 2023 – 6th International Conference on Technologies for the Wellbeing and Sustainable Manufacturing Solutions (Aveiro May 25th-26th).

Symposia

- Heleno B. Managing multimorbidity. Seminar for MSc in Primary Care at Universidade do Porto (September 24th, 2024)
- People living with multimorbidity: what are their needs and how can we improve their healthcare? We disseminated the main results of the Methis@PrimaryCare to a wide audience of researchers, clinicians and policymakers at a symposium about the management of multimorbidity, hosted at NOVA Medical School at April 14, 2023. https://www.nms.unl.pt/pt-pt/faculdade/noticias-e-eventos/eventos/detalhe/eventid/9284

Exploitation

The GOC training programme has been approved by NOVA Medical

- School's Educational and Scientific Councils. It is now part of the list Postgraduate Advanced Courses at NOVA Medical School.
- The METHIS digital platform (https://www.methis.net/). Given it was trialled in several Portuguese primary care units to provide care to people living with multimorbidity, the platform is now at technology readiness level (TRL) 7, i.e. "System prototype demonstration in operational environment".

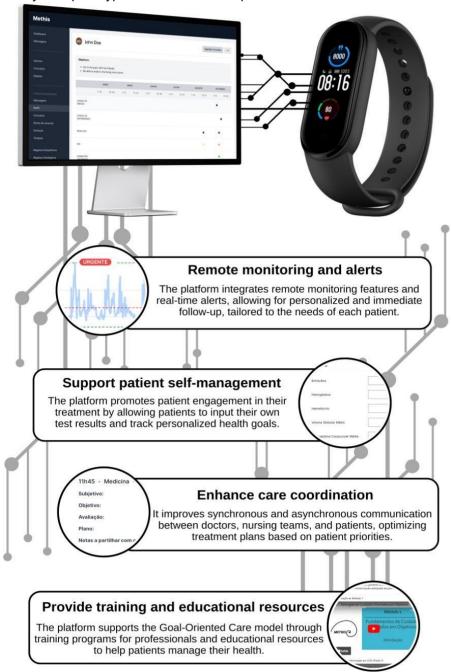


Figure 1 Graphical summary of the METHIS digital platform

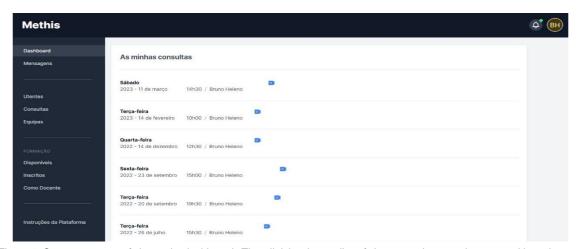


Figure 2 Screen capture of the main dashboard. The clinician has a list of the upcoming appointments with patients with multimorbidity. Identification data removed from the figure.

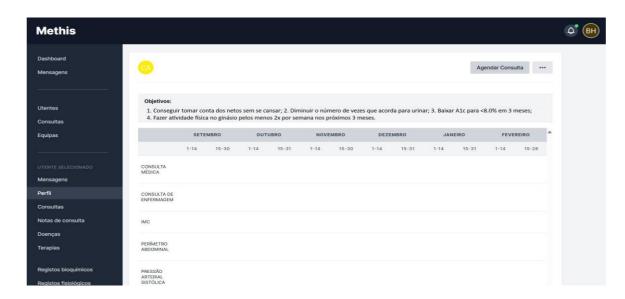


Figure 3 Example of a Patient's summary. Please note that the patient goals are highlighted whenever the clinician tries to access the patient's data. All identifying data were removed

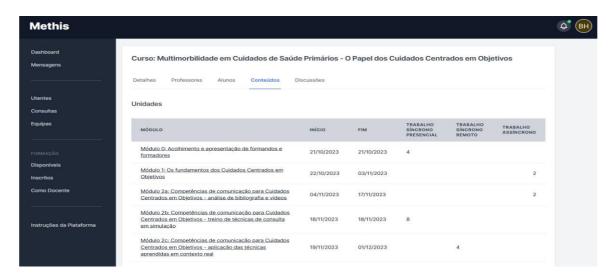


Figure 4 Example of how the MeTHIS platform can be used to support clinician's training in Goal-Oriented Care.

Summary of the project achievements and deviations of the project

The MeTHIS@PHCare project aimed at refining a complex Goal-oriented care intervention to help patients and primary healthcare clinicians manage multimorbidity. By the project's end:

- We described the intervention and its main components. The protocol for the cluster-randomized trial was published in a peer-reviewed journal.
- We conducted a qualitative assessment of the fragmented care provided to people with multimorbidity and identified the electronic record and training needs of GPs and primary care nurses
- The intervention has two main components
 - A digital platform (<u>www.methis.net</u>) to support the implementation of Goal-Oriented Care.
 The achieved technology readiness level (TRL) 7, i.e. "System prototype demonstration in operational environment".
 - A training programme for clinicians on applying Goal-Oriented Care, approved by NOVA Medical School's Scientific and Pedagogical Councils and included in the NOVA Advanced Education Course Catalogue.

Some initial goals proved unattainable. The project's deployment coincided with a major reorganization of the Portuguese National Health Service. Regional Health Administrations were replaced by Local Health Units (LHU), integrating primary and secondary care for smaller patient populations (200,000–300,000). During the transition, clinicians had limited availability for interviews. Additionally, while we had ethical approval from the Regional Health Administration, LHU stakeholders were uncertain whether new approval was required. Once resolved, IT specialists at LHUs were overloaded with system transition tasks, causing further delays. As a result, we could not obtain the full dataset needed for accurate sample size calculations for the planned cluster-randomized trial. We are now receiving the data and expect to calculate the required sample size within a year.

Our work continues. As completion rates in our blended-learning course were suboptimal, we launched a fully online second edition, replacing cumbersome assessments. We are piloting the updated digital platform with a wider group of primary care teams, now with fitness band data integration

Protein Intake and Transitions Between Frailty States in Middle-Aged and Older Adults: A Multi-State Transition Model in the UK Biobank



February 17th, 2025

PROTEIN INTAKE AND TRANSITIONS BETWEEN FRAILTY STATES IN MIDDLE-AGED AND OLDER ADULTS: A MULTI-STATE TRANSITION MODEL IN THE UK BIOBANK

Nuno Mendonca¹, Ana Maria Rodrigues^{1,3}, Ana Rita Henriques¹, Helena Canhão^{1,4}, Armando Raimundo⁵, Carlos Celis-Morales^{6,6}

1 EpiDoC Unit, Comprehensive Health Research Center, NOVA Medical School, Universidade NOVA de Lisboo, Portugal; 2 Centro Hospitalar Lisboo Ocidental (CHLD-E.P.E.), Serviço de Reumatologia do Hospita Egas Monit, Portugal; 3 Rheumatology Unit, Hospital das Lusidade, Portugal; 4 Unidade Local de Saúde de São Jasé — Haspital Santo António das Capuchas, Centro Chrico Academico de Lisboo, Portugal; 3 Comprehensive Festil Research Centre, Departamento Desporto e Saúde, Escala de Saúde de Desarvolvimento Humano, Universidade de Evrar, Evrar, Partugal; 6 School of Cardiovascular and Metabón Sciences, University of Giasgow, Giasgow, UK; 7 Human Performance Lab, Education, Physical Activity, and Health Research Unit, Universidad Católico del Maule, Talco, Chile; 8 Centro de Investigación et Medicina de Bullar of SIGNAL Independent Survey Insuisac Chila.

death occupancy by age excluding censoring, over time. del and number of transitions reduces the ability to cope with every day or acute stressors. This results in frailty, a between states. clinically recognisable state of increased vulnerability to adverse health outcomes. on of adequate energy and dietary protein could be a viable strategy to m the progression of frailty in older adults as it may slow down the progressive loss of muscle mass and physical function. Objectives The study aims to determine whether higher protein intake, above current dietary reference values slows down frailty progression in community-dwelling middle aged and re 1. Recruitment centres and flowchart for the UK Biobank Figure 5. Conditional probability (%) of a non-smoking 60-year-old man (A) or woman (8) to transition from non-frail to pre-frail, and a non-smoking 60-year-old man (C) or woman (D) to transition from pre-frail to frail per protein intake categories (<0.8, 0.8 to <1.0, 1.0 to <1.2 and ≥1.2 g/kg bodyweight/d) over 12.5 years. <50 yrs; missing frailty; <1 transition; missing protein intake; <2x24h recalls; not very low or very high energy intake Analytic sample (n=27,128); (2006-Follow-up 1 (n=7013); (2012-13) Follow-up 2 (n=18,443); (2014+) Ö 27,128 community-dwelling participants aged 50+ were assigned a frailty state (robust, pre-frail, frail) according to the *Fried* criteria (Figure 2) at baseline and follo assigned an absorbing state if that was the case (death or censored). Figure 2. Frailty states, criteria and score. Higher protein intake, especially above 1 g/kg/bodyweight (bw)/d moderately reduces the risk for frailty incidence and increases the likelihood of recovery from pre-frailty in a dosewas estimated via the Oxford WebQ (1µ) Exhaustion (24hr recall) at baseline. (1) Slow walking speed /e are very thankful to Comprehensive Health Research Centre (CHRC) and Fundação para a Ciência e a Tecnologia (FCT) (2021.00745.CEECIND) for funding this research. Contact: Protein intake and the transitions between Frailty states and death were modelled by on method (Figure 3).

















Project Execution Report Grant 2023

| IR: | Maria Otília Brites Zangão |
|-----------------|--|
| Co-IR: | Maria Laurência Grou Parreira Gemito |
| Membros: | Anabela Pereira Coelho Maria Antónia Fernandes Caeiro Chora Maria da Luz Ferreira Barros Maria Dulce Damas da Cruz Isaura da Conceição Cascalho Serra Carolina Santos |
| Orçamento: | €20000.00 |
| Linha do Tempo: | 13/04/2023 - 13/11/2024 |
| Data Relatório | 19/02/2025 |

Background

Violence in the health sector is a growing phenomenon that affects not only health professionals, but also the quality of care offered to patients. It is a global problem that directly compromises the safety and well-being of both health workers and users of medical services.

Objectives

To analyze the context of violence against health professionals in the Alentejo region.

Funding

Fundação Ciência e Tecnologia, IP national support through CHRC (UIDP/04923/2020) under the "CHRC Research Grant 2022".

Methods

Descriptive and exploratory study, with methodological triangulation.

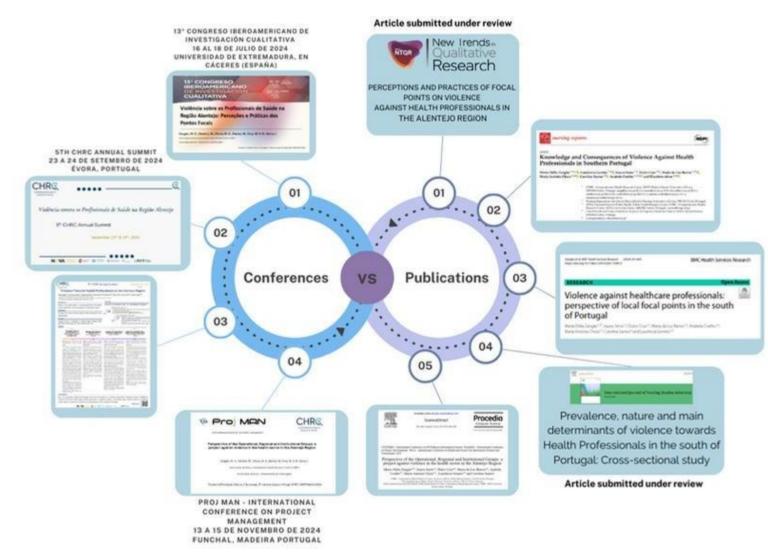
Quantitative Study - Study 1 and 2

- 01
- Simple Random Probabilistic Sampling of 440 nurses and doctors from health institutions in the Alentejo region.
- A structured questionnaire was applied via electronic link.
- Data analysis was carried out using IBM SPSS Statistic version 28.

Qualitative Study - Study 3 and 4

- Qualitative study on the "perceptions and practices of regional, institutional and local focal points in the context of violence against health professionals".
- 48 semi-structured interviews were conducted until saturation.
- Data analysis using IRaMuTeQ software version 0.7 alpha 2.

Results



Most of the participants recognized the relevance of the topic, highlighting the importance of training to develop

Conclusions

skills in situations of violence. Violence against health professionals is a significant problem in the Alentejo region and there is an urgent need to adopt measures to combat it, especially with regard to the under-reporting of cases.

As a proposal for action, the participants emphasize the need to invest in prevention, training and awareness-raising initiatives, both for health professionals and for managers and the community in

general, in order to combat this still under-reported phenomenon. In addition, they highlight the importance of monitoring and evaluating the measures implemented in order to ensure their effectiveness and identify areas in need of improvement.

We therefore conclude that, in the view of the participants, combating violence in the health sector in the Alentejo region should be seen as a serious commitment. Although work is still in the early stages in some areas, a continuous, multidisciplinary effort is essential to ensure a safe and healthy working environment for health professionals in the region.

References



Financial Execution

| Data Inicio: | | | | | | | | | | | | | | | | | |
|----------------------------------|--------|--------|---|---------|-------------------------|------------------------|----------------------------|------------------------|--|---------------|--------------|---------------------|----------------|----------------|--------------------|---------------------|-------------|
| Proposta/Oficio/81 P33 CHRC/2023 | Data | GesDoc | Descrição Equipamento informático | Rubrica | 10a Vator 4 920,00 € | Fornecedor PRN | Requerente Ostia Zangão | Encomenda / Tranche | | Factura nº | Recibo nº | Valor da Factura | Valor Final | Saldo | PAGO/ REGISTADO | Divergencia SHUE | Observações |
| | 27/jun | 26692 | | | | | | 2005 | | 2313319 | | 4920,00 € | 4 920,00 € | 15 080,00 € | - c | 4 100.00 C | |
| CHRC/2024 | | 9605 | Bitterço | | 19,38€ | Otitia Zangão | - | | | | | | 19,38 € | 15 060,62 € | | | |
| CHRC/2024 | | 9605 | Bi Março | | 9,69€ | Marie da Luz Barros | | | | | | | 9,69 € | 15 050,93 € | - € | | |
| CHRC/2024 | | 10303 | Bi Março | | 19,38 € | Laurência Gemito | | | | | | | 19,38 € | 031,55 € | - c | | |
| CHRC/2024 | 10/abr | 13882 | Tratamento de dados. | | 984,00 € | Cláudia Silva | | | | | | | 984,00 € | 047,55 € | - 6 | 984,603 | |
| CHRC/2024 | | 12998 | BIAbril | | 9,69 € | Otilia Zangão | | | | | | | 9,69 € | 037.86 € | - 6 | | |
| CHRC/2024 | | 13506 | BIAbril | | 19,38 € | Laurência Gemito | | | | | | | 19,38 € | 14 018,48 € | - c | | |
| P21 CHRC/2024 | 16/mai | 19126 | Criação de logotipo | | 500,00€ | Beatriz Nunes | | | | | | | 500,00 € | 13 518,48 ¢ | - € | | |
| CHRC/2024 | | | INCRIÇÃO | | 240,00€ | Otilia Zangão | | | | | | | 240,00 € | 13 278,48 € | - c | | |
| CHRC/2024 | | 36719 | INSCRIÇÃO | | 368,57 € | Ottia Zangão | | | | | | | 368,57€ | 909,91 € | - 6 | | |
| CHRC/2024 | 07/08 | | ARTIGO | | 902,27€ | Otitia Zangáo | | | | | | | 1 902,27 € | 007,646 | - 6 | | |
| CHRC/ 22/23 | | | ARTIGOS PUB | | 9 524,38 € | Otilia Zangão | | | | | | | 9 524,38 € | 1 482,89 | | | |

Valor Executado 18 516,74 €

IMPACT OF ARTIFICIAL HABITAT SAND **ENVIRONMENTAL** CONTAMINANTS ON CHRONIC RESPIRATORY DISEASES



HERO: IMPACT OF ARTIFICIAL HABITATS AND ENVIRONMENTAL CONTAMINANTS ON CHRONIC RESPIRATORY DISEASES

M. RAMIRO PASTORINHO¹, SÓNIA NAMORADO², SARA MIRANDA³, HUNILA JACINTO⁴, JADE HUNDT⁵, DAVID MARQUES⁵,

- JORGE BRAVO⁶, TOMOHIKO ISOBE⁷, ANA CATARINA SOUSA⁵
 1 Comprehensive Health Research Centre (CHRC) and Department of Medical and Health Sciences, University of Évora, Évora, Portugal;
- 2 Comprehensive Health Research Centre (CHRC) and Escola Nacional de Saúde Pública; Department of Epide ology, Nacional Institute of Health, Lisbon, Portugal,
- 3 Comprehensive Health Research Centre (CHRC) and Polytechnic Institute of Setubal, Setubal, Portugal
- 4 Hospital of Espirito Santo, Évora, Portugal:
- 5 Comprehensive Health Research Centre (CHRC) and Department of Biology, University of Évora, Évora, Portugal;
- rehensive Health Research Centre (CHRC) and Department of Sports and Health, University of Évora, Évora, Portugal;
- 7 National Institute for Environmental Studies (NIES), Tsukuba, Japan



Background:

Respiratory diseases are responsible for 1 in 8 deaths in the European Union [1]. Environmental contaminants are associated with chronic respiratory diseases (CRD) [2]. Yet the impacts and effects of exposure to co-occurring environmental contaminants (biological and chemical) on CRDs are not sufficiently addressed [3].

Objective: To study the effects of exposure to biological (virus, bacteria, and mites) and chemical contaminants (phenolic compounds and metals) on patients with CRDs and matched controls.

Methods

Recruitment: Patients (n=80) - recruited at Évora and Setúbal Hospitals; Controls (n=80) recruited during public outreach events.

Samples: urine (proxy for short-term exposure), hair (proxy for long-term exposure) and house dust samples (proxy for long-term exposure). Urine samples will be stored in Chain biobank.

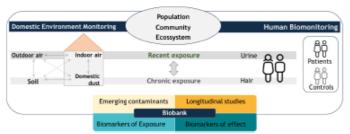
Chemical analysis: phenolic compounds will be assessed by LC-MS/MS; metals by ICP-MS, after solid phase extraction and acid digestion, respectively.

Biological analysis: Mites, fungi and major respiratory disease-causing viruses/bacteria will be evaluated in sieved dust samples by RT-PCR.

Patient empowerment: To reduce exposure and decrease risk, the participants will receive an explanatory booklet with achievable actions on how to reduce exposure to contaminants.

Participants will be invited to take part in health-education sessions about the impact of environmental contaminants on respiratory symptoms.

Outline and sampling strategy of the HERO project.



Expected Results: The HERO project will describe for the first time the levels of phenolic contaminants and metals in matched samples from patients/controls and their indoor environment. It will also characterize, for the first time, data on the microbiome of homes from Alenteio region. The obtained results will allow to understand the impact of such exposures on respiratory health, particularly by identifying putative triggers for evacerhations

Funding: CHRC grants through the Foundation for Science and Technology, under the project UIDB/04923/2020 and by the Japanese Ministry of Education, Culture, Sports, Science, and Technology (MEXT).

References: [1] European Lung Association (2013) European Lung White Book; [2] Sousa et al. (2022) Update on adverse respiratory effects of outdoor air pollution: Outdoor air pollution and respiratory diseases: Perspectives from Angola, Brazil, Canada, Iran, Mozambique and Portugal. Pulmonology. 28(5): 376-395 [3] Coelho et al. (2024) Relationship between flame retardants and respiratory health- A systematic review and meta-analysis of observational studies. Environmental Pollution 347: 123733.









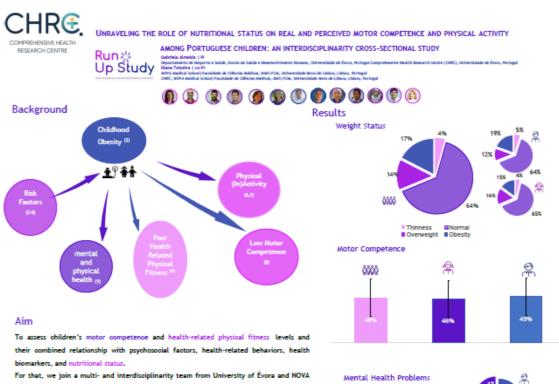




REF2PRIM project - "Reforming the reform: an evidence-based financing model for the Portuguese primary care"

FULL REPORT HERE

UNRAVELING THE ROLE OF NUTRITIONAL STATUS ON REAL AND PERCEIVED MOTOR COMPETENCE AND PHYSICAL ACTIVITY AMONG PORTUGUESE CHILDREN: AN INTERDISCIPLINARITY CROSS-SECTIONAL STUDY

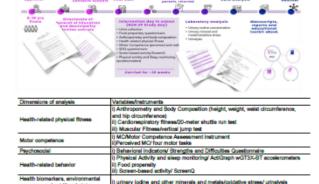


Medical School with experienced researchers in the fields of human kinetics, nutrition, medicine, and nursing, dedicated to childhood, that worked together to develop strategies to change behaviors in schools and community contexts concerning healthy eating habits, motor competence, health-related physical fitness and physical activity.

Participants

940 school-aged children (54% boys) M_{age}=8.46 yrs (min. 6.31; max. 11.44) Municipality of Évora and Viana do Alentejo

Procedures and Measure











Health-related behavior

Borderline

ÖÖÖÖ

- 61% of children do not meet the recommended 2hours for active play
- 18% of children do not achieve the minimum recommended hours of sleep (9-12hours per night)
- 55% of children spend more than 1hour per day in front of screens

Conclusions

Prioritizing motor competence is essential for monitoring and intervention efforts to address the increasing prevalence of childhood obesity. With 31% of children affected by overweight and obesity and 35% spending over 1 hour per day on screens, this approach is vital as a public health strategy. Enhancing motor competence contributes to health-related physical fitness, offering policymakers evidence-based solutions to counteract obesity through school-based initiatives that promote physical activity and healthy behaviors.

This work is funded by national funds through the Foundation for Soience and Technology, under the project UIDB/04923/2020

Reference: 1.00: 10.1186/12964-029-01287-1
2. Intgru / field. handle. net/10-002.18/168/
2. Intgru / field. handle. net/10-002.18/168/
2. Intgru / field. handle. net/10-002.18/168/
2. Intgru / field. handle. net/10-002.18/168/
2. Intgru / field. f fct :



The COGCARE project - cognitive disorders and impact on caregivers: Brief technology-assisted measures may be a step forward

Final report 31.12.2024 – English version

Manuel Gonçalves Pereira ¹ (principal investigator; email gpereira@nms.unl.pt) Bárbara Pedrosa ^{1, 2} Luísa Alves ^{1, 3} Rui Albuquerque ^{1, 3} Marta Fournier ^{1, 3} Conceição Balsinha ^{1, 3} Mariana Braga ^{1, 3} Paula Broeiro ^{1, 4} Maria J. Marques ⁵ Sónia Dias ⁵ Emiliano Albanese ⁶ COGCARE Study Group

- ¹ CHRC, NOVA Medical School, Universidade NOVA de Lisboa, Lisbon, Portugal
- ² Lisbon Institute of Global Mental Health, Lisbon, Portugal
- ³ Unidade Local de Saúde de Lisboa Ocidental, EPE, Lisbon, Portugal
- ⁴ Unidade Local de Saúde de S. José, EPE, Lisbon, Portugal
- ⁵ CHRC, National School of Public Health, Universidade NOVA de Lisboa, Lisbon, Portugal
- ⁶ USI/Università della Svizzera Italiana, University of Southern Switzerland, Switzerland

This report refers to 24 months (date 31/12/2024), starting on 1/1/2023. We have changed the project name to avoid any doubts regarding ethical approvals prior to the CHRC 2022 call. Thus, we will use the abbreviation '10/66 2.0 SS Val PT / COGCARE' to '10/66 Dementia Research Group Short Schedule Validation – Protocol for Portugal' with the extension 'COGCARE project – Cognitive Disorders and Impact on Caregivers'.

Background and Aims

The protocol of the Short 10/66 Dementia Diagnostic Schedule Validation / COGCARE (cognitive disorders and impact on caregivers) Project has been presented at national and international conferences, and published as abstract in those conferences' proceedings (cf. Results – Dissemination).

In summary, dementia is associated with a high burden of disease, impacting patients, families and society. However, related epidemiological data is becoming outdated, given the difficulties of implementing costly and laborious surveys. Data is also difficult to retrieve from health and social services' information systems. Overall, we must improve the feasibility and validity of case-definition regarding dementia and the assessment of caregivers' consequences.

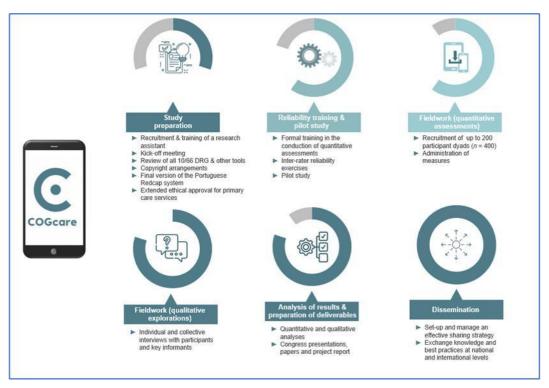
The main part of our study builds on the 10/66 Dementia Research Group diagnostic algorithm, which was cross-culturally validated and used worldwide (including in Portugal, by Gonçalves-Pereira et al, 2017). Following the validation of an Italian version of the short 10/66 Dementia Diagnostic schedule by Albanese et al (2021), we went on to assess the 'short 10/66' performance in Portuguese samples, using mobile devices to facilitate data collection.

Additionally, we aimed to assess dementia family caregivers' subjective burden and psychological distress, contrasting primary care and hospital outpatient settings.

Methods

We recruited participants aged 60+ years, in different clinical settings, including outpatient services and psychogeriatric long-term inpatient units. Close relatives (for community- dwellers) or staff (for institutionalised people) provided further information. The Short 10/66 Dementia Diagnostic Schedule was administered using REDcap (a browser-based, metadata- driven software). We also intend to use family caregivers' data to explore the validity of international cutoff points for the Zarit Burden Interview and the Self-Report Questionnaire, integrating the original, extended 10/66 Dementia Research Group protocol. The different stages of the project are depicted in Figure 1, below.

FIGURE 1:



Deviations from the Original Plan

Original plan: TIMELINE - total duration: 12 months (Jan – Dec 2023)

- M 1: study preparation task 1
- M 2: reliability training and pilot study task 2
- M 3-6: fieldwork (quantitative assessments) task 3
- M 4-7: fieldwork (qualitative explorations) task 4
- M 8-10: analyses, preparation of deliverables task 5
- M 7-12: dissemination task 6

The project was delayed in its operationalization, for two reasons: 1. the main objective (testing the feasibility of data collection with mobile devices/digital technology) involved the use of the REDCap (Research Electronic Data Capture) application. Due to unexpected constraints regarding the use of the licensing held by the University of Italian Switzerland (via Prof. Albanese), we were faced with the need for an independent licensing for FCM|NMS- UNL. This proved impossible for legal reasons (cf. emails exchanged between January and March, with the knowledge of the Executive Board). The alternative was to obtain a license for ENSP-UNL, a process completed in April 2023. The application was declared operational by ENSP technical services only in May 2023; only then could the pilot studies begin. 2. Despite previously obtained ethical approvals (CEFCM, CHLN, CHLO), it was necessary to request

approval from CES ARSLVT to make the study viable in primary care services and extend the protocol. Submission was timely, but final approval was delayed until 28 July 2023.

Completed Tasks

task 1 - preparation of the study

- Recruitment and training of a full-time research assistant
- Kick-off meeting
- Refinement of 10/66 DRG/other measures, including by translation/back-translation. Of note, ecological validation of most instruments has been initiated.
- Copyright arrangements (e.g., ZBI)
- Final version of the Portuguese REDCap
- Ethical approval for primary care; the short 10/66 validation protocol has been approved in other European centres and by CEFCM/NMS (140/2019)

task 2 - reliability training and pilot study

- Training in quantitative assessments by researchers already familiar with the extended 10/66 method; inter-rater reliability exercises
- Pilot study (n=15) to address questionnaires face validity and technical issues (data collection system; usability, acceptability, and functioning of devices)

task 3 - fieldwork (quantitative assessments of participants)

- Recruitment fieldwork completed for the main objective (cf. Preliminary findings)
- Regarding the secondary objective (focused on caregiving consequences), additional recruitment was necessary to increase the power of the study and is still ongoing.

task 4 - fieldwork (qualitative explorations – participants and interviewers) Completed.

task 5 - analysis of results and preparation of deliverables

Ongoing. A two day meeting with Prof. Emiliano Albanese took place in Lisbon (November 2024) to carefully check the application of the 10/66 Dementia Research Group algorithm and conduct a main part of the quantitative analysis.

task 6 - dissemination

The protocol and preliminary findings were presented as oral and poster presentations, in national and international conferences. One of the abstracts (#2) was published in an international journal, impact factor 4.6 (2023).

- 1. Gonçalves-Pereira M, Pedrosa B, Marques MJ, Balsinha C, Alves L, Albuquerque R, Verdelho A, Albanese E, pelo grupo de trabalho 10/66 2.0 SSVAL/PT COGCARE. "Perturbações cognitivas e repercussões nas famílias: protocolo do estudo 10/66 2.0 SSVAL/PT COGCARE". Free oral presentation. Abstract book of the "37ª Reunião do Grupo de Estudos de Envelhecimento Cerebral e Demência" (PROJ-01), GEECD. Lisbon, 16 17 July 2023.
- 2. Gonçalves-Pereira M, Pedrosa B, Braga M, Marques MJ, Balsinha C, Verdelho A, Albanese E, for the COGCARE Study Group. Cognitive Disorders and Impact on Caregivers: The COGCARE Study protocol. 2023 IPA (International Psychogeriatric Association) International Congress: New Perspectives in a Changing World: Social Connectedness, Ageing and Mental Health, 30 June 2 July 2023 (poster presentation). International Psychogeriatrics, 2024; 35(S1), 252-253. doi: 10.1017/S1041610223004167.
- 3. Gonçalves-Pereira M, Pedrosa B, Fournier M, Broeiro P, Albuquerque R, Alves L, Marques MJ, Verdelho A, Casillas-Clot J, and Albanese E on behalf of the COGCARE Study Group. Validity of the 10/66 short 10/66 dementia diagnostic schedule: preliminary findings in Portugal (P22 Dementia Registries). 34th Alzheimer Europe Conference. Geneva, Switzerland, 8-10 Oct 2024. Abstract available

online: https://www.alzheimer-europe.org/conferences/2024-geneva/detailed-programme

- 4. Albuquerque R, Fournier M, Pedrosa B, Marques MJ, Albanese E, and Gonçalves- Pereira M, on behalf of the COGCARE Study Group. The ongoing Short 10/66 Dementia Diagnostic Schedule Validation / COGCARE Project: brief technology- assisted measures may be a step forward. Recorded oral presentation, 5th CHRC Annual Summit. Évora, 23-24 September 2024.
- 5. Pedrosa B, Albuquerque R, Marques MJ, Barreiros F, Machado AS, Fournier M, Braga M, Balsinha C, Albanese E, and Gonçalves-Pereira M, on behalf of the COGCARE Study Group. "Exequibilidade da versão breve do protocolo diagnóstico '10/66 dementia research group' para investigação epidemiológica e de serviços: resultados preliminares em Portugal". Oral presentation. XVIII Congresso Nacional de Psiquiatria. Albufeira, 16-19 October 2024.

All these presentations mentioned FCT support (via CHRC) and included the corresponding official logotypes.

Deliverables and Milestones

- M 6: mid-term scientific and financial report (done)
- M 6: 1 oral/poster presentation (presented at a national congress) (done)
- M 10: 1 oral/poster presentation (submitted to an international congress) (done)
- Two publications are being prepared for submission in 2025 (target journals: BMJ Open and Portuguese Journal of Public Health).
- Final report: Portuguese version delivered on the 15th October 2024; present version (in English) on 31.12.2024.

Preliminary Findings, Discussion and Conclusion

Preliminary findings were presented at the 18th National Congress of Psychiatry and the 34th Alzheimer Europe Conference. We are now finalizing all estimates of the diagnostic accuracy of this 'short 10/66' dementia case-definition. We recruited 237 dyads, formed of an older adult (≥60 years) and an informant (a close relative for community-dwellers; a formal carer for institutionalised people). The final analysable sample was n=223. This sample size was larger than initially planned, and our workplan did not deviate substantially from the approved one, except for the initial delays (Figure 1). Of the older adults, 84 (37.6%) had a clinical diagnosis of dementia, 25 (11.2%) mild cognitive impairment, 13 (5.8%) serious mental disorders, and 101 (45.3%) were cognitively healthy, with no psychiatric history. The 'short 10/66' algorithm had substantial agreement with the clinical diagnosis of dementia (kappa=0.77), showed excellent diagnostic accuracy (area under the receiver operating characteristics curve=0.90; sensitivity=94%; and specificity=85%), performing better with community-dwellers than with older adults living in institutions. The 'short 10/66' case definition was positively correlated with disability scores (p<0.001). Qualitative analyses and process evaluation are almost finalized, to document the method's acceptability and feasibility.

In the meantime, the last part of fieldwork is still ongoing in a subsample of people living with dementia and their relatives. This study arm regards the methodological aspects of assessing the impact on dementia caregivers.

We are looking forward to completing the study, which we hope will prove most helpful for epidemiological, health service and clinical research in Portugal as elsewhere.

Funding

Fundação Ciência e Tecnologia, IP national support through CHRC (UIDP/04923/2020). CHRC grant 2022 (PI: Manuel Gonçalves Pereira).

Total budget (initial) = 20 000 euros Executed – 17 054,11 euros Remaining (not used) – 2945 euros (cf. excel file attached)

References

- Albuquerque R, Fournier M, Pedrosa B, Marques MJ, Albanese E, and Gonçalves-Pereira M, on behalf of the COGCARE Study Group. The ongoing Short 10/66 Dementia Diagnostic Schedule Validation / COGCARE Project: brief technology-assisted measures may be a step forward.
 5th CHRC Annual Summit. Évora, 23-24 Sept 2024.
- Gonçalves-Pereira M, Cardoso A, Verdelho A, Alves da Silva J, Caldas de Almeida M, Fernandes A, Raminhos C, Prince M, Xavier M. The prevalence of dementia in a Portuguese community sample: a 10/66 Dementia Research Group study. BMC Geriatrics. 2017;17(1):261. doi.org/10.1186/s12877-017-0647-5
- Gonçalves-Pereira M, Pedrosa B, Braga M, Marques MJ, Balsinha C, Verdelho A, Albanese E, for the COGCARE Study Group. Cognitive Disorders and Impact on Caregivers: The COGCARE Study protocol. 2023 IPA (International Psychogeriatric Association) International Congress: New Perspectives in a Changing World: Social Connectedness, Ageing and Mental Health, 30 June 2 July 2023 (poster presentation). International Psychogeriatrics, 2024; 35(S1), 252-253. doi: 10.1017/S1041610223004167.
- Gonçalves-Pereira M, Pedrosa B, Fournier M, Broeiro P, Albuquerque R, Alves L, Marques MJ, Verdelho A, Casillas-Clot J, and Albanese E on behalf of the COGCARE Study Group.
 Validity of the 10/66 short 10/66 dementia diagnostic schedule: preliminary findings in Portugal (P22 Dementia Registries). 34th Alzheimer Europe Conference. Geneva, Switzerland, 8-10 Oct 2024. Abstract Book available online. https://www.alzheimereurope.org/conferences/2024-geneva/detailed-programme
- Gonçalves-Pereira M, Pedrosa B, Marques MJ, Balsinha C, Alves L, Albuquerque R, Verdelho A, Albanese E, pelo grupo de trabalho 10/66 2.0 SSVAL/PT COGCARE. Perturbações cognitivas e repercussões nas famílias: protocolo do estudo 10/66 2.0 SSVAL/PT COGCARE. Resumos da 37ª Reunião do Grupo de Estudos de envelhecimento Cerebral e Demência (PROJ-01, p. 19), GEECD. Lisboa, 16 e 17 de Julho de 2023.
- Ibnidris A, Piumatti G, Carlevaro F, Fadda M, Magno F, Magistro D, Albanese E. Italian version of the short 10/66 dementia diagnostic schedule: a validation study. BMJ Open. 2021;11(6):e045867. doi: 10.1136/bmjopen-2020-045867
- Pedrosa B, Albuquerque R, Marques MJ, Barreiros F, Machado AS, Fournier M, Braga M, Balsinha C, Albanese E, and Gonçalves-Pereira M, on behalf of the COGCARE Study Group. Exequibilidade da versão breve do protocolo diagnóstico '10/66 dementia research group' para investigação epidemiológica e de serviços: resultados preliminares em Portugal. XVIII Congresso Nacional de Psiquiatria. Albufeira, 16-19 Outubro 2024.